

Mistrzostwa Polski Seniorów i Juniorów gr. B i C w pływaniu w płetwach
Gliwice, 20- - 21-6-2015

Konkurencja 13
2015-06-20 - 18:10

M czyzn, 400 PP

Open
Wyniki

Rekord Polski Open	3:08.81	DORO Y SKI WOJCIECH	TORU CZYK Toru	2003-03-01
Rekord Polski - 15	3:12.03	WINIARSKI ADRIAN	KDP NAUTILUS Jastrz bie	2007-08-01
Rekord Polski - 17	3:12.03	WINIARSKI ADRIAN	KDP NAUTILUS Jastrz bie	2007-08-01

Punkty: FINA 2014

Pozycja			Rok ur.			Czas	Pkt.	
Kat. C								
1.	Frankowski Dominik		00	Uks Rekin Wrocław		3:43.76		
	50m: 24.99	24.99	150m: 1:21.03	28.78	250m: 2:20.06	29.27	350m: 3:17.47	28.31
	100m: 52.25	27.26	200m: 1:50.79	29.76	300m: 2:49.16	29.10	400m: 3:43.76	26.29
2.	Modrzy ski Maciej		00	Laguna 24 Toru		3:57.53		
	50m: 25.09	25.09	150m: 1:23.02	29.74	250m: 2:25.36	31.55	350m: 3:29.03	31.40
	100m: 53.28	28.19	200m: 1:53.81	30.79	300m: 2:57.63	32.27	400m: 3:57.53	28.50
3.	Łukowicz Marcin		00	Niezrzeszony		4:04.78		
	50m: 26.81	26.81	150m: 1:29.34	32.46	250m: 2:32.61	32.09	350m: 3:36.61	31.27
	100m: 56.88	30.07	200m: 2:00.52	31.18	300m: 3:05.34	32.73	400m: 4:04.78	28.17
4.	Mitin Mateusz		01	Oleckie Stowarzyszenie Nurkowe		4:28.10		
	50m: 28.03	28.03	150m: 1:32.85	33.27	250m: 2:43.77	35.73	350m: 3:54.43	34.76
	100m: 59.58	31.55	200m: 2:08.04	35.19	300m: 3:19.67	35.90	400m: 4:28.10	33.67
5.	Sadowski Maksym		02	Laguna 24 Toru		4:44.44		
	50m: 29.54	29.54	150m: 1:42.29	36.39	250m: 2:56.61	37.00	350m: 4:11.51	37.16
	100m: 1:05.90	36.36	200m: 2:19.61	37.32	300m: 3:34.35	37.74	400m: 4:44.44	32.93

Kat. B

1.	Kiryłuk Damian		98	Gkp Neptun		3:37.71		
	50m: 23.96	23.96	150m: 1:16.57	27.01	250m: 2:12.90	28.73	350m: 3:09.85	28.25
	100m: 49.56	25.60	200m: 1:44.17	27.60	300m: 2:41.60	28.70	400m: 3:37.71	27.86
2.	Frankowski Dominik		00	Uks Rekin Wrocław		3:43.76		
	50m: 24.99	24.99	150m: 1:21.03	28.78	250m: 2:20.06	29.27	350m: 3:17.47	28.31
	100m: 52.25	27.26	200m: 1:50.79	29.76	300m: 2:49.16	29.10	400m: 3:43.76	26.29
3.	Modrzy ski Maciej		00	Laguna 24 Toru		3:57.53		
	50m: 25.09	25.09	150m: 1:23.02	29.74	250m: 2:25.36	31.55	350m: 3:29.03	31.40
	100m: 53.28	28.19	200m: 1:53.81	30.79	300m: 2:57.63	32.27	400m: 3:57.53	28.50
4.	Drami ski Michał		99	KS LOTOS Olsztyn		4:00.60		
	50m: 25.99	25.99	150m: 1:26.22	30.44	250m: 2:27.71	30.89	350m: 3:30.39	31.49
	100m: 55.78	29.79	200m: 1:56.82	30.60	300m: 2:58.90	31.19	400m: 4:00.60	30.21
5.	Łukowicz Marcin		00	Niezrzeszony		4:04.78		
	50m: 26.81	26.81	150m: 1:29.34	32.46	250m: 2:32.61	32.09	350m: 3:36.61	31.27
	100m: 56.88	30.07	200m: 2:00.52	31.18	300m: 3:05.34	32.73	400m: 4:04.78	28.17
6.	Sztankier Jakub		99	Uks Delfin Jastarnia		4:09.47		
	50m: 27.33	27.33	150m: 1:29.22	31.77	250m: 2:34.45	32.78	350m: 3:39.71	32.56
	100m: 57.45	30.12	200m: 2:01.67	32.45	300m: 3:07.15	32.70	400m: 4:09.47	29.76
7.	Biszewski Mateusz		98	Oleckie Stowarzyszenie Nurkowe		4:23.52		
	50m: 27.91	27.91	150m: 1:35.67	35.56	250m: 2:47.83	36.75	350m: 3:56.13	32.92
	100m: 1:00.11	32.20	200m: 2:11.08	35.41	300m: 3:23.21	35.38	400m: 4:23.52	27.39
8.	Mitin Mateusz		01	Oleckie Stowarzyszenie Nurkowe		4:28.10		
	50m: 28.03	28.03	150m: 1:32.85	33.27	250m: 2:43.77	35.73	350m: 3:54.43	34.76
	100m: 59.58	31.55	200m: 2:08.04	35.19	300m: 3:19.67	35.90	400m: 4:28.10	33.67
9.	Sadowski Maksym		02	Laguna 24 Toru		4:44.44		
	50m: 29.54	29.54	150m: 1:42.29	36.39	250m: 2:56.61	37.00	350m: 4:11.51	37.16
	100m: 1:05.90	36.36	200m: 2:19.61	37.32	300m: 3:34.35	37.74	400m: 4:44.44	32.93

Mistrzostwa Polski Seniorów i Juniorów gr. B i C w pływaniu w płetwach
Gliwice, 20- - 21-6-2015

Konkurencja 13, M czynn, 400 PP

Kat. A

1.	Michalski Mateusz		96	Laguna 24 Toru		3:18.22						
	50m:	22.10	22.10	150m:	1:10.71	24.58	250m:	2:01.32	25.16	350m:	2:53.58	26.71
	100m:	46.13	24.03	200m:	1:36.16	25.45	300m:	2:26.87	25.55	400m:	3:18.22	24.64
2.	Senftleben Dawid		97	Wielkopolski Klub Sportowy		3:26.36						
	50m:	22.18	22.18	150m:	1:13.24	26.00	250m:	2:06.12	26.71	350m:	3:00.35	27.08
	100m:	47.24	25.06	200m:	1:39.41	26.17	300m:	2:33.27	27.15	400m:	3:26.36	26.01
3.	Prech Kacper		97	Wielkopolski Klub Sportowy		3:31.33						
	50m:	23.68	23.68	150m:	1:14.59	25.94	250m:	2:09.03	27.27	350m:	3:03.95	27.44
	100m:	48.65	24.97	200m:	1:41.76	27.17	300m:	2:36.51	27.48	400m:	3:31.33	27.38
4.	Dyrzka Jakub		97	KS Nautilus		3:32.32						
	50m:	23.56	23.56	150m:	1:16.48	27.16	250m:	2:11.76	28.00	350m:	3:06.99	27.25
	100m:	49.32	25.76	200m:	1:43.76	27.28	300m:	2:39.74	27.98	400m:	3:32.32	25.33
5.	Kiryłuk Damian		98	Gkp Neptun		3:37.71						
	50m:	23.96	23.96	150m:	1:16.57	27.01	250m:	2:12.90	28.73	350m:	3:09.85	28.25
	100m:	49.56	25.60	200m:	1:44.17	27.60	300m:	2:41.60	28.70	400m:	3:37.71	27.86
6.	Frankowski Dominik		00	Uks Rekin Wrocław		3:43.76						
	50m:	24.99	24.99	150m:	1:21.03	28.78	250m:	2:20.06	29.27	350m:	3:17.47	28.31
	100m:	52.25	27.26	200m:	1:50.79	29.76	300m:	2:49.16	29.10	400m:	3:43.76	26.29
7.	Modrzy ski Maciej		00	Laguna 24 Toru		3:57.53						
	50m:	25.09	25.09	150m:	1:23.02	29.74	250m:	2:25.36	31.55	350m:	3:29.03	31.40
	100m:	53.28	28.19	200m:	1:53.81	30.79	300m:	2:57.63	32.27	400m:	3:57.53	28.50
8.	Drami ski Michał		99	KS LOTOS Olsztyn		4:00.60						
	50m:	25.99	25.99	150m:	1:26.22	30.44	250m:	2:27.71	30.89	350m:	3:30.39	31.49
	100m:	55.78	29.79	200m:	1:56.82	30.60	300m:	2:58.90	31.19	400m:	4:00.60	30.21
9.	Łukowicz Marcin		00	Niezrzeszony		4:04.78						
	50m:	26.81	26.81	150m:	1:29.34	32.46	250m:	2:32.61	32.09	350m:	3:36.61	31.27
	100m:	56.88	30.07	200m:	2:00.52	31.18	300m:	3:05.34	32.73	400m:	4:04.78	28.17
10.	Sztankier Jakub		99	Uks Delfin Jastarnia		4:09.47						
	50m:	27.33	27.33	150m:	1:29.22	31.77	250m:	2:34.45	32.78	350m:	3:39.71	32.56
	100m:	57.45	30.12	200m:	2:01.67	32.45	300m:	3:07.15	32.70	400m:	4:09.47	29.76
11.	Biszewski Mateusz		98	Oleckie Stowarzyszenie Nurkowe		4:23.52						
	50m:	27.91	27.91	150m:	1:35.67	35.56	250m:	2:47.83	36.75	350m:	3:56.13	32.92
	100m:	1:00.11	32.20	200m:	2:11.08	35.41	300m:	3:23.21	35.38	400m:	4:23.52	27.39
12.	Mitin Mateusz		01	Oleckie Stowarzyszenie Nurkowe		4:28.10						
	50m:	28.03	28.03	150m:	1:32.85	33.27	250m:	2:43.77	35.73	350m:	3:54.43	34.76
	100m:	59.58	31.55	200m:	2:08.04	35.19	300m:	3:19.67	35.90	400m:	4:28.10	33.67
13.	Sadowski Maksym		02	Laguna 24 Toru		4:44.44						
	50m:	29.54	29.54	150m:	1:42.29	36.39	250m:	2:56.61	37.00	350m:	4:11.51	37.16
	100m:	1:05.90	36.36	200m:	2:19.61	37.32	300m:	3:34.35	37.74	400m:	4:44.44	32.93
NIE UK.	Krzy piak Tomasz		94	Laguna 24 Toru								
	50m:	23.42	23.42	150m:	1:17.26	27.73	250m:			350m:		
	100m:	49.53	26.11	200m:	1:46.99	29.73	300m:			400m:		