

Mistrzostwa Polski w Pływaniu Masters  
Gliwice, 13. - 15.11.2015

Event 6 Women, 800m Freestyle 20 years and older  
13.11.2015 - 18:15 Results

Rekord Polski Masters 25 - 29	9:55.78	Pietrzak Sandra	Katowice	14.11.2014
Rekord Polski Masters 30 - 34	10:18.40	Krakowiak El bieta	Pozna	22.02.2003
Rekord Polski Masters 35 - 39	10:17.70	Michalik Dominika	Katowice	14.11.2014
Rekord Polski Masters 40 - 44	10:15.99	Serbin Małgorzata	Pozna	16.02.2008
Rekord Polski Masters 45 - 49	10:24.37	Serbin Małgorzata	Kórnik	25.02.2012
Rekord Polski Masters 50 - 54	10:56.15	Puchalska Joanna	Pozna	15.02.2014
Rekord Polski Masters 55 - 59	11:49.91	Szała Ewa	Katowice	14.11.2014
Rekord Polski Masters 60 - 64	13:44.27	Łutowicz Maria	Pozna	19.02.2011
Rekord Polski Masters 65 - 69	14:50.77	Łutowicz Maria	Pozna	14.02.2015
Rekord Polski Masters 70 - 74	15:36.29	Fecica Krystyna	Kraków	15.11.2013
Rekord Polski Masters 75 - 79	17:49.44	Nicpo Krystyna	Pozna	14.02.2015
Rekord Polski Masters 80 - 84	22:16.87	Wilczy ska Wacława	Rawicz	31.01.2009
Rekord Polski Masters 85 - 89	59:00.00			
Rekord Polski Masters 90 - 94	59:00.00			

Points: FINA 2015

Rank YB Time Pts  
20 - 24 years

1. Krzyzostaniak Agnieszka	93	SMT Szczecin	<b>9:49.68</b>	537
100m: 1:07.37 1:07.37	300m: 3:35.34 1:14.68	500m: 6:04.68 1:14.54	700m: 8:36.06 1:15.93	
200m: 2:20.66 1:13.29	400m: 4:50.14 1:14.80	600m: 7:20.13 1:15.45	800m: 9:49.68 1:13.62	

25 - 29 years

1. Radczuk Daria	86	Niezzreszeni	<b>10:25.48</b>	450
100m: 1:13.65 1:13.65	300m: 3:52.96 1:20.27	500m: 6:32.34 1:18.88	700m: 9:09.43 1:18.29	
200m: 2:32.69 1:19.04	400m: 5:13.46 1:20.50	600m: 7:51.14 1:18.80	800m: 10:25.48 1:16.05	

2. Widzik Katarzyna	90	MTP Delfin Cieszyn	<b>10:34.30</b>	431
100m: 1:14.30 1:14.30	300m: 3:52.69 1:19.97	500m: 6:34.68 1:21.05	700m: 9:16.10 1:20.36	
200m: 2:32.72 1:18.42	400m: 5:13.63 1:20.94	600m: 7:55.74 1:21.06	800m: 10:34.30 1:18.20	

3. Kostencka Joanna	87	Start Poznan	<b>11:20.64</b>	349
100m: 1:18.66 1:18.66	300m: 4:08.06 1:25.50	500m: 7:01.45 1:27.25	700m: 9:55.42 1:25.99	
200m: 2:42.56 1:23.90	400m: 5:34.20 1:26.14	600m: 8:29.43 1:27.98	800m: 11:20.64 1:25.22	

4. Kostyra Agnieszka	90	Torun Multisport Team	<b>12:16.19</b>	276
100m: 1:23.47 1:23.47	300m: 4:27.06 1:32.52	500m: 7:33.15 1:32.69	700m: 10:42.62 1:35.55	
200m: 2:54.54 1:31.07	400m: 6:00.46 1:33.40	600m: 9:07.07 1:33.92	800m: 12:16.19 1:33.57	

5. Kot Ewelina	88	Niezzreszeni	<b>12:22.80</b>	268
100m: 1:25.29 1:25.29	300m: 4:30.19 1:33.51	500m: 7:39.15 1:34.61	700m: 10:49.57 1:35.20	
200m: 2:56.68 1:31.39	400m: 6:04.54 1:34.35	600m: 9:14.37 1:35.22	800m: 12:22.80 1:33.23	

6. Sobczak Agata	87	WKS SIASK	<b>14:02.90</b>	183
100m: 1:37.39 1:37.39	300m: 6:00.28 2:38.79	500m: 9:36.92 1:47.94	700m:	
200m: 3:21.49 1:44.10	400m: 7:48.98 1:48.70	600m: 11:23.77 1:46.85	800m: 14:02.90	

DNF Karas Karolina	87	Victory Masters Elblag		
100m: 2:38.56 2:38.56	300m: 8:02.69 3:35.02	500m:	700m:	
200m: 4:27.67 1:49.11	400m: 9:50.54 1:47.85	600m:	800m:	

30 - 34 years

1. Olszanowska Iga	81	Niezzreszone Biala Podlaska	<b>11:14.92</b>	358
100m: 1:19.66 1:19.66	300m: 4:11.72 1:25.72	500m: 7:02.87 1:25.40	700m: 9:51.76 1:24.30	
200m: 2:46.00 1:26.34	400m: 5:37.47 1:25.75	600m: 8:27.46 1:24.59	800m: 11:14.92 1:23.16	

2. Polito Malgorzata	83	Aquasfera Masters Olsztyn	<b>11:24.48</b>	343
100m: 1:19.22 1:19.22	300m: 4:13.44 1:28.25	500m: 7:07.11 1:26.12	700m: 10:02.22 1:28.07	
200m: 2:45.19 1:25.97	400m: 5:40.99 1:27.55	600m: 8:34.15 1:27.04	800m: 11:24.48 1:22.26	

3. Przybysz Aleksandra	82	Aquasfera Masters Olsztyn	<b>11:42.27</b>	317
100m: 1:22.95 1:22.95	300m: 4:19.48 1:28.64	500m: 7:16.00 1:27.84	700m: 10:15.06 1:29.35	
200m: 2:50.84 1:27.89	400m: 5:48.16 1:28.68	600m: 8:45.71 1:29.71	800m: 11:42.27 1:27.21	

Mistrzostwa Polski w Pływaniu Masters  
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Event 6, Women, 800m Freestyle, 30 - 34 years

Rank			YB			Time	Pts
4.	Maduzia Aneta		84	Start Poznan		<b>12:12.73</b>	279
	100m:		300m:	4:25.79	1:32.54	500m:	700m: 11:29.22
	200m:	2:53.25	400m:			600m:	800m: 12:12.73 43.51
5.	Boltuc Malgorzata		83	Redeco Wroclaw		<b>13:49.58</b>	192
	100m:	1:37.43	300m:	5:04.36	1:45.01	500m:	700m: 12:08.55 1:45.32
	200m:	3:19.35	400m:	6:50.93	1:46.57	600m:	800m: 13:49.58 1:41.03

35 - 39 years

1.	Michalik Dominika		79	Masters Bialystok		<b>10:30.09</b>	440
	100m:	1:11.80	300m:	3:46.89	1:18.24	500m:	700m: 9:06.27 1:21.69
	200m:	2:28.65	400m:	5:04.98	1:18.09	600m:	800m: 10:30.09 1:23.82
2.	Osmala Renata		77	Uks Delfin Masters Tarnobrzeg		<b>11:04.62</b>	375
	100m:	1:14.61	300m:	3:58.19	1:22.48	500m:	700m: 9:39.18 1:27.29
	200m:	2:35.71	400m:	5:21.30	1:23.11	600m:	800m: 11:04.62 1:25.44
3.	Jaskiewicz Anna		76	Redeco Wroclaw		<b>13:21.54</b>	213
	100m:	1:26.49	300m:	4:49.29	1:42.09	500m:	700m: 11:40.93 1:44.06
	200m:	3:07.20	400m:	6:31.53	1:42.24	600m:	800m: 13:21.54 1:40.61
4.	Kasprowicz Renata		77	Niezrzeszone Biala Podlaska		<b>13:35.85</b>	202
	100m:	1:23.07	300m:	4:45.05	1:43.73	500m:	700m: 11:51.71 1:50.22
	200m:	3:01.32	400m:	6:29.70	1:44.65	600m:	800m: 13:35.85 1:44.14
5.	Rostkowska-Kaczmarek Anna		80	Start Poznan		<b>14:34.42</b>	164
	100m:	1:34.66	300m:	5:17.50	1:52.99	500m:	700m:
	200m:	3:24.51	400m:	7:11.38	1:53.88	600m:	800m: 14:34.42

40 - 44 years

1.	Sulewska Beata		72	Weteran Zabrze		<b>10:19.11</b>	464
	100m:	1:11.99	300m:	3:46.71	1:17.71	500m:	700m: 9:01.50 1:18.99
	200m:	2:29.00	400m:	5:04.83	1:18.12	600m:	800m: 10:19.11 1:17.61
2.	Solyk Judyta		74	Niezrzeszeni		<b>10:24.49</b>	452
	100m:	1:11.98	300m:	3:47.63	1:18.64	500m:	700m: 9:05.94 1:19.93
	200m:	2:28.99	400m:	5:06.51	1:18.88	600m:	800m: 10:24.49 1:18.55
3.	Jaruga Kinga		74	UKS CITYZEN Poznan		<b>12:28.26</b>	262
	100m:	1:23.03	300m:	4:32.88	1:35.44	500m:	700m: 10:56.73 1:36.05
	200m:	2:57.44	400m:	6:08.60	1:35.72	600m:	800m: 12:28.26 1:31.53

45 - 49 years

1.	Zubel Beata		68	T.P. Skalar Slupsk		<b>11:24.97</b>	342
	100m:	1:19.04	300m:	4:10.18	1:26.60	500m:	700m: 10:01.22 1:28.84
	200m:	2:43.58	400m:	5:36.67	1:26.49	600m:	800m: 11:24.97 1:23.75
2.	Gozdziejewska Anna		67	Aquasfera Masters Olsztyn		<b>11:41.31</b>	319
	100m:	1:23.68	300m:	4:20.92	1:28.72	500m:	700m: 10:13.36 1:29.38
	200m:	2:52.20	400m:	5:48.72	1:27.80	600m:	800m: 11:41.31 1:27.95
3.	Szydlo Agata		69	Redeco Wroclaw		<b>14:18.29</b>	174
	100m:	1:38.96	300m:	5:12.98	1:47.64	500m:	700m: 12:33.36 1:48.00
	200m:	3:25.34	400m:	7:01.35	1:48.37	600m:	800m: 14:18.29 1:44.93

50 - 54 years

1.	Kotecka Anna		65	Klub Sportowy Warta Poznan		<b>12:57.72</b>	234
	100m:	1:26.43	300m:	4:39.42	1:38.13	500m:	700m: 11:20.71 1:40.17
	200m:	3:01.29	400m:	6:19.84	1:40.42	600m:	800m: 12:57.72 1:37.01
2.	Karas Beata		62	Victory Masters Elblag		<b>14:30.27</b>	167
	100m:	1:45.06	300m:	5:26.38	1:51.82	500m:	700m: 12:46.06 1:48.41
	200m:	3:34.56	400m:	7:16.95	1:50.57	600m:	800m: 14:30.27 1:44.21

Mistrzostwa Polski w Pływaniu Masters  
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Event 6, Women, 800m Freestyle

55 - 59 years

1.	Szala Ewa	59	KS Czerwonak	<b>12:00.81</b>	294
	100m: 1:24.94 1:24.94	300m: 4:27.62 1:30.98	500m: 7:28.68 1:30.69	700m: 10:30.60 1:31.35	
	200m: 2:56.64 1:31.70	400m: 5:57.99 1:30.37	600m: 8:59.25 1:30.57	800m: 12:00.81 1:30.21	
2.	Macierzewska Agnieszka	60	Masters Korona Krakow	<b>12:07.38</b>	286
	100m: 1:22.50 1:22.50	300m: 4:27.02 1:33.71	500m: 7:34.04 1:33.36	700m: 10:39.28 1:32.03	
	200m: 2:53.31 1:30.81	400m: 6:00.68 1:33.66	600m: 9:07.25 1:33.21	800m: 12:07.38 1:28.10	
3.	Gudaniec Dorota	60	Tkkf Koszalin Masters	<b>12:59.19</b>	232
	100m: 1:29.11 1:29.11	300m: 4:48.02 1:39.81	500m: 8:07.29 1:39.56	700m: 11:23.75 1:37.58	
	200m: 3:08.21 1:39.10	400m: 6:27.73 1:39.71	600m: 9:46.17 1:38.88	800m: 12:59.19 1:35.44	
4.	Benova Dana	56	SK Spolchemie Usti nad Labem	<b>17:37.30</b>	93
	100m: 2:01.69 2:01.69	300m: 6:26.55 2:12.80	500m: 10:57.89 2:16.49	700m: 15:26.59 2:13.66	
	200m: 4:13.75 2:12.06	400m: 8:41.40 2:14.85	600m: 13:12.93 2:15.04	800m: 17:37.30 2:10.71	

60 - 64 years

1.	Kerner Mateusiak Ewa	54	Victory Masters Elblag	<b>18:55.51</b>	75
	100m: 2:06.90 2:06.90	300m: 6:56.61 2:24.68	500m: 11:43.99 2:24.02	700m: 16:32.37 2:24.32	
	200m: 4:31.93 2:25.03	400m: 9:19.97 2:23.36	600m: 14:08.05 2:24.06	800m: 18:55.51 2:23.14	

65 - 69 years

1.	Szemberg Anna	49	Warsaw Masters team	<b>16:12.70</b>	119
	100m: 1:54.47 1:54.47	300m: 6:06.69 2:06.96	500m: 10:11.73 2:03.04	700m: 14:14.56 2:01.08	
	200m: 3:59.73 2:05.26	400m: 8:08.69 2:02.00	600m: 12:13.48 2:01.75	800m: 16:12.70 1:58.14	
OTL	Lippa Maria	46	Rydultowska Akademia Aktywnego		
	100m: 2:37.24 2:37.24	300m: 8:19.09 2:49.62	500m: 13:58.74 2:48.70	700m: 19:39.46 2:50.13	
	200m: 5:29.47 2:52.23	400m: 11:10.04 2:50.95	600m: 16:49.33 2:50.59	800m:	