

Arena Grand Prix Puchar Polski
Opole, 28. - 29.4.2018

Event 12
28.04.2018 - 10:28

Men, 400m Freestyle

Open
Results

RP Open	3:45.71	STANCZYK Przemyslaw	Chiba (JPN)	21.08.2007
RP 19 - 23	3:45.71	STANCZYK Przemyslaw	Chiba (JPN)	21.08.2007
RP 18	3:49.21	WOJDAK Wojciech	Dordrecht (NED)	09.07.2014
RP 17	3:51.80	WOJDAK Wojciech	Poznan	10.07.2013
RP 16	3:56.47	KAŁU Y SKI Antoni	Hodmezovasarhely (HUN)	12.12.2015
RP 15	4:01.28	WOJDAK Wojciech	Oswiecim	16.07.2011
RP 14	4:07.63	ORLICZ Filip	Olsztyn	09.07.2016

Points: FINA 2017

Rank			YB					Time	Pts
provisional results									
15 years									
	ZIELINSKI Konrad		03	UKS 190 Lodz				4:12.95	658
	50m:	29.04 29.04	150m:	1:32.59 31.88	250m:	2:37.01 32.15	350m:	3:41.62 31.93	
	100m:	1:00.71 31.67	200m:	2:04.86 32.27	300m:	3:09.69 32.68	400m:	4:12.95 31.33	

16 years									
	BRUZDEWICZ Hubert		02	MTP Kormoran Olsztyn				4:09.03	690
	50m:	28.90 28.90	150m:	1:32.54 32.09	250m:	2:36.50 31.71	350m:	3:39.03 30.72	
	100m:	1:00.45 31.55	200m:	2:04.79 32.25	300m:	3:08.31 31.81	400m:	4:09.03 30.00	

17 - 18 years									
	KAROLCZAK Jan		01	UKS G-8 Bielany Warszawa				3:59.72	773
	50m:	27.59 27.59	150m:	1:27.10 29.78	250m:	2:27.38 30.12	350m:	3:28.94 31.15	
	100m:	57.32 29.73	200m:	1:57.26 30.16	300m:	2:57.79 30.41	400m:	3:59.72 30.78	
	JAWORSKI Szymon		01	WKS Slask Wroclaw				4:02.92	743
	50m:	27.69 27.69	150m:	1:29.10 30.90	250m:	2:31.17 31.06	350m:	3:33.23 30.86	
	100m:	58.20 30.51	200m:	2:00.11 31.01	300m:	3:02.37 31.20	400m:	4:02.92 29.69	
	PAJAK Bartosz		01	BUKS Warszawa				4:03.14	741
	50m:	28.07 28.07	150m:	1:28.74 30.49	250m:	2:31.15 31.48	350m:	3:33.54 31.16	
	100m:	58.25 30.18	200m:	1:59.67 30.93	300m:	3:02.38 31.23	400m:	4:03.14 29.60	
	KISZCZAK Jakub		00	WKS Slask Wroclaw				4:06.53	711
	50m:	28.35 28.35	150m:	1:30.69 31.20	250m:	2:32.72 31.02	350m:	3:35.48 31.47	
	100m:	59.49 31.14	200m:	2:01.70 31.01	300m:	3:04.01 31.29	400m:	4:06.53 31.05	
	KIELCZEWSKI Amadeusz		00	MKP Szczecin				4:06.78	709
	50m:	27.83 27.83	150m:	1:29.31 31.13	250m:	2:33.57 32.35	350m:	3:38.25 32.12	
	100m:	58.18 30.35	200m:	2:01.22 31.91	300m:	3:06.13 32.56	400m:	4:06.78 28.53	
	DUTKOWIAK Wojciech		00	WKS Slask Wroclaw				4:07.41	703
	50m:	28.09 28.09	150m:	1:30.13 31.13	250m:	2:33.41 31.72	350m:	3:37.03 31.66	
	100m:	59.00 30.91	200m:	2:01.69 31.56	300m:	3:05.37 31.96	400m:	4:07.41 30.38	
	DOMINIAK Kacper		00	WKS Slask Wroclaw				4:10.28	679
	50m:	28.64 28.64	150m:	1:31.54 31.72	250m:	2:35.33 31.94	350m:	3:39.13 31.61	
	100m:	59.82 31.18	200m:	2:03.39 31.85	300m:	3:07.52 32.19	400m:	4:10.28 31.15	
	PAWLACZYK Patryk		00	UKS 190 Lodz				4:12.14	664
	50m:	28.60 28.60	150m:	1:32.14 31.84	250m:	2:36.50 31.94	350m:	3:41.49 32.29	
	100m:	1:00.30 31.70	200m:	2:04.56 32.42	300m:	3:09.20 32.70	400m:	4:12.14 30.65	
	GIRUL Radoslaw		01	WKS Slask Wroclaw				4:12.79	659
	50m:	28.39 28.39	150m:	1:31.82 31.83	250m:	2:36.70 32.70	350m:	3:41.94 32.41	
	100m:	59.99 31.60	200m:	2:04.00 32.18	300m:	3:09.53 32.83	400m:	4:12.79 30.85	
	BUTKIEWICZ Cezary		00	UKS G-8 Bielany Warszawa				4:13.19	656
	50m:	27.86 27.86	150m:	1:31.70 31.84	250m:	2:36.09 31.58	350m:	3:41.68 32.76	
	100m:	59.86 32.00	200m:	2:04.51 32.81	300m:	3:08.92 32.83	400m:	4:13.19 31.51	
	HANO Grzegorz		00	WKS Slask Wroclaw				4:13.48	654
	50m:	29.14 29.14	150m:	1:33.03 32.17	250m:	2:38.46 32.71	350m:	3:43.39 31.90	
	100m:	1:00.86 31.72	200m:	2:05.75 32.72	300m:	3:11.49 33.03	400m:	4:13.48 30.09	

Arena Grand Prix Puchar Polski
Opole, 28. - 29.4.2018

Event 12, Boys, 400m Freestyle, 17 - 18 years

Rank					YB					Time	Pts	
	JOZKOW Cezary				01	WKS Slask Wroclaw				4:15.49	639	
	50m:	29.51	29.51	150m:	1:33.93	32.33	250m:	2:39.14	32.54	350m:	3:44.52	32.40
	100m:	1:01.60	32.09	200m:	2:06.60	32.67	300m:	3:12.12	32.98	400m:	4:15.49	30.97
provisional results												
Open	MAJCHRZAK Kacper				92	KS Warta Poznan				3:56.70	803	
	50m:	27.52	27.52	150m:	1:28.09	30.77	250m:	2:28.70	30.36	350m:	3:28.45	29.51
	100m:	57.32	29.80	200m:	1:58.34	30.25	300m:	2:58.94	30.24	400m:	3:56.70	28.25
	ZABOROWSKI Filip				94	MKP Szczecin				3:56.79	802	
	50m:	27.94	27.94	150m:	1:27.89	30.05	250m:	2:28.13	30.14	350m:	3:28.17	29.91
	100m:	57.84	29.90	200m:	1:57.99	30.10	300m:	2:58.26	30.13	400m:	3:56.79	28.62
	WOJDAK Wojciech				96	BOSiR Brzesko				3:57.35	797	
	50m:	27.99	27.99	150m:	1:28.09	30.00	250m:	2:28.19	30.04	350m:	3:28.03	29.88
	100m:	58.09	30.10	200m:	1:58.15	30.06	300m:	2:58.15	29.96	400m:	3:57.35	29.32
	KRAWCZYK Pawel				99	BUKS Warszawa				3:59.45	776	
	50m:	27.84	27.84	150m:	1:28.20	30.20	250m:	2:28.91	30.30	350m:	3:29.85	30.40
	100m:	58.00	30.16	200m:	1:58.61	30.41	300m:	2:59.45	30.54	400m:	3:59.45	29.60
	KAROLCZAK Jan				01	UKS G-8 Bielany Warszawa				3:59.72	773	
	50m:	27.59	27.59	150m:	1:27.10	29.78	250m:	2:27.38	30.12	350m:	3:28.94	31.15
	100m:	57.32	29.73	200m:	1:57.26	30.16	300m:	2:57.79	30.41	400m:	3:59.72	30.78
	ARNDT Mateusz				98	KS Delfin Gdynia				4:02.67	745	
	50m:	28.58	28.58	150m:	1:30.94	31.15	250m:	2:31.93	30.10	350m:	3:32.97	30.51
	100m:	59.79	31.21	200m:	2:01.83	30.89	300m:	3:02.46	30.53	400m:	4:02.67	29.70
	DUBIEL Adam				93	AZS AWF Warszawa				4:02.91	743	
	50m:	28.01	28.01	150m:	1:29.05	30.56	250m:	2:30.57	30.80	350m:	3:32.73	31.36
	100m:	58.49	30.48	200m:	1:59.77	30.72	300m:	3:01.37	30.80	400m:	4:02.91	30.18
	JAWORSKI Szymon				01	WKS Slask Wroclaw				4:02.92	743	
	50m:	27.69	27.69	150m:	1:29.10	30.90	250m:	2:31.17	31.06	350m:	3:33.23	30.86
	100m:	58.20	30.51	200m:	2:00.11	31.01	300m:	3:02.37	31.20	400m:	4:02.92	29.69
	PAJAK Bartosz				01	BUKS Warszawa				4:03.14	741	
	50m:	28.07	28.07	150m:	1:28.74	30.49	250m:	2:31.15	31.48	350m:	3:33.54	31.16
	100m:	58.25	30.18	200m:	1:59.67	30.93	300m:	3:02.38	31.23	400m:	4:03.14	29.60
	KISZCZAK Jakub				00	WKS Slask Wroclaw				4:06.53	711	
	50m:	28.35	28.35	150m:	1:30.69	31.20	250m:	2:32.72	31.02	350m:	3:35.48	31.47
	100m:	59.49	31.14	200m:	2:01.70	31.01	300m:	3:04.01	31.29	400m:	4:06.53	31.05
	KIELCZEWSKI Amadeusz				00	MKP Szczecin				4:06.78	709	
	50m:	27.83	27.83	150m:	1:29.31	31.13	250m:	2:33.57	32.35	350m:	3:38.25	32.12
	100m:	58.18	30.35	200m:	2:01.22	31.91	300m:	3:06.13	32.56	400m:	4:06.78	28.53
	BUJAK Piotr				97	St. Lok. SALOS Cortile Kielce				4:06.86	708	
	50m:	28.71	28.71	150m:	1:30.70	31.09	250m:	2:33.45	31.50	350m:	3:36.04	31.33
	100m:	59.61	30.90	200m:	2:01.95	31.25	300m:	3:04.71	31.26	400m:	4:06.86	30.82
	DUTKOWIAK Wojciech				00	WKS Slask Wroclaw				4:07.41	703	
	50m:	28.09	28.09	150m:	1:30.13	31.13	250m:	2:33.41	31.72	350m:	3:37.03	31.66
	100m:	59.00	30.91	200m:	2:01.69	31.56	300m:	3:05.37	31.96	400m:	4:07.41	30.38
	SMEJA Slawomir				94	AZS AWF Katowice				4:07.88	699	
	50m:	28.24	28.24	150m:	1:30.25	31.24	250m:	2:33.39	31.50	350m:	3:37.04	31.87
	100m:	59.01	30.77	200m:	2:01.89	31.64	300m:	3:05.17	31.78	400m:	4:07.88	30.84
	PIORO Artur				91	MKS „Palac Mlodziezy”				4:08.82	691	
	50m:	28.93	28.93	150m:	1:31.88	31.63	250m:	2:35.30	31.96	350m:	3:38.71	31.24
	100m:	1:00.25	31.32	200m:	2:03.34	31.46	300m:	3:07.47	32.17	400m:	4:08.82	30.11
	BRUZDEWICZ Hubert				02	MTP Kormoran Olsztyn				4:09.03	690	
	50m:	28.90	28.90	150m:	1:32.54	32.09	250m:	2:36.50	31.71	350m:	3:39.03	30.72
	100m:	1:00.45	31.55	200m:	2:04.79	32.25	300m:	3:08.31	31.81	400m:	4:09.03	30.00

Arena Grand Prix Puchar Polski
Opole, 28. - 29.4.2018

Event 12, Men, 400m Freestyle, Open

Rank					YB					Time	Pts	
	MALYSKA Bartosz				99	Uks Skarpa Lublin				4:10.12	681	
	50m:	28.33	28.33	150m:	1:30.68	31.36	250m:	2:34.05	31.77	350m:	3:38.32	32.20
	100m:	59.32	30.99	200m:	2:02.28	31.60	300m:	3:06.12	32.07	400m:	4:10.12	31.80
	DOMINIAK Kacper				00	WKS Slask Wroclaw				4:10.28	679	
	50m:	28.64	28.64	150m:	1:31.54	31.72	250m:	2:35.33	31.94	350m:	3:39.13	31.61
	100m:	59.82	31.18	200m:	2:03.39	31.85	300m:	3:07.52	32.19	400m:	4:10.28	31.15
	JURA Maciej				96	WKS Slask Wroclaw				4:10.49	678	
	50m:	29.26	29.26	150m:	1:31.48	31.21	250m:	2:34.31	31.70	350m:	3:39.21	31.93
	100m:	1:00.27	31.01	200m:	2:02.61	31.13	300m:	3:07.28	32.97	400m:	4:10.49	31.28
	KLICH Kacper				94	AZS AWF Katowice				4:12.07	665	
	50m:	28.48	28.48	150m:	1:31.01	31.76	250m:	2:34.90	32.16	350m:	3:39.98	32.99
	100m:	59.25	30.77	200m:	2:02.74	31.73	300m:	3:06.99	32.09	400m:	4:12.07	32.09
	PAWLACZYK Patryk				00	UKS 190 Lodz				4:12.14	664	
	50m:	28.60	28.60	150m:	1:32.14	31.84	250m:	2:36.50	31.94	350m:	3:41.49	32.29
	100m:	1:00.30	31.70	200m:	2:04.56	32.42	300m:	3:09.20	32.70	400m:	4:12.14	30.65
	KACZOROWSKI Jakub				97	UKS G-8 Bielany Warszawa				4:12.73	660	
	50m:	27.70	27.70	150m:	1:31.49	32.21	250m:	2:36.46	32.46	350m:	3:41.92	32.69
	100m:	59.28	31.58	200m:	2:04.00	32.51	300m:	3:09.23	32.77	400m:	4:12.73	30.81
	GIRUL Radoslaw				01	WKS Slask Wroclaw				4:12.79	659	
	50m:	28.39	28.39	150m:	1:31.82	31.83	250m:	2:36.70	32.70	350m:	3:41.94	32.41
	100m:	59.99	31.60	200m:	2:04.00	32.18	300m:	3:09.53	32.83	400m:	4:12.79	30.85
	ZIELINSKI Konrad				03	UKS 190 Lodz				4:12.95	658	
	50m:	29.04	29.04	150m:	1:32.59	31.88	250m:	2:37.01	32.15	350m:	3:41.62	31.93
	100m:	1:00.71	31.67	200m:	2:04.86	32.27	300m:	3:09.69	32.68	400m:	4:12.95	31.33
	BUTKIEWICZ Cezary				00	UKS G-8 Bielany Warszawa				4:13.19	656	
	50m:	27.86	27.86	150m:	1:31.70	31.84	250m:	2:36.09	31.58	350m:	3:41.68	32.76
	100m:	59.86	32.00	200m:	2:04.51	32.81	300m:	3:08.92	32.83	400m:	4:13.19	31.51
	HANO Grzegorz				00	WKS Slask Wroclaw				4:13.48	654	
	50m:	29.14	29.14	150m:	1:33.03	32.17	250m:	2:38.46	32.71	350m:	3:43.39	31.90
	100m:	1:00.86	31.72	200m:	2:05.75	32.72	300m:	3:11.49	33.03	400m:	4:13.48	30.09
	CHALAT Stanislaw				99	Uks Skarpa Lublin				4:13.62	653	
	50m:	29.79	29.79	150m:	1:34.84	32.71	250m:	2:39.66	31.88	350m:	3:42.88	31.60
	100m:	1:02.13	32.34	200m:	2:07.78	32.94	300m:	3:11.28	31.62	400m:	4:13.62	30.74
	JOZKOW Cezary				01	WKS Slask Wroclaw				4:15.49	639	
	50m:	29.51	29.51	150m:	1:33.93	32.33	250m:	2:39.14	32.54	350m:	3:44.52	32.40
	100m:	1:01.60	32.09	200m:	2:06.60	32.67	300m:	3:12.12	32.98	400m:	4:15.49	30.97
	GOLENIEC Lukasz				97	AZS AWF Katowice				4:21.11	598	
	50m:	28.87	28.87	150m:	1:34.26	33.58	250m:	2:41.52	33.65	350m:	3:48.61	33.50
	100m:	1:00.68	31.81	200m:	2:07.87	33.61	300m:	3:15.11	33.59	400m:	4:21.11	32.50
	PROSZYNSKI Igor				99	MKP Szczecin				4:26.58	562	
	50m:	30.49	30.49	150m:	1:36.38	33.16	250m:	2:43.96	33.78	350m:	3:53.02	34.64
	100m:	1:03.22	32.73	200m:	2:10.18	33.80	300m:	3:18.38	34.42	400m:	4:26.58	33.56