

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 12- - 13-6-2015

Konkurencja 13  
2015-06-12 - 13:35

Mężczyzn, 400m zmienny

Open  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.	
<b>14 lat</b>										
1.	Jaworski Szymon		01	UKS Salmoiry				<b>4:57.48</b>	550	
	50m:	30.68 30.68	150m:	1:45.37	38.65	250m:	3:06.34	42.15	350m:	4:24.97 34.09
	100m:	1:06.72 36.04	200m:	2:24.19	38.82	300m:	3:50.88	44.54	400m:	4:57.48 32.51
2.	Dubas Mateusz		01	ks Piłkarska Chorzów				<b>5:07.28</b>	499	
	50m:	33.38 33.38	150m:	1:55.15	41.93	250m:	3:15.36	40.25	350m:	4:33.94 37.27
	100m:	1:13.22 39.84	200m:	2:35.11	39.96	300m:	3:56.67	41.31	400m:	5:07.28 33.34
3.	Michalski Wojciech		01	Muks Gilus Gilowice				<b>5:28.91</b>	407	
	50m:	36.66 36.66	150m:	2:02.41	42.97	250m:	3:30.01	46.49	350m:	4:54.12 36.20
	100m:	1:19.44 42.78	200m:	2:43.52	41.11	300m:	4:17.92	47.91	400m:	5:28.91 34.79
4.	Ziółkowski Norbert		01	Nowy KP Bielsko-Biała				<b>5:38.65</b>	373	
	50m:	35.66 35.66	150m:	2:05.62	44.60	250m:	3:38.06	48.85	350m:	5:04.10 38.17
	100m:	1:21.02 45.36	200m:	2:49.21	43.59	300m:	4:25.93	47.87	400m:	5:38.65 34.55
5.	Groborz Paweł		01	KS. Górnik Radlin				<b>5:44.50</b>	354	
	50m:	34.09 34.09	150m:	2:00.04	44.35	250m:	3:36.24	52.66	350m:	5:08.03 40.38
	100m:	1:15.69 41.60	200m:	2:43.58	43.54	300m:	4:27.65	51.41	400m:	5:44.50 36.47
<b>15 lat</b>										
1.	Walczysko Jakub		00	CSIR MOS D browa Góńciza				<b>5:00.90</b>	532	
	50m:	31.82 31.82	150m:	1:48.26	38.53	250m:	3:08.29	41.15	350m:	4:26.28 34.51
	100m:	1:09.73 37.91	200m:	2:27.14	38.88	300m:	3:51.77	43.48	400m:	5:00.90 34.62
2.	Skierski Radosław		00	UKS Wodnik 29 Katowice				<b>5:13.38</b>	471	
	50m:	31.87 31.87	150m:	1:52.34	41.83	250m:	3:17.84	43.82	350m:	4:38.86 36.45
	100m:	1:10.51 38.64	200m:	2:34.02	41.68	300m:	4:02.41	44.57	400m:	5:13.38 34.52
<b>16 - 18 lat</b>										
1.	Dziedzic Dawid		99	MOSM Tychy				<b>4:46.34</b>	617	
	50m:	28.60 28.60	150m:	1:43.00	39.88	250m:	3:00.64	39.29	350m:	4:14.64 33.94
	100m:	1:03.12 34.52	200m:	2:21.35	38.35	300m:	3:40.70	40.06	400m:	4:46.34 31.70
2.	Powrońnik Konrad		97	CSIR MOS D browa Góńciza				<b>4:47.74</b>	608	
	50m:	29.78 29.78	150m:	1:41.31	37.43	250m:	2:59.54	41.55	350m:	4:14.64 32.51
	100m:	1:03.88 34.10	200m:	2:17.99	36.68	300m:	3:42.13	42.59	400m:	4:47.74 33.10
3.	Łopot Radosław		99	Mks - Mos Katowice				<b>4:51.34</b>	586	
	50m:	30.94 30.94	150m:	1:45.13	37.77	250m:	3:04.53	41.88	350m:	4:19.74 33.12
	100m:	1:07.36 36.42	200m:	2:22.65	37.52	300m:	3:46.62	42.09	400m:	4:51.34 31.60
4.	Sodel Dominik		97	AZS AWF Katowice				<b>4:54.68</b>	566	
	50m:	30.52 30.52	150m:	1:45.95	38.74	250m:	3:06.00	41.72	350m:	4:22.06 33.94
	100m:	1:07.21 36.69	200m:	2:24.28	38.33	300m:	3:48.12	42.12	400m:	4:54.68 32.62
5.	Sumara Benjamin		99	CSIR MOS D browa Góńciza				<b>4:57.66</b>	549	
	50m:	30.55 30.55	150m:	1:44.09	39.14	250m:	3:04.12	42.36	350m:	4:22.85 35.11
	100m:	1:04.95 34.40	200m:	2:21.76	37.67	300m:	3:47.74	43.62	400m:	4:57.66 34.81
6.	Sordyl Mateusz SO		99	Ulks Victoria Kozy				<b>5:00.25</b>	535	
	50m:	31.18 31.18	150m:	1:47.71	38.40	250m:	3:10.22	43.96	350m:	4:26.94 34.73
	100m:	1:09.31 38.13	200m:	2:26.26	38.55	300m:	3:52.21	41.99	400m:	5:00.25 33.31
7.	Bachlaj Dorian		99	UKS Ondraszek Bielsko-Biała				<b>5:08.51</b>	493	
	50m:	33.68 33.68	150m:	1:56.09	40.80	250m:	3:15.17	40.09	350m:	4:32.87 36.69
	100m:	1:15.29 41.61	200m:	2:35.08	38.99	300m:	3:56.18	41.01	400m:	5:08.51 35.64
8.	Jung Krzysztof		99	AZS AWF Katowice				<b>5:08.54</b>	493	
	50m:	31.17 31.17	150m:	1:51.70	43.35	250m:	3:14.47	41.47	350m:	4:32.78 37.00
	100m:	1:08.35 37.18	200m:	2:33.00	41.30	300m:	3:55.78	41.31	400m:	5:08.54 35.76

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 12- - 13-6-2015

Konkurencja 13, Chłopców, 400m zmienny, 16 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.
9.	Lesik Radosław SR		98	MKS-SMS Victoria Racibórz				<b>5:11.29</b>	480
	50m:	30.22 30.22	150m:	1:49.38 41.76	250m:	3:12.94 42.30	350m:	4:34.25 37.81	
	100m:	1:07.62 37.40	200m:	2:30.64 41.26	300m:	3:56.44 43.50	400m:	5:11.29 37.04	
10.	Baran Jan SR		99	MKS-SMS Victoria Racibórz				<b>5:20.46</b>	440
	50m:	30.87 30.87	150m:	1:51.41 44.56	250m:	3:18.89 45.00	350m:	4:43.21 38.21	
	100m:	1:06.85 35.98	200m:	2:33.89 42.48	300m:	4:05.00 46.11	400m:	5:20.46 37.25	
Open									
1.	Dziedzic Dawid		99	MOSM Tychy				<b>4:46.34</b>	617
	50m:	28.60 28.60	150m:	1:43.00 39.88	250m:	3:00.64 39.29	350m:	4:14.64 33.94	
	100m:	1:03.12 34.52	200m:	2:21.35 38.35	300m:	3:40.70 40.06	400m:	4:46.34 31.70	
2.	Powrońnik Konrad		97	CSIR MOS D browa Góńciza				<b>4:47.74</b>	608
	50m:	29.78 29.78	150m:	1:41.31 37.43	250m:	2:59.54 41.55	350m:	4:14.64 32.51	
	100m:	1:03.88 34.10	200m:	2:17.99 36.68	300m:	3:42.13 42.59	400m:	4:47.74 33.10	
3.	Łopot Radosław		99	Mks - Mos Katowice				<b>4:51.34</b>	586
	50m:	30.94 30.94	150m:	1:45.13 37.77	250m:	3:04.53 41.88	350m:	4:19.74 33.12	
	100m:	1:07.36 36.42	200m:	2:22.65 37.52	300m:	3:46.62 42.09	400m:	4:51.34 31.60	
4.	Sodeł Dominik		97	AZS AWF Katowice				<b>4:54.68</b>	566
	50m:	30.52 30.52	150m:	1:45.95 38.74	250m:	3:06.00 41.72	350m:	4:22.06 33.94	
	100m:	1:07.21 36.69	200m:	2:24.28 38.33	300m:	3:48.12 42.12	400m:	4:54.68 32.62	
5.	Jaworski Szymon		01	UKS Salmory				<b>4:57.48</b>	550
	50m:	30.68 30.68	150m:	1:45.37 38.65	250m:	3:06.34 42.15	350m:	4:24.97 34.09	
	100m:	1:06.72 36.04	200m:	2:24.19 38.82	300m:	3:50.88 44.54	400m:	4:57.48 32.51	
6.	Sumara Beniamin		99	CSIR MOS D browa Góńciza				<b>4:57.66</b>	549
	50m:	30.55 30.55	150m:	1:44.09 39.14	250m:	3:04.12 42.36	350m:	4:22.85 35.11	
	100m:	1:04.95 34.40	200m:	2:21.76 37.67	300m:	3:47.74 43.62	400m:	4:57.66 34.81	
7.	Sordyl Mateusz SO		99	Ulks Victoria Kozy				<b>5:00.25</b>	535
	50m:	31.18 31.18	150m:	1:47.71 38.40	250m:	3:10.22 43.96	350m:	4:26.94 34.73	
	100m:	1:09.31 38.13	200m:	2:26.26 38.55	300m:	3:52.21 41.99	400m:	5:00.25 33.31	
8.	Walczyśko Jakub		00	CSIR MOS D browa Góńciza				<b>5:00.90</b>	532
	50m:	31.82 31.82	150m:	1:48.26 38.53	250m:	3:08.29 41.15	350m:	4:26.28 34.51	
	100m:	1:09.73 37.91	200m:	2:27.14 38.88	300m:	3:51.77 43.48	400m:	5:00.90 34.62	
9.	Dubas Mateusz		01	ks Piłka Chorzów				<b>5:07.28</b>	499
	50m:	33.38 33.38	150m:	1:55.15 41.93	250m:	3:15.36 40.25	350m:	4:33.94 37.27	
	100m:	1:13.22 39.84	200m:	2:35.11 39.96	300m:	3:56.67 41.31	400m:	5:07.28 33.34	
10.	Bachłaj Dorian		99	UKS Ondraszek Bielsko-Biała				<b>5:08.51</b>	493
	50m:	33.68 33.68	150m:	1:56.09 40.80	250m:	3:15.17 40.09	350m:	4:32.87 36.69	
	100m:	1:15.29 41.61	200m:	2:35.08 38.99	300m:	3:56.18 41.01	400m:	5:08.51 35.64	
11.	Jung Krzysztof		99	AZS AWF Katowice				<b>5:08.54</b>	493
	50m:	31.17 31.17	150m:	1:51.70 43.35	250m:	3:14.47 41.47	350m:	4:32.78 37.00	
	100m:	1:08.35 37.18	200m:	2:33.00 41.30	300m:	3:55.78 41.31	400m:	5:08.54 35.76	
12.	Adamczak Jakub		01	Uks Shark Rudna				<b>5:11.13</b>	481
	50m:	33.03 33.03	150m:	1:54.90 41.56	250m:	3:17.00 42.28	350m:		
	100m:	1:13.34 40.31	200m:	2:34.72 39.82	300m:	3:59.91 42.91	400m:	5:11.13	
13.	Lesik Radosław SR		98	MKS-SMS Victoria Racibórz				<b>5:11.29</b>	480
	50m:	30.22 30.22	150m:	1:49.38 41.76	250m:	3:12.94 42.30	350m:	4:34.25 37.81	
	100m:	1:07.62 37.40	200m:	2:30.64 41.26	300m:	3:56.44 43.50	400m:	5:11.29 37.04	
14.	Skierski Radosław		00	UKS Wodnik 29 Katowice				<b>5:13.38</b>	471
	50m:	31.87 31.87	150m:	1:52.34 41.83	250m:	3:17.84 43.82	350m:	4:38.86 36.45	
	100m:	1:10.51 38.64	200m:	2:34.02 41.68	300m:	4:02.41 44.57	400m:	5:13.38 34.52	
15.	Gładysz Krzysztof		92	Azs Pwsz Racibórz				<b>5:17.63</b>	452
	50m:		150m:	1:49.54 44.19	250m:	3:15.88 43.04	350m:		
	100m:	1:05.35	200m:	2:32.84 43.30	300m:	3:59.16 43.28	400m:	5:17.63	

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 12- - 13-6-2015

Konkurencja 13, Mężczyźni, 400m zmienny, Open

Pozycja				Rok ur.					Czas	Pkt.		
16.	Baran Jan SR			99	MKS-SMS Victoria Racibórz				<b>5:20.46</b>	440		
	50m:	30.87	30.87	150m:	1:51.41	44.56	250m:	3:18.89	45.00	350m:	4:43.21	38.21
	100m:	1:06.85	35.98	200m:	2:33.89	42.48	300m:	4:05.00	46.11	400m:	5:20.46	37.25
17.	Michalski Wojciech			01	Muks Gilus Gilowice				<b>5:28.91</b>	407		
	50m:	36.66	36.66	150m:	2:02.41	42.97	250m:	3:30.01	46.49	350m:	4:54.12	36.20
	100m:	1:19.44	42.78	200m:	2:43.52	41.11	300m:	4:17.92	47.91	400m:	5:28.91	34.79
18.	Kijek Wiktor			02	UKS MANTA Kochłowice Ruda I s				<b>5:38.03</b>	375		
	50m:	33.81	33.81	150m:	1:58.49	43.13	250m:	3:30.31	49.23	350m:	4:57.85	39.88
	100m:	1:15.36	41.55	200m:	2:41.08	42.59	300m:	4:17.97	47.66	400m:	5:38.03	40.18
19.	Ziółkowski Norbert			01	Nowy KP Bielsko-Biała				<b>5:38.65</b>	373		
	50m:	35.66	35.66	150m:	2:05.62	44.60	250m:	3:38.06	48.85	350m:	5:04.10	38.17
	100m:	1:21.02	45.36	200m:	2:49.21	43.59	300m:	4:25.93	47.87	400m:	5:38.65	34.55
20.	Groborz Paweł			01	KS. Górnik Radlin				<b>5:44.50</b>	354		
	50m:	34.09	34.09	150m:	2:00.04	44.35	250m:	3:36.24	52.66	350m:	5:08.03	40.38
	100m:	1:15.69	41.60	200m:	2:43.58	43.54	300m:	4:27.65	51.41	400m:	5:44.50	36.47