

Mistrzostwa Okręgu I śkiego Open
Gliwice, 23. - 24.6.2017

Konkurencja 12
23.06.2017 - 17:35

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
14 lat									
1.	Famulok Zuzanna		03	UKS Aquatica Pawłowice				5:18.16	600
	50m:	32.80 32.80	150m:	250m:	3:19.88 47.46	350m:	4:42.47	37.13	
	100m:	1:10.48 37.68	200m:	300m:	4:05.34 45.46	400m:	5:18.16	35.69	
2.	Cioch-Gradzik Wiktoria		03	MKS Pałac Młodzie y Katowice				5:30.96	533
	50m:	35.97 35.97	150m:	250m:	3:30.38 47.28	350m:	4:54.51	37.56	
	100m:	1:17.68 41.71	200m:	300m:	4:16.95 46.57	400m:	5:30.96	36.45	
3.	Fuks Aleksandra		03	Muks Gilus Gilowice				5:34.77	515
	50m:	34.85 34.85	150m:	250m:	3:28.50 47.88	350m:	4:57.72	40.60	
	100m:	1:15.16 40.31	200m:	300m:	4:17.12 48.62	400m:	5:34.77	37.05	
4.	Rokita Hanna		03	MKS Park Wodny Tarnowskie Góry				5:35.42	512
	50m:	35.93 35.93	150m:	250m:	3:30.25 44.18	350m:	4:56.41	40.24	
	100m:	1:18.13 42.20	200m:	300m:	4:16.17 45.92	400m:	5:35.42	39.01	
5.	Dobrowolska Natalia SR		03	MKS-SMS Victoria Racibórz				5:53.53	437
	50m:	38.94 38.94	150m:	250m:	3:42.01 49.59	350m:	5:13.25	40.64	
	100m:	1:22.24 43.30	200m:	300m:	4:32.61 50.60	400m:	5:53.53	40.28	
15 lat									
1.	Krosta Emilia		02	UKS WODNIK Siemianowice laski				5:14.89	619
	50m:	32.66 32.66	150m:	250m:	3:19.32 44.48	350m:	4:40.09	36.24	
	100m:	1:10.98 38.32	200m:	300m:	4:03.85 44.53	400m:	5:14.89	34.80	
2.	Bura Julia SR		02	MKS-SMS Victoria Racibórz				5:28.38	546
	50m:	36.14 36.14	150m:	250m:	3:28.29 43.02	350m:	4:51.80	39.11	
	100m:	1:18.99 42.85	200m:	300m:	4:12.69 44.40	400m:	5:28.38	36.58	
3.	Karczmarzyk Anna SR		02	MKS-SMS Victoria Racibórz				5:44.58	472
	50m:	34.34 34.34	150m:	250m:	3:35.74 48.24	350m:	5:06.61	42.74	
	100m:	1:15.41 41.07	200m:	300m:	4:23.87 48.13	400m:	5:44.58	37.97	
16 - 18 lat									
1.	Wi niewska Oliwia		01	CSiR MOS D browa Górnicza				5:12.07	636
	50m:	32.51 32.51	150m:	250m:	3:15.83 46.30	350m:	4:37.09	34.86	
	100m:	1:11.47 38.96	200m:	300m:	4:02.23 46.40	400m:	5:12.07	34.98	
2.	Piskorz Aleksandra		01	UKS WODNIK Siemianowice laski				5:13.75	626
	50m:	32.50 32.50	150m:	250m:	3:14.84 43.04	350m:	4:37.62	38.60	
	100m:	1:11.20 38.70	200m:	300m:	3:59.02 44.18	400m:	5:13.75	36.13	
3.	Ostrowska Kamila		01	CSiR MOS D browa Górnicza				5:25.28	561
	50m:	34.09 34.09	150m:	250m:	3:22.39 45.62	350m:	4:47.82	39.11	
	100m:	1:13.44 39.35	200m:	300m:	4:08.71 46.32	400m:	5:25.28	37.46	
4.	Ma dok Klaudia		01	UKS Nowy Klub Pływacki				5:33.22	522
	50m:	35.52 35.52	150m:	250m:	3:30.46 48.38	350m:	4:56.16	36.71	
	100m:	1:16.79 41.27	200m:	300m:	4:19.45 48.99	400m:	5:33.22	37.06	
5.	Czornik Julia		01	AZS AWF Katowice				5:41.48	485
	50m:	35.62 35.62	150m:	250m:	3:32.57 47.80	350m:	5:02.71	39.95	
	100m:	1:19.14 43.52	200m:	300m:	4:22.76 50.19	400m:	5:41.48	38.77	
6.	Majewska Weronika SR		01	UKS Manta Kochłowice Ruda l ska				5:45.04	470
	50m:	36.32 36.32	150m:	250m:	3:40.38 49.19	350m:	5:08.41	39.12	
	100m:	1:20.84 44.52	200m:	300m:	4:29.29 48.91	400m:	5:45.04	36.63	
7.	Łotecka Aleksandra SR		00	KS Górnik Radlin				6:10.54	380
	50m:	37.89 37.89	150m:	250m:	3:52.05 51.05	350m:	5:27.42	44.35	
	100m:	1:21.47 43.58	200m:	300m:	4:43.07 51.02	400m:	6:10.54	43.12	

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Konkurencja 12, Kobiet, 400m zmienny

Open

1.	Wi niewska Oliwia	01	CSiR MOS D browa Górnicza	5:12.07	636
	50m: 32.51 32.51	150m: 1:51.57 40.10	250m: 3:15.83 46.30	350m: 4:37.09 34.86	
	100m: 1:11.47 38.96	200m: 2:29.53 37.96	300m: 4:02.23 46.40	400m: 5:12.07 34.98	
2.	Piskorz Aleksandra	01	UKS WODNIK Siemianowice laski	5:13.75	626
	50m: 32.50 32.50	150m: 1:52.26 41.06	250m: 3:14.84 43.04	350m: 4:37.62 38.60	
	100m: 1:11.20 38.70	200m: 2:31.80 39.54	300m: 3:59.02 44.18	400m: 5:13.75 36.13	
3.	Krosta Emilia	02	UKS WODNIK Siemianowice laski	5:14.89	619
	50m: 32.66 32.66	150m: 1:53.05 42.07	250m: 3:19.32 44.48	350m: 4:40.09 36.24	
	100m: 1:10.98 38.32	200m: 2:34.84 41.79	300m: 4:03.85 44.53	400m: 5:14.89 34.80	
4.	Famulok Zuzanna	03	UKS Aquatica Pawłowice	5:18.16	600
	50m: 32.80 32.80	150m: 250m: 3:19.88 47.46	350m: 4:42.47 37.13		
	100m: 1:10.48 37.68	200m: 2:32.42	300m: 4:05.34 45.46	400m: 5:18.16 35.69	
5.	Sm tek Wiktoria SR	01	MMKS K dzierzyn-Ko le	5:24.46	566
	50m: 35.87 35.87	150m: 2:00.99 42.40	250m: 3:25.63 44.12	350m: 4:48.42 37.77	
	100m: 1:18.59 42.72	200m: 2:41.51 40.52	300m: 4:10.65 45.02	400m: 5:24.46 36.04	
6.	Ostrowska Kamila	01	CSiR MOS D browa Górnicza	5:25.28	561
	50m: 34.09 34.09	150m: 1:55.46 42.02	250m: 3:22.39 45.62	350m: 4:47.82 39.11	
	100m: 1:13.44 39.35	200m: 2:36.77 41.31	300m: 4:08.71 46.32	400m: 5:25.28 37.46	
7.	Bura Julia SR	02	MKS-SMS Victoria Racibórz	5:28.38	546
	50m: 36.14 36.14	150m: 2:01.70 42.71	250m: 3:28.29 43.02	350m: 4:51.80 39.11	
	100m: 1:18.99 42.85	200m: 2:45.27 43.57	300m: 4:12.69 44.40	400m: 5:28.38 36.58	
8.	Cioch-Gradzik Wiktoria	03	MKS Pałac Młodzie y Katowice	5:30.96	533
	50m: 35.97 35.97	150m: 2:01.20 43.52	250m: 3:30.38 47.28	350m: 4:54.51 37.56	
	100m: 1:17.68 41.71	200m: 2:43.10 41.90	300m: 4:16.95 46.57	400m: 5:30.96 36.45	
9.	Ma dok Klaudia	01	UKS Nowy Klub Pływacki	5:33.22	522
	50m: 35.52 35.52	150m: 1:59.76 42.97	250m: 3:30.46 48.38	350m: 4:56.16 36.71	
	100m: 1:16.79 41.27	200m: 2:42.08 42.32	300m: 4:19.45 48.99	400m: 5:33.22 37.06	
10.	Fuks Aleksandra	03	Muks Gilus Gilowice	5:34.77	515
	50m: 34.85 34.85	150m: 1:58.15 42.99	250m: 3:28.50 47.88	350m: 4:57.72 40.60	
	100m: 1:15.16 40.31	200m: 2:40.62 42.47	300m: 4:17.12 48.62	400m: 5:34.77 37.05	
11.	Rokita Hanna	03	MKS Park Wodny Tarnowskie Góry	5:35.42	512
	50m: 35.93 35.93	150m: 2:03.27 45.14	250m: 3:30.25 44.18	350m: 4:56.41 40.24	
	100m: 1:18.13 42.20	200m: 2:46.07 42.80	300m: 4:16.17 45.92	400m: 5:35.42 39.01	
12.	Czornik Julia	01	AZS AWF Katowice	5:41.48	485
	50m: 35.62 35.62	150m: 2:01.42 42.28	250m: 3:32.57 47.80	350m: 5:02.71 39.95	
	100m: 1:19.14 43.52	200m: 2:44.77 43.35	300m: 4:22.76 50.19	400m: 5:41.48 38.77	
13.	Karczmarzyk Anna SR	02	MKS-SMS Victoria Racibórz	5:44.58	472
	50m: 34.34 34.34	150m: 2:02.34 46.93	250m: 3:35.74 48.24	350m: 5:06.61 42.74	
	100m: 1:15.41 41.07	200m: 2:47.50 45.16	300m: 4:23.87 48.13	400m: 5:44.58 37.97	
14.	Majewska Weronika SR	01	UKS Manta Kochłowice Ruda l ska	5:45.04	470
	50m: 36.32 36.32	150m: 2:07.10 46.26	250m: 3:40.38 49.19	350m: 5:08.41 39.12	
	100m: 1:20.84 44.52	200m: 2:51.19 44.09	300m: 4:29.29 48.91	400m: 5:45.04 36.63	
15.	Dobrowolska Natalia SR	03	MKS-SMS Victoria Racibórz	5:53.53	437
	50m: 38.94 38.94	150m: 2:06.94 44.70	250m: 3:42.01 49.59	350m: 5:13.25 40.64	
	100m: 1:22.24 43.30	200m: 2:52.42 45.48	300m: 4:32.61 50.60	400m: 5:53.53 40.28	
16.	Łotecka Aleksandra SR	00	KS Górnik Radlin	6:10.54	380
	50m: 37.89 37.89	150m: 2:11.71 50.24	250m: 3:52.05 51.05	350m: 5:27.42 44.35	
	100m: 1:21.47 43.58	200m: 3:01.00 49.29	300m: 4:43.07 51.02	400m: 6:10.54 43.12	