

Mistrzostwa Okręgu I śkiego Open
Gliwice, 17. - 18.6.2016

Konkurencja 13
17.06.2016 - 13:02

Mężczyzn, 400m zmienny

Open
Wyniki

Punkty: FINA 2016

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------------|--------------------|---------|---------|-------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 14 lat | | | | | | | | | | | | |
| 1. | Mencel Miłosz | | 02 | UKS Aligator Gorzyce | | | | 5:07.63 | 497 | | | |
| | 50m: | 31.16 | 31.16 | 150m: | 1:49.10 | 40.35 | 250m: | 3:12.42 | 44.01 | 350m: | 4:33.24 | 35.81 |
| | 100m: | 1:08.75 | 37.59 | 200m: | 2:28.41 | 39.31 | 300m: | 3:57.43 | 45.01 | 400m: | 5:07.63 | 34.39 |
| 2. | Kijek Wiktor | | 02 | UKS MANTA Kochłowice Ruda I s | | | | 5:09.90 | 487 | | | |
| | 50m: | 32.53 | 32.53 | 150m: | 1:50.78 | 39.79 | 250m: | 3:15.45 | 44.06 | 350m: | 4:35.96 | 35.61 |
| | 100m: | 1:10.99 | 38.46 | 200m: | 2:31.39 | 40.61 | 300m: | 4:00.35 | 44.90 | 400m: | 5:09.90 | 33.94 |
| 3. | Strączek Jan | | 02 | KS. Górnik Radlin | | | | 5:17.85 | 451 | | | |
| | 50m: | 32.96 | 32.96 | 150m: | 1:53.18 | 41.06 | 250m: | 3:18.39 | 44.99 | 350m: | 4:41.97 | 37.50 |
| | 100m: | 1:12.12 | 39.16 | 200m: | 2:33.40 | 40.22 | 300m: | 4:04.47 | 46.08 | 400m: | 5:17.85 | 35.88 |
| 4. | Gała Kornel | | 02 | K.S. Górnik Sosnowiec | | | | 5:29.52 | 405 | | | |
| | 50m: | 33.73 | 33.73 | 150m: | 1:53.91 | 41.42 | 250m: | 3:21.32 | 46.39 | 350m: | 4:49.61 | 39.80 |
| | 100m: | 1:12.49 | 38.76 | 200m: | 2:34.93 | 41.02 | 300m: | 4:09.81 | 48.49 | 400m: | 5:29.52 | 39.91 |
| 5. | Nachlik Szymon | | 02 | UKS Aligator Gorzyce | | | | 5:37.58 | 376 | | | |
| | 50m: | 35.49 | 35.49 | 150m: | 2:02.13 | 44.66 | 250m: | 3:32.78 | 49.22 | 350m: | 5:00.05 | 37.37 |
| | 100m: | 1:17.47 | 41.98 | 200m: | 2:43.56 | 41.43 | 300m: | 4:22.68 | 49.90 | 400m: | 5:37.58 | 37.53 |
| 6. | Herisz Jakub | | 02 | K.S. Górnik Sosnowiec | | | | 5:41.09 | 365 | | | |
| | 50m: | 35.99 | 35.99 | 150m: | 2:01.26 | 44.13 | 250m: | 3:31.52 | 46.13 | 350m: | 5:01.81 | 40.46 |
| | 100m: | 1:17.13 | 41.14 | 200m: | 2:45.39 | 44.13 | 300m: | 4:21.35 | 49.83 | 400m: | 5:41.09 | 39.28 |
| 7. | Kłosek Krystian | | 02 | CSiR MOS D browa Górnicza | | | | 5:41.26 | 364 | | | |
| | 50m: | 35.68 | 35.68 | 150m: | 2:00.79 | 43.50 | 250m: | 3:33.33 | 49.58 | 350m: | 5:03.43 | 38.77 |
| | 100m: | 1:17.29 | 41.61 | 200m: | 2:43.75 | 42.96 | 300m: | 4:24.66 | 51.33 | 400m: | 5:41.26 | 37.83 |
| 15 lat | | | | | | | | | | | | |
| 1. | Dubas Mateusz | | 01 | KS Piłka Chorzów | | | | 4:49.04 | 600 | | | |
| | 50m: | 30.67 | 30.67 | 150m: | 1:45.25 | 39.21 | 250m: | 3:01.95 | 38.76 | 350m: | 4:16.11 | 34.38 |
| | 100m: | 1:06.04 | 35.37 | 200m: | 2:23.19 | 37.94 | 300m: | 3:41.73 | 39.78 | 400m: | 4:49.04 | 32.93 |
| 2. | Uryga Bartłomiej | | 01 | UKS Salmoiry | | | | 5:07.70 | 497 | | | |
| | 50m: | 33.88 | 33.88 | 150m: | 1:53.61 | 41.31 | 250m: | 3:15.51 | 40.86 | 350m: | 4:32.91 | 35.76 |
| | 100m: | 1:12.30 | 38.42 | 200m: | 2:34.65 | 41.04 | 300m: | 3:57.15 | 41.64 | 400m: | 5:07.70 | 34.79 |
| 3. | Michalski Wojciech | | 01 | Muks Gilus Gilowice | | | | 5:11.77 | 478 | | | |
| | 50m: | 34.63 | 34.63 | 150m: | 1:56.62 | 41.75 | 250m: | 3:20.44 | 44.24 | 350m: | 4:40.07 | 35.31 |
| | 100m: | 1:14.87 | 40.24 | 200m: | 2:36.20 | 39.58 | 300m: | 4:04.76 | 44.32 | 400m: | 5:11.77 | 31.70 |
| 4. | Muc Filip | | 01 | CSiR MOS D browa Górnicza | | | | 5:11.89 | 477 | | | |
| | 50m: | 33.67 | 33.67 | 150m: | 1:53.96 | 41.24 | 250m: | 3:16.88 | 41.58 | 350m: | 4:37.78 | 37.36 |
| | 100m: | 1:12.72 | 39.05 | 200m: | 2:35.30 | 41.34 | 300m: | 4:00.42 | 43.54 | 400m: | 5:11.89 | 34.11 |
| 5. | Janecki Mateusz | | 01 | MKS Pałac Młodzieży Katowice | | | | 5:14.55 | 465 | | | |
| | 50m: | 32.74 | 32.74 | 150m: | 1:56.22 | 42.01 | 250m: | 3:19.06 | 42.37 | 350m: | 4:39.40 | 37.09 |
| | 100m: | 1:14.21 | 41.47 | 200m: | 2:36.69 | 40.47 | 300m: | 4:02.31 | 43.25 | 400m: | 5:14.55 | 35.15 |
| 6. | Ziółkowski Norbert | | 01 | Nowy KP Bielsko-Biała | | | | 5:23.18 | 429 | | | |
| | 50m: | 33.00 | 33.00 | 150m: | 1:57.41 | 43.78 | 250m: | 3:25.87 | 45.49 | 350m: | 4:48.25 | 37.90 |
| | 100m: | 1:13.63 | 40.63 | 200m: | 2:40.38 | 42.97 | 300m: | 4:10.35 | 44.48 | 400m: | 5:23.18 | 34.93 |
| 7. | Kubarski Kamil | | 01 | Uks Wodnik 29 Katowice | | | | 5:25.14 | 421 | | | |
| | 50m: | 34.46 | 34.46 | 150m: | 1:58.52 | 43.54 | 250m: | 3:27.28 | 45.62 | 350m: | 4:49.77 | 36.05 |
| | 100m: | 1:14.98 | 40.52 | 200m: | 2:41.66 | 43.14 | 300m: | 4:13.72 | 46.44 | 400m: | 5:25.14 | 35.37 |
| 8. | Sosna Tomasz | | 01 | UKS Aligator Gorzyce | | | | 5:35.52 | 383 | | | |
| | 50m: | 33.77 | 33.77 | 150m: | 1:57.53 | 43.13 | 250m: | 3:30.47 | 49.08 | 350m: | 4:57.62 | 37.37 |
| | 100m: | 1:14.40 | 40.63 | 200m: | 2:41.39 | 43.86 | 300m: | 4:20.25 | 49.78 | 400m: | 5:35.52 | 37.90 |

Mistrzostwa Okręgu I śkiego Open
Gliwice, 17. - 18.6.2016

Konkurencja 13, Mężczyźni, 400m zmienny

16 - 18 lat

| | | | | | |
|----|---------------------|---------------------|-----------------------------|---------------------|-----|
| 1. | Łapot Radosław SR | 99 | MOS Katowice | 4:41.35 | 650 |
| | 50m: 30.16 30.16 | 150m: 1:42.23 36.99 | 250m: 2:58.31 39.85 | 350m: 4:10.16 31.68 | |
| | 100m: 1:05.24 35.08 | 200m: 2:18.46 36.23 | 300m: 3:38.48 40.17 | 400m: 4:41.35 31.19 | |
| 2. | Skierski Radosław | 00 | Uks Wodnik 29 Katowice | 4:49.61 | 596 |
| | 50m: 30.75 30.75 | 150m: 1:43.92 36.87 | 250m: 3:02.54 40.30 | 350m: 4:17.33 34.02 | |
| | 100m: 1:07.05 36.30 | 200m: 2:22.24 38.32 | 300m: 3:43.31 40.77 | 400m: 4:49.61 32.28 | |
| 3. | Sordyl Mateusz SO | 99 | ULKS VICTORIA Kozy | 4:50.58 | 590 |
| | 50m: 29.78 29.78 | 150m: 1:42.72 37.98 | 250m: 3:01.98 42.13 | 350m: 4:17.92 34.32 | |
| | 100m: 1:04.74 34.96 | 200m: 2:19.85 37.13 | 300m: 3:43.60 41.62 | 400m: 4:50.58 32.66 | |
| 4. | Walczyško Jakub | 00 | CSiR MOS D browa Górnicza | 4:56.02 | 558 |
| | 50m: 31.66 31.66 | 150m: 1:46.60 37.89 | 250m: 3:05.29 41.34 | 350m: 4:22.28 34.79 | |
| | 100m: 1:08.71 37.05 | 200m: 2:23.95 37.35 | 300m: 3:47.49 42.20 | 400m: 4:56.02 33.74 | |
| 5. | Sumara Beniamin | 99 | AZS AWF Katowice | 4:58.48 | 545 |
| | 50m: 30.58 30.58 | 150m: 1:44.62 38.27 | 250m: 3:06.90 43.78 | 350m: 4:25.14 33.52 | |
| | 100m: 1:06.35 35.77 | 200m: 2:23.12 38.50 | 300m: 3:51.62 44.72 | 400m: 4:58.48 33.34 | |
| 6. | Wawryca Szymon SR | 98 | MKS-SMS Victoria Racibórz | 5:02.58 | 523 |
| | 50m: 31.27 31.27 | 150m: 1:51.02 42.33 | 250m: 3:12.32 40.36 | 350m: 4:29.26 35.60 | |
| | 100m: 1:08.69 37.42 | 200m: 2:31.96 40.94 | 300m: 3:53.66 41.34 | 400m: 5:02.58 33.32 | |
| 7. | Bachłaj Dorian SR | 99 | UKS Ondraszek Bielsko-Biała | 5:02.62 | 523 |
| | 50m: 32.37 32.37 | 150m: 1:51.20 40.03 | 250m: 3:09.23 39.14 | 350m: 4:26.80 37.93 | |
| | 100m: 1:11.17 38.80 | 200m: 2:30.09 38.89 | 300m: 3:48.87 39.64 | 400m: 5:02.62 35.82 | |

Open

| | | | | | |
|-----|---------------------|---------------------|-----------------------------|---------------------|-----|
| 1. | Łapot Radosław SR | 99 | MOS Katowice | 4:41.35 | 650 |
| | 50m: 30.16 30.16 | 150m: 1:42.23 36.99 | 250m: 2:58.31 39.85 | 350m: 4:10.16 31.68 | |
| | 100m: 1:05.24 35.08 | 200m: 2:18.46 36.23 | 300m: 3:38.48 40.17 | 400m: 4:41.35 31.19 | |
| 2. | Powrońnik Konrad | 97 | CSiR MOS D browa Górnicza | 4:41.39 | 650 |
| | 50m: 30.00 30.00 | 150m: 1:42.49 37.29 | 250m: 2:58.36 39.58 | 350m: 4:11.18 32.20 | |
| | 100m: 1:05.20 35.20 | 200m: 2:18.78 36.29 | 300m: 3:38.98 40.62 | 400m: 4:41.39 30.21 | |
| 3. | Dubas Mateusz | 01 | KS Piłkarska Chorzów | 4:49.04 | 600 |
| | 50m: 30.67 30.67 | 150m: 1:45.25 39.21 | 250m: 3:01.95 38.76 | 350m: 4:16.11 34.38 | |
| | 100m: 1:06.04 35.37 | 200m: 2:23.19 37.94 | 300m: 3:41.73 39.78 | 400m: 4:49.04 32.93 | |
| 4. | Skierski Radosław | 00 | Uks Wodnik 29 Katowice | 4:49.61 | 596 |
| | 50m: 30.75 30.75 | 150m: 1:43.92 36.87 | 250m: 3:02.54 40.30 | 350m: 4:17.33 34.02 | |
| | 100m: 1:07.05 36.30 | 200m: 2:22.24 38.32 | 300m: 3:43.31 40.77 | 400m: 4:49.61 32.28 | |
| 5. | Sordyl Mateusz SO | 99 | ULKS VICTORIA Kozy | 4:50.58 | 590 |
| | 50m: 29.78 29.78 | 150m: 1:42.72 37.98 | 250m: 3:01.98 42.13 | 350m: 4:17.92 34.32 | |
| | 100m: 1:04.74 34.96 | 200m: 2:19.85 37.13 | 300m: 3:43.60 41.62 | 400m: 4:50.58 32.66 | |
| 6. | Walczyško Jakub | 00 | CSiR MOS D browa Górnicza | 4:56.02 | 558 |
| | 50m: 31.66 31.66 | 150m: 1:46.60 37.89 | 250m: 3:05.29 41.34 | 350m: 4:22.28 34.79 | |
| | 100m: 1:08.71 37.05 | 200m: 2:23.95 37.35 | 300m: 3:47.49 42.20 | 400m: 4:56.02 33.74 | |
| 7. | Sumara Beniamin | 99 | AZS AWF Katowice | 4:58.48 | 545 |
| | 50m: 30.58 30.58 | 150m: 1:44.62 38.27 | 250m: 3:06.90 43.78 | 350m: 4:25.14 33.52 | |
| | 100m: 1:06.35 35.77 | 200m: 2:23.12 38.50 | 300m: 3:51.62 44.72 | 400m: 4:58.48 33.34 | |
| 8. | Wawryca Szymon SR | 98 | MKS-SMS Victoria Racibórz | 5:02.58 | 523 |
| | 50m: 31.27 31.27 | 150m: 1:51.02 42.33 | 250m: 3:12.32 40.36 | 350m: 4:29.26 35.60 | |
| | 100m: 1:08.69 37.42 | 200m: 2:31.96 40.94 | 300m: 3:53.66 41.34 | 400m: 5:02.58 33.32 | |
| 9. | Bachłaj Dorian SR | 99 | UKS Ondraszek Bielsko-Biała | 5:02.62 | 523 |
| | 50m: 32.37 32.37 | 150m: 1:51.20 40.03 | 250m: 3:09.23 39.14 | 350m: 4:26.80 37.93 | |
| | 100m: 1:11.17 38.80 | 200m: 2:30.09 38.89 | 300m: 3:48.87 39.64 | 400m: 5:02.62 35.82 | |
| 10. | Mencel Miłosz | 02 | UKS Aligator Gorzyce | 5:07.63 | 497 |
| | 50m: 31.16 31.16 | 150m: 1:49.10 40.35 | 250m: 3:12.42 44.01 | 350m: 4:33.24 35.81 | |
| | 100m: 1:08.75 37.59 | 200m: 2:28.41 39.31 | 300m: 3:57.43 45.01 | 400m: 5:07.63 34.39 | |

Mistrzostwa Okręgu Gliwickiego Open
Gliwice, 17. - 18.6.2016

Konkurencja 13, Mężczyźni, 400m zmienny, Open

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|---|---------|---------|--------------|--------------------|-------|----------------|---------|-------|-------|---------|-------|
| 11. | Uryga Bartłomiej | | 01 | UKS Salmo | ory | | 5:07.70 | 497 | | | | |
| | 50m: | 33.88 | 33.88 | 150m: | 1:53.61 | 41.31 | 250m: | 3:15.51 | 40.86 | 350m: | 4:32.91 | 35.76 |
| | 100m: | 1:12.30 | 38.42 | 200m: | 2:34.65 | 41.04 | 300m: | 3:57.15 | 41.64 | 400m: | 5:07.70 | 34.79 |
| 12. | Kijek Wiktor | | 02 | UKS MANTA | Kochłowice Ruda | l s | 5:09.90 | 487 | | | | |
| | 50m: | 32.53 | 32.53 | 150m: | 1:50.78 | 39.79 | 250m: | 3:15.45 | 44.06 | 350m: | 4:35.96 | 35.61 |
| | 100m: | 1:10.99 | 38.46 | 200m: | 2:31.39 | 40.61 | 300m: | 4:00.35 | 44.90 | 400m: | 5:09.90 | 33.94 |
| 13. | Michalski Wojciech | | 01 | Muks Gilus | Gilowice | | 5:11.77 | 478 | | | | |
| | 50m: | 34.63 | 34.63 | 150m: | 1:56.62 | 41.75 | 250m: | 3:20.44 | 44.24 | 350m: | 4:40.07 | 35.31 |
| | 100m: | 1:14.87 | 40.24 | 200m: | 2:36.20 | 39.58 | 300m: | 4:04.76 | 44.32 | 400m: | 5:11.77 | 31.70 |
| 14. | Muc Filip | | 01 | CSiR MOS D | browa Górnicza | | 5:11.89 | 477 | | | | |
| | 50m: | 33.67 | 33.67 | 150m: | 1:53.96 | 41.24 | 250m: | 3:16.88 | 41.58 | 350m: | 4:37.78 | 37.36 |
| | 100m: | 1:12.72 | 39.05 | 200m: | 2:35.30 | 41.34 | 300m: | 4:00.42 | 43.54 | 400m: | 5:11.89 | 34.11 |
| 15. | Janecki Mateusz | | 01 | MKS Pałac | Młodzie y Katowice | | 5:14.55 | 465 | | | | |
| | 50m: | 32.74 | 32.74 | 150m: | 1:56.22 | 42.01 | 250m: | 3:19.06 | 42.37 | 350m: | 4:39.40 | 37.09 |
| | 100m: | 1:14.21 | 41.47 | 200m: | 2:36.69 | 40.47 | 300m: | 4:02.31 | 43.25 | 400m: | 5:14.55 | 35.15 |
| 16. | Strzeczak Jan | | 02 | KS. Górnik | Radlin | | 5:17.85 | 451 | | | | |
| | 50m: | 32.96 | 32.96 | 150m: | 1:53.18 | 41.06 | 250m: | 3:18.39 | 44.99 | 350m: | 4:41.97 | 37.50 |
| | 100m: | 1:12.12 | 39.16 | 200m: | 2:33.40 | 40.22 | 300m: | 4:04.47 | 46.08 | 400m: | 5:17.85 | 35.88 |
| 17. | Ziółkowski Norbert | | 01 | Nowy KP | Bielsko-Biała | | 5:23.18 | 429 | | | | |
| | 50m: | 33.00 | 33.00 | 150m: | 1:57.41 | 43.78 | 250m: | 3:25.87 | 45.49 | 350m: | 4:48.25 | 37.90 |
| | 100m: | 1:13.63 | 40.63 | 200m: | 2:40.38 | 42.97 | 300m: | 4:10.35 | 44.48 | 400m: | 5:23.18 | 34.93 |
| 18. | Kubarski Kamil | | 01 | Uks Wodnik | 29 Katowice | | 5:25.14 | 421 | | | | |
| | 50m: | 34.46 | 34.46 | 150m: | 1:58.52 | 43.54 | 250m: | 3:27.28 | 45.62 | 350m: | 4:49.77 | 36.05 |
| | 100m: | 1:14.98 | 40.52 | 200m: | 2:41.66 | 43.14 | 300m: | 4:13.72 | 46.44 | 400m: | 5:25.14 | 35.37 |
| 19. | Gała Kornel | | 02 | K.S. Górnik | Sosnowiec | | 5:29.52 | 405 | | | | |
| | 50m: | 33.73 | 33.73 | 150m: | 1:53.91 | 41.42 | 250m: | 3:21.32 | 46.39 | 350m: | 4:49.61 | 39.80 |
| | 100m: | 1:12.49 | 38.76 | 200m: | 2:34.93 | 41.02 | 300m: | 4:09.81 | 48.49 | 400m: | 5:29.52 | 39.91 |
| 20. | Sosna Tomasz | | 01 | UKS Aligator | Gorzyce | | 5:35.52 | 383 | | | | |
| | 50m: | 33.77 | 33.77 | 150m: | 1:57.53 | 43.13 | 250m: | 3:30.47 | 49.08 | 350m: | 4:57.62 | 37.37 |
| | 100m: | 1:14.40 | 40.63 | 200m: | 2:41.39 | 43.86 | 300m: | 4:20.25 | 49.78 | 400m: | 5:35.52 | 37.90 |
| 21. | Nachlik Szymon | | 02 | UKS Aligator | Gorzyce | | 5:37.58 | 376 | | | | |
| | 50m: | 35.49 | 35.49 | 150m: | 2:02.13 | 44.66 | 250m: | 3:32.78 | 49.22 | 350m: | 5:00.05 | 37.37 |
| | 100m: | 1:17.47 | 41.98 | 200m: | 2:43.56 | 41.43 | 300m: | 4:22.68 | 49.90 | 400m: | 5:37.58 | 37.53 |
| 22. | Herisz Jakub | | 02 | K.S. Górnik | Sosnowiec | | 5:41.09 | 365 | | | | |
| | 50m: | 35.99 | 35.99 | 150m: | 2:01.26 | 44.13 | 250m: | 3:31.52 | 46.13 | 350m: | 5:01.81 | 40.46 |
| | 100m: | 1:17.13 | 41.14 | 200m: | 2:45.39 | 44.13 | 300m: | 4:21.35 | 49.83 | 400m: | 5:41.09 | 39.28 |
| 23. | Kłosek Krystian | | 02 | CSiR MOS D | browa Górnicza | | 5:41.26 | 364 | | | | |
| | 50m: | 35.68 | 35.68 | 150m: | 2:00.79 | 43.50 | 250m: | 3:33.33 | 49.58 | 350m: | 5:03.43 | 38.77 |
| | 100m: | 1:17.29 | 41.61 | 200m: | 2:43.75 | 42.96 | 300m: | 4:24.66 | 51.33 | 400m: | 5:41.26 | 37.83 |
| DYSKW. | Synowiec Mikołaj | | 02 | Omega | Olkusz | | 5:10.68 | | | | | |
| | <i>G2 - Całkowite zanurzenie w trakcie wyścigu (za wyjściem 15m po starcie lub nawrocie) (Czas: 13:22), Z-2</i> | | | | | | | | | | | |
| | 50m: | 31.75 | 31.75 | 150m: | 1:51.51 | 41.23 | 250m: | 3:15.83 | 44.75 | 350m: | 4:36.54 | 36.17 |
| | 100m: | 1:10.28 | 38.53 | 200m: | 2:31.08 | 39.57 | 300m: | 4:00.37 | 44.54 | 400m: | 5:10.68 | 34.14 |