

Mistrzostwa Polski Juniorów 16 letnich
Gliwice, 10. - 12.3.2017

Konkurencja 20
11.03.2017 - 17:40

Chłopców, 400m dowolny

16 lat
Wyniki Finał

Rekordy Polski 16 lat 3:47.70 Wojdak Wojciech BOSiR SP Brzesko SO 19.12.2012

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	Karolczak Jan		01	UKS G-8 Bielany Warszawa				3:56.32	724
	50m:	25.87 25.87	150m:	1:23.59 29.45	250m:	2:24.12 30.39	350m:	3:26.50 31.20	
	100m:	54.14 28.27	200m:	1:53.73 30.14	300m:	2:55.30 31.18	400m:	3:56.32 29.82	
2.	Mo cicki Jakub SOL		01	MTP KORMORAN Olsztyn				3:56.61	721
	50m:	27.22 27.22	150m:	1:27.03 30.00	250m:	2:28.11 30.40	350m:	3:28.14 29.79	
	100m:	57.03 29.81	200m:	1:57.71 30.68	300m:	2:58.35 30.24	400m:	3:56.61 28.47	
3.	Krzykała Emil		01	KP AVIA widnik				3:59.07	699
	50m:	26.17 26.17	150m:	1:25.04 29.84	250m:	2:25.06 29.94	350m:	3:27.84 31.99	
	100m:	55.20 29.03	200m:	1:55.12 30.08	300m:	2:55.85 30.79	400m:	3:59.07 31.23	
4.	Piotrowski Kacper		01	Slask Wroclaw				4:00.13	690
	50m:	26.71 26.71	150m:	1:25.92 30.27	250m:	2:27.67 30.76	350m:	3:29.82 30.97	
	100m:	55.65 28.94	200m:	1:56.91 30.99	300m:	2:58.85 31.18	400m:	4:00.13 30.31	
5.	Jaworski Szymon		01	UKS Salmo ory				4:01.49	678
	50m:	27.36 27.36	150m:	1:27.75 30.33	250m:	2:29.27 30.90	350m:	3:31.35 31.03	
	100m:	57.42 30.06	200m:	1:58.37 30.62	300m:	3:00.32 31.05	400m:	4:01.49 30.14	
6.	Paj k Bartosz		01	Buks Warszawa				4:01.66	677
	50m:	26.69 26.69	150m:	1:26.65 30.35	250m:	2:28.83 31.04	350m:	3:31.61 31.70	
	100m:	56.30 29.61	200m:	1:57.79 31.14	300m:	2:59.91 31.08	400m:	4:01.66 30.05	
7.	Girul Radosław		01	Slask Wroclaw				4:06.53	638
	50m:	27.78 27.78	150m:	1:29.31 31.31	250m:	2:32.68 31.70	350m:	3:36.12 31.65	
	100m:	58.00 30.22	200m:	2:00.98 31.67	300m:	3:04.47 31.79	400m:	4:06.53 30.41	
8.	Bugała KRZYSZTOF SSz		01	MKP Szczecin				4:08.59	622
	50m:	27.87 27.87	150m:	1:30.07 31.39	250m:	2:33.27 31.72	350m:	3:37.32 32.37	
	100m:	58.68 30.81	200m:	2:01.55 31.48	300m:	3:04.95 31.68	400m:	4:08.59 31.27	
9.	Respondek Remigiusz		01	AZS AWF Katowice				4:09.02	619
	50m:	27.45 27.45	150m:	1:29.08 31.39	250m:	2:32.60 31.99	350m:	3:37.72 32.54	
	100m:	57.69 30.24	200m:	2:00.61 31.53	300m:	3:05.18 32.58	400m:	4:09.02 31.30	
10.	migielski Mateusz		01	MKS Jedyńka Łód				4:17.16	562
	50m:	27.44 27.44	150m:	1:30.02 31.93	250m:	2:35.89 33.27	350m:	3:43.50 34.16	
	100m:	58.09 30.65	200m:	2:02.62 32.60	300m:	3:09.34 33.45	400m:	4:17.16 33.66	
Finał B									
11.	Jó ków Cezary		01	Slask Wroclaw				4:06.39	639
	50m:	27.22 27.22	150m:	1:28.53 31.33	250m:	2:31.50 31.48	350m:	3:35.55 32.07	
	100m:	57.20 29.98	200m:	2:00.02 31.49	300m:	3:03.48 31.98	400m:	4:06.39 30.84	
12.	Wilejto Igor		01	Dwójka Tczew				4:08.17	625
	50m:	28.67 28.67	150m:	1:31.08 31.59	250m:	2:34.36 31.49	350m:	3:37.67 31.63	
	100m:	59.49 30.82	200m:	2:02.87 31.79	300m:	3:06.04 31.68	400m:	4:08.17 30.50	
13.	Drozda Jakub		01	MKP „Słowianka” Gorzów				4:08.87	620
	50m:	28.43 28.43	150m:	1:30.96 31.75	250m:	2:34.47 31.81	350m:	3:38.10 31.63	
	100m:	59.21 30.78	200m:	2:02.66 31.70	300m:	3:06.47 32.00	400m:	4:08.87 30.77	
14.	Rój JAKUB SSz		01	MKP Szczecin				4:08.91	620
	50m:	27.92 27.92	150m:	1:30.68 31.64	250m:	2:34.70 31.91	350m:	3:38.52 31.67	
	100m:	59.04 31.12	200m:	2:02.79 32.11	300m:	3:06.85 32.15	400m:	4:08.91 30.39	



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Gliwice, 10. - 12.3.2017

Konkurencja 20, Chłopców, 400m dowolny, Finał, 16 lat

Pozycja			Rok ur.					Czas	Pkt.			
15.	Urba	ski Michał	01	DELFIN Gdynia				4:09.92	612			
	50m:	28.45	28.45	150m:	1:31.01	31.78	250m:	2:35.38	32.13	350m:	3:39.89	32.19
	100m:	59.23	30.78	200m:	2:03.25	32.24	300m:	3:07.70	32.32	400m:	4:09.92	30.03
16.	Wo	ny Wiktor	01	UKS Shark Rudna				4:10.00	611			
	50m:	28.58	28.58	150m:	1:31.47	31.40	250m:	2:35.25	31.88	350m:	3:39.61	31.99
	100m:	1:00.07	31.49	200m:	2:03.37	31.90	300m:	3:07.62	32.37	400m:	4:10.00	30.39
17.	Kulczycki	Patryk	01	MKP „Słowianka” Gorzów				4:10.19	610			
	50m:	28.55	28.55	150m:	1:31.72	31.83	250m:	2:36.25	32.32	350m:	3:39.96	31.80
	100m:	59.89	31.34	200m:	2:03.93	32.21	300m:	3:08.16	31.91	400m:	4:10.19	30.23
18.	Zimniak	Szymon	01	UKS CITYZEN Pozna				4:11.17	603			
	50m:	29.61	29.61	150m:	1:32.66	31.05	250m:	2:35.56	31.32	350m:	3:39.85	32.08
	100m:	1:01.61	32.00	200m:	2:04.24	31.58	300m:	3:07.77	32.21	400m:	4:11.17	31.32
19.	Fajkowski	Piotr	01	MKS Trójka Łód				4:15.65	572			
	50m:	28.95	28.95	150m:	1:33.01	32.48	250m:	2:38.85	33.22	350m:	3:43.95	31.83
	100m:	1:00.53	31.58	200m:	2:05.63	32.62	300m:	3:12.12	33.27	400m:	4:15.65	31.70
20.	Krysiak	Michał	01	MKS Trójka Łód				4:16.80	564			
	50m:	29.30	29.30	150m:	1:33.22	32.43	250m:	2:38.85	32.66	350m:	3:44.60	32.65
	100m:	1:00.79	31.49	200m:	2:06.19	32.97	300m:	3:11.95	33.10	400m:	4:16.80	32.20

