

Mistrzostwa Polski Seniorów i Juniorów gr. B i C w pływaniu w pletwach.



Konkurencja 6
04.06.2016 - 12:55

Kobiet, 400 PW

Open
Wyniki

Rekord Polski Open	3:13.41	TRUSZCZY SKA KATARZYNA	KS LAGUNA 24 Toru	01.08.2013
Rekord Polski - 15	3:36.55	RZEPKA ZUZANNA	KS Nautilus Jastrz bie	01.02.2016
Rekord Polski - 17	3:32.85	HINZ NATALIE	KS LAGUNA 24 Toru	01.07.2006

Punkty: FINA 2014

Pozycja Rok ur. Czas Pkt.

Kat. C

1. Demska Zuzanna	02	K.S. Laguna 24 Toru	4:00.97
50m: 25.49 25.49	150m: 1:22.36 29.74	250m: 2:27.04 32.81	350m: 3:31.23 31.49
100m: 52.62 27.13	200m: 1:54.23 31.87	300m: 2:59.74 32.70	400m: 4:00.97 29.74

Kat. B

1. Kozankiewicz Weronika	99	K.S. Laguna 24 Toru	4:00.41
50m: 26.06 26.06	150m: 1:24.81 30.59	250m: 2:28.74 32.21	350m: 3:31.69 31.31
100m: 54.22 28.16	200m: 1:56.53 31.72	300m: 3:00.38 31.64	400m: 4:00.41 28.72
2. Demska Zuzanna	02	K.S. Laguna 24 Toru	4:00.97
50m: 25.49 25.49	150m: 1:22.36 29.74	250m: 2:27.04 32.81	350m: 3:31.23 31.49
100m: 52.62 27.13	200m: 1:54.23 31.87	300m: 2:59.74 32.70	400m: 4:00.97 29.74
3. Kohnke Julia	99	Uks Delfin Jastarnia	4:36.97
50m: 29.67 29.67	150m: 1:36.99 34.57	250m: 2:49.04 36.26	350m: 4:00.81 36.18
100m: 1:02.42 32.75	200m: 2:12.78 35.79	300m: 3:24.63 35.59	400m: 4:36.97 36.16
4. Majewska Marta	00	Uks "Manta" Ko cierzyna	4:54.16
50m: 30.07 30.07	150m: 1:43.90 38.08	250m: 3:02.40 38.93	350m: 4:20.07 39.03
100m: 1:05.82 35.75	200m: 2:23.47 39.57	300m: 3:41.04 38.64	400m: 4:54.16 34.09

Kat. C

1. Truszczyska Katarzyna	90	Toru czyk Toru	3:16.40
50m: 23.08 23.08	150m: 1:11.24 24.52	250m: 2:01.59 25.06	350m: 2:52.37 25.40
100m: 46.72 23.64	200m: 1:36.53 25.29	300m: 2:26.97 25.38	400m: 3:16.40 24.03
2. Stachowiak Agnieszka	98	Uks Rekin Wrocław	3:47.87
50m: 24.79 24.79	150m: 1:19.72 28.32	250m: 2:19.19 29.91	350m: 3:19.64 30.10
100m: 51.40 26.61	200m: 1:49.28 29.56	300m: 2:49.54 30.35	400m: 3:47.87 28.23
3. Kozankiewicz Weronika	99	K.S. Laguna 24 Toru	4:00.41
50m: 26.06 26.06	150m: 1:24.81 30.59	250m: 2:28.74 32.21	350m: 3:31.69 31.31
100m: 54.22 28.16	200m: 1:56.53 31.72	300m: 3:00.38 31.64	400m: 4:00.41 28.72
4. Demska Zuzanna	02	K.S. Laguna 24 Toru	4:00.97
50m: 25.49 25.49	150m: 1:22.36 29.74	250m: 2:27.04 32.81	350m: 3:31.23 31.49
100m: 52.62 27.13	200m: 1:54.23 31.87	300m: 2:59.74 32.70	400m: 4:00.97 29.74
5. Kohnke Julia	99	Uks Delfin Jastarnia	4:36.97
50m: 29.67 29.67	150m: 1:36.99 34.57	250m: 2:49.04 36.26	350m: 4:00.81 36.18
100m: 1:02.42 32.75	200m: 2:12.78 35.79	300m: 3:24.63 35.59	400m: 4:36.97 36.16
6. Majewska Marta	00	Uks "Manta" Ko cierzyna	4:54.16
50m: 30.07 30.07	150m: 1:43.90 38.08	250m: 3:02.40 38.93	350m: 4:20.07 39.03
100m: 1:05.82 35.75	200m: 2:23.47 39.57	300m: 3:41.04 38.64	400m: 4:54.16 34.09