

Mistrzostwa Polski Juniorów 16 letnich
Gliwice, 10. - 12.3.2017

Event 12
10.03.2017 - 11:26

Boys, 400m Medley

16 years
Results Prelim

Rekordy Polski 16 lat 4:12.62 W growski Marcel TP Olimpijczyk Aleksandrów 18.12.2015

Points: FINA 2016

| Rank | | | YB | | | | | Time | Pts |
|------|---------------------|---------------|-------|----------------------------|-------|---------------|-------|----------------|-------|
| 1. | Warzocha Albert | | 01 | UKS CITYZEN Poznan | | | | 4:32.85 | 642 A |
| | 50m: | 28.31 28.31 | 150m: | 1:37.05 35.23 | 250m: | 2:50.28 38.29 | 350m: | 4:01.60 32.60 | |
| | 100m: | 1:01.82 33.51 | 200m: | 2:11.99 34.94 | 300m: | 3:29.00 38.72 | 400m: | 4:32.85 31.25 | |
| 2. | Dubas Mateusz | | 01 | AZS AWF Katowice | | | | 4:33.25 | 640 A |
| | 50m: | 28.37 28.37 | 150m: | 1:37.02 35.93 | 250m: | 2:49.45 36.85 | 350m: | 4:00.53 33.63 | |
| | 100m: | 1:01.09 32.72 | 200m: | 2:12.60 35.58 | 300m: | 3:26.90 37.45 | 400m: | 4:33.25 32.72 | |
| 3. | Sacha Kamil | | 01 | Csir Mos Dabrowa Gornicza | | | | 4:33.84 | 636 A |
| | 50m: | 28.33 28.33 | 150m: | 1:36.04 35.12 | 250m: | 2:50.55 38.70 | 350m: | 4:03.41 33.33 | |
| | 100m: | 1:00.92 32.59 | 200m: | 2:11.85 35.81 | 300m: | 3:30.08 39.53 | 400m: | 4:33.84 30.43 | |
| 4. | Elgalal Sami | | 01 | UKS SP 149 Lodz | | | | 4:34.22 | 633 A |
| | 50m: | 28.14 28.14 | 150m: | 1:35.74 35.03 | 250m: | 2:51.23 40.76 | 350m: | 4:03.30 32.13 | |
| | 100m: | 1:00.71 32.57 | 200m: | 2:10.47 34.73 | 300m: | 3:31.17 39.94 | 400m: | 4:34.22 30.92 | |
| 5. | Zaremba Jakub | | 01 | Slask Wroclaw | | | | 4:35.29 | 626 A |
| | 50m: | 29.20 29.20 | 150m: | 1:38.31 35.93 | 250m: | 2:52.17 37.44 | 350m: | 4:04.22 32.25 | |
| | 100m: | 1:02.38 33.18 | 200m: | 2:14.73 36.42 | 300m: | 3:31.97 39.80 | 400m: | 4:35.29 31.07 | |
| 6. | Malec Mikolaj | | 01 | MKS Ikar Mielec | | | | 4:36.53 | 617 A |
| | 50m: | 29.39 29.39 | 150m: | 1:37.10 33.42 | 250m: | 2:51.22 41.12 | 350m: | 4:04.43 32.71 | |
| | 100m: | 1:03.68 34.29 | 200m: | 2:10.10 33.00 | 300m: | 3:31.72 40.50 | 400m: | 4:36.53 32.10 | |
| 7. | Barusinski Kordian | | 01 | SALOS Cortile KIELCE | | | | 4:36.91 | 615 A |
| | 50m: | 28.80 28.80 | 150m: | 1:37.44 35.47 | 250m: | 2:51.89 39.58 | 350m: | 4:05.04 33.17 | |
| | 100m: | 1:01.97 33.17 | 200m: | 2:12.31 34.87 | 300m: | 3:31.87 39.98 | 400m: | 4:36.91 31.87 | |
| 8. | Guzy Marcel | | 01 | DOKIS SP "Vega" Dobrodzien | | | | 4:39.74 | 596 A |
| | 50m: | 30.50 30.50 | 150m: | 1:41.59 36.39 | 250m: | 2:54.97 37.44 | 350m: | 4:06.92 33.38 | |
| | 100m: | 1:05.20 34.70 | 200m: | 2:17.53 35.94 | 300m: | 3:33.54 38.57 | 400m: | 4:39.74 32.82 | |
| 9. | Gluszkowski Mateusz | | 01 | UKS CITYZEN Poznan | | | | 4:41.12 | 587 A |
| | 50m: | 29.99 29.99 | 150m: | 1:40.48 36.29 | 250m: | 2:57.43 40.96 | 350m: | 4:10.17 31.49 | |
| | 100m: | 1:04.19 34.20 | 200m: | 2:16.47 35.99 | 300m: | 3:38.68 41.25 | 400m: | 4:41.12 30.95 | |
| 10. | Wilejto Igor | | 01 | Dwojka Tczew | | | | 4:41.71 | 584 A |
| | 50m: | 30.05 30.05 | 150m: | 1:40.50 36.03 | 250m: | 2:55.76 40.61 | 350m: | 4:10.95 32.87 | |
| | 100m: | 1:04.47 34.42 | 200m: | 2:15.15 34.65 | 300m: | 3:38.08 42.32 | 400m: | 4:41.71 30.76 | |
| 11. | Solarski Antoni | | 01 | KS Warta Poznan | | | | 4:41.90 | 583 B |
| | 50m: | 30.02 30.02 | 150m: | 1:40.69 36.53 | 250m: | 2:56.21 38.82 | 350m: | 4:10.12 34.04 | |
| | 100m: | 1:04.16 34.14 | 200m: | 2:17.39 36.70 | 300m: | 3:36.08 39.87 | 400m: | 4:41.90 31.78 | |
| 12. | Wamka Mateusz | | 01 | MUKS Pietnastka Bydgoszcz | | | | 4:44.38 | 567 B |
| | 50m: | 30.06 30.06 | 150m: | 1:41.55 36.67 | 250m: | 2:57.68 40.53 | 350m: | 4:12.58 33.55 | |
| | 100m: | 1:04.88 34.82 | 200m: | 2:17.15 35.60 | 300m: | 3:39.03 41.35 | 400m: | 4:44.38 31.80 | |
| 13. | Kaminski Damian | | 01 | Znicz Koszalin | | | | 4:44.55 | 566 B |
| | 50m: | 27.90 27.90 | 150m: | 1:35.69 34.97 | 250m: | 2:53.44 42.89 | 350m: | 4:11.51 34.30 | |
| | 100m: | 1:00.72 32.82 | 200m: | 2:10.55 34.86 | 300m: | 3:37.21 43.77 | 400m: | 4:44.55 33.04 | |
| 14. | Fajkowski Piotr | | 01 | MKS Trojka Lodz | | | | 4:44.57 | 566 B |
| | 50m: | 30.69 30.69 | 150m: | 1:41.89 35.74 | 250m: | 2:58.81 42.26 | 350m: | 4:14.02 32.73 | |
| | 100m: | 1:06.15 35.46 | 200m: | 2:16.55 34.66 | 300m: | 3:41.29 42.48 | 400m: | 4:44.57 30.55 | |
| 15. | Olek Jakub | | 01 | MKP, „Slowianka” Gorzow | | | | 4:44.99 | 564 B |
| | 50m: | 29.26 29.26 | 150m: | 1:39.74 37.00 | 250m: | 2:56.59 40.40 | 350m: | 4:11.79 34.22 | |
| | 100m: | 1:02.74 33.48 | 200m: | 2:16.19 36.45 | 300m: | 3:37.57 40.98 | 400m: | 4:44.99 33.20 | |



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Event 12, Boys, 400m Medley, Prelim, 16 years

| Rank | | | | | YB | | | | | Time | Pts | |
|------|---------------------|---------|-------|-------|---------|------------------------------|-------|---------|-------|----------------|---------|-------|
| 16. | Pirog Bartosz | | | | 01 | MKP Szczecin | | | | 4:45.28 | 562 B | |
| | 50m: | 29.52 | 29.52 | 150m: | 1:41.48 | 37.28 | 250m: | 2:58.74 | 40.56 | 350m: | 4:13.29 | 33.32 |
| | 100m: | 1:04.20 | 34.68 | 200m: | 2:18.18 | 36.70 | 300m: | 3:39.97 | 41.23 | 400m: | 4:45.28 | 31.99 |
| 17. | Wozniak Kamil | | | | 01 | KS Wisla Pulawy | | | | 4:48.13 | 546 B | |
| | 50m: | 29.93 | 29.93 | 150m: | 1:43.38 | 38.83 | 250m: | 3:02.54 | 41.48 | 350m: | 4:17.16 | 33.54 |
| | 100m: | 1:04.55 | 34.62 | 200m: | 2:21.06 | 37.68 | 300m: | 3:43.62 | 41.08 | 400m: | 4:48.13 | 30.97 |
| 18. | Krysiak Michal | | | | 01 | MKS Trojka Lodz | | | | 4:48.63 | 543 B | |
| | 50m: | 29.67 | 29.67 | 150m: | 1:42.17 | 38.51 | 250m: | 3:02.36 | 43.12 | 350m: | 4:17.72 | 32.29 |
| | 100m: | 1:03.66 | 33.99 | 200m: | 2:19.24 | 37.07 | 300m: | 3:45.43 | 43.07 | 400m: | 4:48.63 | 30.91 |
| 19. | Muc Filip | | | | 01 | Csir Mos Dabrowa Gornicza | | | | 4:48.97 | 541 B | |
| | 50m: | 30.65 | 30.65 | 150m: | 1:42.57 | 36.13 | 250m: | 2:58.42 | 39.90 | 350m: | 4:14.11 | 34.89 |
| | 100m: | 1:06.44 | 35.79 | 200m: | 2:18.52 | 35.95 | 300m: | 3:39.22 | 40.80 | 400m: | 4:48.97 | 34.86 |
| 20. | Wolinski Igor | | | | 01 | MKP Szczecin | | | | 4:49.95 | 535 B | |
| | 50m: | 30.65 | 30.65 | 150m: | 1:42.46 | 37.13 | 250m: | 3:01.39 | 42.32 | 350m: | 4:17.44 | 32.95 |
| | 100m: | 1:05.33 | 34.68 | 200m: | 2:19.07 | 36.61 | 300m: | 3:44.49 | 43.10 | 400m: | 4:49.95 | 32.51 |
| 21. | Klak Marcin | | | | 01 | KS Pletwal Szczytno | | | | 4:50.58 | 532 R | |
| | 50m: | 29.78 | 29.78 | 150m: | | | 250m: | 3:00.74 | 41.39 | 350m: | 4:17.70 | 34.34 |
| | 100m: | 1:03.90 | 34.12 | 200m: | 2:19.35 | | 300m: | 3:43.36 | 42.62 | 400m: | 4:50.58 | 32.88 |
| 22. | Partyka Damian | | | | 01 | DELFIN Gdynia | | | | 4:51.93 | 524 R | |
| | 50m: | 30.05 | 30.05 | 150m: | 1:44.32 | 39.45 | 250m: | 3:01.09 | 39.09 | 350m: | 4:17.71 | 35.04 |
| | 100m: | 1:04.87 | 34.82 | 200m: | 2:22.00 | 37.68 | 300m: | 3:42.67 | 41.58 | 400m: | 4:51.93 | 34.22 |
| 23. | Kowalski Kacper | | | | 01 | UKS Gim 92 Ursynow W-wa | | | | 4:52.78 | 520 | |
| | 50m: | 31.00 | 31.00 | 150m: | 1:42.74 | 35.14 | 250m: | 2:58.89 | 41.85 | 350m: | 4:17.70 | 36.17 |
| | 100m: | 1:07.60 | 36.60 | 200m: | 2:17.04 | 34.30 | 300m: | 3:41.53 | 42.64 | 400m: | 4:52.78 | 35.08 |
| 24. | Kalinowski Michal | | | | 01 | Delfin Torun | | | | 4:53.24 | 517 | |
| | 50m: | 31.37 | 31.37 | 150m: | 1:44.19 | 37.20 | 250m: | 3:03.29 | 42.75 | 350m: | 4:21.77 | 33.85 |
| | 100m: | 1:06.99 | 35.62 | 200m: | 2:20.54 | 36.35 | 300m: | 3:47.92 | 44.63 | 400m: | 4:53.24 | 31.47 |
| 25. | Koncki Bartlomiej | | | | 01 | KS Wisla Pulawy | | | | 4:53.87 | 514 | |
| | 50m: | 32.54 | 32.54 | 150m: | 1:47.56 | 37.35 | 250m: | 3:05.13 | 41.87 | 350m: | 4:20.71 | 34.54 |
| | 100m: | 1:10.21 | 37.67 | 200m: | 2:23.26 | 35.70 | 300m: | 3:46.17 | 41.04 | 400m: | 4:53.87 | 33.16 |
| 26. | Dados Aleksander | | | | 01 | KS Wisla Pulawy | | | | 4:56.59 | 500 | |
| | 50m: | 30.86 | 30.86 | 150m: | 1:44.76 | 37.80 | 250m: | 3:04.88 | 42.48 | 350m: | 4:23.70 | 35.05 |
| | 100m: | 1:06.96 | 36.10 | 200m: | 2:22.40 | 37.64 | 300m: | 3:48.65 | 43.77 | 400m: | 4:56.59 | 32.89 |
| 27. | Scieszko Mateusz | | | | 01 | MKS Trojka Lodz | | | | 4:57.51 | 495 | |
| | 50m: | 31.72 | 31.72 | 150m: | 1:46.26 | 38.42 | 250m: | 3:05.03 | 40.71 | 350m: | 4:23.84 | 35.86 |
| | 100m: | 1:07.84 | 36.12 | 200m: | 2:24.32 | 38.06 | 300m: | 3:47.98 | 42.95 | 400m: | 4:57.51 | 33.67 |
| 28. | Janecki Mateusz | | | | 01 | MKS Palac Mlodziezy Katowice | | | | 4:57.97 | 493 | |
| | 50m: | 29.93 | 29.93 | 150m: | 1:44.75 | 38.39 | 250m: | 3:04.44 | 42.57 | 350m: | 4:24.36 | 34.89 |
| | 100m: | 1:06.36 | 36.43 | 200m: | 2:21.87 | 37.12 | 300m: | 3:49.47 | 45.03 | 400m: | 4:57.97 | 33.61 |
| 29. | Michalski Wojciech | | | | 01 | MUKS Gilus Gilowice | | | | 4:58.10 | 493 | |
| | 50m: | 33.26 | 33.26 | 150m: | 1:48.39 | 38.98 | 250m: | 3:08.68 | 42.56 | 350m: | 4:26.18 | 33.90 |
| | 100m: | 1:09.41 | 36.15 | 200m: | 2:26.12 | 37.73 | 300m: | 3:52.28 | 43.60 | 400m: | 4:58.10 | 31.92 |
| 30. | Wojciechowski Jakub | | | | 01 | KS Warta Poznan | | | | 4:58.64 | 490 | |
| | 50m: | 31.31 | 31.31 | 150m: | 1:42.31 | 35.38 | 250m: | 3:03.48 | 45.21 | 350m: | 4:23.56 | 34.91 |
| | 100m: | 1:06.93 | 35.62 | 200m: | 2:18.27 | 35.96 | 300m: | 3:48.65 | 45.17 | 400m: | 4:58.64 | 35.08 |
| 31. | Grzybowski Artur | | | | 01 | Znicz Koszalin | | | | 4:59.15 | 487 | |
| | 50m: | 29.55 | 29.55 | 150m: | 1:41.02 | 37.29 | 250m: | 3:01.43 | 43.72 | 350m: | 4:22.13 | 36.26 |
| | 100m: | 1:03.73 | 34.18 | 200m: | 2:17.71 | 36.69 | 300m: | 3:45.87 | 44.44 | 400m: | 4:59.15 | 37.02 |



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|------|--------------------|---------------|-------|---------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 32. | Rogulin Bogdan SO | | 01 | Unia Oswiecim | | | | 5:01.39 | 477 | | |
| | 50m: | 31.59 31.59 | 150m: | 1:48.21 | 39.62 | 250m: | 3:07.85 | 40.68 | 350m: | 4:26.37 | 36.47 |
| | 100m: | 1:08.59 37.00 | 200m: | 2:27.17 | 38.96 | 300m: | 3:49.90 | 42.05 | 400m: | 5:01.39 | 35.02 |
| 33. | Ziolkowski Norbert | | 01 | Nowy KP Bielsko | | | | 5:02.04 | 474 | | |
| | 50m: | 32.08 32.08 | 150m: | 1:49.28 | 39.85 | 250m: | 3:11.61 | 43.45 | 350m: | 4:30.39 | 35.10 |
| | 100m: | 1:09.43 37.35 | 200m: | 2:28.16 | 38.88 | 300m: | 3:55.29 | 43.68 | 400m: | 5:02.04 | 31.65 |
| 34. | Muszynski Jakub | | 01 | MUKS Pietnastka Bydgoszcz | | | | 5:02.49 | 471 | | |
| | 50m: | 31.29 31.29 | 150m: | 1:47.55 | 39.91 | 250m: | 3:10.28 | 44.63 | 350m: | 4:30.04 | 32.96 |
| | 100m: | 1:07.64 36.35 | 200m: | 2:25.65 | 38.10 | 300m: | 3:57.08 | 46.80 | 400m: | 5:02.49 | 32.45 |
| 35. | Korzeniowski Pawel | | 01 | UKS Wodnik Krasnystaw | | | | 5:03.11 | 468 | | |
| | 50m: | 31.16 31.16 | 150m: | 1:48.93 | 40.46 | 250m: | 3:08.12 | 40.69 | 350m: | 4:26.68 | 37.36 |
| | 100m: | 1:08.47 37.31 | 200m: | 2:27.43 | 38.50 | 300m: | 3:49.32 | 41.20 | 400m: | 5:03.11 | 36.43 |
| 36. | Burylo Krzysztof | | 01 | KS Warta Poznan | | | | 5:09.40 | 440 | | |
| | 50m: | 29.43 29.43 | 150m: | 1:46.70 | 41.94 | 250m: | 3:10.58 | 44.16 | 350m: | 4:32.82 | 36.70 |
| | 100m: | 1:04.76 35.33 | 200m: | 2:26.42 | 39.72 | 300m: | 3:56.12 | 45.54 | 400m: | 5:09.40 | 36.58 |



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