

Mistrzostwa Polski Juniorów 16 letnich
Gliwice, 10. - 12.3.2017

Konkurencja 11
10.03.2017 - 18:39

Dziewcz t, 400m zmienny

16 lat
Wyniki Finał

Rekordy Polski 16 lat 4:42.49 Jedrzejczak Otylia MKS Pałac Katowice 01.12.1999

Punkty: FINA 2016

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|----------------|-------------------------|-------|---------------|-------------------------------|---------------|-------|----------------|-------|------|
| Finał A | | | | | | | | | |
| 1. | Halicka Lidia | | 01 | Slask Wroclaw | | | 4:45.75 | 748 | |
| | 50m: 30.81 | 30.81 | 150m: 1:41.69 | 36.10 | 250m: 2:57.15 | 39.82 | 350m: 4:12.15 | 35.05 | |
| | 100m: 1:05.59 | 34.78 | 200m: 2:17.33 | 35.64 | 300m: 3:37.10 | 39.95 | 400m: 4:45.75 | 33.60 | |
| 2. | Rutkowska Agnieszka | | 01 | Skalar Słupsk | | | 4:52.68 | 696 | |
| | 50m: 31.54 | 31.54 | 150m: 1:44.84 | 37.36 | 250m: 3:01.12 | 39.90 | 350m: 4:17.96 | 35.98 | |
| | 100m: 1:07.48 | 35.94 | 200m: 2:21.22 | 36.38 | 300m: 3:41.98 | 40.86 | 400m: 4:52.68 | 34.72 | |
| 3. | Cochór Izabela | | 01 | UKS Ostrobramska Warszawa | | | 4:54.02 | 687 | |
| | 50m: 31.54 | 31.54 | 150m: 1:44.74 | 37.25 | 250m: 3:03.67 | 43.07 | 350m: 4:20.43 | 33.78 | |
| | 100m: 1:07.49 | 35.95 | 200m: 2:20.60 | 35.86 | 300m: 3:46.65 | 42.98 | 400m: 4:54.02 | 33.59 | |
| 4. | Wett Oliwia SOL | | 01 | MTP KORMORAN Olsztyn | | | 4:54.97 | 680 | |
| | 50m: 31.41 | 31.41 | 150m: 1:45.44 | 37.89 | 250m: 3:05.53 | 42.32 | 350m: 4:22.30 | 34.12 | |
| | 100m: 1:07.55 | 36.14 | 200m: 2:23.21 | 37.77 | 300m: 3:48.18 | 42.65 | 400m: 4:54.97 | 32.67 | |
| 5. | W grzynowska Aleksandra | | 01 | Slask Wroclaw | | | 4:59.67 | 649 | |
| | 50m: 32.12 | 32.12 | 150m: 1:48.07 | 39.25 | 250m: 3:10.07 | 43.28 | 350m: 4:26.69 | 33.79 | |
| | 100m: 1:08.82 | 36.70 | 200m: 2:26.79 | 38.72 | 300m: 3:52.90 | 42.83 | 400m: 4:59.67 | 32.98 | |
| 6. | Przybysz Olga | | 01 | MKP Astromal Leszno | | | 5:02.19 | 632 | |
| | 50m: 32.67 | 32.67 | 150m: 1:51.22 | 40.78 | 250m: 3:11.83 | 41.33 | 350m: 4:28.83 | 35.41 | |
| | 100m: 1:10.44 | 37.77 | 200m: 2:30.50 | 39.28 | 300m: 3:53.42 | 41.59 | 400m: 5:02.19 | 33.36 | |
| 7. | Piskorz Aleksandra | | 01 | UKS WODNIK Siemianowice laski | | | 5:03.23 | 626 | |
| | 50m: 32.19 | 32.19 | 150m: 1:48.41 | 38.27 | 250m: 3:07.87 | 41.63 | 350m: 4:27.50 | 37.29 | |
| | 100m: 1:10.14 | 37.95 | 200m: 2:26.24 | 37.83 | 300m: 3:50.21 | 42.34 | 400m: 5:03.23 | 35.73 | |
| 8. | Litwin Andrea SK | | 01 | Galicja Kraków | | | 5:08.89 | 592 | |
| | 50m: 32.47 | 32.47 | 150m: 1:50.43 | 40.38 | 250m: 3:13.55 | 43.69 | 350m: 4:33.97 | 35.83 | |
| | 100m: 1:10.05 | 37.58 | 200m: 2:29.86 | 39.43 | 300m: 3:58.14 | 44.59 | 400m: 5:08.89 | 34.92 | |
| 9. | Ostrowska Kamila | | 01 | Csir Mos D browa Górnicza | | | 5:09.36 | 589 | |
| | 50m: 31.69 | 31.69 | 150m: 1:47.90 | 39.03 | 250m: 3:11.24 | 44.74 | 350m: 4:33.55 | 37.17 | |
| | 100m: 1:08.87 | 37.18 | 200m: 2:26.50 | 38.60 | 300m: 3:56.38 | 45.14 | 400m: 5:09.36 | 35.81 | |
| 10. | Kempa Anna SO | | 01 | MMKS K dzierzyn Ko le | | | 5:09.68 | 588 | |
| | 50m: 33.56 | 33.56 | 150m: 1:53.18 | 40.74 | 250m: 3:13.55 | 41.04 | 350m: 4:35.37 | 37.86 | |
| | 100m: 1:12.44 | 38.88 | 200m: 2:32.51 | 39.33 | 300m: 3:57.51 | 43.96 | 400m: 5:09.68 | 34.31 | |

Finał B

| | | | | | | | | |
|-----|--------------------|-------|---------------|-------------------------------|---------------|-------|----------------|-------|
| 11. | Sm tek Wiktoria SR | | 01 | MMKS K dzierzyn Ko le | | | 5:08.10 | 597 |
| | 50m: 33.48 | 33.48 | 150m: 1:52.36 | 39.05 | 250m: 3:14.10 | 42.58 | 350m: 4:33.17 | 36.40 |
| | 100m: 1:13.31 | 39.83 | 200m: 2:31.52 | 39.16 | 300m: 3:56.77 | 42.67 | 400m: 5:08.10 | 34.93 |
| 12. | Ma dok Klaudia | | 01 | Nowy KP Bielsko | | | 5:14.72 | 560 |
| | 50m: 33.19 | 33.19 | 150m: 1:49.76 | 38.14 | 250m: 3:15.02 | 46.29 | 350m: 4:39.66 | 37.85 |
| | 100m: 1:11.62 | 38.43 | 200m: 2:28.73 | 38.97 | 300m: 4:01.81 | 46.79 | 400m: 5:14.72 | 35.06 |
| 13. | Ciesiul Karolina | | 01 | KS WANKAMN Legnica | | | 5:15.23 | 557 |
| | 50m: 33.12 | 33.12 | 150m: 1:53.43 | 40.11 | 250m: 3:18.30 | 46.39 | 350m: 4:41.40 | 36.26 |
| | 100m: 1:13.32 | 40.20 | 200m: 2:31.91 | 38.48 | 300m: 4:05.14 | 46.84 | 400m: 5:15.23 | 33.83 |
| 14. | Faryna Patrycja | | 01 | Towarzystwo Pływackie Zielona | | | 5:16.85 | 549 |
| | 50m: 32.61 | 32.61 | 150m: 1:53.62 | 41.21 | 250m: 3:17.74 | 43.84 | 350m: 4:40.90 | 38.05 |
| | 100m: 1:12.41 | 39.80 | 200m: 2:33.90 | 40.28 | 300m: 4:02.85 | 45.11 | 400m: 5:16.85 | 35.95 |



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Konkurencja 11, Dziewcz t, 400m zmienny, Finał, 16 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | | |
|---------|--|---------|---------|---------------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 15. | Rzadek Natalia | | 01 | Nowy KP Bielsko | | | | 5:17.51 | 545 | | | |
| | 50m: | 32.75 | 32.75 | 150m: | 1:51.42 | 41.22 | 250m: | 3:21.06 | 48.14 | 350m: | 4:44.89 | 36.27 |
| | 100m: | 1:10.20 | 37.45 | 200m: | 2:32.92 | 41.50 | 300m: | 4:08.62 | 47.56 | 400m: | 5:17.51 | 32.62 |
| 16. | Majewska Weronika SR | | 01 | UKS Manta Kochłowice Ruda I ska | | | | 5:19.55 | 535 | | | |
| | 50m: | 34.09 | 34.09 | 150m: | 1:54.14 | 41.17 | 250m: | 3:20.70 | 46.48 | 350m: | 4:44.40 | 36.44 |
| | 100m: | 1:12.97 | 38.88 | 200m: | 2:34.22 | 40.08 | 300m: | 4:07.96 | 47.26 | 400m: | 5:19.55 | 35.15 |
| 17. | Holak Marta | | 01 | MUKS Pi tnastka Bydgoszcz | | | | 5:20.71 | 529 | | | |
| | 50m: | 34.12 | 34.12 | 150m: | 1:53.39 | 40.31 | 250m: | 3:20.18 | 46.77 | 350m: | 4:45.06 | 37.43 |
| | 100m: | 1:13.08 | 38.96 | 200m: | 2:33.41 | 40.02 | 300m: | 4:07.63 | 47.45 | 400m: | 5:20.71 | 35.65 |
| 18. | Hojół Agata SK | | 01 | Galicja Kraków | | | | 5:21.52 | 525 | | | |
| | 50m: | 33.32 | 33.32 | 150m: | 1:53.92 | 42.71 | 250m: | 3:22.82 | 47.28 | 350m: | 4:48.07 | 37.87 |
| | 100m: | 1:11.21 | 37.89 | 200m: | 2:35.54 | 41.62 | 300m: | 4:10.20 | 47.38 | 400m: | 5:21.52 | 33.45 |
| 19. | Skrok Zuzanna | | 01 | SP MOTYL MOSiR Stalowa Wola | | | | 5:30.03 | 485 | | | |
| | 50m: | 35.45 | 35.45 | 150m: | 1:57.99 | 43.02 | 250m: | 3:27.10 | 46.94 | 350m: | 4:53.00 | 38.58 |
| | 100m: | 1:14.97 | 39.52 | 200m: | 2:40.16 | 42.17 | 300m: | 4:14.42 | 47.32 | 400m: | 5:30.03 | 37.03 |
| DYSKW. | Rygiel Julia | | 01 | KS Swim2win Krosno | | | | | | | | |
| | <i>M9 - Naprzeminnna lub równoczesna praca nóg (Czas: 18:58)</i> | | | | | | | | | | | |

