

Mistrzostwa Okręgu I śkiego 14,15,16-18 i Open
Gliwice, 4. - 5.12.2015

Konkurencja 22
05.12.2015 - 10:35

Mężczyzn, 400m dowolny

Open
Wyniki

Rekord I śka Open	3:47.88	Zaczy ski Karol	AZS AWF KA towice	05.12.2012
Rekord I śka 14	4:05.50	Łuczak Piotr	AZS AWF KA towice	01.01.2006
Rekord I śka 15	4:02.05	Łuczak Piotr	AZS AWF KA towice	03.12.2007
Rekord I śka 16	3:59.11	Rokicki Michał	Victoria Racibórz	03.12.2000
Rekord I śka 17	3:53.14	Klich Kacper	AZS AWF KA towice	05.12.2011
Rekord I śka 18	3:51.20	Klich Kacper	AZS AWF KA towice	05.12.2012

Punkty: FINA 2015

Pozycja			Rok ur.			Czas	Pkt.	
14 lat								
1.	Szarpak Marcin		01	ks Pi tka Chorzów		4:19.20	549	
	<i>Mistrz I śka</i>							
	50m:	30.14 30.14	150m:	1:36.26 33.28	250m:	2:42.62 32.52	350m:	3:48.56 32.97
	100m:	1:02.98 32.84	200m:	2:10.10 33.84	300m:	3:15.59 32.97	400m:	4:19.20 30.64
2.	Kowalczyk Michał		01	Muks Gilus Gilowice		4:19.98	544	
	50m:	29.00 29.00	150m:	1:34.64 33.12	250m:	2:41.44 33.37	350m:	3:47.99 33.11
	100m:	1:01.52 32.52	200m:	2:08.07 33.43	300m:	3:14.88 33.44	400m:	4:19.98 31.99
3.	Milbrant Kacper		01	UKS Salmo ory		4:23.83	520	
	50m:	30.16 30.16	150m:	1:37.39 33.58	250m:	2:45.31 33.74	350m:	3:51.38 32.59
	100m:	1:03.81 33.65	200m:	2:11.57 34.18	300m:	3:18.79 33.48	400m:	4:23.83 32.45
4.	Hencner Wojciech		01	MOSM Tychy		4:27.88	497	
	50m:	29.70 29.70	150m:	1:36.21 33.75	250m:	2:46.18 35.45	350m:	3:56.29 35.26
	100m:	1:02.46 32.76	200m:	2:10.73 34.52	300m:	3:21.03 34.85	400m:	4:27.88 31.59
5.	Michalski Wojciech		01	Muks Gilus Gilowice		4:28.84	492	
	50m:	30.51 30.51	150m:	1:38.35 34.00	250m:	2:47.00 34.33	350m:	3:55.43 34.38
	100m:	1:04.35 33.84	200m:	2:12.67 34.32	300m:	3:21.05 34.05	400m:	4:28.84 33.41
6.	Karpień Dominik		01	CSIR MOS D browa Górnicza		4:32.85	470	
	50m:	30.43 30.43	150m:	1:39.14 34.62	250m:	2:48.71 34.66	350m:	3:58.58 34.97
	100m:	1:04.52 34.09	200m:	2:14.05 34.91	300m:	3:23.61 34.90	400m:	4:32.85 34.27
7.	Pawlik Kamil		01	MOSM Tychy		4:35.40	457	
	50m:	29.97 29.97	150m:	1:39.61 35.36	250m:	2:50.97 35.82	350m:	4:03.30 36.19
	100m:	1:04.25 34.28	200m:	2:15.15 35.54	300m:	3:27.11 36.14	400m:	4:35.40 32.10
8.	Janecki Mateusz		01	MKS Pałac Młodzie y Katowice		4:35.88	455	
	50m:	30.96 30.96	150m:	1:40.54 35.46	250m:	2:51.30 35.59	350m:	4:02.05 35.65
	100m:	1:05.08 34.12	200m:	2:15.71 35.17	300m:	3:26.40 35.10	400m:	4:35.88 33.83
9.	Wi niewski Paweł		01	UKS Wodnik 29 Katowice		4:39.20	439	
	50m:	30.54 30.54	150m:	1:40.33 35.62	250m:	2:52.11 35.79	350m:	
	100m:	1:04.71 34.17	200m:	2:16.32 35.99	300m:	3:28.07 35.96	400m:	4:39.20
10.	Ochman Michał		01	MKS Park Wodny Tarnowskie Góry		4:39.90	436	
	50m:	32.66 32.66	150m:	1:43.23 35.73	250m:	2:54.41 35.70	350m:	4:06.00 35.21
	100m:	1:07.50 34.84	200m:	2:18.71 35.48	300m:	3:30.79 36.38	400m:	4:39.90 33.90
11.	Groborz Paweł		01	KS. Górnik Radlin		4:43.34	420	
	50m:	30.82 30.82	150m:	1:42.68 36.77	250m:	2:57.21 37.66	350m:	4:08.25 34.61
	100m:	1:05.91 35.09	200m:	2:19.55 36.87	300m:	3:33.64 36.43	400m:	4:43.34 35.09
12.	Dudzi ski Jakub		01	UKS Manta Kochłowice Ruda I śka		4:51.62	385	
	50m:	32.16 32.16	150m:	1:44.98 36.82	250m:	2:59.89 37.47	350m:	4:15.33 37.16
	100m:	1:08.16 36.00	200m:	2:22.42 37.44	300m:	3:38.17 38.28	400m:	4:51.62 36.29
13.	Wieczorek Miłosz		01	ks Pi tka Chorzów		5:04.26	339	
	50m:	32.22 32.22	150m:	1:47.58 38.81	250m:	3:06.23 39.95	350m:	4:26.78 40.51
	100m:	1:08.77 36.55	200m:	2:26.28 38.70	300m:	3:46.27 40.04	400m:	5:04.26 37.48
14.	Karzełek Kamil		01	Kp H2o		5:04.29	339	
	50m:	33.10 33.10	150m:	1:47.48 37.73	250m:	3:05.97 38.95	350m:	4:26.24 40.42
	100m:	1:09.75 36.65	200m:	2:27.02 39.54	300m:	3:45.82 39.85	400m:	5:04.29 38.05
15.	Ku Artur		01	UKS Wodnik 29 Katowice		5:05.32	335	
	50m:		150m:		250m:		350m:	
	100m:		200m:		300m:		400m:	5:05.32

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open
Gliwice, 4. - 5.12.2015

Konkurencja 22, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
16.	urowski Jakub		01	ks Pi	tka Chorzów		5:08.52	325				
	50m:	35.09	35.09	150m:	1:53.88	39.69	250m:	3:12.60	39.29	350m:	4:30.89	39.16
	100m:	1:14.19	39.10	200m:	2:33.31	39.43	300m:	3:51.73	39.13	400m:	5:08.52	37.63
17.	Razmus Paweł		01	SiKReT	Gliwice		5:37.98	247				
	50m:	38.33	38.33	150m:	2:05.21	44.90	250m:	3:33.85	43.70	350m:	4:59.49	42.26
	100m:	1:20.31	41.98	200m:	2:50.15	44.94	300m:	4:17.23	43.38	400m:	5:37.98	38.49

15 lat

1.	Stoszek Kacper		00	Delfin	Cieszyn		4:09.77	613				
	<i>Mistrz / ska</i>											
	50m:	28.54	28.54	150m:	1:31.76	31.90	250m:	2:35.42	31.83	350m:	3:38.43	31.71
	100m:	59.86	31.32	200m:	2:03.59	31.83	300m:	3:06.72	31.30	400m:	4:09.77	31.34
2.	Staniszewski Jakub		00	CSIR MOS D	browa Górnicza		4:20.20	542				
	50m:	29.56	29.56	150m:	1:35.77	33.22	250m:	2:42.29	32.81	350m:	3:48.36	33.25
	100m:	1:02.55	32.99	200m:	2:09.48	33.71	300m:	3:15.11	32.82	400m:	4:20.20	31.84
3.	Chwastek Dominik		00	CSIR MOS D	browa Górnicza		4:21.58	534				
	50m:	30.44	30.44	150m:	1:36.51	33.21	250m:	2:42.71	33.18	350m:	3:50.03	33.44
	100m:	1:03.30	32.86	200m:	2:09.53	33.02	300m:	3:16.59	33.88	400m:	4:21.58	31.55
4.	Twardzik Bartosz		00	SiKReT	Gliwice		4:25.72	509				
	50m:	29.29	29.29	150m:	1:36.74	34.01	250m:	2:45.11	34.21	350m:	3:52.71	33.53
	100m:	1:02.73	33.44	200m:	2:10.90	34.16	300m:	3:19.18	34.07	400m:	4:25.72	33.01
5.	Wyrobek Rafał		00	LKS Jedno	32 Przyszowice		4:27.19	501				
	50m:	30.71	30.71	150m:	1:37.95	34.08	250m:	2:46.43	34.34	350m:	3:54.48	33.57
	100m:	1:03.87	33.16	200m:	2:12.09	34.14	300m:	3:20.91	34.48	400m:	4:27.19	32.71
6.	Wolny Krzysztof		00	UKS WODNIK	Siemianowice laski		4:28.12	496				
	50m:	29.67	29.67	150m:	1:37.84	34.77	250m:	2:46.69	34.93	350m:	3:56.38	34.70
	100m:	1:03.07	33.40	200m:	2:11.76	33.92	300m:	3:21.68	34.99	400m:	4:28.12	31.74
7.	Bochenek Konrad		00	CSIR MOS D	browa Górnicza		4:28.60	493				
	50m:	29.70	29.70	150m:	1:36.65	33.95	250m:	2:46.32	35.17	350m:	3:55.92	34.66
	100m:	1:02.70	33.00	200m:	2:11.15	34.50	300m:	3:21.26	34.94	400m:	4:28.60	32.68
8.	Roskosz Szymon SR		00	Unia Racibórz			4:29.94	486				
	50m:	30.93	30.93	150m:	1:39.58	34.37	250m:	2:48.31	34.43	350m:	3:57.16	34.29
	100m:	1:05.21	34.28	200m:	2:13.88	34.30	300m:	3:22.87	34.56	400m:	4:29.94	32.78
9.	Trz siec Daniel		00	CSIR MOS D	browa Górnicza		4:36.42	452				
	50m:	30.69	30.69	150m:	1:38.73	34.26	250m:	2:49.57	35.44	350m:	4:02.00	36.04
	100m:	1:04.47	33.78	200m:	2:14.13	35.40	300m:	3:25.96	36.39	400m:	4:36.42	34.42
10.	Włodarski Jakub SR		00	Unia Racibórz			4:42.81	422				
	50m:	31.82	31.82	150m:	1:42.67	35.74	250m:	2:55.17	36.34	350m:	4:08.30	36.37
	100m:	1:06.93	35.11	200m:	2:18.83	36.16	300m:	3:31.93	36.76	400m:	4:42.81	34.51
11.	Tanzola Sebastian		00	KS MarioSport			5:00.87	351				
	50m:	31.98	31.98	150m:	1:45.84	37.57	250m:	3:03.59	39.54	350m:	4:23.53	38.72
	100m:	1:08.27	36.29	200m:	2:24.05	38.21	300m:	3:44.81	41.22	400m:	5:00.87	37.34
12.	Sojka Marcel		00	UKS WODNIK	Siemianowice laski		5:11.78	315				
	50m:	36.39	36.39	150m:	1:54.72	39.12	250m:	3:12.47	39.22	350m:	4:30.60	38.45
	100m:	1:15.60	39.21	200m:	2:33.25	38.53	300m:	3:52.15	39.68	400m:	5:11.78	41.18

16 - 18 lat

1.	Zwoli ski Marcin		97	CSIR MOS D	browa Górnicza		4:04.93	650				
	<i>Mistrz / ska</i>											
	50m:	28.08	28.08	150m:	1:28.92	30.72	250m:	2:31.40	31.04	350m:	3:34.01	31.05
	100m:	58.20	30.12	200m:	2:00.36	31.44	300m:	3:02.96	31.56	400m:	4:04.93	30.92
2.	Chrapek Marcin		98	Delfin	Cieszyn		4:08.06	626				
	50m:	28.98	28.98	150m:	1:32.62	32.01	250m:	2:35.69	31.41	350m:	3:37.37	30.78
	100m:	1:00.61	31.63	200m:	2:04.28	31.66	300m:	3:06.59	30.90	400m:	4:08.06	30.69

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open
Gliwice, 4. - 5.12.2015

Konkurencja 22, Chłopców, 400m dowolny, 16 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	Sumara Benjamin		99	CSIR MOS D browa Górnicza				4:09.82	613
	50m:	28.67 28.67	150m:	1:31.45 31.85	250m:	2:35.48 31.93	350m:	3:38.84 31.63	
	100m:	59.60 30.93	200m:	2:03.55 32.10	300m:	3:07.21 31.73	400m:	4:09.82 30.98	
4.	Matura Klaudiusz SR		98	MKS-SMS Victoria Racibórz				4:12.15	596
	50m:	28.66 28.66	150m:	1:31.83 31.80	250m:	2:35.91 31.91	350m:	3:40.95 32.53	
	100m:	1:00.03 31.37	200m:	2:04.00 32.17	300m:	3:08.42 32.51	400m:	4:12.15 31.20	
5.	Stoszek Szymon		99	UKS Aligtor Gorzyce				4:13.59	586
	50m:	28.67 28.67	150m:	1:33.04 32.30	250m:	2:37.96 32.53	350m:	3:43.30 32.38	
	100m:	1:00.74 32.07	200m:	2:05.43 32.39	300m:	3:10.92 32.96	400m:	4:13.59 30.29	
6.	Blachura Patryk SO		99	ULKS VICTORIA Kozy				4:14.40	580
	50m:	29.03 29.03	150m:	1:34.90 33.38	250m:	2:38.38 30.16	350m:	3:42.79 32.27	
	100m:	1:01.52 32.49	200m:	2:08.22 33.32	300m:	3:10.52 32.14	400m:	4:14.40 31.61	
7.	Lesik Radosław SR		98	MKS-SMS Victoria Racibórz				4:14.58	579
	50m:	28.62 28.62	150m:	1:33.10 32.26	250m:	2:38.24 32.58	350m:	3:43.41 32.56	
	100m:	1:00.84 32.22	200m:	2:05.66 32.56	300m:	3:10.85 32.61	400m:	4:14.58 31.17	
8.	Chromik Szymon		99	CSIR MOS D browa Górnicza				4:17.03	563
	50m:	29.60 29.60	150m:	1:33.28 31.93	250m:	2:38.05 32.53	350m:	3:44.18 33.16	
	100m:	1:01.35 31.75	200m:	2:05.52 32.24	300m:	3:11.02 32.97	400m:	4:17.03 32.85	
9.	Pawliniak Mariusz		99	UKS Wodnik 29 Katowice				4:19.09	549
	50m:	29.32 29.32	150m:	1:34.35 32.87	250m:	2:40.86 33.28	350m:	3:46.76 32.68	
	100m:	1:01.48 32.16	200m:	2:07.58 33.23	300m:	3:14.08 33.22	400m:	4:19.09 32.33	
10.	Grabarczyk Olaf SR		98	MKS-SMS Victoria Racibórz				4:20.00	544
	50m:	29.17 29.17	150m:	1:33.37 32.77	250m:	2:39.54 33.41	350m:	3:46.74 33.95	
	100m:	1:00.60 31.43	200m:	2:06.13 32.76	300m:	3:12.79 33.25	400m:	4:20.00 33.26	
11.	Baran Jan SR		99	MKS-SMS Victoria Racibórz				4:23.75	521
	50m:	28.65 28.65	150m:	1:33.49 33.00	250m:	2:41.17 33.98	350m:	3:49.74 34.42	
	100m:	1:00.49 31.84	200m:	2:07.19 33.70	300m:	3:15.32 34.15	400m:	4:23.75 34.01	
Open									
1.	Głyk Wojciech		92	AZS AWF Katowice				3:55.51	732
	50m:	27.27 27.27	150m:	1:26.28 29.61	250m:	2:25.73 29.80	350m:	3:26.16 30.26	
	100m:	56.67 29.40	200m:	1:55.93 29.65	300m:	2:55.90 30.17	400m:	3:55.51 29.35	
2.	Pióro Artur		91	MKS Pałac Młodzie y Katowice				4:00.19	690
	50m:	27.68 27.68	150m:	1:27.04 29.91	250m:	2:28.06 30.70	350m:	3:30.09 31.13	
	100m:	57.13 29.45	200m:	1:57.36 30.32	300m:	2:58.96 30.90	400m:	4:00.19 30.10	
3.	Kłos Grzegorz		95	AZS AWF Katowice				4:03.86	659
	50m:	27.53 27.53	150m:	1:28.89 31.19	250m:	2:31.36 31.21	350m:	3:33.87 30.93	
	100m:	57.70 30.17	200m:	2:00.15 31.26	300m:	3:02.94 31.58	400m:	4:03.86 29.99	
4.	Zwoli ski Marcin		97	CSIR MOS D browa Górnicza				4:04.93	650
	50m:	28.08 28.08	150m:	1:28.92 30.72	250m:	2:31.40 31.04	350m:	3:34.01 31.05	
	100m:	58.20 30.12	200m:	2:00.36 31.44	300m:	3:02.96 31.56	400m:	4:04.93 30.92	
5.	Stanek Adam		99	UKP Unia O wi cim				4:06.72	636
	50m:	29.22 29.22	150m:	1:31.86 31.47	250m:	2:34.18 31.08	350m:	3:36.66 31.25	
	100m:	1:00.39 31.17	200m:	2:03.10 31.24	300m:	3:05.41 31.23	400m:	4:06.72 30.06	
6.	Chrapek Marcin		98	Delfin Cieszyn				4:08.06	626
	50m:	28.98 28.98	150m:	1:32.62 32.01	250m:	2:35.69 31.41	350m:	3:37.37 30.78	
	100m:	1:00.61 31.63	200m:	2:04.28 31.66	300m:	3:06.59 30.90	400m:	4:08.06 30.69	
7.	Stoszek Kacper		00	Delfin Cieszyn				4:09.77	613
	50m:	28.54 28.54	150m:	1:31.76 31.90	250m:	2:35.42 31.83	350m:	3:38.43 31.71	
	100m:	59.86 31.32	200m:	2:03.59 31.83	300m:	3:06.72 31.30	400m:	4:09.77 31.34	
8.	Sumara Benjamin		99	CSIR MOS D browa Górnicza				4:09.82	613
	50m:	28.67 28.67	150m:	1:31.45 31.85	250m:	2:35.48 31.93	350m:	3:38.84 31.63	
	100m:	59.60 30.93	200m:	2:03.55 32.10	300m:	3:07.21 31.73	400m:	4:09.82 30.98	

Mistrzostwa Okręgu I skiego 14,15,16-18 i Open
Gliwice, 4. - 5.12.2015

Konkurencja 22, Mężczyzn, 400m dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.	
9.	Matura Klaudiusz SR				98	MKS-SMS Victoria Racibórz				4:12.15	596	
	50m:	28.66	28.66	150m:	1:31.83	31.80	250m:	2:35.91	31.91	350m:	3:40.95	32.53
	100m:	1:00.03	31.37	200m:	2:04.00	32.17	300m:	3:08.42	32.51	400m:	4:12.15	31.20
10.	Sionkowski Arkadiusz				00	UKP Kmita Zabierzów				4:12.27	595	
	50m:	28.27	28.27	150m:	1:32.07	31.72	250m:	2:36.77	32.55	350m:	3:41.22	32.01
	100m:	1:00.35	32.08	200m:	2:04.22	32.15	300m:	3:09.21	32.44	400m:	4:12.27	31.05
11.	Stoszek Szymon				99	UKS Aligtor Gorzyce				4:13.59	586	
	50m:	28.67	28.67	150m:	1:33.04	32.30	250m:	2:37.96	32.53	350m:	3:43.30	32.38
	100m:	1:00.74	32.07	200m:	2:05.43	32.39	300m:	3:10.92	32.96	400m:	4:13.59	30.29
12.	Blachura Patryk SO				99	ULKS VICTORIA Kozy				4:14.40	580	
	50m:	29.03	29.03	150m:	1:34.90	33.38	250m:	2:38.38	30.16	350m:	3:42.79	32.27
	100m:	1:01.52	32.49	200m:	2:08.22	33.32	300m:	3:10.52	32.14	400m:	4:14.40	31.61
13.	Lesik Radosław SR				98	MKS-SMS Victoria Racibórz				4:14.58	579	
	50m:	28.62	28.62	150m:	1:33.10	32.26	250m:	2:38.24	32.58	350m:	3:43.41	32.56
	100m:	1:00.84	32.22	200m:	2:05.66	32.56	300m:	3:10.85	32.61	400m:	4:14.58	31.17
14.	Chromik Szymon				99	CSIR MOS D browa Górnicza				4:17.03	563	
	50m:	29.60	29.60	150m:	1:33.28	31.93	250m:	2:38.05	32.53	350m:	3:44.18	33.16
	100m:	1:01.35	31.75	200m:	2:05.52	32.24	300m:	3:11.02	32.97	400m:	4:17.03	32.85
15.	Pawliniak Mariusz				99	UKS Wodnik 29 Katowice				4:19.09	549	
	50m:	29.32	29.32	150m:	1:34.35	32.87	250m:	2:40.86	33.28	350m:	3:46.76	32.68
	100m:	1:01.48	32.16	200m:	2:07.58	33.23	300m:	3:14.08	33.22	400m:	4:19.09	32.33
16.	Szarpak Marcin				01	ks Piłkarska Chorzów				4:19.20	549	
	50m:	30.14	30.14	150m:	1:36.26	33.28	250m:	2:42.62	32.52	350m:	3:48.56	32.97
	100m:	1:02.98	32.84	200m:	2:10.10	33.84	300m:	3:15.59	32.97	400m:	4:19.20	30.64
17.	Kowalczyk Michał				01	Muks Gilus Gilowice				4:19.98	544	
	50m:	29.00	29.00	150m:	1:34.64	33.12	250m:	2:41.44	33.37	350m:	3:47.99	33.11
	100m:	1:01.52	32.52	200m:	2:08.07	33.43	300m:	3:14.88	33.44	400m:	4:19.98	31.99
18.	Grabarczyk Olaf SR				98	MKS-SMS Victoria Racibórz				4:20.00	544	
	50m:	29.17	29.17	150m:	1:33.37	32.77	250m:	2:39.54	33.41	350m:	3:46.74	33.95
	100m:	1:00.60	31.43	200m:	2:06.13	32.76	300m:	3:12.79	33.25	400m:	4:20.00	33.26
19.	Staniszewski Jakub				00	CSIR MOS D browa Górnicza				4:20.20	542	
	50m:	29.56	29.56	150m:	1:35.77	33.22	250m:	2:42.29	32.81	350m:	3:48.36	33.25
	100m:	1:02.55	32.99	200m:	2:09.48	33.71	300m:	3:15.11	32.82	400m:	4:20.20	31.84
20.	Chwastek Dominik				00	CSIR MOS D browa Górnicza				4:21.58	534	
	50m:	30.44	30.44	150m:	1:36.51	33.21	250m:	2:42.71	33.18	350m:	3:50.03	33.44
	100m:	1:03.30	32.86	200m:	2:09.53	33.02	300m:	3:16.59	33.88	400m:	4:21.58	31.55
21.	Baran Jan SR				99	MKS-SMS Victoria Racibórz				4:23.75	521	
	50m:	28.65	28.65	150m:	1:33.49	33.00	250m:	2:41.17	33.98	350m:	3:49.74	34.42
	100m:	1:00.49	31.84	200m:	2:07.19	33.70	300m:	3:15.32	34.15	400m:	4:23.75	34.01
22.	Milbrant Kacper				01	UKS Salmońki				4:23.83	520	
	50m:	30.16	30.16	150m:	1:37.39	33.58	250m:	2:45.31	33.74	350m:	3:51.38	32.59
	100m:	1:03.81	33.65	200m:	2:11.57	34.18	300m:	3:18.79	33.48	400m:	4:23.83	32.45
23.	Twardzik Bartosz				00	SiKReT Gliwice				4:25.72	509	
	50m:	29.29	29.29	150m:	1:36.74	34.01	250m:	2:45.11	34.21	350m:	3:52.71	33.53
	100m:	1:02.73	33.44	200m:	2:10.90	34.16	300m:	3:19.18	34.07	400m:	4:25.72	33.01
24.	Wyrobek Rafał				00	LKS Jednostka 32 Przystawice				4:27.19	501	
	50m:	30.71	30.71	150m:	1:37.95	34.08	250m:	2:46.43	34.34	350m:	3:54.48	33.57
	100m:	1:03.87	33.16	200m:	2:12.09	34.14	300m:	3:20.91	34.48	400m:	4:27.19	32.71
25.	Hencner Wojciech				01	MOSM Tychy				4:27.88	497	
	50m:	29.70	29.70	150m:	1:36.21	33.75	250m:	2:46.18	35.45	350m:	3:56.29	35.26
	100m:	1:02.46	32.76	200m:	2:10.73	34.52	300m:	3:21.03	34.85	400m:	4:27.88	31.59
26.	Wolny Krzysztof				00	UKS WODNIK Siemianowice Śląskie				4:28.12	496	
	50m:	29.67	29.67	150m:	1:37.84	34.77	250m:	2:46.69	34.93	350m:	3:56.38	34.70
	100m:	1:03.07	33.40	200m:	2:11.76	33.92	300m:	3:21.68	34.99	400m:	4:28.12	31.74

Mistrzostwa Okręgu I śkiego 14,15,16-18 i Open
Gliwice, 4. - 5.12.2015

Konkurencja 22, Mężczyzn, 400m dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.	
27.	Bochenek Konrad				00	CSIR MOS D browa Górnica				4:28.60	493	
	50m:	29.70	29.70	150m:	1:36.65	33.95	250m:	2:46.32	35.17	350m:	3:55.92	34.66
	100m:	1:02.70	33.00	200m:	2:11.15	34.50	300m:	3:21.26	34.94	400m:	4:28.60	32.68
28.	Kudła Łukasz				95	AZS AWF Katowice				4:28.76	492	
	50m:	28.49	28.49	150m:	1:32.05	32.38	250m:	2:40.14	34.91	350m:	3:52.55	36.52
	100m:	59.67	31.18	200m:	2:05.23	33.18	300m:	3:16.03	35.89	400m:	4:28.76	36.21
29.	Michalski Wojciech				01	Muks Gilus Gilowice				4:28.84	492	
	50m:	30.51	30.51	150m:	1:38.35	34.00	250m:	2:47.00	34.33	350m:	3:55.43	34.38
	100m:	1:04.35	33.84	200m:	2:12.67	34.32	300m:	3:21.05	34.05	400m:	4:28.84	33.41
30.	Roskosz Szymon SR				00	Unia Racibórz				4:29.94	486	
	50m:	30.93	30.93	150m:	1:39.58	34.37	250m:	2:48.31	34.43	350m:	3:57.16	34.29
	100m:	1:05.21	34.28	200m:	2:13.88	34.30	300m:	3:22.87	34.56	400m:	4:29.94	32.78
31.	Karpień Dominik				01	CSIR MOS D browa Górnica				4:32.85	470	
	50m:	30.43	30.43	150m:	1:39.14	34.62	250m:	2:48.71	34.66	350m:	3:58.58	34.97
	100m:	1:04.52	34.09	200m:	2:14.05	34.91	300m:	3:23.61	34.90	400m:	4:32.85	34.27
32.	Pawlik Kamil				01	MOSM Tychy				4:35.40	457	
	50m:	29.97	29.97	150m:	1:39.61	35.36	250m:	2:50.97	35.82	350m:	4:03.30	36.19
	100m:	1:04.25	34.28	200m:	2:15.15	35.54	300m:	3:27.11	36.14	400m:	4:35.40	32.10
33.	Janecki Mateusz				01	MKS Pałac Młodzieży Katowice				4:35.88	455	
	50m:	30.96	30.96	150m:	1:40.54	35.46	250m:	2:51.30	35.59	350m:	4:02.05	35.65
	100m:	1:05.08	34.12	200m:	2:15.71	35.17	300m:	3:26.40	35.10	400m:	4:35.88	33.83
34.	Trzeciec Daniel				00	CSIR MOS D browa Górnica				4:36.42	452	
	50m:	30.69	30.69	150m:	1:38.73	34.26	250m:	2:49.57	35.44	350m:	4:02.00	36.04
	100m:	1:04.47	33.78	200m:	2:14.13	35.40	300m:	3:25.96	36.39	400m:	4:36.42	34.42
35.	Wiśniewski Paweł				01	UKS Wodnik 29 Katowice				4:39.20	439	
	50m:	30.54	30.54	150m:	1:40.33	35.62	250m:	2:52.11	35.79	350m:		
	100m:	1:04.71	34.17	200m:	2:16.32	35.99	300m:	3:28.07	35.96	400m:	4:39.20	
36.	Ochman Michał				01	MKS Park Wodny Tarnowskie Góry				4:39.90	436	
	50m:	32.66	32.66	150m:	1:43.23	35.73	250m:	2:54.41	35.70	350m:	4:06.00	35.21
	100m:	1:07.50	34.84	200m:	2:18.71	35.48	300m:	3:30.79	36.38	400m:	4:39.90	33.90
37.	Włodarski Jakub SR				00	Unia Racibórz				4:42.81	422	
	50m:	31.82	31.82	150m:	1:42.67	35.74	250m:	2:55.17	36.34	350m:	4:08.30	36.37
	100m:	1:06.93	35.11	200m:	2:18.83	36.16	300m:	3:31.93	36.76	400m:	4:42.81	34.51
38.	Groborz Paweł				01	KS. Górnik Radlin				4:43.34	420	
	50m:	30.82	30.82	150m:	1:42.68	36.77	250m:	2:57.21	37.66	350m:	4:08.25	34.61
	100m:	1:05.91	35.09	200m:	2:19.55	36.87	300m:	3:33.64	36.43	400m:	4:43.34	35.09
39.	Górka Łukasz				02	SiKReT Gliwice				4:45.42	411	
	50m:	31.01	31.01	150m:	1:43.44	36.67	250m:	2:56.57	36.72	350m:	4:09.63	36.54
	100m:	1:06.77	35.76	200m:	2:19.85	36.41	300m:	3:33.09	36.52	400m:	4:45.42	35.79
40.	Dudziński Jakub				01	UKS Manta Kochłowice Ruda Śląska				4:51.62	385	
	50m:	32.16	32.16	150m:	1:44.98	36.82	250m:	2:59.89	37.47	350m:	4:15.33	37.16
	100m:	1:08.16	36.00	200m:	2:22.42	37.44	300m:	3:38.17	38.28	400m:	4:51.62	36.29
41.	Prokop Bartosz				02	UKS Manta Kochłowice Ruda Śląska				4:53.67	377	
	50m:	33.71	33.71	150m:	1:48.03	37.27	250m:	3:02.74	37.27	350m:	4:17.67	37.57
	100m:	1:10.76	37.05	200m:	2:25.47	37.44	300m:	3:40.10	37.36	400m:	4:53.67	36.00
42.	Tanzola Sebastian				00	KS MarioSport				5:00.87	351	
	50m:	31.98	31.98	150m:	1:45.84	37.57	250m:	3:03.59	39.54	350m:	4:23.53	38.72
	100m:	1:08.27	36.29	200m:	2:24.05	38.21	300m:	3:44.81	41.22	400m:	5:00.87	37.34
43.	Wieczorek Miłosz				01	ks Piłkarska Chorzów				5:04.26	339	
	50m:	32.22	32.22	150m:	1:47.58	38.81	250m:	3:06.23	39.95	350m:	4:26.78	40.51
	100m:	1:08.77	36.55	200m:	2:26.28	38.70	300m:	3:46.27	40.04	400m:	5:04.26	37.48
44.	Karzełek Kamil				01	Kp H2o				5:04.29	339	
	50m:	33.10	33.10	150m:	1:47.48	37.73	250m:	3:05.97	38.95	350m:	4:26.24	40.42
	100m:	1:09.75	36.65	200m:	2:27.02	39.54	300m:	3:45.82	39.85	400m:	5:04.29	38.05

Mistrzostwa Okręgu I śląskiego 14,15,16-18 i Open
Gliwice, 4. - 5.12.2015

Konkurencja 22, Mężczyzn, 400m dowolny, Open

Pozycja			Rok ur.							Czas	Pkt.	
45.	Ku Artur		01	UKS Wodnik 29 Katowice						5:05.32	335	
	50m:		150m:		250m:		350m:		400m:	5:05.32		
	100m:		200m:		300m:							
46.	urowski Jakub		01	ks Piłka Chorzów						5:08.52	325	
	50m:	35.09	150m:	1:53.88	39.69	250m:	3:12.60	39.29	350m:	4:30.89	39.16	
	100m:	1:14.19	39.10	200m:	2:33.31	39.43	300m:	3:51.73	39.13	400m:	5:08.52	37.63
47.	Sojka Marcel		00	UKS WODNIK Siemianowice Śląskie						5:11.78	315	
	50m:	36.39	36.39	150m:	1:54.72	39.12	250m:	3:12.47	39.22	350m:	4:30.60	38.45
	100m:	1:15.60	39.21	200m:	2:33.25	38.53	300m:	3:52.15	39.68	400m:	5:11.78	41.18
48.	Rasmus Paweł		01	SiKReT Gliwice						5:37.98	247	
	50m:	38.33	38.33	150m:	2:05.21	44.90	250m:	3:33.85	43.70	350m:	4:59.49	42.26
	100m:	1:20.31	41.98	200m:	2:50.15	44.94	300m:	4:17.23	43.38	400m:	5:37.98	38.49