

Mistrzostwa Okręgu I śkiego Open
Gliwice, 8. - 9.12.2017

Konkurencja 13
08.12.2017 - 11:45

Mężczyzn, 400m zmienny

Open
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.
14 lat									
1.	Kobylarczyk Damian		03	UKS Aquatica Pawłowice				4:51.71	526
	50m:	29.75 29.75	150m:	1:43.24 38.83	250m:	3:04.34 41.85	350m:	4:20.02 33.17	
	100m:	1:04.41 34.66	200m:	2:22.49 39.25	300m:	3:46.85 42.51	400m:	4:51.71 31.69	
2.	Tomaszowski Michał		03	MKS Park Wodny Tarnowskie Góry				4:53.84	514
	50m:	30.65 30.65	150m:	1:43.81 36.60	250m:	3:04.60 42.63	350m:	4:20.92 33.84	
	100m:	1:07.21 36.56	200m:	2:21.97 38.16	300m:	3:47.08 42.48	400m:	4:53.84 32.92	
3.	Trzcionka Maciej		03	UKS Na Fali Bytom				4:54.41	511
	50m:	30.05 30.05	150m:	1:43.67 38.61	250m:	3:05.09 42.69	350m:	4:22.00 33.86	
	100m:	1:05.06 35.01	200m:	2:22.40 38.73	300m:	3:48.14 43.05	400m:	4:54.41 32.41	
4.	Komorowski Kacper		03	MOSM Tychy				5:00.81	479
	50m:	30.23 30.23	150m:	1:47.60 39.39	250m:	3:07.08 39.97	350m:	4:25.49 36.66	
	100m:	1:08.21 37.98	200m:	2:27.11 39.51	300m:	3:48.83 41.75	400m:	5:00.81 35.32	
5.	Zynek Kamil		03	CSiR MOS D browa Górnicza				5:02.53	471
	50m:	31.94 31.94	150m:	1:47.40 39.12	250m:	3:07.46 41.59	350m:	4:27.45 36.70	
	100m:	1:08.28 36.34	200m:	2:25.87 38.47	300m:	3:50.75 43.29	400m:	5:02.53 35.08	
6.	Rychel Maksymilian SR		03	MKS-SMS Victoria Racibórz				5:09.16	442
	50m:	31.82 31.82	150m:	1:52.19 41.85	250m:	3:15.22 42.01	350m:	4:34.87 35.69	
	100m:	1:10.34 38.52	200m:	2:33.21 41.02	300m:	3:59.18 43.96	400m:	5:09.16 34.29	
15 lat									
1.	Zdziebło Piotr		02	UKS Salmory				4:38.43	605
	50m:	29.53 29.53	150m:	2:13.12 1:09.94	250m:	3:32.75 39.43	350m:		
	100m:	1:03.18 33.65	200m:	2:53.32 40.20	300m:	4:06.28 33.53	400m:	4:38.43	
2.	Strzączek Jan		02	KS Górnik Radlin				4:48.74	542
	50m:	29.37 29.37	150m:	1:40.46 37.69	250m:	2:58.74 41.71	350m:	4:15.58 35.16	
	100m:	1:02.77 33.40	200m:	2:17.03 36.57	300m:	3:40.42 41.68	400m:	4:48.74 33.16	
3.	Sieradzki Kamil		02	UKS WODNIK Siemianowice laski				4:55.35	506
	50m:	28.22 28.22	150m:	1:41.71 39.44	250m:	3:01.96 41.57	350m:	4:22.79 35.87	
	100m:	1:02.27 34.05	200m:	2:20.39 38.68	300m:	3:46.92 44.96	400m:	4:55.35 32.56	
4.	Holeczek Jakub		02	MKP Zabrze				4:59.20	487
	50m:	30.38 30.38	150m:	1:45.67 38.84	250m:	3:05.55 40.52	350m:	4:23.13 36.04	
	100m:	1:06.83 36.45	200m:	2:25.03 39.36	300m:	3:47.09 41.54	400m:	4:59.20 36.07	
5.	Kłosek Krystian		02	CSiR MOS D browa Górnicza				5:23.21	386
	50m:	33.38 33.38	150m:	1:54.59 41.53	250m:	3:21.22 46.03	350m:	4:46.38 38.28	
	100m:	1:13.06 39.68	200m:	2:35.19 40.60	300m:	4:08.10 46.88	400m:	5:23.21 36.83	
6.	Drajewicz Jakub SR		02	MKS-SMS Victoria Racibórz				5:23.61	385
	50m:	32.85 32.85	150m:	1:54.72 45.00	250m:	3:23.61 43.60	350m:	4:46.64 39.21	
	100m:	1:09.72 36.87	200m:	2:40.01 45.29	300m:	4:07.43 43.82	400m:	5:23.61 36.97	
16 - 18 lat									
1.	Łapot Radosław SR		99	MKS MOS Katowice				4:30.37	660
	50m:	28.12 28.12	150m:	1:35.10 33.95	250m:	2:47.71 38.77	350m:	3:59.19 32.32	
	100m:	1:01.15 33.03	200m:	2:08.94 33.84	300m:	3:26.87 39.16	400m:	4:30.37 31.18	
2.	Bachlaj Dorian SR		99	UKS Ondraszek Bielsko - Biała				4:35.92	621
	50m:	30.93 30.93	150m:	1:43.10 36.41	250m:	2:55.63 36.90	350m:	4:04.83 32.20	
	100m:	1:06.69 35.76	200m:	2:18.73 35.63	300m:	3:32.63 37.00	400m:	4:35.92 31.09	
3.	Skierski Radosław		00	MKP Wodnik 29 Tychy				4:45.09	563
	50m:	29.76 29.76	150m:	1:40.21 36.47	250m:	2:56.18 38.79	350m:	4:10.92 34.03	
	100m:	1:03.74 33.98	200m:	2:17.39 37.18	300m:	3:36.89 40.71	400m:	4:45.09 34.17	

Mistrzostwa Okręgu Gliwickiego Open
Gliwice, 8. - 9.12.2017

Konkurencja 13, Mężczyźni, 400m zmienny

Open

1.	Łopot Radosław SR	99	MKS MOS Katowice	4:30.37	660
	50m: 28.12 28.12	150m: 1:35.10 33.95	250m: 2:47.71 38.77	350m: 3:59.19 32.32	
	100m: 1:01.15 33.03	200m: 2:08.94 33.84	300m: 3:26.87 39.16	400m: 4:30.37 31.18	
2.	Sucha ski Przemysław SO	01	UKP Unia Owiścim	4:34.95	628
	50m: 29.83 29.83	150m: 1:38.83 33.98	250m: 2:51.62 40.19	350m: 4:03.62 32.58	
	100m: 1:04.85 35.02	200m: 2:11.43 32.60	300m: 3:31.04 39.42	400m: 4:34.95 31.33	
3.	Bachlaj Dorian SR	99	UKS Ondraszek Bielsko - Biała	4:35.92	621
	50m: 30.93 30.93	150m: 1:43.10 36.41	250m: 2:55.63 36.90	350m: 4:04.83 32.20	
	100m: 1:06.69 35.76	200m: 2:18.73 35.63	300m: 3:32.63 37.00	400m: 4:35.92 31.09	
4.	Zdziebło Piotr	02	UKS Salmoory	4:38.43	605
	50m: 29.53 29.53	150m: 2:13.12 1:09.94	250m: 3:32.75 39.43	350m:	
	100m: 1:03.18 33.65	200m: 2:53.32 40.20	300m: 4:06.28 33.53	400m: 4:38.43	
5.	Skierski Radosław	00	MKP Wodnik 29 Tychy	4:45.09	563
	50m: 29.76 29.76	150m: 1:40.21 36.47	250m: 2:56.18 38.79	350m: 4:10.92 34.03	
	100m: 1:03.74 33.98	200m: 2:17.39 37.18	300m: 3:36.89 40.71	400m: 4:45.09 34.17	
6.	Kocielak Jacek	01	Zryw Opole	4:45.88	559
	50m: 29.27 29.27	150m: 1:39.79 36.02	250m: 2:57.58 42.32	350m: 4:14.11 33.69	
	100m: 1:03.77 34.50	200m: 2:15.26 35.47	300m: 3:40.42 42.84	400m: 4:45.88 31.77	
7.	Straszczak Jan	02	KS Górnik Radlin	4:48.74	542
	50m: 29.37 29.37	150m: 1:40.46 37.69	250m: 2:58.74 41.71	350m: 4:15.58 35.16	
	100m: 1:02.77 33.40	200m: 2:17.03 36.57	300m: 3:40.42 41.68	400m: 4:48.74 33.16	
8.	Kobylarczyk Damian	03	UKS Aquatica Pawłowice	4:51.71	526
	50m: 29.75 29.75	150m: 1:43.24 38.83	250m: 3:04.34 41.85	350m: 4:20.02 33.17	
	100m: 1:04.41 34.66	200m: 2:22.49 39.25	300m: 3:46.85 42.51	400m: 4:51.71 31.69	
9.	Tomaszowski Michał	03	MKS Park Wodny Tarnowskie Góry	4:53.84	514
	50m: 30.65 30.65	150m: 1:43.81 36.60	250m: 3:04.60 42.63	350m: 4:20.92 33.84	
	100m: 1:07.21 36.56	200m: 2:21.97 38.16	300m: 3:47.08 42.48	400m: 4:53.84 32.92	
10.	Kalkan Jakub	04	LKS Jednostka 32 Przyszowice	4:54.19	512
	50m: 30.51 30.51	150m: 1:43.14 38.67	250m: 3:03.83 42.32	350m: 4:22.01 33.65	
	100m: 1:04.47 33.96	200m: 2:21.51 38.37	300m: 3:48.36 44.53	400m: 4:54.19 32.18	
11.	Trzcionka Maciej	03	UKS Na Fali Bytom	4:54.41	511
	50m: 30.05 30.05	150m: 1:43.67 38.61	250m: 3:05.09 42.69	350m: 4:22.00 33.86	
	100m: 1:05.06 35.01	200m: 2:22.40 38.73	300m: 3:48.14 43.05	400m: 4:54.41 32.41	
12.	Sieradzki Kamil	02	UKS WODNIK Siemianowice Śląskie	4:55.35	506
	50m: 28.22 28.22	150m: 1:41.71 39.44	250m: 3:01.96 41.57	350m: 4:22.79 35.87	
	100m: 1:02.27 34.05	200m: 2:20.39 38.68	300m: 3:46.92 44.96	400m: 4:55.35 32.56	
13.	Holeczek Jakub	02	MKP Zabrze	4:59.20	487
	50m: 30.38 30.38	150m: 1:45.67 38.84	250m: 3:05.55 40.52	350m: 4:23.13 36.04	
	100m: 1:06.83 36.45	200m: 2:25.03 39.36	300m: 3:47.09 41.54	400m: 4:59.20 36.07	
14.	Komorowski Kacper	03	MOSM Tychy	5:00.81	479
	50m: 30.23 30.23	150m: 1:47.60 39.39	250m: 3:07.08 39.97	350m: 4:25.49 36.66	
	100m: 1:08.21 37.98	200m: 2:27.11 39.51	300m: 3:48.83 41.75	400m: 5:00.81 35.32	
15.	Wróbel Igor SO	03	UKP Unia Owiścim	5:01.88	474
	50m: 34.22 34.22	150m: 1:50.49 39.46	250m: 3:10.64 40.31	350m: 4:27.36 35.17	
	100m: 1:11.03 36.81	200m: 2:30.33 39.84	300m: 3:52.19 41.55	400m: 5:01.88 34.52	
16.	Zynek Kamil	03	CSiR MOS Dąbrowa Górnicza	5:02.53	471
	50m: 31.94 31.94	150m: 1:47.40 39.12	250m: 3:07.46 41.59	350m: 4:27.45 36.70	
	100m: 1:08.28 36.34	200m: 2:25.87 38.47	300m: 3:50.75 43.29	400m: 5:02.53 35.08	
17.	widerski Filip	04	SiKReT Gliwice	5:06.77	452
	50m: 31.33 31.33	150m: 1:50.13 40.68	250m: 3:12.46 42.63	350m: 4:32.67 36.36	
	100m: 1:09.45 38.12	200m: 2:29.83 39.70	300m: 3:56.31 43.85	400m: 5:06.77 34.10	
18.	Rychel Maksymilian SR	03	MKS-SMS Victoria Racibórz	5:09.16	442
	50m: 31.82 31.82	150m: 1:52.19 41.85	250m: 3:15.22 42.01	350m: 4:34.87 35.69	
	100m: 1:10.34 38.52	200m: 2:33.21 41.02	300m: 3:59.18 43.96	400m: 5:09.16 34.29	

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Gliwice, 8. - 9.12.2017

Konkurencja 13, Mężczyzn, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.
19.	Kłosek Krystian		02	CSiR MOS D browa Górnicza				5:23.21	386
	50m:	33.38 33.38	150m:	1:54.59 41.53	250m:	3:21.22 46.03	350m:	4:46.38 38.28	
	100m:	1:13.06 39.68	200m:	2:35.19 40.60	300m:	4:08.10 46.88	400m:	5:23.21 36.83	
20.	Drajewicz Jakub SR		02	MKS-SMS Victoria Racibórz				5:23.61	385
	50m:	32.85 32.85	150m:	1:54.72 45.00	250m:	3:23.61 43.60	350m:	4:46.64 39.21	
	100m:	1:09.72 36.87	200m:	2:40.01 45.29	300m:	4:07.43 43.82	400m:	5:23.61 36.97	
21.	Prokopczyk Maksymilian		03	Zryw Opole				5:36.26	343
	50m:	36.14 36.14	150m:	2:01.34 40.64	250m:	3:33.34 51.29	350m:	4:59.40 37.02	
	100m:	1:20.70 44.56	200m:	2:42.05 40.71	300m:	4:22.38 49.04	400m:	5:36.26 36.86	
DYSKW.	Muc Filip SO		01	UKP Unia Owićcim				4:51.14	
	<i>G6 - Nieci gła akcja nawrotu (np. niewykonanie nawrotu natychmiast po zakończeniu pociągania ramieniem lub obydwojną ramionami jednocześnie) (Czas: 12:18)</i>								
	50m:	31.24 31.24	150m:	1:44.10 37.51	250m:	3:02.92 41.73	350m:	4:18.73 33.80	
	100m:	1:06.59 35.35	200m:	2:21.19 37.09	300m:	3:44.93 42.01	400m:	4:51.14 32.41	