

Mistrzostwa Polski Seniorów i Juniorów gr. B i C w pływaniu w pletwach.



Konkurencja 13
17.06.2017 - 17:15

Kobiet, 400 PP

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Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
Kat. C									
1.	Gronowska Agata		03	K.S. Laguna 24 Toru				4:06.61	
	50m:	26.92 26.92	150m:	1:27.50 30.86	250m:	2:31.00 31.86	350m:	3:35.99 32.81	
	100m:	56.64 29.72	200m:	1:59.14 31.64	300m:	3:03.18 32.18	400m:	4:06.61 30.62	
2.	Wolniewicz Weronika		04	UKS Delfinek SP1 Chodzie				4:08.75	
	50m:	28.37 28.37	150m:	1:31.26 31.90	250m:	2:35.18 32.18	350m:	3:38.88 31.75	
	100m:	59.36 30.99	200m:	2:03.00 31.74	300m:	3:07.13 31.95	400m:	4:08.75 29.87	
3.	Pokwicka Małgorzata		02	K.S. Laguna 24 Toru				4:17.83	
	50m:	28.25 28.25	150m:	1:32.68 32.77	250m:	2:39.86 33.98	350m:	3:47.99 34.30	
	100m:	59.91 31.66	200m:	2:05.88 33.20	300m:	3:13.69 33.83	400m:	4:17.83 29.84	
4.	Kiedrowska Julia		02	UKS MANTA Ko cierzyna				4:19.93	
	50m:	29.88 29.88	150m:	1:35.91 33.43	250m:	2:42.78 33.20	350m:	3:49.40 33.13	
	100m:	1:02.48 32.60	200m:	2:09.58 33.67	300m:	3:16.27 33.49	400m:	4:19.93 30.53	
5.	Szwichtenberg Wiktoria		03	UKS MANTA Ko cierzyna				4:35.29	
	50m:	31.00 31.00	150m:	1:40.16 34.88	250m:	2:52.51 36.57	350m:	4:03.81 35.13	
	100m:	1:05.28 34.28	200m:	2:15.94 35.78	300m:	3:28.68 36.17	400m:	4:35.29 31.48	
6.	Kreft Michalina		02	UKS MANTA Ko cierzyna				4:37.18	
	50m:	31.97 31.97	150m:	1:38.71 32.57	250m:	2:49.63 36.28	350m:	4:02.04 36.38	
	100m:	1:06.14 34.17	200m:	2:13.35 34.64	300m:	3:25.66 36.03	400m:	4:37.18 35.14	

Kat. B

1.	Rettig Agata		00	UKS Delfinek SP1 Chodzie				3:39.76	
	50m:	24.72 24.72	150m:	1:19.92 27.99	250m:	2:16.16 27.88	350m:	3:12.34 28.25	
	100m:	51.93 27.21	200m:	1:48.28 28.36	300m:	2:44.09 27.93	400m:	3:39.76 27.42	
2.	Nowak Julia		01	UKS Delfinek SP1 Chodzie				3:49.70	
	50m:	24.77 24.77	150m:	1:22.76 29.64	250m:	2:22.25 29.46	350m:	3:21.02 29.43	
	100m:	53.12 28.35	200m:	1:52.79 30.03	300m:	2:51.59 29.34	400m:	3:49.70 28.68	
3.	Płazi ska Wiktoria		01	OSN Amfiprion Olecko				3:53.76	
	50m:	25.90 25.90	150m:	1:23.48 29.18	250m:	2:23.39 29.88	350m:	3:24.48 30.94	
	100m:	54.30 28.40	200m:	1:53.51 30.03	300m:	2:53.54 30.15	400m:	3:53.76 29.28	
4.	Szeluga Wiktoria		01	MTP KORMORAN Olsztyn				4:03.00	
	50m:	28.24 28.24	150m:	1:29.18 30.49	250m:	2:31.15 31.02	350m:	3:33.63 30.67	
	100m:	58.69 30.45	200m:	2:00.13 30.95	300m:	3:02.96 31.81	400m:	4:03.00 29.37	
5.	Gronowska Agata		03	K.S. Laguna 24 Toru				4:06.61	
	50m:	26.92 26.92	150m:	1:27.50 30.86	250m:	2:31.00 31.86	350m:	3:35.99 32.81	
	100m:	56.64 29.72	200m:	1:59.14 31.64	300m:	3:03.18 32.18	400m:	4:06.61 30.62	
6.	Wolniewicz Weronika		04	UKS Delfinek SP1 Chodzie				4:08.75	
	50m:	28.37 28.37	150m:	1:31.26 31.90	250m:	2:35.18 32.18	350m:	3:38.88 31.75	
	100m:	59.36 30.99	200m:	2:03.00 31.74	300m:	3:07.13 31.95	400m:	4:08.75 29.87	
7.	Pokwicka Małgorzata		02	K.S. Laguna 24 Toru				4:17.83	
	50m:	28.25 28.25	150m:	1:32.68 32.77	250m:	2:39.86 33.98	350m:	3:47.99 34.30	
	100m:	59.91 31.66	200m:	2:05.88 33.20	300m:	3:13.69 33.83	400m:	4:17.83 29.84	
8.	Kiedrowska Julia		02	UKS MANTA Ko cierzyna				4:19.93	
	50m:	29.88 29.88	150m:	1:35.91 33.43	250m:	2:42.78 33.20	350m:	3:49.40 33.13	
	100m:	1:02.48 32.60	200m:	2:09.58 33.67	300m:	3:16.27 33.49	400m:	4:19.93 30.53	
9.	Szwichtenberg Wiktoria		03	UKS MANTA Ko cierzyna				4:35.29	
	50m:	31.00 31.00	150m:	1:40.16 34.88	250m:	2:52.51 36.57	350m:	4:03.81 35.13	
	100m:	1:05.28 34.28	200m:	2:15.94 35.78	300m:	3:28.68 36.17	400m:	4:35.29 31.48	

Mistrzostwa Polski Seniorów i Juniorów gr. B i C w pływaniu w pletwach.



Konkurencja 13, Kobiety, 400 PP, Kat. B

Pozycja					Rok ur.					Czas	Pkt.	
10.	Gostkowska Marta				01	Uks Delfin Jastarnia				4:35.82		
	50m:	31.15	31.15	150m:	1:40.53	35.28	250m:	2:51.13	35.01	350m:	4:02.77	35.81
	100m:	1:05.25	34.10	200m:	2:16.12	35.59	300m:	3:26.96	35.83	400m:	4:35.82	33.05
11.	Kreft Michalina				02	UKS MANTA Ko cierzyna				4:37.18		
	50m:	31.97	31.97	150m:	1:38.71	32.57	250m:	2:49.63	36.28	350m:	4:02.04	36.38
	100m:	1:06.14	34.17	200m:	2:13.35	34.64	300m:	3:25.66	36.03	400m:	4:37.18	35.14

Kat. A

1.	Struck Agata				95	Uks Delfin Jastarnia				3:35.23		
	50m:	22.81	22.81	150m:	1:15.72	27.15	250m:	2:11.70	28.17	350m:	3:08.48	28.28
	100m:	48.57	25.76	200m:	1:43.53	27.81	300m:	2:40.20	28.50	400m:	3:35.23	26.75
2.	Rettig Agata				00	UKS Delfinek SP1 Chodzie				3:39.76		
	50m:	24.72	24.72	150m:	1:19.92	27.99	250m:	2:16.16	27.88	350m:	3:12.34	28.25
	100m:	51.93	27.21	200m:	1:48.28	28.36	300m:	2:44.09	27.93	400m:	3:39.76	27.42
3.	Jagielska Agata				99	K.S. Laguna 24 Toru				3:47.85		
	50m:	24.80	24.80	150m:	1:23.16	30.05	250m:	2:23.22	30.12	350m:	3:22.35	29.36
	100m:	53.11	28.31	200m:	1:53.10	29.94	300m:	2:52.99	29.77	400m:	3:47.85	25.50
4.	Nowak Julia				01	UKS Delfinek SP1 Chodzie				3:49.70		
	50m:	24.77	24.77	150m:	1:22.76	29.64	250m:	2:22.25	29.46	350m:	3:21.02	29.43
	100m:	53.12	28.35	200m:	1:52.79	30.03	300m:	2:51.59	29.34	400m:	3:49.70	28.68
5.	Płazi ska Wiktoria				01	OSN Amfiprion Olecko				3:53.76		
	50m:	25.90	25.90	150m:	1:23.48	29.18	250m:	2:23.39	29.88	350m:	3:24.48	30.94
	100m:	54.30	28.40	200m:	1:53.51	30.03	300m:	2:53.54	30.15	400m:	3:53.76	29.28
6.	Szeluga Wiktoria				01	MTP KORMORAN Olsztyn				4:03.00		
	50m:	28.24	28.24	150m:	1:29.18	30.49	250m:	2:31.15	31.02	350m:	3:33.63	30.67
	100m:	58.69	30.45	200m:	2:00.13	30.95	300m:	3:02.96	31.81	400m:	4:03.00	29.37
7.	Gronowska Agata				03	K.S. Laguna 24 Toru				4:06.61		
	50m:	26.92	26.92	150m:	1:27.50	30.86	250m:	2:31.00	31.86	350m:	3:35.99	32.81
	100m:	56.64	29.72	200m:	1:59.14	31.64	300m:	3:03.18	32.18	400m:	4:06.61	30.62
8.	Wolniewicz Weronika				04	UKS Delfinek SP1 Chodzie				4:08.75		
	50m:	28.37	28.37	150m:	1:31.26	31.90	250m:	2:35.18	32.18	350m:	3:38.88	31.75
	100m:	59.36	30.99	200m:	2:03.00	31.74	300m:	3:07.13	31.95	400m:	4:08.75	29.87
9.	Pokwicka Małgorzata				02	K.S. Laguna 24 Toru				4:17.83		
	50m:	28.25	28.25	150m:	1:32.68	32.77	250m:	2:39.86	33.98	350m:	3:47.99	34.30
	100m:	59.91	31.66	200m:	2:05.88	33.20	300m:	3:13.69	33.83	400m:	4:17.83	29.84
10.	Kiedrowska Julia				02	UKS MANTA Ko cierzyna				4:19.93		
	50m:	29.88	29.88	150m:	1:35.91	33.43	250m:	2:42.78	33.20	350m:	3:49.40	33.13
	100m:	1:02.48	32.60	200m:	2:09.58	33.67	300m:	3:16.27	33.49	400m:	4:19.93	30.53
11.	Szwichtenberg Wiktoria				03	UKS MANTA Ko cierzyna				4:35.29		
	50m:	31.00	31.00	150m:	1:40.16	34.88	250m:	2:52.51	36.57	350m:	4:03.81	35.13
	100m:	1:05.28	34.28	200m:	2:15.94	35.78	300m:	3:28.68	36.17	400m:	4:35.29	31.48
12.	Gostkowska Marta				01	Uks Delfin Jastarnia				4:35.82		
	50m:	31.15	31.15	150m:	1:40.53	35.28	250m:	2:51.13	35.01	350m:	4:02.77	35.81
	100m:	1:05.25	34.10	200m:	2:16.12	35.59	300m:	3:26.96	35.83	400m:	4:35.82	33.05
13.	Kreft Michalina				02	UKS MANTA Ko cierzyna				4:37.18		
	50m:	31.97	31.97	150m:	1:38.71	32.57	250m:	2:49.63	36.28	350m:	4:02.04	36.38
	100m:	1:06.14	34.17	200m:	2:13.35	34.64	300m:	3:25.66	36.03	400m:	4:37.18	35.14