



Konkurencja 21  
28.01.2019 - 11:22

Kobiet, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	LKS	FINA
<b>13 lat</b>										
1.	Mleczek Natalia		05	LKS Jedno	32 Przyszowice		<b>4:33.84</b>	24,00	628	
	50m: 32.65	32.65	150m: 1:41.59	34.64	250m: 2:51.06	34.65	350m: 4:00.80	34.67		
	100m: 1:06.95	34.30	200m: 2:16.41	34.82	300m: 3:26.13	35.07	400m: 4:33.84	33.04		
2.	Stabosz Emilia		05	MOSM Tychy			<b>4:37.31</b>	22,00	604	
	50m: 30.58	30.58	150m: 1:40.92	35.56	250m: 2:52.06	35.59	350m: 4:03.50	35.45		
	100m: 1:05.36	34.78	200m: 2:16.47	35.55	300m: 3:28.05	35.99	400m: 4:37.31	33.81		
3.	Smiczek Julia		05	KS Pi tka Chorzów			<b>4:48.84</b>	20,00	535	
	50m: 32.18	32.18	150m: 1:44.06	36.42	250m: 2:58.31	37.21	350m: 4:13.25	37.56		
	100m: 1:07.64	35.46	200m: 2:21.10	37.04	300m: 3:35.69	37.38	400m: 4:48.84	35.59		
4.	Volkert Julia		05	MOSM Tychy			<b>4:50.06</b>	18,00	528	
	50m: 32.86	32.86	150m: 1:46.41	37.19	250m: 3:00.33	36.03	350m: 4:15.15	37.76		
	100m: 1:09.22	36.36	200m: 2:24.30	37.89	300m: 3:37.39	37.06	400m: 4:50.06	34.91		
5.	Bukowska Olga		05	MKS Pałac Katowice			<b>4:50.47</b>	16,00	526	
	50m: 32.51	32.51	150m: 1:45.84	37.01	250m: 3:00.66	37.36	350m: 4:15.36	37.15		
	100m: 1:08.83	36.32	200m: 2:23.30	37.46	300m: 3:38.21	37.55	400m: 4:50.47	35.11		
6.	Goj Aleksandra		05	KS Górnik Sosnowiec			<b>5:03.81</b>	14,00	459	
	50m: 32.75	32.75	150m: 1:46.89	38.17	250m: 3:05.16	39.62	350m:			
	100m: 1:08.72	35.97	200m: 2:25.54	38.65	300m: 3:44.72	39.56	400m: 5:03.81			
7.	Pieczul Inga		05	UKS MANTA Kochłowice Ruda l s			<b>5:10.94</b>	12,00	429	
	50m: 33.40	33.40	150m: 1:50.01	39.02	250m: 3:10.00	40.04	350m: 4:31.07	40.54		
	100m: 1:10.99	37.59	200m: 2:29.96	39.95	300m: 3:50.53	40.53	400m: 5:10.94	39.87		
8.	Daszkiewicz Emilia		05	UKS Aligator Gorzyce			<b>5:16.36</b>	10,00	407	
	50m: 35.24	35.24	150m: 1:54.31	40.27	250m: 3:15.65	40.90	350m: 4:37.09	40.80		
	100m: 1:14.04	38.80	200m: 2:34.75	40.44	300m: 3:56.29	40.64	400m: 5:16.36	39.27		
9.	Grzybek Magdalena		05	KS Górnik Radlin			<b>5:20.56</b>	8,00	391	
	50m: 36.09	36.09	150m: 1:57.38	41.32	250m: 3:20.96	41.95	350m: 4:41.68	40.23		
	100m: 1:16.06	39.97	200m: 2:39.01	41.63	300m: 4:01.45	40.49	400m: 5:20.56	38.88		
10.	Matwin Julia		05	UKS Delfinek Cz stochowa			<b>5:27.01</b>	6,00	368	
	50m: 35.73	35.73	150m: 1:57.81	41.96	250m: 3:22.27	42.80	350m: 4:46.25	41.67		
	100m: 1:15.85	40.12	200m: 2:39.47	41.66	300m: 4:04.58	42.31	400m: 5:27.01	40.76		
11.	Socha Emilia		05	MKS Park Wodny Tarnowskie Góry			<b>5:29.73</b>	4,00	359	
	50m: 36.32	36.32	150m: 1:59.69	42.28	250m: 3:25.02	42.68	350m: 4:49.36	42.52		
	100m: 1:17.41	41.09	200m: 2:42.34	42.65	300m: 4:06.84	41.82	400m: 5:29.73	40.37		
12.	Masło Maja		05	CSiR MOS D browa Górnicza			<b>5:33.06</b>	2,00	349	
	50m: 34.70	34.70	150m: 1:56.97	42.52	250m: 3:23.85	44.00	350m: 4:51.23	43.27		
	100m: 1:14.45	39.75	200m: 2:39.85	42.88	300m: 4:07.96	44.11	400m: 5:33.06	41.83		
13.	Filapek Wiktoria		05	UKS Ondraszek Bielsko-Biała			<b>5:34.98</b>	1,00	343	
	50m: 36.55	36.55	150m: 1:58.74	41.57	250m: 3:24.83	43.41	350m:			
	100m: 1:17.17	40.62	200m: 2:41.42	42.68	300m: 4:07.95	43.12	400m: 5:34.98			
14.	Górak Paula		05	Nowy KP Bielsko-Biała			<b>5:38.50</b>	1,00	332	
	50m: 36.33	36.33	150m: 2:01.34	43.65	250m: 3:26.09	41.76	350m: 4:55.35			
	100m: 1:17.69	41.36	200m: 2:44.33	42.99	300m:		400m: 5:38.50	43.15		
15.	Lisowska Daria		05	MOSM Tychy			<b>5:50.09</b>	1,00	300	
	50m: 35.86	35.86	150m: 2:01.66	44.72	250m:		350m: 5:06.56	45.99		
	100m: 1:16.94	41.08	200m:		300m: 4:20.57		400m: 5:50.09	43.53		
16.	Cuber Maja		05	MKS-SMS Victoria Racibórz			<b>5:59.01</b>	1,00	278	
	50m: 40.57	40.57	150m: 2:56.26	45.92	250m: 3:42.04		350m:			
	100m: 2:10.34	1:29.77	200m:		300m: 4:28.20	46.16	400m: 5:59.01			
17.	Jarek Karolina		05	MKS-SMS Victoria Racibórz			<b>6:04.04</b>	1,00	267	
	50m: 40.12	40.12	150m:		250m: 4:30.48	46.40	350m:			
	100m: 1:23.92	43.80	200m: 3:44.08		300m: 5:18.97	48.49	400m: 6:04.04			



Konkurencja 21, Kobiet, 400m dowolny

14 lat

1.	Bocian Roksana		04	LKS Jedno 32 Przyszowice	<b>4:31.90</b>	24,00	641	
	50m: 32.23	32.23	150m: 1:41.04	34.45	250m: 2:50.12	34.62	350m: 3:59.11	34.43
	100m: 1:06.59	34.36	200m: 2:15.50	34.46	300m: 3:24.68	34.56	400m: 4:31.90	32.79
2.	Bociek Wiktoria		04	KS Górnik Sosnowiec	<b>4:33.78</b>	22,00	628	
	50m: 32.11	32.11	150m: 1:42.06	35.23	250m: 2:51.64	34.75	350m: 4:01.01	34.21
	100m: 1:06.83	34.72	200m: 2:16.89	34.83	300m: 3:26.80	35.16	400m: 4:33.78	32.77
3.	Fira Weronika		04	UKS Salmo ory	<b>4:42.11</b>	20,00	574	
	50m: 31.31	31.31	150m: 1:42.01	35.74	250m: 2:54.27	36.16	350m: 4:42.30	35.00
	100m: 1:06.27	34.96	200m: 2:18.11	36.10	300m: 4:07.30	1:13.03	400m: 4:42.11	
4.	Sobolewska Magdalena		04	UKS MANTA Kochłowice Ruda I s	<b>4:43.17</b>	18,00	568	
	50m: 32.10	32.10	150m: 1:42.84	35.86	250m: 2:54.87	36.06	350m: 4:07.59	36.16
	100m: 1:06.98	34.88	200m: 2:18.81	35.97	300m: 3:31.43	36.56	400m: 4:43.17	35.58
5.	Lala Nadia		04	UKS Salmo ory	<b>4:43.69</b>	16,00	564	
	50m: 31.36	31.36	150m: 1:42.79	36.12	250m: 2:55.70	36.74	350m: 4:09.40	36.55
	100m: 1:06.67	35.31	200m: 2:18.96	36.17	300m: 3:32.85	37.15	400m: 4:43.69	34.29
6.	Sikora Balbina		04	KP "SIKRET" Gliwice	<b>4:49.34</b>	14,00	532	
	50m: 32.73	32.73	150m: 1:45.11	36.48	250m: 2:59.14	37.29	350m: 4:13.48	36.89
	100m: 1:08.63	35.90	200m: 2:21.85	36.74	300m: 3:36.59	37.45	400m: 4:49.34	35.86
7.	Surmiak Klara		04	UKP Ruda I ska	<b>4:49.61</b>	12,00	531	
	50m: 32.83	32.83	150m: 1:45.22	36.39	250m: 2:58.62	36.96	350m: 4:13.60	37.53
	100m: 1:08.83	36.00	200m: 2:21.66	36.44	300m: 3:36.07	37.45	400m: 4:49.61	36.01
8.	Konopka Weronika		04	KP "SIKRET" Gliwice	<b>4:51.04</b>	10,00	523	
	50m: 33.44	33.44	150m: 1:47.35	37.36	250m: 3:02.34	37.49	350m: 4:16.41	36.94
	100m: 1:09.99	36.55	200m: 2:24.85	37.50	300m: 3:39.47	37.13	400m: 4:51.04	34.63
9.	Wiktorowicz Patrycja		04	MKS-SMS Victoria Racibórz	<b>4:54.40</b>	8,00	505	
	50m: 32.65	32.65	150m: 1:46.03	37.35	250m: 3:01.90	38.22	350m: 4:17.60	38.27
	100m: 1:08.68	36.03	200m: 2:23.68	37.65	300m: 3:39.33	37.43	400m: 4:54.40	36.80
10.	KaA1mierczak Manuela		04	KS Górnik Radlin	<b>4:56.69</b>	6,00	493	
	50m: 33.30	33.30	150m: 1:47.60	37.34	250m: 3:03.05	37.66	350m: 4:18.89	38.02
	100m: 1:10.26	36.96	200m: 2:25.39	37.79	300m: 3:40.87	37.82	400m: 4:56.69	37.80
11.	Grzymała Zuzanna		04	UKS Salmo ory	<b>4:59.41</b>	4,00	480	
	50m: 32.22	32.22	150m: 1:45.78	37.46	250m: 3:01.89	38.35	350m: 4:20.65	39.63
	100m: 1:08.32	36.10	200m: 2:23.54	37.76	300m: 3:41.02	39.13	400m: 4:59.41	38.76
12.	Zi ba Emilia		04	KS Pi tka Chorzów	<b>5:00.41</b>	2,00	475	
	50m: 33.29	33.29	150m: 1:48.05	38.23	250m: 3:06.08	39.08	350m: 4:23.36	38.17
	100m: 1:09.82	36.53	200m: 2:27.00	38.95	300m: 3:45.19	39.11	400m: 5:00.41	37.05
13.	Knap Oliwia		04	UKS Huragan Sosnowiec	<b>5:04.07</b>	1,00	458	
	50m: 34.57	34.57	150m: 1:51.65	38.40	250m: 3:09.60	38.29	350m: 4:26.37	38.29
	100m: 1:13.25	38.68	200m: 2:31.31	39.66	300m: 3:48.08	38.48	400m: 5:04.07	37.70
14.	Lubi ska Oliwia		04	Nowy KP Bielsko-Biała	<b>5:20.73</b>	1,00	390	
	50m: 34.08	34.08	150m: 1:50.61	38.97	250m: 3:13.74	42.19	350m: 4:39.12	42.83
	100m: 1:11.64	37.56	200m: 2:31.55	40.94	300m: 3:56.29	42.55	400m: 5:20.73	41.61
15.	Burzy ska Oliwia		04	KS Pi tka Chorzów	<b>5:34.83</b>	1,00	343	
	50m: 35.06	35.06	150m: 1:58.57	42.81	250m: 3:24.59	43.37	350m: 4:52.29	43.74
	100m: 1:15.76	40.70	200m: 2:41.22	42.65	300m: 4:08.55	43.96	400m: 5:34.83	42.54
16.	Musialik Emilia		04	CSiR MOS D browa Górnicza	<b>5:54.72</b>	1,00	288	
	50m: 38.51	38.51	150m: 2:07.76	45.06	250m: 3:39.62	46.18	350m: 5:11.77	46.46
	100m: 1:22.70	44.19	200m: 2:53.44	45.68	300m: 4:25.31	45.69	400m: 5:54.72	42.95



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15 lat i starsi

1.	Zaborowicz Julia	01	KS Górnik Sosnowiec	<b>4:30.66</b>	24,00	650
	50m: 32.37 32.37	150m: 1:42.30 35.41	250m: 2:50.48 34.53	350m: 3:57.78 32.87		
	100m: 1:06.89 34.52	200m: 2:15.95 33.65	300m: 3:24.91 34.43	400m: 4:30.66 32.88		
2.	Bart Patrycja	97	MKS Pałac Katowice	<b>4:32.29</b>	22,00	638
	50m: 32.00 32.00	150m: 1:42.00 35.26	250m: 2:51.07 34.45	350m: 3:59.07 33.28		
	100m: 1:06.74 34.74	200m: 2:16.62 34.62	300m: 3:25.79 34.72	400m: 4:32.29 33.22		
3.	Cioch-Gradzik Wiktoria	03	UKS MANTA Kochłowice Ruda I s	<b>4:34.81</b>	20,00	621
	50m: 31.90 31.90	150m: 1:42.04 35.48	250m: 2:51.80 34.42	350m:		
	100m: 1:06.56 34.66	200m: 2:17.38 35.34	300m: 4:01.18 1:09.38	400m: 4:34.81		
4.	Piskorz Aleksandra	01	UKS WODNIK Siemianowice laski	<b>4:35.81</b>	18,00	614
	50m: 30.47 30.47	150m: 1:40.01 35.00	250m: 2:50.47 35.16	350m: 4:01.47 35.38		
	100m: 1:05.01 34.54	200m: 2:15.31 35.30	300m: 3:26.09 35.62	400m: 4:35.81 34.34		
5.	Pogo Milena	03	CSiR MOS D browa Górnicza	<b>4:38.97</b>	16,00	594
	50m: 32.82 32.82	150m: 1:42.60 35.09	250m: 2:53.17 35.21	350m: 4:03.70 35.33		
	100m: 1:07.51 34.69	200m: 2:17.96 35.36	300m: 3:28.37 35.20	400m: 4:38.97 35.27		
6.	Fuks Emilia	02	UKS WODNIK Siemianowice laski	<b>4:45.41</b>	14,00	554
	50m: 31.67 31.67	150m: 1:42.39 35.94	250m: 2:55.05 36.60	350m: 4:09.02 36.90		
	100m: 1:06.45 34.78	200m: 2:18.45 36.06	300m: 3:32.12 37.07	400m: 4:45.41 36.39		
7.	Zarembik Katarzyna SR	02	MKS-SMS Victoria Racibórz	<b>4:46.84</b>	12,00	546
	50m: 32.80 32.80	150m: 1:43.66 35.61	250m: 2:56.20 36.30	350m: 4:10.14 37.36		
	100m: 1:08.05 35.25	200m: 2:19.90 36.24	300m: 3:32.78 36.58	400m: 4:46.84 36.70		
8.	Krusi ska Wiktoria	03	CSiR MOS D browa Górnicza	<b>4:56.39</b>	10,00	495
	50m:	150m: 1:46.14	250m:	350m: 4:17.59 37.35		
	100m:	200m: 3:02.38 1:16.24	300m: 3:40.24	400m: 4:56.39 38.80		
9.	Niewiadomska Nikola	03	UKS MANTA Kochłowice Ruda I s	<b>5:00.68</b>	8,00	474
	50m: 32.15 32.15	150m: 1:47.34 38.02	250m: 3:05.20 39.14	350m: 4:22.77 39.08		
	100m: 1:09.32 37.17	200m: 2:26.06 38.72	300m: 3:43.69 38.49	400m: 5:00.68 37.91		
10.	Dobrowolska Natalia SR	03	MKS-SMS Victoria Racibórz	<b>5:01.99</b>	6,00	468
	50m: 33.61 33.61	150m: 1:48.12 37.79	250m: 3:04.85 38.59	350m: 4:24.16 39.78		
	100m: 1:10.33 36.72	200m: 2:26.26 38.14	300m: 3:44.38 39.53	400m: 5:01.99 37.83		
11.	Krywiel Karolina	03	MKS-SMS Victoria Racibórz	<b>5:09.28</b>	4,00	435
	50m: 33.74 33.74	150m: 1:49.67 38.37	250m: 3:08.42 39.65	350m: 4:29.42 41.01		
	100m: 1:11.30 37.56	200m: 2:28.77 39.10	300m: 3:48.41 39.99	400m: 5:09.28 39.86		
12.	Nowak Jagoda	02	UKS WODNIK Siemianowice laski	<b>5:12.04</b>	2,00	424
	50m: 32.91 32.91	150m: 1:48.51 39.00	250m: 3:09.04 40.35	350m: 4:32.49 42.00		
	100m: 1:09.51 36.60	200m: 2:28.69 40.18	300m: 3:50.49 41.45	400m: 5:12.04 39.55		
13.	Mania Weronika	03	KS Górnik Radlin	<b>5:18.79</b>	1,00	398
	50m: 35.19 35.19	150m: 1:54.40 40.34	250m: 3:16.30 41.20	350m: 4:38.43 41.09		
	100m: 1:14.06 38.87	200m: 2:35.10 40.70	300m: 3:57.34 41.04	400m: 5:18.79 40.36		
14.	Nowak Weronika	03	KS Pi tka Chorzów	<b>5:42.55</b>	1,00	320
	50m: 35.86 35.86	150m: 2:00.26 43.51	250m: 3:28.80 44.77	350m: 4:59.75 44.68		
	100m: 1:16.75 40.89	200m: 2:44.03 43.77	300m: 4:15.07 46.27	400m: 5:42.55 42.80		
15.	Przewo nik Hanna	02	UKS MANTA Kochłowice Ruda I s	<b>5:54.40</b>	1,00	289
	50m: 37.94 37.94	150m: 2:05.56 44.52	250m: 4:25.95	350m:		
	100m: 1:21.04 43.10	200m:	300m:	400m: 5:54.40		