

Arena Grand Prix Puchar Polski
Opole, 28. - 29.4.2018

Konkurencja 14
28.04.2018 - 16:48

M cyczn, 400m zmienny

Open
Wyniki

RP Open	4:12.28	MATCZAK Mateusz	Belgrade (SRB)	11.07.2009
RP 19 - 23	4:12.28	MATCZAK Mateusz	Belgrade (SRB)	11.07.2009
RP 18	4:18.40	MATCZAK Mateusz	Antwerp (BEL)	22.07.2007
RP 17	4:20.27	MATCZAK Mateusz	Palma de Mallorca (ESP)	06.07.2006
RP 16	4:26.91	KAŁUSOWSKI Jan	Ostrowiec Sw	15.07.2016
RP 15	4:30.55	KAŁUSOWSKI Jan	Ostrowiec Sw	10.07.2015
RP 14	4:39.38	SOBEK Nikodem	Berlin (GER)	16.12.2016

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
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14 lat

1.	CALI SKI Aleksy	04	MKS Juvenia Wrocław	5:07.34	499
	50m: 31.85 31.85	150m: 1:49.54 39.79	250m: 3:14.17 44.79	350m: 4:33.61 34.00	
	100m: 1:09.75 37.90	200m: 2:29.38 39.84	300m: 3:59.61 45.44	400m: 5:07.34 33.73	
2.	SKIBIAK Hubert	04	UKS 190 Łód	5:09.05	491
	50m: 33.09 33.09	150m: 1:50.93 37.92	250m: 3:15.86 46.79	350m: 4:36.08 33.44	
	100m: 1:13.01 39.92	200m: 2:29.07 38.14	300m: 4:02.64 46.78	400m: 5:09.05 32.97	
3.	PIELA Michał	04	UKP Unia O wi cim	5:13.10	472
	50m: 34.02 34.02	150m: 1:56.02 42.22	250m: 3:21.55 44.39	350m: 4:41.07 35.29	
	100m: 1:13.80 39.78	200m: 2:37.16 41.14	300m: 4:05.78 44.23	400m: 5:13.10 32.03	
4.	PATER Aleksander	04	MTP Kormoran Olsztyn	5:18.42	449
	50m: 34.32 34.32	150m: 1:58.20 43.39	250m: 3:21.98 42.06	350m: 4:43.30 36.79	
	100m: 1:14.81 40.49	200m: 2:39.92 41.72	300m: 4:06.51 44.53	400m: 5:18.42 35.12	
5.	WYKR T Marcin	04	UKS „Nowy Klub Pływacki”	5:23.94	426
	50m: 34.69 34.69	150m: 1:58.02 41.86	250m: 3:22.11 43.65	350m: 4:47.45 38.90	
	100m: 1:16.16 41.47	200m: 2:38.46 40.44	300m: 4:08.55 46.44	400m: 5:23.94 36.49	
6.	GRABOWSKI Mikołaj	04	MTP Kormoran Olsztyn	5:32.99	392
	50m: 35.21 35.21	150m: 2:00.24 42.44	250m: 3:28.17 47.74	350m: 4:55.58 37.98	
	100m: 1:17.80 42.59	200m: 2:40.43 40.19	300m: 4:17.60 49.43	400m: 5:32.99 37.41	
7.	KRYSIAK Kacper	04	MKS Trójka Łód	5:44.39	354
	50m: 35.89 35.89	150m: 2:01.17 43.06	250m: 3:35.30 52.71	350m: 5:06.81 38.67	
	100m: 1:18.11 42.22	200m: 2:42.59 41.42	300m: 4:28.14 52.84	400m: 5:44.39 37.58	

DYSKW. GOŁACKI Sergiusz 04 UKS 190 Łód **5:05.23**
M11 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu.
 (Czas: 19:20)

50m: 30.85 30.85	150m: 1:46.11 38.86	250m: 3:12.32 47.06	350m: 4:32.07 34.35
100m: 1:07.25 36.40	200m: 2:25.26 39.15	300m: 3:57.72 45.40	400m: 5:05.23 33.16

15 lat

1.	PITY SKI Wiktor	03	WKS I sk Wrocław	4:52.56	578
	50m: 30.66 30.66	150m: 1:44.79 37.38	250m: 3:03.82 41.83	350m: 4:20.11 34.55	
	100m: 1:07.41 36.75	200m: 2:21.99 37.20	300m: 3:45.56 41.74	400m: 4:52.56 32.45	
2.	ZIELI SKI Konrad	03	UKS 190 Łód	4:56.42	556
	50m: 29.92 29.92	150m: 1:46.63 41.70	250m: 3:08.24 42.95	350m: 4:24.69 32.73	
	100m: 1:04.93 35.01	200m: 2:25.29 38.66	300m: 3:51.96 43.72	400m: 4:56.42 31.73	
3.	WI NIEWSKI Adam	03	Stowarzyszenie Pływaków i Rato	5:00.53	534
	50m: 29.92 29.92	150m: 1:44.29 39.36	250m: 3:07.42 44.42	350m: 4:27.43 34.83	
	100m: 1:04.93 35.01	200m: 2:23.00 38.71	300m: 3:52.60 45.18	400m: 5:00.53 33.10	
4.	WRÓBEL Igor	03	UKP Unia O wi cim	5:02.27	524
	50m: 31.02 31.02	150m: 1:49.43 41.53	250m: 3:09.93 40.29	350m: 4:27.01 35.73	
	100m: 1:07.90 36.88	200m: 2:29.64 40.21	300m: 3:51.28 41.35	400m: 5:02.27 35.26	
5.	PRZYBYSZ Mateusz	03	BUKS Warszawa	5:04.27	514
	50m: 30.95 30.95	150m: 1:45.44 38.41	250m: 3:09.64 45.68	350m: 4:30.17 46.69	
	100m: 1:07.03 36.08	200m: 2:23.96 38.52	300m: 3:43.48 33.84	400m: 5:04.27 34.10	

Arena Grand Prix Puchar Polski
Opole, 28. - 29.4.2018

Konkurencja 14, Chłopców, 400m zmienny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
6.	DANIKIEWICZ Dawid		03	UKP Unia O wi cim				5:04.44	513		
	50m:	31.09 31.09	150m:	1:50.84	41.59	250m:	3:13.00	42.31	350m:	4:31.21	34.68
	100m:	1:09.25 38.16	200m:	2:30.69	39.85	300m:	3:56.53	43.53	400m:	5:04.44	33.23
7.	KAPAŁA Szymon		03	MTP Kormoran Olsztyn				5:04.48	513		
	50m:	32.37 32.37	150m:	1:49.83	40.58	250m:	3:12.72	42.97	350m:	4:31.10	34.42
	100m:	1:09.25 36.88	200m:	2:29.75	39.92	300m:	3:56.68	43.96	400m:	5:04.48	33.38
8.	TRZCIONKA Maciej		03	UKS „Na Fali Bytom”				5:05.44	508		
	50m:	30.95 30.95	150m:	1:47.21	40.21	250m:	3:13.60	45.26	350m:	4:32.81	34.02
	100m:	1:07.00 36.05	200m:	2:28.34	41.13	300m:	3:58.79	45.19	400m:	5:05.44	32.63
9.	KOBYLARCZYK Damian		03	UKS Aquatica Pawłowice				5:05.97	506		
	50m:	29.61 29.61	150m:	1:46.29	40.95	250m:	3:12.49	43.86	350m:	4:33.09	35.01
	100m:	1:05.34 35.73	200m:	2:28.63	42.34	300m:	3:58.08	45.59	400m:	5:05.97	32.88
10.	PRZYSTAŁ Adam		03	UKS G-8 Bielany Warszawa				5:06.29	504		
	50m:	32.50 32.50	150m:	1:51.44	40.89	250m:	3:12.71	41.25	350m:	4:31.41	36.43
	100m:	1:10.55 38.05	200m:	2:31.46	40.02	300m:	3:54.98	42.27	400m:	5:06.29	34.88
11.	TOMASZOWSKI Michał		03	MKS Park Wodny Tarnowskie Góry				5:06.30	504		
	50m:	31.46 31.46	150m:	1:49.56	40.78	250m:	3:13.30	44.10	350m:	4:31.62	34.17
	100m:	1:08.78 37.32	200m:	2:29.20	39.64	300m:	3:57.45	44.15	400m:	5:06.30	34.68
12.	COLEMAN Alan		03	MKS Jedyńka Łód				5:06.96	501		
	50m:	30.80 30.80	150m:	1:47.09	39.22	250m:	3:11.76	47.07	350m:	4:33.12	34.88
	100m:	1:07.87 37.07	200m:	2:24.69	37.60	300m:	3:58.24	46.48	400m:	5:06.96	33.84
13.	SZYDŁOWSKI Erwin		03	UKP Unia O wi cim				5:08.26	494		
	50m:	32.09 32.09	150m:	1:52.96	43.29	250m:	3:16.24	42.02	350m:	4:34.01	35.82
	100m:	1:09.67 37.58	200m:	2:34.22	41.26	300m:	3:58.19	41.95	400m:	5:08.26	34.25
14.	JASI SKI Jakub		03	MKS Jedyńka Łód				5:15.34	462		
	50m:	32.29 32.29	150m:	1:53.24	43.52	250m:	3:21.11	45.50	350m:	4:42.08	34.96
	100m:	1:09.72 37.43	200m:	2:35.61	42.37	300m:	4:07.12	46.01	400m:	5:15.34	33.26
15.	KRUPI SKI Wojciech		03	KS Posnania Pozna				5:18.38	449		
	50m:	33.25 33.25	150m:	1:57.03	44.42	250m:	3:23.96	42.64	350m:	4:45.26	35.71
	100m:	1:12.61 39.36	200m:	2:41.32	44.29	300m:	4:09.55	45.59	400m:	5:18.38	33.12

16 lat

1.	ZDZIEBŁO Piotr		02	UKS Salmo ory				4:41.95	646		
	50m:	30.56 30.56	150m:	1:42.29	37.61	250m:	2:59.20	40.19	350m:	4:10.61	31.48
	100m:	1:04.68 34.12	200m:	2:19.01	36.72	300m:	3:39.13	39.93	400m:	4:41.95	31.34
2.	BLACHURA Oskar		02	UKP Unia O wi cim				4:49.22	599		
	50m:	30.46 30.46	150m:	1:44.49	38.21	250m:	3:01.96	39.95	350m:	4:16.35	33.31
	100m:	1:06.28 35.82	200m:	2:22.01	37.52	300m:	3:43.04	41.08	400m:	4:49.22	32.87
3.	SYNOWIEC Mikołaj		02	UKS SMS Galicja Kraków				4:50.57	590		
	50m:	30.23 30.23	150m:	1:44.65	38.33	250m:	3:04.42	40.87	350m:	4:19.74	33.33
	100m:	1:06.32 36.09	200m:	2:23.55	38.90	300m:	3:46.41	41.99	400m:	4:50.57	30.83
4.	STA CZYK Jarema		02	MMKS K dzierzyn-Ko le				4:59.26	540		
	50m:	32.94 32.94	150m:	1:51.70	40.23	250m:	3:11.78	40.02	350m:	4:26.81	33.74
	100m:	1:11.47 38.53	200m:	2:31.76	40.06	300m:	3:53.07	41.29	400m:	4:59.26	32.45
5.	RAJCA Wiktor		02	UKS 190 Łód				4:59.65	538		
	50m:	31.14 31.14	150m:	1:46.17	39.52	250m:	3:07.75	43.19	350m:	4:26.15	35.07
	100m:	1:06.65 35.51	200m:	2:24.56	38.39	300m:	3:51.08	43.33	400m:	4:59.65	33.50
6.	PŁATEK Maciej		02	UKP Unia O wi cim				5:03.07	520		
	50m:	32.64 32.64	150m:	1:49.73	39.46	250m:	3:11.46	43.46	350m:	4:29.51	34.40
	100m:	1:10.27 37.63	200m:	2:28.00	38.27	300m:	3:55.11	43.65	400m:	5:03.07	33.56
7.	MODRZY SKI Hubert		02	MKP Szczecin				5:05.07	510		
	50m:	30.03 30.03	150m:	1:47.51	41.81	250m:	3:10.04	42.01	350m:	4:30.08	36.10
	100m:	1:05.70 35.67	200m:	2:28.03	40.52	300m:	3:53.98	43.94	400m:	5:05.07	34.99

Arena Grand Prix Puchar Polski
Opole, 28. - 29.4.2018

Konkurencja 14, Chłopców, 400m zmienny, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	MICHAŁOWSKI Tomasz		02	UKP Unia O wi cim				5:07.75	497
	50m:	32.13 32.13	150m:	1:49.45 39.39	250m:	3:13.08 44.43	350m:	4:33.40 35.28	
	100m:	1:10.06 37.93	200m:	2:28.65 39.20	300m:	3:58.12 45.04	400m:	5:07.75 34.35	
9.	LIK Kacper		02	MKS Jedyńka Łód				5:17.84	451
	50m:	32.58 32.58	150m:	1:52.19 41.16	250m:	3:20.06 45.37	350m:	4:44.47 37.02	
	100m:	1:11.03 38.45	200m:	2:34.69 42.50	300m:	4:07.45 47.39	400m:	5:17.84 33.37	
DYSKW.	STANISZEWSKI Maksymilian		02	MKP Szczecin				5:26.18	
	<i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg. (Czas: 19:26)</i>								
	50m:	33.48 33.48	150m:	1:58.29 44.90	250m:	3:27.42 45.71	350m:	4:49.05 36.33	
	100m:	1:13.39 39.91	200m:	2:41.71 43.42	300m:	4:12.72 45.30	400m:	5:26.18 37.13	

17 - 18 lat

1.	MA KA Filip		00	UKS 190 Łód				4:34.84	698
	50m:	29.77 29.77	150m:	1:38.96 34.82	250m:	2:53.02 39.32	350m:	4:04.87 31.79	
	100m:	1:04.14 34.37	200m:	2:13.70 34.74	300m:	3:33.08 40.06	400m:	4:34.84 29.97	
2.	SUCHA SKI Przemysław		01	UKP Unia O wi cim				4:35.33	694
	50m:	28.72 28.72	150m:	1:38.70 35.33	250m:	2:51.62 39.45	350m:	4:04.21 33.02	
	100m:	1:03.37 34.65	200m:	2:12.17 33.47	300m:	3:31.19 39.57	400m:	4:35.33 31.12	
3.	KUCZAK Adam		00	TP Zielona Góra				4:36.50	685
	50m:	29.00 29.00	150m:	1:37.37 35.32	250m:	2:52.78 41.21	350m:	4:05.68 31.82	
	100m:	1:02.05 33.05	200m:	2:11.57 34.20	300m:	3:33.86 41.08	400m:	4:36.50 30.82	
4.	SACHA Kamil		01	WKS I sk Wrocław				4:39.57	663
	50m:	30.09 30.09	150m:	1:40.87 36.53	250m:	2:57.43 40.21	350m:	4:09.45 30.60	
	100m:	1:04.34 34.25	200m:	2:17.22 36.35	300m:	3:38.85 41.42	400m:	4:39.57 30.12	
5.	WO NIAK Maciej		00	UKS 190 Łód				4:45.32	624
	50m:	29.16 29.16	150m:	1:42.47 38.38	250m:	3:00.02 40.65	350m:	4:14.30 32.66	
	100m:	1:04.09 34.93	200m:	2:19.37 36.90	300m:	3:41.64 41.62	400m:	4:45.32 31.02	
6.	ZAREMBA Jakub		01	UKS G-8 Bielany Warszawa				4:45.93	620
	50m:	29.87 29.87	150m:	1:42.36 38.07	250m:	2:59.69 39.48	350m:	4:14.10 32.66	
	100m:	1:04.29 34.42	200m:	2:20.21 37.85	300m:	3:41.44 41.75	400m:	4:45.93 31.83	
7.	MUC Filip		01	UKP Unia O wi cim				4:48.85	601
	50m:	29.74 29.74	150m:	1:42.90 38.40	250m:	3:01.15 41.20	350m:	4:16.17 32.58	
	100m:	1:04.50 34.76	200m:	2:19.95 37.05	300m:	3:43.59 42.44	400m:	4:48.85 32.68	
8.	CERLICH Maksymilian		00	MKS „IKAR” Mielec				4:49.14	599
	50m:	29.90 29.90	150m:	1:43.43 38.63	250m:	3:01.16 40.16	350m:	4:16.64 34.20	
	100m:	1:04.80 34.90	200m:	2:21.00 37.57	300m:	3:42.44 41.28	400m:	4:49.14 32.50	
9.	GUZY Marcel		01	DOKiS Sekcja Pływacka Vega Dob				4:50.61	590
	50m:	30.60 30.60	150m:	1:44.03 38.25	250m:	3:01.29 40.15	350m:	4:16.54 35.19	
	100m:	1:05.78 35.18	200m:	2:21.14 37.11	300m:	3:41.35 40.06	400m:	4:50.61 34.07	
10.	BARUSI SKI Kordian		01	UKS G-8 Bielany Warszawa				4:50.87	589
	50m:	29.45 29.45	150m:	1:40.70 36.78	250m:	2:59.99 41.65	350m:	4:17.17 34.57	
	100m:	1:03.92 34.47	200m:	2:18.34 37.64	300m:	3:42.60 42.61	400m:	4:50.87 33.70	
11.	ADAMCZAK Jakub		01	UKS Shark Rudna				4:51.64	584
	50m:	29.99 29.99	150m:	1:44.88 40.33	250m:	3:01.96 37.95	350m:	4:18.30 35.63	
	100m:	1:04.55 34.56	200m:	2:24.01 39.13	300m:	3:42.67 40.71	400m:	4:51.64 33.34	
12.	WALCZYNSKI Jakub		00	KU AZS UMCS Lublin				4:55.24	563
	50m:	30.85 30.85	150m:	1:45.29 38.05	250m:	3:04.99 42.26	350m:	4:21.80 33.89	
	100m:	1:07.24 36.39	200m:	2:22.73 37.44	300m:	3:47.91 42.92	400m:	4:55.24 33.44	
13.	GRZYBOWSKI Artur		01	MKP Szczecin				4:57.58	550
	50m:	30.32 30.32	150m:	1:44.22 39.23	250m:	3:05.04 42.43	350m:	4:24.44 33.66	
	100m:	1:04.99 34.67	200m:	2:22.61 38.39	300m:	3:50.78 45.74	400m:	4:57.58 33.14	

Arena Grand Prix Puchar Polski
Opole, 28. - 29.4.2018

Konkurencja 14, M czynn, 400m zmienny

Open

1.	SZWEDZKI Dawid	94	WKS I sk Wrocław	4:28.78	746
	50m: 28.42 28.42	150m: 1:36.13 35.38	250m: 2:47.30 37.27	350m: 3:57.62 32.31	
	100m: 1:00.75 32.33	200m: 2:10.03 33.90	300m: 3:25.31 38.01	400m: 4:28.78 31.16	
2.	BUJAK Dominik	99	St. Lok. SALOS Cortile Kielce	4:32.84	713
	50m: 29.80 29.80	150m: 1:38.44 35.10	250m: 2:52.40 39.36	350m: 4:03.32 31.64	
	100m: 1:03.34 33.54	200m: 2:13.04 34.60	300m: 3:31.68 39.28	400m: 4:32.84 29.52	
3.	MA KA Filip	00	UKS 190 Łódź	4:34.84	698
	50m: 29.77 29.77	150m: 1:38.96 34.82	250m: 2:53.02 39.32	350m: 4:04.87 31.79	
	100m: 1:04.14 34.37	200m: 2:13.70 34.74	300m: 3:33.08 40.06	400m: 4:34.84 29.97	
4.	SUCHA SKI Przemysław	01	UKP Unia O wi cim	4:35.33	694
	50m: 28.72 28.72	150m: 1:38.70 35.33	250m: 2:51.62 39.45	350m: 4:04.21 33.02	
	100m: 1:03.37 34.65	200m: 2:12.17 33.47	300m: 3:31.19 39.57	400m: 4:35.33 31.12	
5.	BAŁABUCH Krystian	95	BOSIR Brzesko	4:36.02	689
	50m: 28.01 28.01	150m: 1:38.48 36.36	250m: 2:53.68 38.15	350m: 4:04.63 31.88	
	100m: 1:02.12 34.11	200m: 2:15.53 37.05	300m: 3:32.75 39.07	400m: 4:36.02 31.39	
6.	KUCZAK Adam	00	TP Zielona Góra	4:36.50	685
	50m: 29.00 29.00	150m: 1:37.37 35.32	250m: 2:52.78 41.21	350m: 4:05.68 31.82	
	100m: 1:02.05 33.05	200m: 2:11.57 34.20	300m: 3:33.86 41.08	400m: 4:36.50 30.82	
7.	CHMIELEWSKI Jakub	99	WKS I sk Wrocław	4:38.31	672
	50m: 28.55 28.55	150m: 1:37.56 36.39	250m: 2:53.10 40.05	350m: 4:06.94 32.68	
	100m: 1:01.17 32.62	200m: 2:13.05 35.49	300m: 3:34.26 41.16	400m: 4:38.31 31.37	
8.	SACHA Kamil	01	WKS I sk Wrocław	4:39.57	663
	50m: 30.09 30.09	150m: 1:40.87 36.53	250m: 2:57.43 40.21	350m: 4:09.45 30.60	
	100m: 1:04.34 34.25	200m: 2:17.22 36.35	300m: 3:38.85 41.42	400m: 4:39.57 30.12	
9.	ZDZIEBŁO Piotr	02	UKS Salmo ory	4:41.95	646
	50m: 30.56 30.56	150m: 1:42.29 37.61	250m: 2:59.20 40.19	350m: 4:10.61 31.48	
	100m: 1:04.68 34.12	200m: 2:19.01 36.72	300m: 3:39.13 39.93	400m: 4:41.95 31.34	
10.	B CZKOWSKI Bartosz	97	MKS Polonia Warszawa	4:42.07	646
	50m: 30.39 30.39	150m: 1:42.45 35.69	250m: 2:57.55 38.56	350m: 4:09.54 33.91	
	100m: 1:06.76 36.37	200m: 2:18.99 36.54	300m: 3:35.63 38.08	400m: 4:42.07 32.53	
11.	WO NIAK Maciej	00	UKS 190 Łódź	4:45.32	624
	50m: 29.16 29.16	150m: 1:42.47 38.38	250m: 3:00.02 40.65	350m: 4:14.30 32.66	
	100m: 1:04.09 34.93	200m: 2:19.37 36.90	300m: 3:41.64 41.62	400m: 4:45.32 31.02	
12.	CHRZANOWSKI Damian	98	WKS I sk Wrocław	4:45.58	622
	50m: 28.11 28.11	150m: 1:39.89 38.56	250m: 2:59.46 42.70	350m: 4:15.09 32.74	
	100m: 1:01.33 33.22	200m: 2:16.76 36.87	300m: 3:42.35 42.89	400m: 4:45.58 30.49	
13.	ZAREMBA Jakub	01	UKS G-8 Bielany Warszawa	4:45.93	620
	50m: 29.87 29.87	150m: 1:42.36 38.07	250m: 2:59.69 39.48	350m: 4:14.10 32.66	
	100m: 1:04.29 34.42	200m: 2:20.21 37.85	300m: 3:41.44 41.75	400m: 4:45.93 31.83	
14.	GAWRON Oskar	99	WKS I sk Wrocław	4:47.12	612
	50m: 30.36 30.36	150m: 1:44.54 38.99	250m: 3:01.24 39.35	350m: 4:14.71 37.13	
	100m: 1:05.55 35.19	200m: 2:21.89 37.35	300m: 3:37.58 36.34	400m: 4:47.12 32.41	
15.	KEMPA Mikołaj	99	MMKS K dzierzyn-Ko le	4:47.68	608
	50m: 29.63 29.63	150m: 1:41.52 38.26	250m: 3:00.19 41.06	350m: 4:15.51 33.79	
	100m: 1:03.26 33.63	200m: 2:19.13 37.61	300m: 3:41.72 41.53	400m: 4:47.68 32.17	
16.	MUC Filip	01	UKP Unia O wi cim	4:48.85	601
	50m: 29.74 29.74	150m: 1:42.90 38.40	250m: 3:01.15 41.20	350m: 4:16.17 32.58	
	100m: 1:04.50 34.76	200m: 2:19.95 37.05	300m: 3:43.59 42.44	400m: 4:48.85 32.68	
17.	CERLICH Maksymilian	00	MKS „IKAR” Mielec	4:49.14	599
	50m: 29.90 29.90	150m: 1:43.43 38.63	250m: 3:01.16 40.16	350m: 4:16.64 34.20	
	100m: 1:04.80 34.90	200m: 2:21.00 37.57	300m: 3:42.44 41.28	400m: 4:49.14 32.50	
18.	BLACHURA Oskar	02	UKP Unia O wi cim	4:49.22	599
	50m: 30.46 30.46	150m: 1:44.49 38.21	250m: 3:01.96 39.95	350m: 4:16.35 33.31	
	100m: 1:06.28 35.82	200m: 2:22.01 37.52	300m: 3:43.04 41.08	400m: 4:49.22 32.87	

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Pozycja			Rok ur.					Czas	Pkt.
19.	BACHLAJ Dorian		99	UKS „ONDRASZEK” w Bielsku-Bi				4:49.26	599
	50m: 31.36	31.36	150m: 1:47.74	39.51	250m: 3:04.27	38.43	350m: 4:17.26	34.45	
	100m: 1:08.23	36.87	200m: 2:25.84	38.10	300m: 3:42.81	38.54	400m: 4:49.26	32.00	
20.	SYNOWIEC Mikołaj		02	UKS SMS Galicja Kraków				4:50.57	590
	50m: 30.23	30.23	150m: 1:44.65	38.33	250m: 3:04.42	40.87	350m: 4:19.74	33.33	
	100m: 1:06.32	36.09	200m: 2:23.55	38.90	300m: 3:46.41	41.99	400m: 4:50.57	30.83	
21.	GUZY Marcel		01	DOKiS Sekcja Pływacka Vega Dob				4:50.61	590
	50m: 30.60	30.60	150m: 1:44.03	38.25	250m: 3:01.29	40.15	350m: 4:16.54	35.19	
	100m: 1:05.78	35.18	200m: 2:21.14	37.11	300m: 3:41.35	40.06	400m: 4:50.61	34.07	
22.	BARUSI SKI Kordian		01	UKS G-8 Bielany Warszawa				4:50.87	589
	50m: 29.45	29.45	150m: 1:40.70	36.78	250m: 2:59.99	41.65	350m: 4:17.17	34.57	
	100m: 1:03.92	34.47	200m: 2:18.34	37.64	300m: 3:42.60	42.61	400m: 4:50.87	33.70	
23.	ADAMCZAK Jakub		01	UKS Shark Rudna				4:51.64	584
	50m: 29.99	29.99	150m: 1:44.88	40.33	250m: 3:01.96	37.95	350m: 4:18.30	35.63	
	100m: 1:04.55	34.56	200m: 2:24.01	39.13	300m: 3:42.67	40.71	400m: 4:51.64	33.34	
24.	PITY SKI Wiktor		03	WKS I sk Wrocław				4:52.56	578
	50m: 30.66	30.66	150m: 1:44.79	37.38	250m: 3:03.82	41.83	350m: 4:20.11	34.55	
	100m: 1:07.41	36.75	200m: 2:21.99	37.20	300m: 3:45.56	41.74	400m: 4:52.56	32.45	
25.	WALCZYSKO Jakub		00	KU AZS UMCS Lublin				4:55.24	563
	50m: 30.85	30.85	150m: 1:45.29	38.05	250m: 3:04.99	42.26	350m: 4:21.80	33.89	
	100m: 1:07.24	36.39	200m: 2:22.73	37.44	300m: 3:47.91	42.92	400m: 4:55.24	33.44	
26.	ZIELI SKI Konrad		03	UKS 190 Łód				4:56.42	556
	50m: 29.92	29.92	150m: 1:46.63	41.70	250m: 3:08.24	42.95	350m: 4:24.69	32.73	
	100m: 1:04.93	35.01	200m: 2:25.29	38.66	300m: 3:51.96	43.72	400m: 4:56.42	31.73	
27.	GRZYSZAK Artur		01	MKP Szczecin				4:57.58	550
	50m: 30.32	30.32	150m: 1:44.22	39.23	250m: 3:05.04	42.43	350m: 4:24.44	33.66	
	100m: 1:04.99	34.67	200m: 2:22.61	38.39	300m: 3:50.78	45.74	400m: 4:57.58	33.14	
28.	STA CZYK Jarema		02	MMKS K dzierzyn-Ko le				4:59.26	540
	50m: 32.94	32.94	150m: 1:51.70	40.23	250m: 3:11.78	40.02	350m: 4:26.81	33.74	
	100m: 1:11.47	38.53	200m: 2:31.76	40.06	300m: 3:53.07	41.29	400m: 4:59.26	32.45	
29.	RAJCA Wiktor		02	UKS 190 Łód				4:59.65	538
	50m: 31.14	31.14	150m: 1:46.17	39.52	250m: 3:07.75	43.19	350m: 4:26.15	35.07	
	100m: 1:06.65	35.51	200m: 2:24.56	38.39	300m: 3:51.08	43.33	400m: 4:59.65	33.50	
30.	WI NIEWSKI Adam		03	Stowarzyszenie Pływaków i Rato				5:00.53	534
	50m: 29.92	29.92	150m: 1:44.29	39.36	250m: 3:07.42	44.42	350m: 4:27.43	34.83	
	100m: 1:04.93	35.01	200m: 2:23.00	38.71	300m: 3:52.60	45.18	400m: 5:00.53	33.10	
31.	WRÓBEL Igor		03	UKP Unia O wi cim				5:02.27	524
	50m: 31.02	31.02	150m: 1:49.43	41.53	250m: 3:09.93	40.29	350m: 4:27.01	35.73	
	100m: 1:07.90	36.88	200m: 2:29.64	40.21	300m: 3:51.28	41.35	400m: 5:02.27	35.26	
32.	PLĄTEK Maciej		02	UKP Unia O wi cim				5:03.07	520
	50m: 32.64	32.64	150m: 1:49.73	39.46	250m: 3:11.46	43.46	350m: 4:29.51	34.40	
	100m: 1:10.27	37.63	200m: 2:28.00	38.27	300m: 3:55.11	43.65	400m: 5:03.07	33.56	
33.	PRZYBYSZ Mateusz		03	BUKS Warszawa				5:04.27	514
	50m: 30.95	30.95	150m: 1:45.44	38.41	250m: 3:09.64	45.68	350m: 4:30.17	46.69	
	100m: 1:07.03	36.08	200m: 2:23.96	38.52	300m: 3:43.48	33.84	400m: 5:04.27	34.10	
34.	DANIKIEWICZ Dawid		03	UKP Unia O wi cim				5:04.44	513
	50m: 31.09	31.09	150m: 1:50.84	41.59	250m: 3:13.00	42.31	350m: 4:31.21	34.68	
	100m: 1:09.25	38.16	200m: 2:30.69	39.85	300m: 3:56.53	43.53	400m: 5:04.44	33.23	
35.	KAPAŁA Szymon		03	MTP Kormoran Olsztyn				5:04.48	513
	50m: 32.37	32.37	150m: 1:49.83	40.58	250m: 3:12.72	42.97	350m: 4:31.10	34.42	
	100m: 1:09.25	36.88	200m: 2:29.75	39.92	300m: 3:56.68	43.96	400m: 5:04.48	33.38	
36.	MODRZY SKI Hubert		02	MKP Szczecin				5:05.07	510
	50m: 30.03	30.03	150m: 1:47.51	41.81	250m: 3:10.04	42.01	350m: 4:30.08	36.10	
	100m: 1:05.70	35.67	200m: 2:28.03	40.52	300m: 3:53.98	43.94	400m: 5:05.07	34.99	

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Pozycja			Rok ur.					Czas	Pkt.			
37.	TRZCIONKA	Maciej	03	UKS „Na Fali Bytom”			5:05.44	508				
	50m:	30.95	30.95	150m:	1:47.21	40.21	250m:	3:13.60	45.26	350m:	4:32.81	34.02
	100m:	1:07.00	36.05	200m:	2:28.34	41.13	300m:	3:58.79	45.19	400m:	5:05.44	32.63
38.	KOBYLARCZYK	Damian	03	UKS Aquatica Pawłowice			5:05.97	506				
	50m:	29.61	29.61	150m:	1:46.29	40.95	250m:	3:12.49	43.86	350m:	4:33.09	35.01
	100m:	1:05.34	35.73	200m:	2:28.63	42.34	300m:	3:58.08	45.59	400m:	5:05.97	32.88
39.	PRZYSTAŁ	Adam	03	UKS G-8 Bielany Warszawa			5:06.29	504				
	50m:	32.50	32.50	150m:	1:51.44	40.89	250m:	3:12.71	41.25	350m:	4:31.41	36.43
	100m:	1:10.55	38.05	200m:	2:31.46	40.02	300m:	3:54.98	42.27	400m:	5:06.29	34.88
40.	TOMASZOWSKI	Michał	03	MKS Park Wodny Tarnowskie Góry			5:06.30	504				
	50m:	31.46	31.46	150m:	1:49.56	40.78	250m:	3:13.30	44.10	350m:	4:31.62	34.17
	100m:	1:08.78	37.32	200m:	2:29.20	39.64	300m:	3:57.45	44.15	400m:	5:06.30	34.68
41.	COLEMAN	Alan	03	MKS Jedyńka Łód			5:06.96	501				
	50m:	30.80	30.80	150m:	1:47.09	39.22	250m:	3:11.76	47.07	350m:	4:33.12	34.88
	100m:	1:07.87	37.07	200m:	2:24.69	37.60	300m:	3:58.24	46.48	400m:	5:06.96	33.84
42.	CALI SKI	Aleksy	04	MKS Juvenia Wrocław			5:07.34	499				
	50m:	31.85	31.85	150m:	1:49.54	39.79	250m:	3:14.17	44.79	350m:	4:33.61	34.00
	100m:	1:09.75	37.90	200m:	2:29.38	39.84	300m:	3:59.61	45.44	400m:	5:07.34	33.73
43.	MICHAŁOWSKI	Tomasz	02	UKP Unia O wi cim			5:07.75	497				
	50m:	32.13	32.13	150m:	1:49.45	39.39	250m:	3:13.08	44.43	350m:	4:33.40	35.28
	100m:	1:10.06	37.93	200m:	2:28.65	39.20	300m:	3:58.12	45.04	400m:	5:07.75	34.35
44.	SZYDŁOWSKI	Erwin	03	UKP Unia O wi cim			5:08.26	494				
	50m:	32.09	32.09	150m:	1:52.96	43.29	250m:	3:16.24	42.02	350m:	4:34.01	35.82
	100m:	1:09.67	37.58	200m:	2:34.22	41.26	300m:	3:58.19	41.95	400m:	5:08.26	34.25
45.	SKIBIAK	Hubert	04	UKS 190 Łód			5:09.05	491				
	50m:	33.09	33.09	150m:	1:50.93	37.92	250m:	3:15.86	46.79	350m:	4:36.08	33.44
	100m:	1:13.01	39.92	200m:	2:29.07	38.14	300m:	4:02.64	46.78	400m:	5:09.05	32.97
46.	PIELA	Michał	04	UKP Unia O wi cim			5:13.10	472				
	50m:	34.02	34.02	150m:	1:56.02	42.22	250m:	3:21.55	44.39	350m:	4:41.07	35.29
	100m:	1:13.80	39.78	200m:	2:37.16	41.14	300m:	4:05.78	44.23	400m:	5:13.10	32.03
47.	JASI SKI	Jakub	03	MKS Jedyńka Łód			5:15.34	462				
	50m:	32.29	32.29	150m:	1:53.24	43.52	250m:	3:21.11	45.50	350m:	4:42.08	34.96
	100m:	1:09.72	37.43	200m:	2:35.61	42.37	300m:	4:07.12	46.01	400m:	5:15.34	33.26
48.	LIK	Kacper	02	MKS Jedyńka Łód			5:17.84	451				
	50m:	32.58	32.58	150m:	1:52.19	41.16	250m:	3:20.06	45.37	350m:	4:44.47	37.02
	100m:	1:11.03	38.45	200m:	2:34.69	42.50	300m:	4:07.45	47.39	400m:	5:17.84	33.37
49.	KRUPI SKI	Wojciech	03	KS Posnania Pozna			5:18.38	449				
	50m:	33.25	33.25	150m:	1:57.03	44.42	250m:	3:23.96	42.64	350m:	4:45.26	35.71
	100m:	1:12.61	39.36	200m:	2:41.32	44.29	300m:	4:09.55	45.59	400m:	5:18.38	33.12
50.	PATER	Aleksander	04	MTP Kormoran Olsztyn			5:18.42	449				
	50m:	34.32	34.32	150m:	1:58.20	43.39	250m:	3:21.98	42.06	350m:	4:43.30	36.79
	100m:	1:14.81	40.49	200m:	2:39.92	41.72	300m:	4:06.51	44.53	400m:	5:18.42	35.12
51.	WYKR	T Marcin	04	UKS „Nowy Klub Pływacki”			5:23.94	426				
	50m:	34.69	34.69	150m:	1:58.02	41.86	250m:	3:22.11	43.65	350m:	4:47.45	38.90
	100m:	1:16.16	41.47	200m:	2:38.46	40.44	300m:	4:08.55	46.44	400m:	5:23.94	36.49
52.	GRABOWSKI	Mikołaj	04	MTP Kormoran Olsztyn			5:32.99	392				
	50m:	35.21	35.21	150m:	2:00.24	42.44	250m:	3:28.17	47.74	350m:	4:55.58	37.98
	100m:	1:17.80	42.59	200m:	2:40.43	40.19	300m:	4:17.60	49.43	400m:	5:32.99	37.41
53.	KRYSIAK	Kacper	04	MKS Trójka Łód			5:44.39	354				
	50m:	35.89	35.89	150m:	2:01.17	43.06	250m:	3:35.30	52.71	350m:	5:06.81	38.67
	100m:	1:18.11	42.22	200m:	2:42.59	41.42	300m:	4:28.14	52.84	400m:	5:44.39	37.58

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Pozycja				Rok ur.					Czas	Pkt.		
DYSKW.	GOŁACKI	Sergiusz		04	UKS 190 Łód				5:05.23			
	<i>M11 - Pływak dotkn ł cian nierównocze nie dwiema dło mi przy nawrocie lub na zako czenie wy cigu.</i>											
	<i>(Czas: 19:20)</i>											
	50m:	30.85	30.85	150m:	1:46.11	38.86	250m:	3:12.32	47.06	350m:	4:32.07	34.35
	100m:	1:07.25	36.40	200m:	2:25.26	39.15	300m:	3:57.72	45.40	400m:	5:05.23	33.16
DYSKW.	STANISZEWSKI	Maksymilian		02	MKP Szczecin				5:26.18			
	<i>M7 - Pływak wykonał naprzemienne lub nierównoczesne ruchy nóg. (Czas: 19:26)</i>											
	50m:	33.48	33.48	150m:	1:58.29	44.90	250m:	3:27.42	45.71	350m:	4:49.05	36.33
	100m:	1:13.39	39.91	200m:	2:41.71	43.42	300m:	4:12.72	45.30	400m:	5:26.18	37.13