

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 23. - 24.6.2017

Konkurencja 22  
24.06.2017 - 11:14

Mężczyzn, 400m dowolny

Open  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
<b>14 lat</b>									
1.	Czech Arkadiusz		03	KS Górnik Sosnowiec				<b>4:21.22</b>	597
	50m:	28.95	28.95	150m:	1:34.39	32.96	250m:	2:41.46	33.50
	100m:	1:01.43	32.48	200m:	2:07.96	33.57	300m:	3:15.27	33.81
							350m:	3:48.64	33.37
							400m:	4:21.22	32.58
2.	Lamla Filip		03	LKS Jedno 32 Przyszowice				<b>4:22.94</b>	586
	50m:	29.84	29.84	150m:	1:35.49	33.34	250m:	2:42.97	34.04
	100m:	1:02.15	32.31	200m:	2:08.93	33.44	300m:	3:17.05	34.08
							350m:	3:51.08	34.03
							400m:	4:22.94	31.86
3.	Swojnóg Igor		03	MKS Park Wodny Tarnowskie Góry				<b>4:27.77</b>	555
	50m:	30.44	30.44	150m:			250m:	2:45.65	34.30
	100m:	1:03.64	33.20	200m:	2:11.35		300m:	3:20.14	34.49
							350m:	3:54.70	34.56
							400m:	4:27.77	33.07
4.	Chowaniec Mateusz		03	UKS WODNIK Siemianowice laski				<b>4:27.92</b>	554
	50m:	30.25	30.25	150m:	1:37.93	34.00	250m:	2:46.48	34.39
	100m:	1:03.93	33.68	200m:	2:12.09	34.16	300m:	3:21.45	34.97
							350m:	3:55.75	34.30
							400m:	4:27.92	32.17
5.	Wyrobek Robert		03	LKS Jedno 32 Przyszowice				<b>4:33.40</b>	521
	50m:	30.36	30.36	150m:	1:37.44	34.32	250m:	2:47.92	35.06
	100m:	1:03.12	32.76	200m:	2:12.86	35.42	300m:	3:23.96	36.04
							350m:	3:59.43	35.47
							400m:	4:33.40	33.97
6.	Karpi ski Jakub		03	MKS Park Wodny Tarnowskie Góry				<b>4:34.40</b>	515
	50m:	31.00	31.00	150m:	1:41.08	35.45	250m:	2:51.80	35.39
	100m:	1:05.63	34.63	200m:	2:16.41	35.33	300m:	3:27.01	35.21
							350m:	4:01.24	34.23
							400m:	4:34.40	33.16
7.	Tomaszowski Michał		03	MKS Park Wodny Tarnowskie Góry				<b>4:36.68</b>	503
	50m:	30.74	30.74	150m:	1:41.43	35.93	250m:	2:52.59	35.56
	100m:	1:05.50	34.76	200m:	2:17.03	35.60	300m:	3:27.68	35.09
							350m:	4:02.91	35.23
							400m:	4:36.68	33.77
8.	Pi ta Konrad		03	CSiR MOS D browa Górnicza				<b>4:45.02</b>	460
	50m:	32.83	32.83	150m:	1:44.93	36.20	250m:	2:57.58	36.31
	100m:	1:08.73	35.90	200m:	2:21.27	36.34	300m:	3:34.30	36.72
							350m:	4:10.13	35.83
							400m:	4:45.02	34.89
9.	Hudzikowski Mateusz		03	LKS Jedno 32 Przyszowice				<b>4:47.01</b>	450
	50m:	30.67	30.67	150m:	1:41.39	35.93	250m:	2:54.99	36.87
	100m:	1:05.46	34.79	200m:	2:18.12	36.73	300m:	3:32.39	37.40
							350m:	4:10.06	37.67
							400m:	4:47.01	36.95
10.	Myszor Przemysław		03	MOSM Tychy				<b>4:59.88</b>	395
	50m:	33.34	33.34	150m:	1:49.42	38.67	250m:	3:06.70	38.45
	100m:	1:10.75	37.41	200m:	2:28.25	38.83	300m:	3:44.77	38.07
							350m:	4:22.66	37.89
							400m:	4:59.88	37.22
11.	Skoczylas Michał		03	Uks Wodnik 29 Katowice				<b>5:10.88</b>	354
	50m:	34.50	34.50	150m:	1:52.57	39.71	250m:	3:13.38	40.14
	100m:	1:12.86	38.36	200m:	2:33.24	40.67	300m:	3:53.55	40.17
							350m:	4:33.71	40.16
							400m:	5:10.88	37.17
12.	Bannikov Vladislav		03	RMKS Rybnik				<b>5:11.17</b>	353
	50m:	31.69	31.69	150m:	1:49.09	39.46	250m:	3:11.10	40.96
	100m:	1:09.63	37.94	200m:	2:30.14	41.05	300m:	3:51.86	40.76
							350m:	4:32.24	40.38
							400m:	5:11.17	38.93
13.	Sołtysiak Bartosz		03	UKP Ruda l ska				<b>5:27.00</b>	304
	50m:	33.97	33.97	150m:	1:57.62	42.88	250m:	3:24.50	43.54
	100m:	1:14.74	40.77	200m:	2:40.96	43.34	300m:	4:06.69	42.19
							350m:	4:49.01	42.32
							400m:	5:27.00	37.99
<b>15 lat</b>									
1.	Mencel Miłosz SR		02	MKS-SMS Victoria Racibórz				<b>4:14.70</b>	645
	50m:	28.76	28.76	150m:	1:32.19	32.01	250m:	2:37.38	32.57
	100m:	1:00.18	31.42	200m:	2:04.81	32.62	300m:	3:10.45	33.07
							350m:	3:42.84	32.39
							400m:	4:14.70	31.86
2.	Sieradzki Kamil		02	UKS WODNIK Siemianowice laski				<b>4:21.95</b>	592
	50m:	29.03	29.03	150m:	1:34.12	33.00	250m:	2:41.65	33.79
	100m:	1:01.12	32.09	200m:	2:07.86	33.74	300m:	3:15.50	33.85
							350m:	3:49.35	33.85
							400m:	4:21.95	32.60
3.	Zdziebło Piotr		02	UKS Salmo ory				<b>4:25.02</b>	572
	50m:			150m:			250m:		
	100m:	2:10.12		200m:			300m:	3:18.03	
							350m:		
							400m:	4:25.02	

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 23. - 24.6.2017

Konkurencja 22, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
4.	Bartosiewicz Remigiusz		02	UKS WODNIK Siemianowice laski				<b>4:37.36</b>	499		
	50m:		150m:	1:41.35	35.23	250m:	2:53.16	35.99	350m:	4:04.28	35.65
	100m:	1:06.12	200m:	2:17.17	35.82	300m:	3:28.63	35.47	400m:	4:37.36	33.08
5.	Nachyła Jakub		02	Muks Gilus Gilowice				<b>4:37.37</b>	499		
	50m:	30.88 30.88	150m:	1:40.74	35.60	250m:	2:52.64	35.77	350m:	4:03.88	35.59
	100m:	1:05.14 34.26	200m:	2:16.87	36.13	300m:	3:28.29	35.65	400m:	4:37.37	33.49
6.	Strączek Jan		02	KS Górnik Radlin				<b>4:39.18</b>	489		
	50m:	29.58 29.58	150m:	1:37.17	34.55	250m:	2:49.38	36.60	350m:	4:04.17	37.65
	100m:	1:02.62 33.04	200m:	2:12.78	35.61	300m:	3:26.52	37.14	400m:	4:39.18	35.01
7.	Adamski Jakub		02	Klub Olimpijczyka Mysłowice				<b>4:39.35</b>	488		
	50m:	30.60 30.60	150m:	1:40.53	35.88	250m:	2:53.31	36.80	350m:		
	100m:	1:04.65 34.05	200m:	2:16.51	35.98	300m:	3:29.38	36.07	400m:	4:39.35	
8.	Wilanowski Jakub		02	CSiR MOS D browa Górnicza				<b>4:42.00</b>	475		
	50m:	32.67 32.67	150m:	1:44.64	36.30	250m:	2:57.51	36.48	350m:	4:08.92	35.40
	100m:	1:08.34 35.67	200m:	2:21.03	36.39	300m:	3:33.52	36.01	400m:	4:42.00	33.08
9.	Zwadło Piotr SR		02	MKS-SMS Victoria Racibórz				<b>4:42.84</b>	471		
	50m:	31.53 31.53	150m:	1:42.36	36.12	250m:	2:55.20	36.53	350m:	4:09.48	37.03
	100m:	1:06.24 34.71	200m:	2:18.67	36.31	300m:	3:32.45	37.25	400m:	4:42.84	33.36
10.	Orłowski Jakub		02	CSiR MOS D browa Górnicza				<b>4:43.43</b>	468		
	50m:	32.39 32.39	150m:	1:43.79	35.91	250m:	2:57.07	36.70	350m:	4:08.99	36.07
	100m:	1:07.88 35.49	200m:	2:20.37	36.58	300m:	3:32.92	35.85	400m:	4:43.43	34.44
11.	Schreiber Patrick SR		02	MKS-SMS Victoria Racibórz				<b>4:43.74</b>	466		
	50m:	31.33 31.33	150m:	1:42.15	35.46	250m:	2:55.46	36.59	350m:	4:08.23	35.72
	100m:	1:06.69 35.36	200m:	2:18.87	36.72	300m:	3:32.51	37.05	400m:	4:43.74	35.51
12.	Rubik Mikołaj		02	KS Górnik Sosnowiec				<b>4:44.42</b>	463		
	50m:	31.30 31.30	150m:	1:43.69	36.93	250m:	2:56.53	36.55	350m:	4:09.39	36.48
	100m:	1:06.76 35.46	200m:	2:19.98	36.29	300m:	3:32.91	36.38	400m:	4:44.42	35.03
13.	Majka Maksymilian		02	CSiR MOS D browa Górnicza				<b>4:54.78</b>	416		
	50m:	32.47 32.47	150m:	1:47.52	37.88	250m:	3:03.68	38.01	350m:	4:18.89	37.37
	100m:	1:09.64 37.17	200m:	2:25.67	38.15	300m:	3:41.52	37.84	400m:	4:54.78	35.89
14.	Wituszyński Jakub SR		02	MKS-SMS Victoria Racibórz				<b>4:56.38</b>	409		
	50m:	32.84 32.84	150m:	1:48.42	37.22	250m:	3:04.64	37.54	350m:	4:20.40	37.42
	100m:	1:11.20 38.36	200m:	2:27.10	38.68	300m:	3:42.98	38.34	400m:	4:56.38	35.98
15.	Adamek Krzysztof		02	MKP Zabrze				<b>4:56.72</b>	407		
	50m:	32.19 32.19	150m:	1:46.59	37.56	250m:	3:03.40	38.99	350m:	4:20.09	38.56
	100m:	1:09.03 36.84	200m:	2:24.41	37.82	300m:	3:41.53	38.13	400m:	4:56.72	36.63
16.	Grabowski Tomasz		02	SiKReT Gliwice				<b>4:59.92</b>	395		
	50m:	32.22 32.22	150m:	1:46.36	37.88	250m:	3:05.10	39.51	350m:		
	100m:	1:08.48 36.26	200m:	2:25.59	39.23	300m:	3:44.43	39.33	400m:	4:59.92	
17.	Dudys Dominik		02	MKP Zabrze				<b>5:04.99</b>	375		
	50m:	32.11 32.11	150m:	1:49.50	39.78	250m:	3:09.29	40.00	350m:	4:28.48	39.46
	100m:	1:09.72 37.61	200m:	2:29.29	39.79	300m:	3:49.02	39.73	400m:	5:04.99	36.51

16 - 18 lat

1.	Jaworski Szymon		01	UKS Salmoiry				<b>4:11.18</b>	672		
	50m:	29.32 29.32	150m:	1:33.54	32.34	250m:	2:37.71	31.45	350m:	3:40.76	31.23
	100m:	1:01.20 31.88	200m:	2:06.26	32.72	300m:	3:09.53	31.82	400m:	4:11.18	30.42
2.	Łapot Radosław SR		99	MOS Katowice				<b>4:12.22</b>	664		
	50m:	28.38 28.38	150m:	1:31.36	31.72	250m:	2:35.95	32.20	350m:	3:41.04	32.32
	100m:	59.64 31.26	200m:	2:03.75	32.39	300m:	3:08.72	32.77	400m:	4:12.22	31.18
3.	Stoszek Szymon		99	PWSZ Racibórz				<b>4:17.94</b>	621		
	50m:	29.40 29.40	150m:	1:33.42	32.28	250m:	2:38.79	32.39	350m:	3:45.24	33.20
	100m:	1:01.14 31.74	200m:	2:06.40	32.98	300m:	3:12.04	33.25	400m:	4:17.94	32.70

Mistrzostwa Okręgu I skiego Open  
Gliwice, 23. - 24.6.2017

Konkurencja 22, Chłopców, 400m dowolny, 16 - 18 lat

Pozycja			Rok ur.					Czas	Pkt.
4.	Respondek Remigiusz		01	AZS AWF Katowice				<b>4:19.07</b>	612
	50m:	29.16 29.16	150m:	1:34.31 32.86	250m:	2:41.08 33.35	350m:	3:47.77 32.92	
	100m:	1:01.45 32.29	200m:	2:07.73 33.42	300m:	3:14.85 33.77	400m:	4:19.07 31.30	
5.	Karpień Dominik		01	CSiR MOS D browa Górnicza				<b>4:22.91</b>	586
	50m:	29.75 29.75	150m:	1:35.10 33.19	250m:	2:42.81 34.02	350m:	3:50.42 33.64	
	100m:	1:01.91 32.16	200m:	2:08.79 33.69	300m:	3:16.78 33.97	400m:	4:22.91 32.49	
6.	Muc Filip		01	CSiR MOS D browa Górnicza				<b>4:26.65</b>	562
	50m:	29.76 29.76	150m:	1:36.51 33.86	250m:	2:45.37 34.41	350m:	3:53.80 34.08	
	100m:	1:02.65 32.89	200m:	2:10.96 34.45	300m:	3:19.72 34.35	400m:	4:26.65 32.85	
7.	Gótek Radosław		01	CSiR MOS D browa Górnicza				<b>4:28.30</b>	551
	50m:	30.76 30.76	150m:	1:38.57 33.93	250m:	2:46.34 33.58	350m:	3:55.13 34.45	
	100m:	1:04.64 33.88	200m:	2:12.76 34.19	300m:	3:20.68 34.34	400m:	4:28.30 33.17	
8.	Chromik Szymon SR		99	CSiR MOS D browa Górnicza				<b>4:30.44</b>	538
	50m:	30.92 30.92	150m:	1:40.34 34.54	250m:	2:50.09 34.57	350m:	3:59.43 34.10	
	100m:	1:05.80 34.88	200m:	2:15.52 35.18	300m:	3:25.33 35.24	400m:	4:30.44 31.01	
9.	Janecki Mateusz		01	MKS Pałac Młodzieży Katowice				<b>4:31.06</b>	535
	50m:	30.08 30.08	150m:	1:37.27 34.02	250m:	2:47.04 34.88	350m:	3:56.59 34.88	
	100m:	1:03.25 33.17	200m:	2:12.16 34.89	300m:	3:21.71 34.67	400m:	4:31.06 34.47	
10.	Michalski Wojciech		01	Muks Gilus Gilowice				<b>4:36.22</b>	505
	50m:	31.24 31.24	150m:	1:41.62 35.37	250m:	2:52.53 35.24	350m:	4:02.76 34.90	
	100m:	1:06.25 35.01	200m:	2:17.29 35.67	300m:	3:27.86 35.33	400m:	4:36.22 33.46	
11.	Ziółkowski Norbert		01	UKS Nowy Klub Pływacki				<b>4:37.43</b>	499
	50m:	30.11 30.11	150m:	1:38.65 34.92	250m:	2:51.64 36.99	350m:	4:04.12 35.69	
	100m:	1:03.73 33.62	200m:	2:14.65 36.00	300m:	3:28.43 36.79	400m:	4:37.43 33.31	
12.	Murański Kacper		99	Muks Gilus Gilowice				<b>4:40.31</b>	483
	50m:	30.60 30.60	150m:	1:40.93 35.39	250m:	2:52.46 36.04	350m:	4:05.76 37.12	
	100m:	1:05.54 34.94	200m:	2:16.42 35.49	300m:	3:28.64 36.18	400m:	4:40.31 34.55	
13.	Nowotny Dawid SR		01	UKS Manta Kochłowice Ruda I ska				<b>4:55.84</b>	411
	50m:	30.20 30.20	150m:	1:42.89 37.12	250m:	2:59.08 37.71	350m:	4:16.69 38.47	
	100m:	1:05.77 35.57	200m:	2:21.37 38.48	300m:	3:38.22 39.14	400m:	4:55.84 39.15	

Open

1.	Pióro Artur		91	MKS Pałac Młodzieży Katowice				<b>4:04.92</b>	725
	50m:	28.42 28.42	150m:	1:30.21 31.25	250m:	2:32.76 31.43	350m:	3:35.28 32.07	
	100m:	58.96 30.54	200m:	2:01.33 31.12	300m:	3:03.21 30.45	400m:	4:04.92 29.64	
2.	Bugdol Rafał		95	AZS AWF Katowice				<b>4:06.73</b>	709
	50m:	27.41 27.41	150m:	1:30.47 31.83	250m:	2:33.75 31.30	350m:	3:36.87 31.38	
	100m:	58.64 31.23	200m:	2:02.45 31.98	300m:	3:05.49 31.74	400m:	4:06.73 29.86	
3.	Jaworski Szymon		01	UKS Salmory				<b>4:11.18</b>	672
	50m:	29.32 29.32	150m:	1:33.54 32.34	250m:	2:37.71 31.45	350m:	3:40.76 31.23	
	100m:	1:01.20 31.88	200m:	2:06.26 32.72	300m:	3:09.53 31.82	400m:	4:11.18 30.42	
4.	Chmielewski Jakub SWR		99	WKS I sk Wrocław				<b>4:11.51</b>	669
	50m:	28.83 28.83	150m:	1:31.47 31.53	250m:	2:35.69 32.17	350m:	3:39.86 31.86	
	100m:	59.94 31.11	200m:	2:03.52 32.05	300m:	3:08.00 32.31	400m:	4:11.51 31.65	
5.	Łapot Radosław SR		99	MOS Katowice				<b>4:12.22</b>	664
	50m:	28.38 28.38	150m:	1:31.36 31.72	250m:	2:35.95 32.20	350m:	3:41.04 32.32	
	100m:	59.64 31.26	200m:	2:03.75 32.39	300m:	3:08.72 32.77	400m:	4:12.22 31.18	
6.	Mencel Miłosz SR		02	MKS-SMS Victoria Racibórz				<b>4:14.70</b>	645
	50m:	28.76 28.76	150m:	1:32.19 32.01	250m:	2:37.38 32.57	350m:	3:42.84 32.39	
	100m:	1:00.18 31.42	200m:	2:04.81 32.62	300m:	3:10.45 33.07	400m:	4:14.70 31.86	
7.	Stoszek Szymon		99	PWSZ Racibórz				<b>4:17.94</b>	621
	50m:	29.40 29.40	150m:	1:33.42 32.28	250m:	2:38.79 32.39	350m:	3:45.24 33.20	
	100m:	1:01.14 31.74	200m:	2:06.40 32.98	300m:	3:12.04 33.25	400m:	4:17.94 32.70	

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 23. - 24.6.2017

Konkurencja 22, Mężczyźni, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.			
8.	Respondek Remigiusz		01	AZS AWF Katowice				<b>4:19.07</b>	612			
	50m:	29.16	29.16	150m:	1:34.31	32.86	250m:	2:41.08	33.35	350m:	3:47.77	32.92
	100m:	1:01.45	32.29	200m:	2:07.73	33.42	300m:	3:14.85	33.77	400m:	4:19.07	31.30
9.	Rytter Igor SWR		01	WKS I sk Wrocław				<b>4:19.70</b>	608			
	50m:	29.56	29.56	150m:	1:34.65	32.76	250m:	2:41.14	33.26	350m:	3:47.85	33.17
	100m:	1:01.89	32.33	200m:	2:07.88	33.23	300m:	3:14.68	33.54	400m:	4:19.70	31.85
10.	Czech Arkadiusz		03	KS Górnik Sosnowiec				<b>4:21.22</b>	597			
	50m:	28.95	28.95	150m:	1:34.39	32.96	250m:	2:41.46	33.50	350m:	3:48.64	33.37
	100m:	1:01.43	32.48	200m:	2:07.96	33.57	300m:	3:15.27	33.81	400m:	4:21.22	32.58
11.	Sieradzki Kamil		02	UKS WODNIK Siemianowice laski				<b>4:21.95</b>	592			
	50m:	29.03	29.03	150m:	1:34.12	33.00	250m:	2:41.65	33.79	350m:	3:49.35	33.85
	100m:	1:01.12	32.09	200m:	2:07.86	33.74	300m:	3:15.50	33.85	400m:	4:21.95	32.60
12.	Karpiel Dominik		01	CSiR MOS D browa Górnicza				<b>4:22.91</b>	586			
	50m:	29.75	29.75	150m:	1:35.10	33.19	250m:	2:42.81	34.02	350m:	3:50.42	33.64
	100m:	1:01.91	32.16	200m:	2:08.79	33.69	300m:	3:16.78	33.97	400m:	4:22.91	32.49
13.	Lamla Filip		03	LKS Jedno 32 Przyszowice				<b>4:22.94</b>	586			
	50m:	29.84	29.84	150m:	1:35.49	33.34	250m:	2:42.97	34.04	350m:	3:51.08	34.03
	100m:	1:02.15	32.31	200m:	2:08.93	33.44	300m:	3:17.05	34.08	400m:	4:22.94	31.86
14.	Balicki Michał SWR		00	UKS Galicja Kraków				<b>4:24.80</b>	574			
	50m:	29.19	29.19	150m:	1:38.06	34.39	250m:	2:46.40	33.92	350m:	3:54.30	34.16
	100m:	1:03.67	34.48	200m:	2:12.48	34.42	300m:	3:20.14	33.74	400m:	4:24.80	30.50
15.	Zdziebło Piotr		02	UKS Salmo ory				<b>4:25.02</b>	572			
	50m:			150m:			250m:			350m:		
	100m:	2:10.12		200m:			300m:	3:18.03		400m:	4:25.02	
16.	Muc Filip		01	CSiR MOS D browa Górnicza				<b>4:26.65</b>	562			
	50m:	29.76	29.76	150m:	1:36.51	33.86	250m:	2:45.37	34.41	350m:	3:53.80	34.08
	100m:	1:02.65	32.89	200m:	2:10.96	34.45	300m:	3:19.72	34.35	400m:	4:26.65	32.85
17.	Swojnóg Igor		03	MKS Park Wodny Tarnowskie Góry				<b>4:27.77</b>	555			
	50m:	30.44	30.44	150m:			250m:	2:45.65	34.30	350m:	3:54.70	34.56
	100m:	1:03.64	33.20	200m:	2:11.35		300m:	3:20.14	34.49	400m:	4:27.77	33.07
18.	Chowaniec Mateusz		03	UKS WODNIK Siemianowice laski				<b>4:27.92</b>	554			
	50m:	30.25	30.25	150m:	1:37.93	34.00	250m:	2:46.48	34.39	350m:	3:55.75	34.30
	100m:	1:03.93	33.68	200m:	2:12.09	34.16	300m:	3:21.45	34.97	400m:	4:27.92	32.17
19.	Gogolek Radosław		01	CSiR MOS D browa Górnicza				<b>4:28.30</b>	551			
	50m:	30.76	30.76	150m:	1:38.57	33.93	250m:	2:46.34	33.58	350m:	3:55.13	34.45
	100m:	1:04.64	33.88	200m:	2:12.76	34.19	300m:	3:20.68	34.34	400m:	4:28.30	33.17
20.	Chromik Szymon SR		99	CSiR MOS D browa Górnicza				<b>4:30.44</b>	538			
	50m:	30.92	30.92	150m:	1:40.34	34.54	250m:	2:50.09	34.57	350m:	3:59.43	34.10
	100m:	1:05.80	34.88	200m:	2:15.52	35.18	300m:	3:25.33	35.24	400m:	4:30.44	31.01
21.	Lewandowski Michał		00	Zryw Opole				<b>4:30.84</b>	536			
	50m:	30.11	30.11	150m:	1:37.66	34.07	250m:	2:47.18	34.74	350m:	3:57.72	35.27
	100m:	1:03.59	33.48	200m:	2:12.44	34.78	300m:	3:22.45	35.27	400m:	4:30.84	33.12
22.	Janecki Mateusz		01	MKS Pałac Młodzieży Katowice				<b>4:31.06</b>	535			
	50m:	30.08	30.08	150m:	1:37.27	34.02	250m:	2:47.04	34.88	350m:	3:56.59	34.88
	100m:	1:03.25	33.17	200m:	2:12.16	34.89	300m:	3:21.71	34.67	400m:	4:31.06	34.47
23.	Wyrobek Robert		03	LKS Jedno 32 Przyszowice				<b>4:33.40</b>	521			
	50m:	30.36	30.36	150m:	1:37.44	34.32	250m:	2:47.92	35.06	350m:	3:59.43	35.47
	100m:	1:03.12	32.76	200m:	2:12.86	35.42	300m:	3:23.96	36.04	400m:	4:33.40	33.97
24.	Karpiński Jakub		03	MKS Park Wodny Tarnowskie Góry				<b>4:34.40</b>	515			
	50m:	31.00	31.00	150m:	1:41.08	35.45	250m:	2:51.80	35.39	350m:	4:01.24	34.23
	100m:	1:05.63	34.63	200m:	2:16.41	35.33	300m:	3:27.01	35.21	400m:	4:34.40	33.16
25.	Szeląg Dawid		03	SP Meduza Pajeczno				<b>4:34.69</b>	514			
	50m:	29.72	29.72	150m:	1:39.23	35.06	250m:	2:50.80	35.67	350m:	4:01.73	35.31
	100m:	1:04.17	34.45	200m:	2:15.13	35.90	300m:	3:26.42	35.62	400m:	4:34.69	32.96

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 23. - 24.6.2017

Konkurencja 22, Mężczyzn, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
26.	Szyndler Michał		00	Zryw Opole			<b>4:35.79</b>	508	
	50m: 30.57	30.57	150m: 1:38.53	34.73	250m: 2:49.60	35.59	350m: 4:02.26	36.47	
	100m: 1:03.80	33.23	200m: 2:14.01	35.48	300m: 3:25.79	36.19	400m: 4:35.79	33.53	
27.	Michalski Wojciech		01	Muks Gilus Gilowice			<b>4:36.22</b>	505	
	50m: 31.24	31.24	150m: 1:41.62	35.37	250m: 2:52.53	35.24	350m: 4:02.76	34.90	
	100m: 1:06.25	35.01	200m: 2:17.29	35.67	300m: 3:27.86	35.33	400m: 4:36.22	33.46	
28.	Tomaszowski Michał		03	MKS Park Wodny Tarnowskie Góry			<b>4:36.68</b>	503	
	50m: 30.74	30.74	150m: 1:41.43	35.93	250m: 2:52.59	35.56	350m: 4:02.91	35.23	
	100m: 1:05.50	34.76	200m: 2:17.03	35.60	300m: 3:27.68	35.09	400m: 4:36.68	33.77	
29.	Bartosiewicz Remigiusz		02	UKS WODNIK Siemianowice laski			<b>4:37.36</b>	499	
	50m:		150m: 1:41.35	35.23	250m: 2:53.16	35.99	350m: 4:04.28	35.65	
	100m: 1:06.12		200m: 2:17.17	35.82	300m: 3:28.63	35.47	400m: 4:37.36	33.08	
30.	Nachyła Jakub		02	Muks Gilus Gilowice			<b>4:37.37</b>	499	
	50m: 30.88	30.88	150m: 1:40.74	35.60	250m: 2:52.64	35.77	350m: 4:03.88	35.59	
	100m: 1:05.14	34.26	200m: 2:16.87	36.13	300m: 3:28.29	35.65	400m: 4:37.37	33.49	
31.	Ziółkowski Norbert		01	UKS Nowy Klub Pływacki			<b>4:37.43</b>	499	
	50m: 30.11	30.11	150m: 1:38.65	34.92	250m: 2:51.64	36.99	350m: 4:04.12	35.69	
	100m: 1:03.73	33.62	200m: 2:14.65	36.00	300m: 3:28.43	36.79	400m: 4:37.43	33.31	
32.	Stręzek Jan		02	KS Górnik Radlin			<b>4:39.18</b>	489	
	50m: 29.58	29.58	150m: 1:37.17	34.55	250m: 2:49.38	36.60	350m: 4:04.17	37.65	
	100m: 1:02.62	33.04	200m: 2:12.78	35.61	300m: 3:26.52	37.14	400m: 4:39.18	35.01	
33.	Adamski Jakub		02	Klub Olimpijczyka Mysłowice			<b>4:39.35</b>	488	
	50m: 30.60	30.60	150m: 1:40.53	35.88	250m: 2:53.31	36.80	350m:		
	100m: 1:04.65	34.05	200m: 2:16.51	35.98	300m: 3:29.38	36.07	400m: 4:39.35		
34.	Murański Kacper		99	Muks Gilus Gilowice			<b>4:40.31</b>	483	
	50m: 30.60	30.60	150m: 1:40.93	35.39	250m: 2:52.46	36.04	350m: 4:05.76	37.12	
	100m: 1:05.54	34.94	200m: 2:16.42	35.49	300m: 3:28.64	36.18	400m: 4:40.31	34.55	
35.	Wilanowski Jakub		02	CSiR MOS D browa Górnicza			<b>4:42.00</b>	475	
	50m: 32.67	32.67	150m: 1:44.64	36.30	250m: 2:57.51	36.48	350m: 4:08.92	35.40	
	100m: 1:08.34	35.67	200m: 2:21.03	36.39	300m: 3:33.52	36.01	400m: 4:42.00	33.08	
36.	Zwadło Piotr SR		02	MKS-SMS Victoria Racibórz			<b>4:42.84</b>	471	
	50m: 31.53	31.53	150m: 1:42.36	36.12	250m: 2:55.20	36.53	350m: 4:09.48	37.03	
	100m: 1:06.24	34.71	200m: 2:18.67	36.31	300m: 3:32.45	37.25	400m: 4:42.84	33.36	
37.	Orłowski Jakub		02	CSiR MOS D browa Górnicza			<b>4:43.43</b>	468	
	50m: 32.39	32.39	150m: 1:43.79	35.91	250m: 2:57.07	36.70	350m: 4:08.99	36.07	
	100m: 1:07.88	35.49	200m: 2:20.37	36.58	300m: 3:32.92	35.85	400m: 4:43.43	34.44	
38.	Schreiber Patrick SR		02	MKS-SMS Victoria Racibórz			<b>4:43.74</b>	466	
	50m: 31.33	31.33	150m: 1:42.15	35.46	250m: 2:55.46	36.59	350m: 4:08.23	35.72	
	100m: 1:06.69	35.36	200m: 2:18.87	36.72	300m: 3:32.51	37.05	400m: 4:43.74	35.51	
39.	Rubik Mikołaj		02	KS Górnik Sosnowiec			<b>4:44.42</b>	463	
	50m: 31.30	31.30	150m: 1:43.69	36.93	250m: 2:56.53	36.55	350m: 4:09.39	36.48	
	100m: 1:06.76	35.46	200m: 2:19.98	36.29	300m: 3:32.91	36.38	400m: 4:44.42	35.03	
40.	Pięta Konrad		03	CSiR MOS D browa Górnicza			<b>4:45.02</b>	460	
	50m: 32.83	32.83	150m: 1:44.93	36.20	250m: 2:57.58	36.31	350m: 4:10.13	35.83	
	100m: 1:08.73	35.90	200m: 2:21.27	36.34	300m: 3:34.30	36.72	400m: 4:45.02	34.89	
41.	Hudzikowski Mateusz		03	LKS Jedno 32 Przystowice			<b>4:47.01</b>	450	
	50m: 30.67	30.67	150m: 1:41.39	35.93	250m: 2:54.99	36.87	350m: 4:10.06	37.67	
	100m: 1:05.46	34.79	200m: 2:18.12	36.73	300m: 3:32.39	37.40	400m: 4:47.01	36.95	
42.	Majka Maksymilian		02	CSiR MOS D browa Górnicza			<b>4:54.78</b>	416	
	50m: 32.47	32.47	150m: 1:47.52	37.88	250m: 3:03.68	38.01	350m: 4:18.89	37.37	
	100m: 1:09.64	37.17	200m: 2:25.67	38.15	300m: 3:41.52	37.84	400m: 4:54.78	35.89	
43.	Nowotny Dawid SR		01	UKS Manta Kochłowice Ruda I ska			<b>4:55.84</b>	411	
	50m: 30.20	30.20	150m: 1:42.89	37.12	250m: 2:59.08	37.71	350m: 4:16.69	38.47	
	100m: 1:05.77	35.57	200m: 2:21.37	38.48	300m: 3:38.22	39.14	400m: 4:55.84	39.15	

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 23. - 24.6.2017

Konkurencja 22, Mężczyźni, 400m dowolny, Open

Pozycja					Rok ur.					Czas	Pkt.	
44.	Wituszy ski Jakub SR				02	MKS-SMS Victoria Racibórz				<b>4:56.38</b>	409	
	50m:	32.84	32.84	150m:	1:48.42	37.22	250m:	3:04.64	37.54	350m:	4:20.40	37.42
	100m:	1:11.20	38.36	200m:	2:27.10	38.68	300m:	3:42.98	38.34	400m:	4:56.38	35.98
45.	Adamek Krzysztof				02	MKP Zabrze				<b>4:56.72</b>	407	
	50m:	32.19	32.19	150m:	1:46.59	37.56	250m:	3:03.40	38.99	350m:	4:20.09	38.56
	100m:	1:09.03	36.84	200m:	2:24.41	37.82	300m:	3:41.53	38.13	400m:	4:56.72	36.63
46.	Myszor Przemysław				03	MOSM Tychy				<b>4:59.88</b>	395	
	50m:	33.34	33.34	150m:	1:49.42	38.67	250m:	3:06.70	38.45	350m:	4:22.66	37.89
	100m:	1:10.75	37.41	200m:	2:28.25	38.83	300m:	3:44.77	38.07	400m:	4:59.88	37.22
47.	Grabowski Tomasz				02	SiKReT Gliwice				<b>4:59.92</b>	395	
	50m:	32.22	32.22	150m:	1:46.36	37.88	250m:	3:05.10	39.51	350m:		
	100m:	1:08.48	36.26	200m:	2:25.59	39.23	300m:	3:44.43	39.33	400m:	4:59.92	
48.	Dudys Dominik				02	MKP Zabrze				<b>5:04.99</b>	375	
	50m:	32.11	32.11	150m:	1:49.50	39.78	250m:	3:09.29	40.00	350m:	4:28.48	39.46
	100m:	1:09.72	37.61	200m:	2:29.29	39.79	300m:	3:49.02	39.73	400m:	5:04.99	36.51
49.	Skoczylas Michał				03	Uks Wodnik 29 Katowice				<b>5:10.88</b>	354	
	50m:	34.50	34.50	150m:	1:52.57	39.71	250m:	3:13.38	40.14	350m:	4:33.71	40.16
	100m:	1:12.86	38.36	200m:	2:33.24	40.67	300m:	3:53.55	40.17	400m:	5:10.88	37.17
50.	Bannikov Vladislav				03	RMKS Rybnik				<b>5:11.17</b>	353	
	50m:	31.69	31.69	150m:	1:49.09	39.46	250m:	3:11.10	40.96	350m:	4:32.24	40.38
	100m:	1:09.63	37.94	200m:	2:30.14	41.05	300m:	3:51.86	40.76	400m:	5:11.17	38.93
51.	Sołtysiak Bartosz				03	UKP Ruda Śląska				<b>5:27.00</b>	304	
	50m:	33.97	33.97	150m:	1:57.62	42.88	250m:	3:24.50	43.54	350m:	4:49.01	42.32
	100m:	1:14.74	40.77	200m:	2:40.96	43.34	300m:	4:06.69	42.19	400m:	5:27.00	37.99