

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 8. - 9.12.2017

Konkurencja 21  
08.12.2017 - 15:56

Kobiet, 400m dowolny

Open  
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.			
<b>14 lat</b>												
1.	Pogo Milena		03	CSiR MOS D browa Górnicza				<b>4:33.59</b>	629			
	50m:	32.83	32.83	150m:	1:43.06	35.04	250m:	2:52.70	34.74	350m:	4:01.24	33.94
	100m:	1:08.02	35.19	200m:	2:17.96	34.90	300m:	3:27.30	34.60	400m:	4:33.59	32.35
2.	Wygnał Maja SR		03	MKS-SMS Victoria Racibórz				<b>4:33.62</b>	629			
	50m:	32.71	32.71	150m:	1:42.55	35.01	250m:	2:52.00	34.86	350m:	4:01.05	34.40
	100m:	1:07.54	34.83	200m:	2:17.14	34.59	300m:	3:26.65	34.65	400m:	4:33.62	32.57
3.	Famulok Zuzanna		03	UKS Aquatica Pawłowice				<b>4:35.21</b>	618			
	50m:	31.41	31.41	150m:	1:42.35	35.56	250m:	2:52.76	34.99	350m:	4:02.52	34.62
	100m:	1:06.79	35.38	200m:	2:17.77	35.42	300m:	3:27.90	35.14	400m:	4:35.21	32.69
4.	Cioch-Gradzik Wiktoria		03	MKS Pałac Katowice				<b>4:36.78</b>	608			
	50m:	32.08	32.08	150m:	1:41.33	35.13	250m:	2:51.95	35.47	350m:	4:02.34	35.09
	100m:	1:06.20	34.12	200m:	2:16.48	35.15	300m:	3:27.25	35.30	400m:	4:36.78	34.44
5.	Fuks Aleksandra		03	MUKS Gilus Gilowice				<b>4:43.52</b>	565			
	50m:	32.80	32.80	150m:	1:44.73	36.13	250m:	2:56.17	35.59	350m:	4:07.91	35.94
	100m:	1:08.60	35.80	200m:	2:20.58	35.85	300m:	3:31.97	35.80	400m:	4:43.52	35.61
6.	Krusi ska Wiktoria		03	MKS Park Wodny Tarnowskie Góry				<b>4:48.40</b>	537			
	50m:	33.61	33.61	150m:	1:46.62	36.67	250m:	2:59.89	36.60	350m:	4:13.53	37.40
	100m:	1:09.95	36.34	200m:	2:23.29	36.67	300m:	3:36.13	36.24	400m:	4:48.40	34.87
7.	Chyra Julia		03	UKS WODNIK Siemianowice laski				<b>4:50.32</b>	527			
	50m:	32.08	32.08	150m:	1:45.47	36.63	250m:	3:00.20	37.42	350m:	4:14.87	37.30
	100m:	1:08.84	36.76	200m:	2:22.78	37.31	300m:	3:37.57	37.37	400m:	4:50.32	35.45
8.	Salamon Zuzanna		03	UKS Aquatica Pawłowice				<b>4:58.74</b>	483			
	50m:	33.42	33.42	150m:	1:48.11	37.80	250m:	3:04.83	38.30	350m:	4:22.19	38.84
	100m:	1:10.31	36.89	200m:	2:26.53	38.42	300m:	3:43.35	38.52	400m:	4:58.74	36.55
9.	Niewiadomska Nikola		03	UKS MANTA Kochłowice Ruda l s				<b>5:02.65</b>	465			
	50m:	32.91	32.91	150m:	1:48.98	38.43	250m:	3:06.53	38.55	350m:	4:24.99	38.93
	100m:	1:10.55	37.64	200m:	2:27.98	39.00	300m:	3:46.06	39.53	400m:	5:02.65	37.66
10.	elazko Emilia		03	MKS MOS Katowice				<b>5:04.22</b>	458			
	50m:	35.05	35.05	150m:	1:52.33	38.86	250m:	3:10.26	38.94	350m:	4:27.48	38.43
	100m:	1:13.47	38.42	200m:	2:31.32	38.99	300m:	3:49.05	38.79	400m:	5:04.22	36.74
11.	Bialik Karolina SR		03	MKS-SMS Victoria Racibórz				<b>5:17.70</b>	402			
	50m:	36.12	36.12	150m:	1:55.98	40.32	250m:	3:17.45	40.66	350m:	4:39.69	41.24
	100m:	1:15.66	39.54	200m:	2:36.79	40.81	300m:	3:58.45	41.00	400m:	5:17.70	38.01
12.	Wojciechowska Alicja		03	KS Pi tka Chorzów				<b>5:48.56</b>	304			
	50m:	38.45	38.45	150m:	2:06.36	45.09	250m:	3:36.36	45.03	350m:	5:07.15	45.57
	100m:	1:21.27	42.82	200m:	2:51.33	44.97	300m:	4:21.58	45.22	400m:	5:48.56	41.41
<b>15 lat</b>												
1.	Zarembik Katarzyna SR		02	MKS-SMS Victoria Racibórz				<b>4:33.09</b>	633			
	50m:	31.58	31.58	150m:	1:41.37	34.89	250m:	2:51.20	34.96	350m:	4:00.88	34.66
	100m:	1:06.48	34.90	200m:	2:16.24	34.87	300m:	3:26.22	35.02	400m:	4:33.09	32.21
2.	Fuks Emilia		02	UKS WODNIK Siemianowice laski				<b>4:40.91</b>	581			
	50m:	32.97	32.97	150m:	1:43.44	35.19	250m:	2:55.08	35.83	350m:	4:06.49	35.68
	100m:	1:08.25	35.28	200m:	2:19.25	35.81	300m:	3:30.81	35.73	400m:	4:40.91	34.42
3.	Niemczyk Wiktoria		02	MOSM Tychy				<b>4:44.90</b>	557			
	50m:	32.59	32.59	150m:	1:44.58	36.19	250m:	2:57.23	36.22	350m:	4:09.88	36.13
	100m:	1:08.39	35.80	200m:	2:21.01	36.43	300m:	3:33.75	36.52	400m:	4:44.90	35.02
4.	Noco Dominika		02	UKS MANTA Kochłowice Ruda l s				<b>4:46.04</b>	551			
	50m:	33.00	33.00	150m:	1:44.24	35.56	250m:	2:56.02	35.97	350m:	4:09.26	36.87
	100m:	1:08.68	35.68	200m:	2:20.05	35.81	300m:	3:32.39	36.37	400m:	4:46.04	36.78

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 8. - 9.12.2017

Konkurencja 21, Dziewcz t, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.			
5.	Modrzejewska Magdalena SR		02	MKS-SMS Victoria Racibórz				<b>4:46.86</b>	546			
	50m:	33.63	33.63	150m:	1:46.02	36.32	250m:	2:58.28	36.37	350m:	4:11.17	36.59
	100m:	1:09.70	36.07	200m:	2:21.91	35.89	300m:	3:34.58	36.30	400m:	4:46.86	35.69
6.	Szkoda Klaudia		02	CSiR MOS D browa Górnicza				<b>4:49.21</b>	533			
	50m:	33.35	33.35	150m:	1:46.30	36.52	250m:	2:59.96	36.77	350m:	4:13.39	36.86
	100m:	1:09.78	36.43	200m:	2:23.19	36.89	300m:	3:36.53	36.57	400m:	4:49.21	35.82
7.	Pluta Emilia		02	UKS Aligator Gorzyce				<b>5:09.96</b>	433			
	50m:	35.68	35.68	150m:	1:53.86	39.47	250m:	3:12.78	39.30	350m:	4:31.38	39.02
	100m:	1:14.39	38.71	200m:	2:33.48	39.62	300m:	3:52.36	39.58	400m:	5:09.96	38.58
8.	Szołtysek Karolina		02	SiKReT Gliwice				<b>5:19.36</b>	396			
	50m:	34.05	34.05	150m:	1:54.55	40.94	250m:	3:17.85	41.91	350m:	4:40.12	40.53
	100m:	1:13.61	39.56	200m:	2:35.94	41.39	300m:	3:59.59	41.74	400m:	5:19.36	39.24
9.	Nowak Jagoda		02	MKS MOS Katowice				<b>5:21.64</b>	387			
	50m:	37.16	37.16	150m:	1:59.56	41.25	250m:	3:21.47	40.96	350m:	4:42.82	39.93
	100m:	1:18.31	41.15	200m:	2:40.51	40.95	300m:	4:02.89	41.42	400m:	5:21.64	38.82
10.	Przewońnik Hanna		02	UKS MANTA Kochłowice Ruda l s				<b>5:49.98</b>	300			
	50m:	39.47	39.47	150m:	2:06.86	44.45	250m:	3:36.92	45.07	350m:	5:08.34	45.94
	100m:	1:22.41	42.94	200m:	2:51.85	44.99	300m:	4:22.40	45.48	400m:	5:49.98	41.64

16 - 18 lat

1.	Zaborowicz Julia		01	KS Górnik Sosnowiec				<b>4:24.56</b>	696			
	50m:	30.84	30.84	150m:	1:37.63	33.71	250m:	2:44.86	33.08	350m:	3:52.12	33.33
	100m:	1:03.92	33.08	200m:	2:11.78	34.15	300m:	3:18.79	33.93	400m:	4:24.56	32.44
2.	Zawadzka Anna		00	MKP Wodnik 29 Tychy				<b>4:28.00</b>	670			
	50m:	32.01	32.01	150m:	1:39.09	33.63	250m:	2:47.08	33.94	350m:	3:55.49	34.05
	100m:	1:05.46	33.45	200m:	2:13.14	34.05	300m:	3:21.44	34.36	400m:	4:28.00	32.51
3.	l ycka Marta SR		00	UKS WODNIK Siemianowice laski				<b>4:32.83</b>	635			
	50m:	32.61	32.61	150m:	1:41.96	34.74	250m:	2:51.29	34.47	350m:	3:59.99	34.18
	100m:	1:07.22	34.61	200m:	2:16.82	34.86	300m:	3:25.81	34.52	400m:	4:32.83	32.84
4.	Kosińska Dominika SO		01	AZS AWF Katowice				<b>4:32.99</b>	634			
	50m:	32.51	32.51	150m:	1:42.64	35.09	250m:	2:52.51	34.77	350m:	4:01.12	34.14
	100m:	1:07.55	35.04	200m:	2:17.74	35.10	300m:	3:26.98	34.47	400m:	4:32.99	31.87
5.	Małdok Klaudia		01	Nowy KP Bielsko-Biała				<b>4:42.23</b>	573			
	50m:	32.80	32.80	150m:	1:44.08	35.54	250m:	2:55.54	35.71	350m:	4:07.36	36.00
	100m:	1:08.54	35.74	200m:	2:19.83	35.75	300m:	3:31.36	35.82	400m:	4:42.23	34.87
6.	Gazda Zuzanna		01	CSiR MOS D browa Górnicza				<b>4:48.67</b>	536			
	50m:	33.23	33.23	150m:	1:46.19	36.84	250m:	3:00.05	36.99	350m:	4:13.47	36.72
	100m:	1:09.35	36.12	200m:	2:23.06	36.87	300m:	3:36.75	36.70	400m:	4:48.67	35.20
7.	Kustra Julita		00	SiKReT Gliwice				<b>4:49.20</b>	533			
	50m:	32.68	32.68	150m:	1:45.86	37.08	250m:	3:00.13	36.99	350m:	4:13.71	36.77
	100m:	1:08.78	36.10	200m:	2:23.14	37.28	300m:	3:36.94	36.81	400m:	4:49.20	35.49
8.	Grychoł Weronika		01	MKP Wodnik 29 Tychy				<b>4:49.58</b>	531			
	50m:	33.04	33.04	150m:	1:45.81	36.65	250m:	2:59.66	37.05	350m:	4:13.69	37.06
	100m:	1:09.16	36.12	200m:	2:22.61	36.80	300m:	3:36.63	36.97	400m:	4:49.58	35.89
9.	Adamczyk Agata		99	UKS Aligator Gorzyce				<b>4:55.27</b>	501			
	50m:	33.46	33.46	150m:	1:47.03	37.33	250m:	3:02.64	37.66	350m:	4:18.66	37.94
	100m:	1:09.70	36.24	200m:	2:24.98	37.95	300m:	3:40.72	38.08	400m:	4:55.27	36.61
10.	Adamczyk Daria		01	UKS Huragan Sosnowiec				<b>5:14.70</b>	413			
	50m:	34.65	34.65	150m:	1:54.01	40.22	250m:	3:14.98	40.48	350m:	4:35.55	40.24
	100m:	1:13.79	39.14	200m:	2:34.50	40.49	300m:	3:55.31	40.33	400m:	5:14.70	39.15
11.	Warzecha Oliwia		99	AZS AWF Katowice				<b>5:41.18</b>	324			
	50m:	40.28	40.28	150m:	2:04.26	42.01	250m:	3:30.62	43.22	350m:	4:59.06	44.35
	100m:	1:22.25	41.97	200m:	2:47.40	43.14	300m:	4:14.71	44.09	400m:	5:41.18	42.12

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 8. - 9.12.2017

Konkurencja 21, Kobiet, 400m dowolny, 16 - 18 lat

Pozycja	Rok ur.								Czas	Pkt.
12.	Piotrowska Nicole		99	AZS AWF Katowice				<b>6:17.04</b>	240	
	50m:	41.36 41.36	150m:	2:16.19 48.11	250m:	3:52.38 48.23	350m:	5:29.45 48.54		
	100m:	1:28.08 46.72	200m:	3:04.15 47.96	300m:	4:40.91 48.53	400m:	6:17.04 47.59		
Open										
1.	Zaborowicz Julia		01	KS Górnik Sosnowiec				<b>4:24.56</b>	696	
	50m:	30.84 30.84	150m:	1:37.63 33.71	250m:	2:44.86 33.08	350m:	3:52.12 33.33		
	100m:	1:03.92 33.08	200m:	2:11.78 34.15	300m:	3:18.79 33.93	400m:	4:24.56 32.44		
2.	Zawadzka Anna		00	MKP Wodnik 29 Tychy				<b>4:28.00</b>	670	
	50m:	32.01 32.01	150m:	1:39.09 33.63	250m:	2:47.08 33.94	350m:	3:55.49 34.05		
	100m:	1:05.46 33.45	200m:	2:13.14 34.05	300m:	3:21.44 34.36	400m:	4:28.00 32.51		
3.	I ycka Marta SR		00	UKS WODNIK Siemianowice laski				<b>4:32.83</b>	635	
	50m:	32.61 32.61	150m:	1:41.96 34.74	250m:	2:51.29 34.47	350m:	3:59.99 34.18		
	100m:	1:07.22 34.61	200m:	2:16.82 34.86	300m:	3:25.81 34.52	400m:	4:32.83 32.84		
4.	Kosi ska Dominika SO		01	AZS AWF Katowice				<b>4:32.99</b>	634	
	50m:	32.51 32.51	150m:	1:42.64 35.09	250m:	2:52.51 34.77	350m:	4:01.12 34.14		
	100m:	1:07.55 35.04	200m:	2:17.74 35.10	300m:	3:26.98 34.47	400m:	4:32.99 31.87		
5.	Zarembik Katarzyna SR		02	MKS-SMS Victoria Racibórz				<b>4:33.09</b>	633	
	50m:	31.58 31.58	150m:	1:41.37 34.89	250m:	2:51.20 34.96	350m:	4:00.88 34.66		
	100m:	1:06.48 34.90	200m:	2:16.24 34.87	300m:	3:26.22 35.02	400m:	4:33.09 32.21		
6.	Pogo Milena		03	CSiR MOS D browa Górnicza				<b>4:33.59</b>	629	
	50m:	32.83 32.83	150m:	1:43.06 35.04	250m:	2:52.70 34.74	350m:	4:01.24 33.94		
	100m:	1:08.02 35.19	200m:	2:17.96 34.90	300m:	3:27.30 34.60	400m:	4:33.59 32.35		
7.	Wygnał Maja SR		03	MKS-SMS Victoria Racibórz				<b>4:33.62</b>	629	
	50m:	32.71 32.71	150m:	1:42.55 35.01	250m:	2:52.00 34.86	350m:	4:01.05 34.40		
	100m:	1:07.54 34.83	200m:	2:17.14 34.59	300m:	3:26.65 34.65	400m:	4:33.62 32.57		
8.	Famulok Zuzanna		03	UKS Aquatica Pawłowice				<b>4:35.21</b>	618	
	50m:	31.41 31.41	150m:	1:42.35 35.56	250m:	2:52.76 34.99	350m:	4:02.52 34.62		
	100m:	1:06.79 35.38	200m:	2:17.77 35.42	300m:	3:27.90 35.14	400m:	4:35.21 32.69		
9.	Bocian Roksana		04	LKS Jedno 32 Przyszowice				<b>4:35.40</b>	617	
	50m:	32.07 32.07	150m:	1:42.49 35.35	250m:	2:53.40 35.59	350m:	4:03.29 34.91		
	100m:	1:07.14 35.07	200m:	2:17.81 35.32	300m:	3:28.38 34.98	400m:	4:35.40 32.11		
10.	Cioch-Gradzik Wiktoria		03	MKS Pałac Katowice				<b>4:36.78</b>	608	
	50m:	32.08 32.08	150m:	1:41.33 35.13	250m:	2:51.95 35.47	350m:	4:02.34 35.09		
	100m:	1:06.20 34.12	200m:	2:16.48 35.15	300m:	3:27.25 35.30	400m:	4:36.78 34.44		
11.	Fuks Emilia		02	UKS WODNIK Siemianowice laski				<b>4:40.91</b>	581	
	50m:	32.97 32.97	150m:	1:43.44 35.19	250m:	2:55.08 35.83	350m:	4:06.49 35.68		
	100m:	1:08.25 35.28	200m:	2:19.25 35.81	300m:	3:30.81 35.73	400m:	4:40.91 34.42		
12.	Ma dok Klaudia		01	Nowy KP Bielsko-Biała				<b>4:42.23</b>	573	
	50m:	32.80 32.80	150m:	1:44.08 35.54	250m:	2:55.54 35.71	350m:	4:07.36 36.00		
	100m:	1:08.54 35.74	200m:	2:19.83 35.75	300m:	3:31.36 35.82	400m:	4:42.23 34.87		
13.	Fuks Aleksandra		03	MUKS Gilus Gilowice				<b>4:43.52</b>	565	
	50m:	32.80 32.80	150m:	1:44.73 36.13	250m:	2:56.17 35.59	350m:	4:07.91 35.94		
	100m:	1:08.60 35.80	200m:	2:20.58 35.85	300m:	3:31.97 35.80	400m:	4:43.52 35.61		
14.	Niemczyk Wiktoria		02	MOSM Tychy				<b>4:44.90</b>	557	
	50m:	32.59 32.59	150m:	1:44.58 36.19	250m:	2:57.23 36.22	350m:	4:09.88 36.13		
	100m:	1:08.39 35.80	200m:	2:21.01 36.43	300m:	3:33.75 36.52	400m:	4:44.90 35.02		
15.	Noco Dominika		02	UKS MANTA Kochłowice Ruda l s				<b>4:46.04</b>	551	
	50m:	33.00 33.00	150m:	1:44.24 35.56	250m:	2:56.02 35.97	350m:	4:09.26 36.87		
	100m:	1:08.68 35.68	200m:	2:20.05 35.81	300m:	3:32.39 36.37	400m:	4:46.04 36.78		
16.	Modrzejewska Magdalena SR		02	MKS-SMS Victoria Racibórz				<b>4:46.86</b>	546	
	50m:	33.63 33.63	150m:	1:46.02 36.32	250m:	2:58.28 36.37	350m:	4:11.17 36.59		
	100m:	1:09.70 36.07	200m:	2:21.91 35.89	300m:	3:34.58 36.30	400m:	4:46.86 35.69		

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 8. - 9.12.2017

Konkurencja 21, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.			
17.	Krusi ska	Wiktorija	03	MKS Park Wodny Tarnowskie Góry				<b>4:48.40</b>	537			
	50m:	33.61	33.61	150m:	1:46.62	36.67	250m:	2:59.89	36.60	350m:	4:13.53	37.40
	100m:	1:09.95	36.34	200m:	2:23.29	36.67	300m:	3:36.13	36.24	400m:	4:48.40	34.87
18.	Gazda	Zuzanna	01	CSiR MOS D browa Górnicza				<b>4:48.67</b>	536			
	50m:	33.23	33.23	150m:	1:46.19	36.84	250m:	3:00.05	36.99	350m:	4:13.47	36.72
	100m:	1:09.35	36.12	200m:	2:23.06	36.87	300m:	3:36.75	36.70	400m:	4:48.67	35.20
19.	Kustra	Julita	00	SiKReT Gliwice				<b>4:49.20</b>	533			
	50m:	32.68	32.68	150m:	1:45.86	37.08	250m:	3:00.13	36.99	350m:	4:13.71	36.77
	100m:	1:08.78	36.10	200m:	2:23.14	37.28	300m:	3:36.94	36.81	400m:	4:49.20	35.49
20.	Szkoda	Klaudia	02	CSiR MOS D browa Górnicza				<b>4:49.21</b>	533			
	50m:	33.35	33.35	150m:	1:46.30	36.52	250m:	2:59.96	36.77	350m:	4:13.39	36.86
	100m:	1:09.78	36.43	200m:	2:23.19	36.89	300m:	3:36.53	36.57	400m:	4:49.21	35.82
21.	Grychtol	Weronika	01	MKP Wodnik 29 Tychy				<b>4:49.58</b>	531			
	50m:	33.04	33.04	150m:	1:45.81	36.65	250m:	2:59.66	37.05	350m:	4:13.69	37.06
	100m:	1:09.16	36.12	200m:	2:22.61	36.80	300m:	3:36.63	36.97	400m:	4:49.58	35.89
22.	Wróbel	Zofia SO	03	UKP Unia O wi cim				<b>4:49.85</b>	529			
	50m:	32.49	32.49	150m:	1:46.13	37.06	250m:	3:00.58	37.25	350m:	4:14.97	36.90
	100m:	1:09.07	36.58	200m:	2:23.33	37.20	300m:	3:38.07	37.49	400m:	4:49.85	34.88
23.	Chyra	Julia	03	UKS WODNIK Siemianowice laski				<b>4:50.32</b>	527			
	50m:	32.08	32.08	150m:	1:45.47	36.63	250m:	3:00.20	37.42	350m:	4:14.87	37.30
	100m:	1:08.84	36.76	200m:	2:22.78	37.31	300m:	3:37.57	37.37	400m:	4:50.32	35.45
24.	Adamczyk	Agata	99	UKS Aligator Gorzyce				<b>4:55.27</b>	501			
	50m:	33.46	33.46	150m:	1:47.03	37.33	250m:	3:02.64	37.66	350m:	4:18.66	37.94
	100m:	1:09.70	36.24	200m:	2:24.98	37.95	300m:	3:40.72	38.08	400m:	4:55.27	36.61
25.	Salamon	Zuzanna	03	UKS Aquatica Pawłowice				<b>4:58.74</b>	483			
	50m:	33.42	33.42	150m:	1:48.11	37.80	250m:	3:04.83	38.30	350m:	4:22.19	38.84
	100m:	1:10.31	36.89	200m:	2:26.53	38.42	300m:	3:43.35	38.52	400m:	4:58.74	36.55
26.	Kosacka	Iga	03	Zryw Opole				<b>4:59.90</b>	478			
	50m:	33.75	33.75	150m:	1:49.27	37.97	250m:	3:06.02	38.56	350m:	4:23.51	38.66
	100m:	1:11.30	37.55	200m:	2:27.46	38.19	300m:	3:44.85	38.83	400m:	4:59.90	36.39
27.	Niewiadomska	Nikola	03	UKS MANTA Kochłowice Ruda l s				<b>5:02.65</b>	465			
	50m:	32.91	32.91	150m:	1:48.98	38.43	250m:	3:06.53	38.55	350m:	4:24.99	38.93
	100m:	1:10.55	37.64	200m:	2:27.98	39.00	300m:	3:46.06	39.53	400m:	5:02.65	37.66
28.	elazko	Emilia	03	MKS MOS Katowice				<b>5:04.22</b>	458			
	50m:	35.05	35.05	150m:	1:52.33	38.86	250m:	3:10.26	38.94	350m:	4:27.48	38.43
	100m:	1:13.47	38.42	200m:	2:31.32	38.99	300m:	3:49.05	38.79	400m:	5:04.22	36.74
29.	Jagieniak	Izabela	03	Zryw Opole				<b>5:08.76</b>	438			
	50m:	35.68	35.68	150m:	1:53.67	39.70	250m:	3:13.02	39.51	350m:	4:31.75	39.01
	100m:	1:13.97	38.29	200m:	2:33.51	39.84	300m:	3:52.74	39.72	400m:	5:08.76	37.01
30.	Pluta	Emilia	02	UKS Aligator Gorzyce				<b>5:09.96</b>	433			
	50m:	35.68	35.68	150m:	1:53.86	39.47	250m:	3:12.78	39.30	350m:	4:31.38	39.02
	100m:	1:14.39	38.71	200m:	2:33.48	39.62	300m:	3:52.36	39.58	400m:	5:09.96	38.58
31.	Adamczyk	Daria	01	UKS Huragan Sosnowiec				<b>5:14.70</b>	413			
	50m:	34.65	34.65	150m:	1:54.01	40.22	250m:	3:14.98	40.48	350m:	4:35.55	40.24
	100m:	1:13.79	39.14	200m:	2:34.50	40.49	300m:	3:55.31	40.33	400m:	5:14.70	39.15
32.	Bialik	Karolina SR	03	MKS-SMS Victoria Racibórz				<b>5:17.70</b>	402			
	50m:	36.12	36.12	150m:	1:55.98	40.32	250m:	3:17.45	40.66	350m:	4:39.69	41.24
	100m:	1:15.66	39.54	200m:	2:36.79	40.81	300m:	3:58.45	41.00	400m:	5:17.70	38.01
33.	Szołtysek	Karolina	02	SiKReT Gliwice				<b>5:19.36</b>	396			
	50m:	34.05	34.05	150m:	1:54.55	40.94	250m:	3:17.85	41.91	350m:	4:40.12	40.53
	100m:	1:13.61	39.56	200m:	2:35.94	41.39	300m:	3:59.59	41.74	400m:	5:19.36	39.24
34.	Nowak	Jagoda	02	MKS MOS Katowice				<b>5:21.64</b>	387			
	50m:	37.16	37.16	150m:	1:59.56	41.25	250m:	3:21.47	40.96	350m:	4:42.82	39.93
	100m:	1:18.31	41.15	200m:	2:40.51	40.95	300m:	4:02.89	41.42	400m:	5:21.64	38.82

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 8. - 9.12.2017

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Konkurencja 21, Kobiety, 400m dowolny, Open

Pozycja				Rok ur.					Czas	Pkt.		
35.	Warzecha Oliwia			99	AZS AWF Katowice				<b>5:41.18</b>	324		
	50m:	40.28	40.28	150m:	2:04.26	42.01	250m:	3:30.62	43.22	350m:	4:59.06	44.35
	100m:	1:22.25	41.97	200m:	2:47.40	43.14	300m:	4:14.71	44.09	400m:	5:41.18	42.12
36.	Wojciechowska Alicja			03	KS Piłkarska Chorzów				<b>5:48.56</b>	304		
	50m:	38.45	38.45	150m:	2:06.36	45.09	250m:	3:36.36	45.03	350m:	5:07.15	45.57
	100m:	1:21.27	42.82	200m:	2:51.33	44.97	300m:	4:21.58	45.22	400m:	5:48.56	41.41
37.	Przewoźnik Hanna			02	UKS MANTA Kochłowice Ruda Śląska				<b>5:49.98</b>	300		
	50m:	39.47	39.47	150m:	2:06.86	44.45	250m:	3:36.92	45.07	350m:	5:08.34	45.94
	100m:	1:22.41	42.94	200m:	2:51.85	44.99	300m:	4:22.40	45.48	400m:	5:49.98	41.64
38.	Piotrowska Nicole			99	AZS AWF Katowice				<b>6:17.04</b>	240		
	50m:	41.36	41.36	150m:	2:16.19	48.11	250m:	3:52.38	48.23	350m:	5:29.45	48.54
	100m:	1:28.08	46.72	200m:	3:04.15	47.96	300m:	4:40.91	48.53	400m:	6:17.04	47.59