

Mistrzostwa Polski Juniorów 16 letnich  
Gliwice, 10. - 12.3.2017

Event 20  
11.03.2017 - 17:40

Boys, 400m Freestyle

16 years  
Results Finals

Rekordy Polski 16 lat 3:47.70 Wojdak Wojciech BOSiR SP Brzesko SO 19.12.2012

Points: FINA 2016

Rank			YB					Time	Pts
<b>Final A</b>									
1.	Karolczak Jan		01	UKS G-8 Bielany Warszawa			<b>3:56.32</b>	724	
	50m: 25.87	25.87	150m: 1:23.59	29.45	250m: 2:24.12	30.39	350m: 3:26.50	31.20	
	100m: 54.14	28.27	200m: 1:53.73	30.14	300m: 2:55.30	31.18	400m: 3:56.32	29.82	
2.	Moscicki Jakub SOL		01	MTP KORMORAN Olsztyn			<b>3:56.61</b>	721	
	50m: 27.22	27.22	150m: 1:27.03	30.00	250m: 2:28.11	30.40	350m: 3:28.14	29.79	
	100m: 57.03	29.81	200m: 1:57.71	30.68	300m: 2:58.35	30.24	400m: 3:56.61	28.47	
3.	Krzykala Emil		01	KP AVIA Swidnik			<b>3:59.07</b>	699	
	50m: 26.17	26.17	150m: 1:25.04	29.84	250m: 2:25.06	29.94	350m: 3:27.84	31.99	
	100m: 55.20	29.03	200m: 1:55.12	30.08	300m: 2:55.85	30.79	400m: 3:59.07	31.23	
4.	Piotrowski Kacper		01	Slask Wroclaw			<b>4:00.13</b>	690	
	50m: 26.71	26.71	150m: 1:25.92	30.27	250m: 2:27.67	30.76	350m: 3:29.82	30.97	
	100m: 55.65	28.94	200m: 1:56.91	30.99	300m: 2:58.85	31.18	400m: 4:00.13	30.31	
5.	Jaworski Szymon		01	UKS Salmo Zory			<b>4:01.49</b>	678	
	50m: 27.36	27.36	150m: 1:27.75	30.33	250m: 2:29.27	30.90	350m: 3:31.35	31.03	
	100m: 57.42	30.06	200m: 1:58.37	30.62	300m: 3:00.32	31.05	400m: 4:01.49	30.14	
6.	Pajak Bartosz		01	Buks Warszawa			<b>4:01.66</b>	677	
	50m: 26.69	26.69	150m: 1:26.65	30.35	250m: 2:28.83	31.04	350m: 3:31.61	31.70	
	100m: 56.30	29.61	200m: 1:57.79	31.14	300m: 2:59.91	31.08	400m: 4:01.66	30.05	
7.	Girul Radoslaw		01	Slask Wroclaw			<b>4:06.53</b>	638	
	50m: 27.78	27.78	150m: 1:29.31	31.31	250m: 2:32.68	31.70	350m: 3:36.12	31.65	
	100m: 58.00	30.22	200m: 2:00.98	31.67	300m: 3:04.47	31.79	400m: 4:06.53	30.41	
8.	Bugala KRZYSZTOF SSz		01	MKP Szczecin			<b>4:08.59</b>	622	
	50m: 27.87	27.87	150m: 1:30.07	31.39	250m: 2:33.27	31.72	350m: 3:37.32	32.37	
	100m: 58.68	30.81	200m: 2:01.55	31.48	300m: 3:04.95	31.68	400m: 4:08.59	31.27	
9.	Respondek Remigiusz		01	AZS AWF Katowice			<b>4:09.02</b>	619	
	50m: 27.45	27.45	150m: 1:29.08	31.39	250m: 2:32.60	31.99	350m: 3:37.72	32.54	
	100m: 57.69	30.24	200m: 2:00.61	31.53	300m: 3:05.18	32.58	400m: 4:09.02	31.30	
10.	Smigielski Mateusz		01	MKS Jedynka Lodz			<b>4:17.16</b>	562	
	50m: 27.44	27.44	150m: 1:30.02	31.93	250m: 2:35.89	33.27	350m: 3:43.50	34.16	
	100m: 58.09	30.65	200m: 2:02.62	32.60	300m: 3:09.34	33.45	400m: 4:17.16	33.66	
<b>Final B</b>									
11.	Jozkow Cezary		01	Slask Wroclaw			<b>4:06.39</b>	639	
	50m: 27.22	27.22	150m: 1:28.53	31.33	250m: 2:31.50	31.48	350m: 3:35.55	32.07	
	100m: 57.20	29.98	200m: 2:00.02	31.49	300m: 3:03.48	31.98	400m: 4:06.39	30.84	
12.	Wilejto Igor		01	Dwojka Tczew			<b>4:08.17</b>	625	
	50m: 28.67	28.67	150m: 1:31.08	31.59	250m: 2:34.36	31.49	350m: 3:37.67	31.63	
	100m: 59.49	30.82	200m: 2:02.87	31.79	300m: 3:06.04	31.68	400m: 4:08.17	30.50	
13.	Drozda Jakub		01	MKP „Słowianka” Gorzow			<b>4:08.87</b>	620	
	50m: 28.43	28.43	150m: 1:30.96	31.75	250m: 2:34.47	31.81	350m: 3:38.10	31.63	
	100m: 59.21	30.78	200m: 2:02.66	31.70	300m: 3:06.47	32.00	400m: 4:08.87	30.77	
14.	Roj JAKUB SSz		01	MKP Szczecin			<b>4:08.91</b>	620	
	50m: 27.92	27.92	150m: 1:30.68	31.64	250m: 2:34.70	31.91	350m: 3:38.52	31.67	
	100m: 59.04	31.12	200m: 2:02.79	32.11	300m: 3:06.85	32.15	400m: 4:08.91	30.39	



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15.	Urbanski Michal		01	DELFIN Gdynia				<b>4:09.92</b>	612			
	50m:	28.45	28.45	150m:	1:31.01	31.78	250m:	2:35.38	32.13	350m:	3:39.89	32.19
	100m:	59.23	30.78	200m:	2:03.25	32.24	300m:	3:07.70	32.32	400m:	4:09.92	30.03
16.	Wozny Wiktor		01	UKS Shark Rudna				<b>4:10.00</b>	611			
	50m:	28.58	28.58	150m:	1:31.47	31.40	250m:	2:35.25	31.88	350m:	3:39.61	31.99
	100m:	1:00.07	31.49	200m:	2:03.37	31.90	300m:	3:07.62	32.37	400m:	4:10.00	30.39
17.	Kulczycki Patryk		01	MKP „Słowianka” Gorzów				<b>4:10.19</b>	610			
	50m:	28.55	28.55	150m:	1:31.72	31.83	250m:	2:36.25	32.32	350m:	3:39.96	31.80
	100m:	59.89	31.34	200m:	2:03.93	32.21	300m:	3:08.16	31.91	400m:	4:10.19	30.23
18.	Zimniak Szymon		01	UKS CITYZEN Poznań				<b>4:11.17</b>	603			
	50m:	29.61	29.61	150m:	1:32.66	31.05	250m:	2:35.56	31.32	350m:	3:39.85	32.08
	100m:	1:01.61	32.00	200m:	2:04.24	31.58	300m:	3:07.77	32.21	400m:	4:11.17	31.32
19.	Fajkowski Piotr		01	MKS Trojka Łódź				<b>4:15.65</b>	572			
	50m:	28.95	28.95	150m:	1:33.01	32.48	250m:	2:38.85	33.22	350m:	3:43.95	31.83
	100m:	1:00.53	31.58	200m:	2:05.63	32.62	300m:	3:12.12	33.27	400m:	4:15.65	31.70
20.	Krysiak Michał		01	MKS Trojka Łódź				<b>4:16.80</b>	564			
	50m:	29.30	29.30	150m:	1:33.22	32.43	250m:	2:38.85	32.66	350m:	3:44.60	32.65
	100m:	1:00.79	31.49	200m:	2:06.19	32.97	300m:	3:11.95	33.10	400m:	4:16.80	32.20



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