



#### CMAS FINSWIMMING EUROPEAN CUP JUNIOR

#### 3 - 5 November 2017

#### **GLIWICE, POLAND**

#### **PARTICULAR REGULATION**

#### 1. Denomination:

T he Polish Underwater Federation PZPn – authorized by CMAS – invite all interested Federations and Clubs to participate on the CMAS Junior European Cup 2017 organized in the period from  $3^{rd}$  to  $5^{th}$  of November 2017 in Gliwice.

There will be the general classification for CLUBS and additional classification for COUNTRIES.

#### 2. Participation rules and races:

T he competition is governed by the Finswimming International Rules of CMAS, by the Finswimming European Cup - Pool Rules of CMAS, that every athlete affirms to know and to follow.

Races and categories are the following:

Junior (Cat. "C" - 2002 - 2003) B/G

50 m ap, 100 m im, 50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf, relay: 4 x 100 m sf 50 m bf, 100 m bf, 200 m bf, relay: 2x2x100 m bf mixed

Junior (Cat. "D" - 2004 - 2005) B/G

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., relay: 4 x 100 m sf 50 m bf., 100 m bf., 200 m bf, relay: 2x2x100 m bf mixed

#### **Extra distances:**

400 m bf

\*[ relay mixed = two (2) boys + two (2) girls ]

#### **IMPORTANT:**

- 1. All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.
- 2. All athletes have to have their respective CMAS licenses.
- **3.** Each competitor can take part in a maximum of three (3) individual races and two (2) relays.

- **4.** Each team can enroll any amount of finswimmers for each individual race. There will be classification for individuals, club and nations. The general Club classification will be made by the total amount of the individual point (Boys C & D, Girls C & D ). Countries classification: the best two results of a country at each category.
- 5. Only clubs can participate in the CMAS Finswimming European Cup Meeting.
- 6. Each competitor can participate only on behalf of one (1) club during the year.

## 3. Competition place:

 ${f T}$ he competition will take place in the "OLIMPIJCZYK Swimming Pool" in Gliwice.

The swimming pool has a length of 50m, a width of ten lanes and a depth of 2m. The temperature of the water is  $26^{\circ}$  C ( +  $1^{\circ}$  C).

Address: ul. Oriona 120, 44-100 Gliwice.



## 4. Enrolment:

- Preliminary entry application form is provided as attachment with this set of rules and must be filled duly and sent before 23. October 2017 to email address: <a href="mailto:biuro@pzp-n.pl">biuro@pzp-n.pl</a> (Enclosure 1\_preliminary entry)
- 2. **Final entry** with distances and times of athlets has to be complete in the **SPLASH program** before **30. October 2017**

The instructions about Splash final entry will be provided after receiving the preliminary entry.

#### 5. Inscription fee:

You don't need to pay extra 10 euro to CMAS to participate in CMAS European Cup Junior.

The inscription fee: € 20 for each club; € 7 each distance; € 14 each relay

Fee paid for not performed races will not be reimbursed. Late enrolments may be accepted with a fine of € 100. Also relays must be declared with time on the enrolment form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

Name of the Bank: BANK ZACHODNI WBK SA

I ODDZIAL GDYNIA

Address: UL. 10 LUTEGO 11

81-366 GDYNIA

**Beneficiary:** Polski Zwiazek Pletwonurkowania,

ul. Hallera 2

83-400 Kościerzyna, Poland (notice: new address)

Bank account no: SWIFT (BIC CODE): WBKPPLPP

IBAN: PL93109011020000000115588285

Enrollments will only be accepted when accompanied by bank transfer receipts.

## 6. Preliminary procedures:

 ${f T}$  he registration to the competitions will be possible on 03.11.2017 from 12.00 to 19.00 at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice.

# 7. Equipment and bottle refills:

 ${f T}$  he judges are authorized to control swimmers' equipment at any time during the competitions.

All cylinders used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local legislation.

#### 8. Timer:

Electronic. Omega system.

# 9. Classifications:

Classifications will be based on times registered by the timekeepers, results will be complied according to CMAS score. For distance races no finals are organized. In case of the same number of points in general classification will decide best result in "Table 1000" system.

#### 10. Prizes:

Individual prizes: medals will be given to the first three classified athletes in every individual race

and every relay.

**Teams prizes:** cups for best three clubs.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

## 11. Antidopping:

WADA - World Antidoping Code

CMAS - Antidoping Rules

Athletes accept these rules as a condition of participation.

## 12. Responsibility:

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

## 13. Special Notes:

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time.

Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club. Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.

#### **PROGRAM**

# 12.00 -19.00 Arriving of teams, checking of documents, payment of participant fee and accommodation fee in Competitions Office at the swimming pool. Check of bottles 19.00 - 21.00 Training time 19.30 Technical meeting at the swimming pool OLIMPIJCZYK

## Saturday morning 4<sup>th</sup> November 2017

8.00 – 8.55 Warming up

9.00 50 m ap B/G "C" cat.

800 m sf B/G "C" cat. 800 m sf B/G "D" cat. 400 m bf B/G "C" cat. 400 m bf B/G "D" cat.

## Saturday afternoon 4<sup>th</sup> November 2017

14.00 – 14.50 Warming up

15.00 *Opening Ceremony* 15.30 *Opening Ceremony* 50 m bf B/G "C" cat.

> 50 m bf B/G "D" cat. 200 m sf B/G "C" cat. 200 m sf B/G "D" cat. 100 m im B/G "C" cat.

2x2x100 m bf mixed "C" cat. 2x2x100 m bf mixed "D" cat.

# Sunday morning 5<sup>th</sup> November 2017

8.00 – 8.55 Warming up

9.00 100 m bf B/G "C" cat.

100 m bf B/G "D" cat. 100 m sf B/G "C" cat. 100 m sf B/G "D" cat. 400 m sf B/G "C" cat. 400 m sf B/G "D" cat.

# Sunday afternoon 5<sup>th</sup> November 2017

14.00 – 14.55 Warming up

15.00 50 m sf B/G "C" cat.

50 m sf B/G "D" cat. 200 m bf B/G "C" cat. 200 m bf B/G "D" cat. 4 x 100 m sf relay "C" cat. 4 x 100 m sf relay "D" cat.

#### **ACCOMMODATION**

• rganizers offer accommodation possibility during the competition with enrolment deadline of 23 October 2017 (Enclosure 2\_Booking Form):

1. Full board accommodation is offered:

(from Friday 3. November – dinner, until Sunday 5.. November – lunch)

Hotel \*\*\* 110 EURO / person (rooms with 1-2-3 beds)

- 2. Single room extra price is 25 eur/ person /day.
- 3. Extra day is 40eur/person.

## **TRANSPORTATION**

Transfer Katowice-Pyrzowice Airport – Gliwice 40 € / person / in group up to 4

person

Katowice-Pyrzowice Airport – Gliwice 30 € / person / in group 5 to 15

person

Katowice-Pyrzowice Airport – Gliwice 20 € / person / in group 15+

person

(price include arrival and departure and all transfers hotel – swimming pool - hotel)

Please contact us if you need transfer from other airport (Kraków/ Wrocław)

#### **BOOKING CONDITIONS AND PAYMENT**

The booking deadline will be 23th October 2017.

After this period fee will be increased by 10%.

Payment should be made by cash on Friday 3<sup>rd</sup> November or direct by bank transfer:

Name of the Bank: BANK ZACHODNI WBK SA

I ODDZIAŁ GDYNIA

Address: UL. 10 LUTEGO 11

81-366 GDYNIA

**Beneficiary:** Polski Zwiazek Płetwonurkowania,

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