

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open
Gliwice, 4. - 5.12.2015

Konkurencja 12
04.12.2015 - 18:00

Kobiet, 400m zmienny

Open
Wyniki

Rekord I skia Open	4:40.26	Szczepaniak Karolina	AZS AWF Katowice	01.01.2012
Rekord I skia 14	5:03.83	Kwiatek Miriam	MUKS Gilus Gilowice	01.01.2012
Rekord I skia 15	4:56.79	J drzejczak Otylia	MKS Pałac Katowice	01.01.1998
Rekord I skia 16	4:42.49	J drzejczak Otylia	MKS Pałac Katowice	01.01.1999
Rekord I skia 17	4:42.49	J drzejczak Otylia	MKS Pałac Katowice	01.01.2000
Rekord I skia 18	4:42.49	J drzejczak Otylia	MKS Pałac Katowice	01.01.2000

Punkty: FINA 2015

Pozycja		Rok ur.			Czas	Pkt.
14 lat						
1.	Bura Dominika	01	UKS Aligtor Gorzyce		5:09.02	594
	<i>Mistrz I skia</i>					
	50m: 33.42 33.42	150m: 1:53.98 42.33	250m: 3:17.24 42.16	350m: 4:36.17 35.67		
	100m: 1:11.65 38.23	200m: 2:35.08 41.10	300m: 4:00.50 43.26	400m: 5:09.02 32.85		
2.	Ostrowska Kamila	01	UKS Aligtor Gorzyce		5:13.86	567
	50m: 32.46 32.46	150m: 1:50.07 39.19	250m: 3:13.59 44.40	350m: 4:37.15 38.25		
	100m: 1:10.88 38.42	200m: 2:29.19 39.12	300m: 3:58.90 45.31	400m: 5:13.86 36.71		
3.	Piskorz Aleksandra	01	UKS WODNIK Siemianowice laski		5:15.91	556
	50m: 34.95 34.95	150m: 1:56.67 39.65	250m: 3:18.28 42.53	350m: 4:39.48 37.48		
	100m: 1:17.02 42.07	200m: 2:35.75 39.08	300m: 4:02.00 43.72	400m: 5:15.91 36.43		
4.	Augustyniak Michalina	01	MOSM Tychy		5:29.64	489
	50m: 33.63 33.63	150m: 1:58.04 44.27	250m: 3:29.54 47.88	350m: 4:54.24 36.72		
	100m: 1:13.77 40.14	200m: 2:41.66 43.62	300m: 4:17.52 47.98	400m: 5:29.64 35.40		
5.	Ma dok Klaudia	01	Nowy KP Bielsko-Biała		5:30.77	484
	50m: 33.79 33.79	150m: 1:56.28 41.83	250m: 3:25.85 48.85	350m: 4:54.05 38.65		
	100m: 1:14.45 40.66	200m: 2:37.00 40.72	300m: 4:15.40 49.55	400m: 5:30.77 36.72		
6.	Bigos Dominika	01	ks Pi tka Chorzów		5:57.63	383
	50m: 41.12 41.12	150m: 2:11.56 44.38	250m: 3:48.13 52.18	350m: 5:19.05 39.60		
	100m: 1:27.18 46.06	200m: 2:55.95 44.39	300m: 4:39.45 51.32	400m: 5:57.63 38.58		
7.	Kapitan Paulina	01	ks Pi tka Chorzów		6:01.16	372
	50m: 38.59 38.59	150m: 2:10.83 46.05	250m: 3:46.64 50.59	350m: 5:20.97 42.79		
	100m: 1:24.78 46.19	200m: 2:56.05 45.22	300m: 4:38.18 51.54	400m: 6:01.16 40.19		
15 lat						
1.	Adamska Alicja	00	UKS Aligtor Gorzyce		5:07.69	602
	<i>Mistrz I skia</i>					
	50m: 32.96 32.96	150m: 1:48.93 38.79	250m: 3:11.39 44.25	350m: 4:32.87 35.95		
	100m: 1:10.14 37.18	200m: 2:27.14 38.21	300m: 3:56.92 45.53	400m: 5:07.69 34.82		
2.	Kocjan Victoria SR	00	MKS-SMS Victoria Racibórz		5:20.24	534
	50m: 35.10 35.10	150m: 1:58.97 41.82	250m: 3:23.06 42.92	350m: 4:44.53 38.05		
	100m: 1:17.15 42.05	200m: 2:40.14 41.17	300m: 4:06.48 43.42	400m: 5:20.24 35.71		
3.	Maruszczyk Beata	00	MOSM Tychy		5:21.32	528
	50m: 33.35 33.35	150m: 1:54.02 40.90	250m: 3:19.96 43.44	350m: 4:45.02 39.98		
	100m: 1:13.12 39.77	200m: 2:36.52 42.50	300m: 4:05.04 45.08	400m: 5:21.32 36.30		
4.	Gruca Alicja SR	00	Unia Racibórz		5:28.23	496
	50m: 35.47 35.47	150m: 1:59.11 41.42	250m: 3:23.55 43.24	350m: 4:49.25 41.57		
	100m: 1:17.69 42.22	200m: 2:40.31 41.20	300m: 4:07.68 44.13	400m: 5:28.23 38.98		
5.	Kaczmarczyk Julia	00	KS. Górnik Radlin		5:35.24	465
	50m: 35.46 35.46	150m: 2:02.84 44.36	250m: 3:30.80 45.88	350m: 4:57.25 40.34		
	100m: 1:18.48 43.02	200m: 2:44.92 42.08	300m: 4:16.91 46.11	400m: 5:35.24 37.99		

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16 - 18 lat

1.	Teresko Anna	97	CSIR MOS D	browa Górnicza	4:59.78	651
	<i>Mistrz / ska</i>					
	50m: 32.10	32.10	150m: 1:46.57	38.32	250m: 3:07.35	43.21
	100m: 1:08.25	36.15	200m: 2:24.14	37.57	300m: 3:50.77	43.42
					350m: 4:25.80	35.03
					400m: 4:59.78	33.98
2.	Koral Julia SR	98	KS. Górnik Radlin		5:05.77	613
	50m: 33.43	33.43	150m: 1:50.55	37.88	250m: 3:11.40	42.31
	100m: 1:12.67	39.24	200m: 2:29.09	38.54	300m: 3:54.76	43.36
					350m: 4:30.90	36.14
					400m: 5:05.77	34.87
3.	liwi ska Marta	97	CSIR MOS D	browa Górnicza	5:08.86	595
	50m: 31.94	31.94	150m: 1:48.98	40.64	250m: 3:14.42	45.42
	100m: 1:08.34	36.40	200m: 2:29.00	40.02	300m: 4:00.04	45.62
					350m: 4:35.29	35.25
					400m: 5:08.86	33.57
4.	Kolber Roksana	98	CSIR MOS D	browa Górnicza	5:26.66	503
	50m: 34.45	34.45	150m: 1:56.70	43.66	250m: 3:24.62	45.58
	100m: 1:13.04	38.59	200m: 2:39.04	42.34	300m: 4:10.70	46.08
					350m: 4:49.39	38.69
					400m: 5:26.66	37.27

Open

1.	Teresko Anna	97	CSIR MOS D	browa Górnicza	4:59.78	651
	<i>Mistrz / ska</i>					
	50m: 32.10	32.10	150m: 1:46.57	38.32	250m: 3:07.35	43.21
	100m: 1:08.25	36.15	200m: 2:24.14	37.57	300m: 3:50.77	43.42
					350m: 4:25.80	35.03
					400m: 4:59.78	33.98
2.	Koral Julia SR	98	KS. Górnik Radlin		5:05.77	613
	50m: 33.43	33.43	150m: 1:50.55	37.88	250m: 3:11.40	42.31
	100m: 1:12.67	39.24	200m: 2:29.09	38.54	300m: 3:54.76	43.36
					350m: 4:30.90	36.14
					400m: 5:05.77	34.87
3.	Adamska Alicja	00	UKS Aligtor Gorzyce		5:07.69	602
	50m: 32.96	32.96	150m: 1:48.93	38.79	250m: 3:11.39	44.25
	100m: 1:10.14	37.18	200m: 2:27.14	38.21	300m: 3:56.92	45.53
					350m: 4:32.87	35.95
					400m: 5:07.69	34.82
4.	liwi ska Marta	97	CSIR MOS D	browa Górnicza	5:08.86	595
	50m: 31.94	31.94	150m: 1:48.98	40.64	250m: 3:14.42	45.42
	100m: 1:08.34	36.40	200m: 2:29.00	40.02	300m: 4:00.04	45.62
					350m: 4:35.29	35.25
					400m: 5:08.86	33.57
5.	Bura Dominika	01	UKS Aligtor Gorzyce		5:09.02	594
	50m: 33.42	33.42	150m: 1:53.98	42.33	250m: 3:17.24	42.16
	100m: 1:11.65	38.23	200m: 2:35.08	41.10	300m: 4:00.50	43.26
					350m: 4:36.17	35.67
					400m: 5:09.02	32.85
6.	Ostrowska Kamila	01	UKS Aligtor Gorzyce		5:13.86	567
	50m: 32.46	32.46	150m: 1:50.07	39.19	250m: 3:13.59	44.40
	100m: 1:10.88	38.42	200m: 2:29.19	39.12	300m: 3:58.90	45.31
					350m: 4:37.15	38.25
					400m: 5:13.86	36.71
7.	Piskorz Aleksandra	01	UKS WODNIK Siemianowice	laski	5:15.91	556
	50m: 34.95	34.95	150m: 1:56.67	39.65	250m: 3:18.28	42.53
	100m: 1:17.02	42.07	200m: 2:35.75	39.08	300m: 4:02.00	43.72
					350m: 4:39.48	37.48
					400m: 5:15.91	36.43
8.	Kocjan Victoria SR	00	MKS-SMS Victoria Racibórz		5:20.24	534
	50m: 35.10	35.10	150m: 1:58.97	41.82	250m: 3:23.06	42.92
	100m: 1:17.15	42.05	200m: 2:40.14	41.17	300m: 4:06.48	43.42
					350m: 4:44.53	38.05
					400m: 5:20.24	35.71
9.	Bednarek Zuzanna	01	MKS Jedyńka Łód		5:20.72	531
	50m: 33.86	33.86	150m: 1:54.49	40.97	250m: 3:19.88	45.57
	100m: 1:13.52	39.66	200m: 2:34.31	39.82	300m: 4:06.00	46.12
					350m: 4:43.95	37.95
					400m: 5:20.72	36.77
10.	Maruszczyk Beata	00	MOSM Tychy		5:21.32	528
	50m: 33.35	33.35	150m: 1:54.02	40.90	250m: 3:19.96	43.44
	100m: 1:13.12	39.77	200m: 2:36.52	42.50	300m: 4:05.04	45.08
					350m: 4:45.02	39.98
					400m: 5:21.32	36.30
11.	Kolber Roksana	98	CSIR MOS D	browa Górnicza	5:26.66	503
	50m: 34.45	34.45	150m: 1:56.70	43.66	250m: 3:24.62	45.58
	100m: 1:13.04	38.59	200m: 2:39.04	42.34	300m: 4:10.70	46.08
					350m: 4:49.39	38.69
					400m: 5:26.66	37.27
12.	Gruca Alicja SR	00	Unia Racibórz		5:28.23	496
	50m: 35.47	35.47	150m: 1:59.11	41.42	250m: 3:23.55	43.24
	100m: 1:17.69	42.22	200m: 2:40.31	41.20	300m: 4:07.68	44.13
					350m: 4:49.25	41.57
					400m: 5:28.23	38.98

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Pozycja				Rok ur.					Czas	Pkt.		
13.	Augustyniak Michalina			01	MOSM Tychy				5:29.64	489		
	50m:	33.63	33.63	150m:	1:58.04	44.27	250m:	3:29.54	47.88	350m:	4:54.24	36.72
	100m:	1:13.77	40.14	200m:	2:41.66	43.62	300m:	4:17.52	47.98	400m:	5:29.64	35.40
14.	Małdok Klaudia			01	Nowy KP Bielsko-Biała				5:30.77	484		
	50m:	33.79	33.79	150m:	1:56.28	41.83	250m:	3:25.85	48.85	350m:	4:54.05	38.65
	100m:	1:14.45	40.66	200m:	2:37.00	40.72	300m:	4:15.40	49.55	400m:	5:30.77	36.72
15.	Kaczmarczyk Julia			00	KS. Górnik Radlin				5:35.24	465		
	50m:	35.46	35.46	150m:	2:02.84	44.36	250m:	3:30.80	45.88	350m:	4:57.25	40.34
	100m:	1:18.48	43.02	200m:	2:44.92	42.08	300m:	4:16.91	46.11	400m:	5:35.24	37.99
16.	Bigos Dominika			01	ks Piłka Chorzów				5:57.63	383		
	50m:	41.12	41.12	150m:	2:11.56	44.38	250m:	3:48.13	52.18	350m:	5:19.05	39.60
	100m:	1:27.18	46.06	200m:	2:55.95	44.39	300m:	4:39.45	51.32	400m:	5:57.63	38.58
17.	Kapitan Paulina			01	ks Piłka Chorzów				6:01.16	372		
	50m:	38.59	38.59	150m:	2:10.83	46.05	250m:	3:46.64	50.59	350m:	5:20.97	42.79
	100m:	1:24.78	46.19	200m:	2:56.05	45.22	300m:	4:38.18	51.54	400m:	6:01.16	40.19