

Mistrzostwa Polski Juniorów 16 letnich
Gliwice, 11. - 13.3.2016

Event 12
11.03.2016 - 18:50

Boys, 400m Medley

16 years
Results Finals

Rekordy Polski 16 lat 4:12.62 W gowski Marcel TP Olimpijczyk Aleksandrów 18.12.2015

Points: FINA 2015

Rank			YB					Time	Pts			
Final A												
1.	Kalusowski Jan		00	Mks Trojka Lodz				4:19.48	747			
	50m:	27.72	27.72	150m:	1:33.45	34.16	250m:	2:42.33	34.98	350m:	3:49.31	30.90
	100m:	59.29	31.57	200m:	2:07.35	33.90	300m:	3:18.41	36.08	400m:	4:19.48	30.17
2.	Koziejko Bartlomiej		00	MTP KORMORAN Olsztyn				4:23.02	717			
	50m:	28.59	28.59	150m:	1:36.03	35.21	250m:	2:46.27	36.03	350m:	3:53.68	30.56
	100m:	1:00.82	32.23	200m:	2:10.24	34.21	300m:	3:23.12	36.85	400m:	4:23.02	29.34
3.	Kurleto Piotr		00	KS Korona Krakow				4:26.19	692			
	50m:	28.57	28.57	150m:	1:35.62	34.61	250m:	2:46.38	35.80	350m:	3:55.48	31.88
	100m:	1:01.01	32.44	200m:	2:10.58	34.96	300m:	3:23.60	37.22	400m:	4:26.19	30.71
4.	Oller Krzysztof		00	MTP KORMORAN Olsztyn				4:28.21	676			
	50m:	28.60	28.60	150m:	1:36.22	35.33	250m:	2:48.15	37.75	350m:	3:57.75	31.27
	100m:	1:00.89	32.29	200m:	2:10.40	34.18	300m:	3:26.48	38.33	400m:	4:28.21	30.46
5.	Manka Filip		00	Uks 190 Lodz				4:30.77	657			
	50m:	28.93	28.93	150m:	1:35.41	33.73	250m:	2:48.35	38.59	350m:	3:59.25	32.02
	100m:	1:01.68	32.75	200m:	2:09.76	34.35	300m:	3:27.23	38.88	400m:	4:30.77	31.52
6.	Cerlich Maksymilian		00	Mks Ikar Mielec				4:31.69	651			
	50m:	29.14	29.14	150m:	1:38.17	34.92	250m:	2:50.33	37.70	350m:	4:01.24	32.27
	100m:	1:03.25	34.11	200m:	2:12.63	34.46	300m:	3:28.97	38.64	400m:	4:31.69	30.45
7.	Walczysko Jakub		00	CSiR MOS Dabrowa Gornicza				4:33.19	640			
	50m:	28.24	28.24	150m:	1:36.63	35.05	250m:	2:50.14	37.94	350m:	4:01.16	31.86
	100m:	1:01.58	33.34	200m:	2:12.20	35.57	300m:	3:29.30	39.16	400m:	4:33.19	32.03
8.	Klosinski Alan		00	Mks Jedynda Lodz				4:36.58	617			
	50m:	28.67	28.67	150m:	1:41.00	37.96	250m:	2:53.90	36.59	350m:	4:04.00	33.33
	100m:	1:03.04	34.37	200m:	2:17.31	36.31	300m:	3:30.67	36.77	400m:	4:36.58	32.58
9.	Domanski Kamil		00	Olimpijczyk Aleksandrow Lodzki				4:39.41	598			
	50m:	29.83	29.83	150m:	1:41.28	37.13	250m:	2:57.49	39.29	350m:	4:09.18	32.24
	100m:	1:04.15	34.32	200m:	2:18.20	36.92	300m:	3:36.94	39.45	400m:	4:39.41	30.23
10.	Wozniak Maciej		00	Uks 190 Lodz				4:45.28	562			
	50m:	28.98	28.98	150m:	1:39.74	36.78	250m:	2:56.36	41.28	350m:	4:13.06	33.59
	100m:	1:02.96	33.98	200m:	2:15.08	35.34	300m:	3:39.47	43.11	400m:	4:45.28	32.22
Final B												
11.	Czop Michal		00	MTS Kwidzyn				4:37.39	611			
	50m:	29.31	29.31	150m:	1:38.49	35.57	250m:	2:51.16	37.43	350m:	4:03.69	34.09
	100m:	1:02.92	33.61	200m:	2:13.73	35.24	300m:	3:29.60	38.44	400m:	4:37.39	33.70
12.	Skierski Radoslaw		00	UKS Wodnik 29 Katowice				4:40.06	594			
	50m:	30.33	30.33	150m:	1:42.08	36.82	250m:	2:57.64	38.59	350m:	4:08.25	31.96
	100m:	1:05.26	34.93	200m:	2:19.05	36.97	300m:	3:36.29	38.65	400m:	4:40.06	31.81
13.	Blaszczyk Kacper		00	Olimpijczyk Aleksandrow Lodzki				4:42.11	581			
	50m:	28.71	28.71	150m:	1:39.72	37.78	250m:	2:56.42	39.85	350m:	4:11.96	33.45
	100m:	1:01.94	33.23	200m:	2:16.57	36.85	300m:	3:38.51	42.09	400m:	4:42.11	30.15
14.	Taradys Jakub		00	KORNER Zielona Gora				4:42.34	580			
	50m:	29.67	29.67	150m:	1:39.73	35.13	250m:	2:56.23	42.09	350m:	4:11.33	32.00
	100m:	1:04.60	34.93	200m:	2:14.14	34.41	300m:	3:39.33	43.10	400m:	4:42.34	31.01
15.	Mayerberg Kacper SO		00	UKP UNIA Oswiecim				4:44.34	568			
	50m:	30.33	30.33	150m:	1:43.53	37.95	250m:	3:00.55	40.72	350m:	4:13.84	32.52
	100m:	1:05.58	35.25	200m:	2:19.83	36.30	300m:	3:41.32	40.77	400m:	4:44.34	30.50
16.	Wozniak Kamil		00	UKS FREGATA Kolbuszowa				4:44.89	564			
	50m:	29.16	29.16	150m:	1:40.57	37.38	250m:	2:59.04	42.12	350m:	4:13.38	32.11
	100m:	1:03.19	34.03	200m:	2:16.92	36.35	300m:	3:41.27	42.23	400m:	4:44.89	31.51

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Event 12, Boys, 400m Medley, Final, 16 years

Rank					YB					Time	Pts	
17.	Kowalski Rafal				00	KP Stilon Gorzow Wlkp.				4:47.35	550	
	50m:	30.45	30.45	150m:	1:44.03	38.96	250m:	3:02.03	40.70	350m:	4:16.26	32.44
	100m:	1:05.07	34.62	200m:	2:21.33	37.30	300m:	3:43.82	41.79	400m:	4:47.35	31.09
18.	Rebacz Maciej				00	UKS G - 8 Bielany				4:48.45	544	
	50m:	31.99	31.99	150m:	1:45.72	38.19	250m:	3:01.61	38.09	350m:	4:15.91	35.50
	100m:	1:07.53	35.54	200m:	2:23.52	37.80	300m:	3:40.41	38.80	400m:	4:48.45	32.54
19.	Chromik Mateusz SO				00	UKP UNIA Oswiecim				4:51.06	529	
	50m:	30.58	30.58	150m:	1:43.00	36.86	250m:	3:00.72	41.25	350m:	4:16.90	34.42
	100m:	1:06.14	35.56	200m:	2:19.47	36.47	300m:	3:42.48	41.76	400m:	4:51.06	34.16
20.	Krzyzaniak Krystian				00	MKS Juvenia Bialystok				4:56.04	503	
	50m:	30.74	30.74	150m:	1:44.98	38.24	250m:	3:04.64	41.41	350m:	4:22.23	35.03
	100m:	1:06.74	36.00	200m:	2:23.23	38.25	300m:	3:47.20	42.56	400m:	4:56.04	33.81