

Mistrzostwa Polski w Pływaniu Masters
Gliwice, 13. - 15.11.2015

Event 11 Men, 200m Breaststroke 20 years and older
14.11.2015 - 10:00 Results

| | | | | |
|-------------------------------|----------|------------------------|----------|------------|
| Rekord Polski Masters 25 - 29 | 2:19.34 | Duszy ski Tomasz | Warszawa | 01.12.2001 |
| Rekord Polski Masters 30 - 34 | 2:15.72 | Duszy ski Tomasz | Lublin | 08.12.2007 |
| Rekord Polski Masters 35 - 39 | 2:30.89 | Pr dki Sławomir | Pozna | 15.02.2014 |
| Rekord Polski Masters 40 - 44 | 2:33.37 | Formas Sławomir | Lublin | 14.11.2009 |
| Rekord Polski Masters 45 - 49 | 2:38.51 | Formas Sławomir | Katowice | 15.11.2014 |
| Rekord Polski Masters 50 - 54 | 2:49.59 | Madej Leszek | Gliwice | 16.03.2013 |
| Rekord Polski Masters 55 - 59 | 2:56.53 | Mrozi ski Jerzy | Pozna | 14.02.2015 |
| Rekord Polski Masters 60 - 64 | 2:59.30 | Klukowski Józef | Szczecin | 18.11.2007 |
| Rekord Polski Masters 65 - 69 | 3:15.31 | Fecica Daniel | Pozna | 19.02.2005 |
| Rekord Polski Masters 70 - 74 | 3:21.40 | Fecica Daniel | Katowice | 26.06.2010 |
| Rekord Polski Masters 75 - 79 | 3:29.67 | Fecica Daniel | Racibórz | 24.10.2015 |
| Rekord Polski Masters 80 - 84 | 3:58.81 | Ciundziewicki Bogdan | Katowice | 15.11.2014 |
| Rekord Polski Masters 85 - 89 | 4:30.08 | Krokoszy ski Stanisław | Tychy | 21.03.2015 |
| Rekord Polski Masters 90 - 94 | 20:00.00 | | | |

Points: FINA 2015

| Rank | YB | | Time | Pts | 50m | 100m | 150m | 200m | |
|----------------------|---------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 20 - 24 years | | | | | | | | | |
| 1. | Aptewicz Arkadiusz | 93 | SWIMMERS St. Plywackie | 2:21.55 | 616 | 31.88 | 35.60 | 36.11 | 37.96 |
| 2. | Suchodolski Patryk | 93 | Niezrzeszeni | 2:43.80 | 397 | 34.14 | 41.05 | 43.79 | 44.82 |
| 3. | Kapron Kacper | 93 | AZS WSB Dabrowa Gornicz | 3:04.40 | 278 | 40.70 | 46.25 | 48.16 | 49.29 |
| 25 - 29 years | | | | | | | | | |
| 1. | Zielinski Kamil | 89 | KS AZS AWF Biala Podlask | 2:29.27 | 525 | 33.69 | 38.42 | 38.87 | 38.29 |
| 2. | Dudek Mateusz | 88 | Niezrzeszeni | 2:33.41 | 484 | 34.87 | 38.78 | 39.35 | 40.41 |
| 3. | Frankiewicz Piotr | 89 | Masters Korona Krakow | 2:35.07 | 468 | 34.31 | 38.83 | 40.39 | 41.54 |
| 4. | Olszewski Krzysztof | 89 | Warsaw Masters team | 2:46.09 | 381 | 37.18 | 41.80 | 42.95 | 44.16 |
| 5. | Dymiter Mateusz | 86 | Neptun Team Tarnow | 2:48.32 | 366 | 37.77 | 41.53 | 43.89 | 45.13 |
| 30 - 34 years | | | | | | | | | |
| 1. | Porada Tomasz | 83 | Warsaw Masters team | 2:39.42 | 431 | 35.81 | 39.91 | 41.44 | 42.26 |
| 2. | Pawlaczek Krzysztof | 83 | MKS DZIEWIATKA Dzierzon | 2:49.72 | 357 | 38.77 | 43.34 | 44.27 | 43.34 |
| 3. | Kieres Michal | 84 | Aquasfera Masters Olsztyn | 2:56.75 | 316 | 36.98 | 43.46 | 47.96 | 48.35 |
| 35 - 39 years | | | | | | | | | |
| 1. | Kozikowski Michal | 80 | Aquasfera Masters Olsztyn | 2:37.16 | 450 | 34.65 | 39.68 | 41.56 | 41.27 |
| 2. | Bilski Arkadiusz | 76 | UTW "Masters" Zgierz | 2:45.78 | 383 | 37.27 | 42.65 | 43.16 | 42.70 |
| 3. | Rogosz Pawel | 76 | Warsaw Masters team | 2:49.18 | 361 | 39.40 | 42.89 | 43.48 | 43.41 |
| 4. | Ciurko Pawel | 79 | MOTYL -SENIOR MOSiR St | 2:55.45 | 323 | 38.71 | 44.25 | 45.43 | 47.06 |
| 5. | Juza Marek | 79 | Masters Korona Krakow | 3:01.38 | 293 | 40.85 | 46.45 | 47.80 | 46.28 |
| 6. | Cieslinski Pawel | 76 | MOTYL -SENIOR MOSiR St | 3:03.16 | 284 | 41.92 | 47.34 | 47.18 | 46.72 |
| 7. | Kijowski Adam | 77 | UKS CITYZEN Poznan | 3:21.47 | 213 | 41.03 | 47.68 | 54.57 | 58.19 |
| 8. | Kuszka Piotr | 77 | MKS DZIEWIATKA Dzierzon | 3:25.66 | 201 | 46.07 | 51.26 | 53.93 | 54.40 |
| 9. | Sobczak Wojciech | 80 | WKS SIASK | 3:27.79 | 194 | 47.68 | 52.78 | 54.76 | 52.57 |
| 40 - 44 years | | | | | | | | | |
| 1. | Horbacz Marcin | 74 | 10 Brygada Kawalerii Panc | 2:37.62 | 446 | 35.44 | 39.63 | 40.82 | 41.73 |
| 2. | Kowalski Slawek | 72 | Uks Delfin Masters Tarnobr | 2:49.77 | 357 | 36.47 | 42.12 | 45.48 | 45.70 |
| 3. | Bencych Mieszko | 75 | WOPR Wojewodztwa Lubu | 2:54.24 | 330 | 37.96 | 42.78 | 46.08 | 47.42 |
| 4. | Hracki Libor | 72 | PK Havirov | 3:01.09 | 294 | 39.79 | 45.63 | 47.14 | 48.53 |
| 5. | Stefurak Radoslaw | 74 | WKS SIASK | 3:02.94 | 285 | 39.81 | 45.31 | 47.97 | 49.85 |
| 6. | Horil Juraj | 72 | Sportovy plavecky klub Kup | 3:04.86 | 276 | 38.84 | 46.03 | 49.14 | 50.85 |
| 7. | Porszke Andrzej | 74 | UKS Wodnik 29 Katowice | 3:19.51 | 220 | 42.11 | 50.10 | 53.69 | 53.61 |
| 8. | Doniec Tomasz | 74 | Masters Wisla Krakow | 3:25.50 | 201 | 45.17 | 51.59 | 54.36 | 54.38 |

Mistrzostwa Polski w Pływaniu Masters
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Event 11, Men, 200m Breaststroke

45 - 49 years

| | | | | | | | | |
|------------------------|----|----------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Korba Jerzy | 69 | Masters Wisla Krakow | 2:55.40 | 324 | 39.15 | 44.85 | 46.42 | 44.98 |
| 2. Kosmider Jan | 66 | UKS Victoria Jozefow | 3:00.68 | 296 | 40.38 | 44.70 | 46.56 | 49.04 |
| 3. Vechirko Pavlo | 68 | KS Masters Polkowice | 3:02.08 | 289 | 42.69 | 46.04 | 47.00 | 46.35 |
| 4. Strzelczyk Slawomir | 69 | T.P "U.B.O.T" Masters Kedz | 3:07.69 | 264 | 42.53 | 48.14 | 48.80 | 48.22 |
| 5. Pycia Adam | 66 | Masters Korona Krakow | 3:19.82 | 219 | 45.80 | 51.40 | 52.19 | 50.43 |
| 6. Rudzinski Michal | 66 | Warsaw Masters team | 3:25.36 | 201 | 44.32 | 51.80 | 54.55 | 54.69 |
| 7. Malina Artur | 70 | Redeco Wroclaw | 3:37.41 | 170 | 48.60 | 57.04 | 57.02 | 54.75 |

50 - 54 years

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|---------------------------|----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Ezkov Vadim | 65 | Pregel | 3:02.46 | 287 | 39.26 | 45.29 | 48.39 | 49.52 |
| 2. Waraczewski Przemyslaw | 62 | Klub Sportowy Warta Pozna | 3:02.97 | 285 | 39.64 | 46.06 | 48.11 | 49.16 |
| 3. Kozlikowski Marek | 61 | Aquasfera Masters Olsztyn | 3:13.93 | 239 | 45.52 | 49.66 | 50.54 | 48.21 |
| 4. Jaros Juraj | 62 | PSK Zilina | 3:18.83 | 222 | 44.39 | 50.28 | 52.32 | 51.84 |
| 5. Lopin Grigorii | 63 | Pregel | 3:24.29 | 205 | 45.71 | 50.88 | 53.93 | 53.77 |
| 6. Biront Oleh | 62 | MSC "Euro-Lviv" | 3:26.62 | 198 | 45.30 | 52.27 | 56.29 | 52.76 |

55 - 59 years

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|------------------------|----|------------------------|----------------|-----|-------|-------|---------|---------|
| 1. Mrozinski Jerzy | 59 | UKS Wodnik 29 Katowice | 2:57.64 | 311 | 39.73 | 45.16 | 46.36 | 46.39 |
| 2. Szozda Zbigniew | 60 | MSwim Szczecin | 3:14.30 | 238 | 43.08 | 48.74 | 50.52 | 51.96 |
| 3. Sypniewski Andrzej | 57 | TS Olimpia Poznan | 3:20.93 | 215 | 44.60 | 50.33 | 52.06 | 53.94 |
| 4. Obiedzinski Tadeusz | 59 | UTW "Masters" Zgierz | 3:37.21 | 170 | 48.19 | 55.17 | 57.70 | 56.15 |
| 5. Wepa Wieslaw | 56 | Masters Chelm | 3:51.11 | 141 | 51.10 | 58.01 | 1:00.98 | 1:01.02 |

60 - 64 years

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| 1. Gulyas Peter | 51 | Budapesti Delfinek | 3:09.90 | 255 | 41.35 | 47.90 | 49.46 | 51.19 |
| 2. Nowak Michal | 52 | Ursynow Masters | 3:11.38 | 249 | 42.72 | 47.24 | 49.64 | 51.78 |
| 3. Wasik Bogdan | 55 | UTW "Masters" Zgierz | 3:13.89 | 239 | 43.65 | 48.23 | 50.40 | 51.61 |
| 4. Jacaszek Andrzej | 53 | Gdynia Masters | 3:25.33 | 202 | 45.13 | 52.06 | 55.06 | 53.08 |
| 5. Rusowicz Waldemar | 55 | Masters Krasnik | 3:34.00 | 178 | 49.17 | 54.65 | 56.36 | 53.82 |
| 6. Wasiuk Janusz | 53 | Masters Krasnik | 3:45.31 | 152 | 50.90 | 57.01 | 59.57 | 57.83 |
| 7. Irczyk Leon | 51 | Rydultowska Akademia Akt | 3:48.76 | 146 | 54.14 | 58.52 | 58.87 | 57.23 |

65 - 69 years

| | | | | | | | | |
|------------------------|----|-----------------------|----------------|-----|---------|---------|---------|---------|
| 1. Wiczal Roman | 48 | UTW "Masters" Zgierz | 3:39.66 | 165 | 50.23 | 56.91 | 58.03 | 54.49 |
| 2. Mikolajczyk Czeslaw | 50 | Gdynia Masters | 3:55.56 | 133 | 52.60 | 1:00.65 | 1:02.73 | 59.58 |
| 3. Zientara Henryk | 46 | Torun Multisport Team | 4:32.42 | 86 | 55.68 | 1:09.40 | 1:14.33 | 1:13.01 |
| 4. Maslowski Leszek | 48 | Masters Chelm | 5:08.90 | 59 | 1:12.10 | 1:19.07 | 1:20.50 | 1:17.23 |

70 - 74 years

| | | | | | | | | |
|-----------------------|----|--------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Rozalski Jozef | 45 | MOSiR KSZO Ostrowiec Sw | 3:48.35 | 146 | 48.90 | 58.54 | 1:01.63 | 59.28 |
| 2. Golik Janusz | 41 | Masters Chelm | 4:00.72 | 125 | 55.59 | 1:01.43 | 1:03.93 | 59.77 |
| 3. Starosta Miron | 45 | Rydultowska Akademia Akt | 4:49.38 | 72 | 1:05.54 | 1:18.23 | 1:13.90 | 1:11.71 |
| 4. Marciniszko Jerzy | 44 | KS Delfin Gliwice | 5:13.74 | 56 | 1:08.91 | 1:17.77 | 1:22.36 | 1:24.70 |
| DNF Rybarczyk Ryszard | 42 | Ursynow Masters | | | 55.90 | | | |

75 - 79 years

| | | | | | | | | |
|-----------------------------|----|------------------------|----------------|-----|---------|---------|---------|---------|
| 1. Fecica Daniel | 40 | Weteran Zabrze | 3:29.62 | 189 | 47.62 | 53.97 | 55.70 | 52.33 |
| <i>Rekord Polski</i> | | | | | | | | |
| 2. Sielski Ryszard | 37 | Warsaw Masters team | 5:01.65 | 63 | 1:11.39 | 1:18.70 | 1:19.42 | 1:12.14 |
| 3. Aleksandrowicz Aleksandr | 37 | UKS Wodnik 29 Katowice | 5:13.59 | 56 | 1:09.04 | 1:19.84 | 1:23.42 | 1:21.29 |

80 - 84 years

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| 1. Slezynski Jan | 31 | AZS AWF Katowice | 5:35.77 | 46 | 1:16.53 | 1:26.66 | 1:29.77 | 1:22.81 |
|------------------|----|------------------|----------------|----|---------|---------|---------|---------|