

Mistrzostwa Okręgu I śkiego Open
Gliwice, 17. - 18.6.2016

Konkurencja 12
17.06.2016 - 12:42

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
14 lat									
1.	Garula Wiktoria		02	CSiR MOS D browa Górnicza			5:19.36	593	
	50m: 33.47	33.47	150m: 1:54.53	42.30	250m: 3:21.02	45.81	350m: 4:44.24	37.21	
	100m: 1:12.23	38.76	200m: 2:35.21	40.68	300m: 4:07.03	46.01	400m: 5:19.36	35.12	
2.	Bura Julia		02	UKS Aligator Gorzyce			5:27.81	549	
	50m: 36.61	36.61	150m: 2:02.66	43.41	250m: 3:28.35	44.12	350m: 4:51.86	38.96	
	100m: 1:19.25	42.64	200m: 2:44.23	41.57	300m: 4:12.90	44.55	400m: 5:27.81	35.95	
3.	Pluta Emilia		02	UKS Aligator Gorzyce			5:29.41	541	
	50m: 35.97	35.97	150m: 2:01.74	44.18	250m: 3:30.73	45.77	350m: 4:54.50	36.82	
	100m: 1:17.56	41.59	200m: 2:44.96	43.22	300m: 4:17.68	46.95	400m: 5:29.41	34.91	
4.	Krosta Emilia		02	UKS WODNIK Siemianowice laski			5:33.48	521	
	50m: 34.41	34.41	150m: 2:00.42	45.08	250m: 3:33.84	47.72	350m: 4:58.23	37.75	
	100m: 1:15.34	40.93	200m: 2:46.12	45.70	300m: 4:20.48	46.64	400m: 5:33.48	35.25	
5.	Niemczyk Wiktoria		02	MOSM Tychy			5:41.23	486	
	50m: 34.95	34.95	150m: 1:59.05	44.45	250m: 3:33.70	50.95	350m: 5:03.72	38.77	
	100m: 1:14.60	39.65	200m: 2:42.75	43.70	300m: 4:24.95	51.25	400m: 5:41.23	37.51	
6.	J drzejczyk Julia		02	KS Pi tka Chorzów			5:56.01	428	
	50m: 37.16	37.16	150m: 2:07.47	44.69	250m: 3:43.40	53.23	350m: 5:16.82	41.04	
	100m: 1:22.78	45.62	200m: 2:50.17	42.70	300m: 4:35.78	52.38	400m: 5:56.01	39.19	
7.	Czichy Małgorzata		02	MKS Park Wodny Tarnowskie Góry			6:04.05	400	
	50m: 36.47	36.47	150m: 2:11.17	46.58	250m: 3:49.86	53.99	350m: 5:25.05	39.22	
	100m: 1:24.59	48.12	200m: 2:55.87	44.70	300m: 4:45.83	55.97	400m: 6:04.05	39.00	
DYSKW.	Dra yk Natalia SR		02	UKS MANTA Kochłowice Ruda l s			5:39.14		
	<i>K16 - Niejednoczesne dotknie cie ciany dło mi przy nawrocie lub na zako czenie wy cigu (Czas: 12:56), Z-2</i>								
	50m: 33.91	33.91	150m: 1:57.75	43.21	250m: 3:28.89	49.31	350m: 4:59.39	40.37	
	100m: 1:14.54	40.63	200m: 2:39.58	41.83	300m: 4:19.02	50.13	400m: 5:39.14	39.75	
15 lat									
1.	Wi niewska Oliwia		01	CSiR MOS D browa Górnicza			5:10.53	645	
	50m: 32.27	32.27	150m: 1:50.47	40.81	250m: 3:13.69	45.15	350m: 4:36.50	36.54	
	100m: 1:09.66	37.39	200m: 2:28.54	38.07	300m: 3:59.96	46.27	400m: 5:10.53	34.03	
2.	Ostrowska Kamila		01	UKS Aligator Gorzyce			5:14.98	618	
	50m: 33.42	33.42	150m: 1:51.73	39.84	250m: 3:15.70	44.83	350m: 4:38.57	37.67	
	100m: 1:11.89	38.47	200m: 2:30.87	39.14	300m: 4:00.90	45.20	400m: 5:14.98	36.41	
3.	Piskorz Aleksandra		01	UKS WODNIK Siemianowice laski			5:16.36	610	
	50m: 34.45	34.45	150m: 1:55.67	40.39	250m: 3:17.39	42.48	350m: 4:39.11	38.31	
	100m: 1:15.28	40.83	200m: 2:34.91	39.24	300m: 4:00.80	43.41	400m: 5:16.36	37.25	
4.	Bura Dominika		01	UKS Aligator Gorzyce			5:20.28	588	
	50m: 34.93	34.93	150m: 1:57.82	43.05	250m: 3:24.86	44.73	350m: 4:46.39	36.08	
	100m: 1:14.77	39.84	200m: 2:40.13	42.31	300m: 4:10.31	45.45	400m: 5:20.28	33.89	
5.	Ma dok Klaudia		01	Nowy KP Bielsko-Biała			5:28.73	544	
	50m: 35.02	35.02	150m: 2:00.45	42.66	250m: 3:29.07	47.37	350m: 4:54.42	35.70	
	100m: 1:17.79	42.77	200m: 2:41.70	41.25	300m: 4:18.72	49.65	400m: 5:28.73	34.31	
6.	Czornik Julia		01	KS Pi tka Chorzów			5:32.53	526	
	50m: 34.58	34.58	150m: 1:57.63	42.03	250m: 3:28.04	48.55	350m: 4:54.38	38.10	
	100m: 1:15.60	41.02	200m: 2:39.49	41.86	300m: 4:16.28	48.24	400m: 5:32.53	38.15	
7.	Augustyniak Michalina		01	MOSM Tychy			5:47.48	461	
	50m: 35.67	35.67	150m: 2:03.92	44.25	250m: 3:39.61	50.47	350m: 5:10.20	39.32	
	100m: 1:19.67	44.00	200m: 2:49.14	45.22	300m: 4:30.88	51.27	400m: 5:47.48	37.28	

Mistrzostwa Okręgu Łódzkiego Open
Gliwice, 17. - 18.6.2016

Konkurencja 12, Dziewcząt, 400m zmienny, 15 lat

Pozycja	Rok ur.								Czas	Pkt.	
8.	Kudala Justyna		01	Uks Wodnik 29 Katowice				6:03.45	402		
	50m:	39.19	39.19	150m:	2:14.81	47.46	250m:	3:51.51	48.24	350m:	
	100m:	1:27.35	48.16	200m:	3:03.27	48.46	300m:	4:41.49	49.98	400m:	6:03.45

16 - 18 lat

1.	Czaja Barbara		99	KS. Górnik Radlin				5:21.02	584			
	50m:	34.76	34.76	150m:	1:58.90	43.17	250m:	3:26.31	45.59	350m:	4:47.00	35.14
	100m:	1:15.73	40.97	200m:	2:40.72	41.82	300m:	4:11.86	45.55	400m:	5:21.02	34.02
2.	Adamska Alicja		00	UKS Aligator Gorzyce				5:25.88	558			
	50m:	34.11	34.11	150m:	1:55.59	41.32	250m:	3:24.22	48.00	350m:	4:49.58	36.71
	100m:	1:14.27	40.16	200m:	2:36.22	40.63	300m:	4:12.87	48.65	400m:	5:25.88	36.30
3.	Koral Julia SR		98	KS. Górnik Radlin				5:28.72	544			
	50m:	37.68	37.68	150m:	2:02.81	41.17	250m:	3:28.66	44.95	350m:	4:53.37	38.48
	100m:	1:21.64	43.96	200m:	2:43.71	40.90	300m:	4:14.89	46.23	400m:	5:28.72	35.35
4.	Pawera Karolina		00	Ukp Ruda Łódzka				5:49.90	451			
	50m:	36.00	36.00	150m:	2:04.17	46.50	250m:	3:40.69	51.18	350m:	5:11.18	39.55
	100m:	1:17.67	41.67	200m:	2:49.51	45.34	300m:	4:31.63	50.94	400m:	5:49.90	38.72
5.	Kolber Roksana		98	CSiR MOS D browa Górnicza				5:55.27	431			
	50m:	35.94	35.94	150m:	2:05.47	49.42	250m:	3:43.04	49.33	350m:	5:14.53	41.89
	100m:	1:16.05	40.11	200m:	2:53.71	48.24	300m:	4:32.64	49.60	400m:	5:55.27	40.74

Open

1.	Wi niewska Oliwia		01	CSiR MOS D browa Górnicza				5:10.53	645			
	50m:	32.27	32.27	150m:	1:50.47	40.81	250m:	3:13.69	45.15	350m:	4:36.50	36.54
	100m:	1:09.66	37.39	200m:	2:28.54	38.07	300m:	3:59.96	46.27	400m:	5:10.53	34.03
2.	Ostrowska Kamila		01	UKS Aligator Gorzyce				5:14.98	618			
	50m:	33.42	33.42	150m:	1:51.73	39.84	250m:	3:15.70	44.83	350m:	4:38.57	37.67
	100m:	1:11.89	38.47	200m:	2:30.87	39.14	300m:	4:00.90	45.20	400m:	5:14.98	36.41
3.	Piskorz Aleksandra		01	UKS WODNIK Siemianowice Łódzki				5:16.36	610			
	50m:	34.45	34.45	150m:	1:55.67	40.39	250m:	3:17.39	42.48	350m:	4:39.11	38.31
	100m:	1:15.28	40.83	200m:	2:34.91	39.24	300m:	4:00.80	43.41	400m:	5:16.36	37.25
4.	Garula Wiktoria		02	CSiR MOS D browa Górnicza				5:19.36	593			
	50m:	33.47	33.47	150m:	1:54.53	42.30	250m:	3:21.02	45.81	350m:	4:44.24	37.21
	100m:	1:12.23	38.76	200m:	2:35.21	40.68	300m:	4:07.03	46.01	400m:	5:19.36	35.12
5.	Bura Dominika		01	UKS Aligator Gorzyce				5:20.28	588			
	50m:	34.93	34.93	150m:	1:57.82	43.05	250m:	3:24.86	44.73	350m:	4:46.39	36.08
	100m:	1:14.77	39.84	200m:	2:40.13	42.31	300m:	4:10.31	45.45	400m:	5:20.28	33.89
6.	Czaja Barbara		99	KS. Górnik Radlin				5:21.02	584			
	50m:	34.76	34.76	150m:	1:58.90	43.17	250m:	3:26.31	45.59	350m:	4:47.00	35.14
	100m:	1:15.73	40.97	200m:	2:40.72	41.82	300m:	4:11.86	45.55	400m:	5:21.02	34.02
7.	Adamska Alicja		00	UKS Aligator Gorzyce				5:25.88	558			
	50m:	34.11	34.11	150m:	1:55.59	41.32	250m:	3:24.22	48.00	350m:	4:49.58	36.71
	100m:	1:14.27	40.16	200m:	2:36.22	40.63	300m:	4:12.87	48.65	400m:	5:25.88	36.30
8.	Bura Julia		02	UKS Aligator Gorzyce				5:27.81	549			
	50m:	36.61	36.61	150m:	2:02.66	43.41	250m:	3:28.35	44.12	350m:	4:51.86	38.96
	100m:	1:19.25	42.64	200m:	2:44.23	41.57	300m:	4:12.90	44.55	400m:	5:27.81	35.95
9.	Koral Julia SR		98	KS. Górnik Radlin				5:28.72	544			
	50m:	37.68	37.68	150m:	2:02.81	41.17	250m:	3:28.66	44.95	350m:	4:53.37	38.48
	100m:	1:21.64	43.96	200m:	2:43.71	40.90	300m:	4:14.89	46.23	400m:	5:28.72	35.35
10.	Małdok Klaudia		01	Nowy KP Bielsko-Biała				5:28.73	544			
	50m:	35.02	35.02	150m:	2:00.45	42.66	250m:	3:29.07	47.37	350m:	4:54.42	35.70
	100m:	1:17.79	42.77	200m:	2:41.70	41.25	300m:	4:18.72	49.65	400m:	5:28.73	34.31

Mistrzostwa Okręgu Gliwickiego Open
Gliwice, 17. - 18.6.2016

Konkurencja 12, Kobiety, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.
11.	Pluta Emilia		02	UKS Aligator Gorzyce				5:29.41	541
	50m:	35.97 35.97	150m:	2:01.74 44.18	250m:	3:30.73 45.77	350m:	4:54.50 36.82	
	100m:	1:17.56 41.59	200m:	2:44.96 43.22	300m:	4:17.68 46.95	400m:	5:29.41 34.91	
12.	Czornik Julia		01	KS Piłkarska Chorzów				5:32.53	526
	50m:	34.58 34.58	150m:	1:57.63 42.03	250m:	3:28.04 48.55	350m:	4:54.38 38.10	
	100m:	1:15.60 41.02	200m:	2:39.49 41.86	300m:	4:16.28 48.24	400m:	5:32.53 38.15	
13.	Krosta Emilia		02	UKS WODNIK Siemianowice Śląskie				5:33.48	521
	50m:	34.41 34.41	150m:	2:00.42 45.08	250m:	3:33.84 47.72	350m:	4:58.23 37.75	
	100m:	1:15.34 40.93	200m:	2:46.12 45.70	300m:	4:20.48 46.64	400m:	5:33.48 35.25	
14.	Fuks Aleksandra		03	Muks Gilus Gliwice				5:33.60	520
	50m:	35.80 35.80	150m:	2:00.79 43.97	250m:	3:30.71 46.94	350m:	4:58.47 40.20	
	100m:	1:16.82 41.02	200m:	2:43.77 42.98	300m:	4:18.27 47.56	400m:	5:33.60 35.13	
15.	Niemczyk Wiktoria		02	MOSM Tychy				5:41.23	486
	50m:	34.95 34.95	150m:	1:59.05 44.45	250m:	3:33.70 50.95	350m:	5:03.72 38.77	
	100m:	1:14.60 39.65	200m:	2:42.75 43.70	300m:	4:24.95 51.25	400m:	5:41.23 37.51	
16.	Augustyniak Michalina		01	MOSM Tychy				5:47.48	461
	50m:	35.67 35.67	150m:	2:03.92 44.25	250m:	3:39.61 50.47	350m:	5:10.20 39.32	
	100m:	1:19.67 44.00	200m:	2:49.14 45.22	300m:	4:30.88 51.27	400m:	5:47.48 37.28	
17.	Pawera Karolina		00	Ukp Ruda Śląska				5:49.90	451
	50m:	36.00 36.00	150m:	2:04.17 46.50	250m:	3:40.69 51.18	350m:	5:11.18 39.55	
	100m:	1:17.67 41.67	200m:	2:49.51 45.34	300m:	4:31.63 50.94	400m:	5:49.90 38.72	
18.	Kolber Roksana		98	CSiR MOS Dłubrowa Górnicza				5:55.27	431
	50m:	35.94 35.94	150m:	2:05.47 49.42	250m:	3:43.04 49.33	350m:	5:14.53 41.89	
	100m:	1:16.05 40.11	200m:	2:53.71 48.24	300m:	4:32.64 49.60	400m:	5:55.27 40.74	
19.	Jędrzejczyk Julia		02	KS Piłkarska Chorzów				5:56.01	428
	50m:	37.16 37.16	150m:	2:07.47 44.69	250m:	3:43.40 53.23	350m:	5:16.82 41.04	
	100m:	1:22.78 45.62	200m:	2:50.17 42.70	300m:	4:35.78 52.38	400m:	5:56.01 39.19	
20.	Kudala Justyna		01	Uks Wodnik 29 Katowice				6:03.45	402
	50m:	39.19 39.19	150m:	2:14.81 47.46	250m:	3:51.51 48.24	350m:	6:03.45	
	100m:	1:27.35 48.16	200m:	3:03.27 48.46	300m:	4:41.49 49.98	400m:	6:03.45	
21.	Czichy Małgorzata		02	MKS Park Wodny Tarnowskie Góry				6:04.05	400
	50m:	36.47 36.47	150m:	2:11.17 46.58	250m:	3:49.86 53.99	350m:	5:25.05 39.22	
	100m:	1:24.59 48.12	200m:	2:55.87 44.70	300m:	4:45.83 55.97	400m:	6:04.05 39.00	
DYSKW.	Drażyk Natalia SR		02	UKS MANTA Kochłowice Ruda Śląska				5:39.14	
	<i>K16 - Niejednoczesne dotknięcie ciany dłoni przy nawrocie lub na zakończenie wyścigu (Czas: 12:56), Z-2</i>								
	50m:	33.91 33.91	150m:	1:57.75 43.21	250m:	3:28.89 49.31	350m:	4:59.39 40.37	
	100m:	1:14.54 40.63	200m:	2:39.58 41.83	300m:	4:19.02 50.13	400m:	5:39.14 39.75	