



Konkurencja 21
28.01.2019 - 11:22

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2018

| Pozycja | | | | | Rok ur. | | | | | Czas | LKS | FINA |
|---------------|--------------------|---------|-------|-------|---------|--------------------------------|-------|---------|-------|----------------|---------|-------|
| 14 lat | | | | | | | | | | | | |
| 1. | Mleczek Natalia | | | | 05 | LKS Jedno 32 Przyszowice | | | | 4:33.84 | 24,00 | 628 |
| | 50m: | 32.65 | 32.65 | 150m: | 1:41.59 | 34.64 | 250m: | 2:51.06 | 34.65 | 350m: | 4:00.80 | 34.67 |
| | 100m: | 1:06.95 | 34.30 | 200m: | 2:16.41 | 34.82 | 300m: | 3:26.13 | 35.07 | 400m: | 4:33.84 | 33.04 |
| 2. | Stabosz Emilia | | | | 05 | MOSM Tychy | | | | 4:37.31 | 22,00 | 604 |
| | 50m: | 30.58 | 30.58 | 150m: | 1:40.92 | 35.56 | 250m: | 2:52.06 | 35.59 | 350m: | 4:03.50 | 35.45 |
| | 100m: | 1:05.36 | 34.78 | 200m: | 2:16.47 | 35.55 | 300m: | 3:28.05 | 35.99 | 400m: | 4:37.31 | 33.81 |
| 3. | Smiczek Julia | | | | 05 | KS Piłka Chorzów | | | | 4:48.84 | 20,00 | 535 |
| | 50m: | 32.18 | 32.18 | 150m: | 1:44.06 | 36.42 | 250m: | 2:58.31 | 37.21 | 350m: | 4:13.25 | 37.56 |
| | 100m: | 1:07.64 | 35.46 | 200m: | 2:21.10 | 37.04 | 300m: | 3:35.69 | 37.38 | 400m: | 4:48.84 | 35.59 |
| 4. | Volkert Julia | | | | 05 | MOSM Tychy | | | | 4:50.06 | 18,00 | 528 |
| | 50m: | 32.86 | 32.86 | 150m: | 1:46.41 | 37.19 | 250m: | 3:00.33 | 36.03 | 350m: | 4:15.15 | 37.76 |
| | 100m: | 1:09.22 | 36.36 | 200m: | 2:24.30 | 37.89 | 300m: | 3:37.39 | 37.06 | 400m: | 4:50.06 | 34.91 |
| 5. | Bukowska Olga | | | | 05 | MKS Pałac Katowice | | | | 4:50.47 | 16,00 | 526 |
| | 50m: | 32.51 | 32.51 | 150m: | 1:45.84 | 37.01 | 250m: | 3:00.66 | 37.36 | 350m: | 4:15.36 | 37.15 |
| | 100m: | 1:08.83 | 36.32 | 200m: | 2:23.30 | 37.46 | 300m: | 3:38.21 | 37.55 | 400m: | 4:50.47 | 35.11 |
| 6. | Goj Aleksandra | | | | 05 | KS Górnik Sosnowiec | | | | 5:03.81 | 14,00 | 459 |
| | 50m: | 32.75 | 32.75 | 150m: | 1:46.89 | 38.17 | 250m: | 3:05.16 | 39.62 | 350m: | | |
| | 100m: | 1:08.72 | 35.97 | 200m: | 2:25.54 | 38.65 | 300m: | 3:44.72 | 39.56 | 400m: | 5:03.81 | |
| 7. | Pieczul Inga | | | | 05 | UKS MANTA Kochłowice Ruda I s | | | | 5:10.94 | 12,00 | 429 |
| | 50m: | 33.40 | 33.40 | 150m: | 1:50.01 | 39.02 | 250m: | 3:10.00 | 40.04 | 350m: | 4:31.07 | 40.54 |
| | 100m: | 1:10.99 | 37.59 | 200m: | 2:29.96 | 39.95 | 300m: | 3:50.53 | 40.53 | 400m: | 5:10.94 | 39.87 |
| 8. | Daszkiewicz Emilia | | | | 05 | UKS Aligator Gorzyce | | | | 5:16.36 | 10,00 | 407 |
| | 50m: | 35.24 | 35.24 | 150m: | 1:54.31 | 40.27 | 250m: | 3:15.65 | 40.90 | 350m: | 4:37.09 | 40.80 |
| | 100m: | 1:14.04 | 38.80 | 200m: | 2:34.75 | 40.44 | 300m: | 3:56.29 | 40.64 | 400m: | 5:16.36 | 39.27 |
| 9. | Grzybek Magdalena | | | | 05 | KS Górnik Radlin | | | | 5:20.56 | 8,00 | 391 |
| | 50m: | 36.09 | 36.09 | 150m: | 1:57.38 | 41.32 | 250m: | 3:20.96 | 41.95 | 350m: | 4:41.68 | 40.23 |
| | 100m: | 1:16.06 | 39.97 | 200m: | 2:39.01 | 41.63 | 300m: | 4:01.45 | 40.49 | 400m: | 5:20.56 | 38.88 |
| 10. | Matwin Julia | | | | 05 | UKS Delfinek Cz stochowa | | | | 5:27.01 | 6,00 | 368 |
| | 50m: | 35.73 | 35.73 | 150m: | 1:57.81 | 41.96 | 250m: | 3:22.27 | 42.80 | 350m: | 4:46.25 | 41.67 |
| | 100m: | 1:15.85 | 40.12 | 200m: | 2:39.47 | 41.66 | 300m: | 4:04.58 | 42.31 | 400m: | 5:27.01 | 40.76 |
| 11. | Socha Emilia | | | | 05 | MKS Park Wodny Tarnowskie Góry | | | | 5:29.73 | 4,00 | 359 |
| | 50m: | 36.32 | 36.32 | 150m: | 1:59.69 | 42.28 | 250m: | 3:25.02 | 42.68 | 350m: | 4:49.36 | 42.52 |
| | 100m: | 1:17.41 | 41.09 | 200m: | 2:42.34 | 42.65 | 300m: | 4:06.84 | 41.82 | 400m: | 5:29.73 | 40.37 |
| 12. | Masło Maja | | | | 05 | CSiR MOS D browa Górnicza | | | | 5:33.06 | 2,00 | 349 |
| | 50m: | 34.70 | 34.70 | 150m: | 1:56.97 | 42.52 | 250m: | 3:23.85 | 44.00 | 350m: | 4:51.23 | 43.27 |
| | 100m: | 1:14.45 | 39.75 | 200m: | 2:39.85 | 42.88 | 300m: | 4:07.96 | 44.11 | 400m: | 5:33.06 | 41.83 |
| 13. | Filapek Wiktoria | | | | 05 | UKS Ondraszek Bielsko-Biała | | | | 5:34.98 | 1,00 | 343 |
| | 50m: | 36.55 | 36.55 | 150m: | 1:58.74 | 41.57 | 250m: | 3:24.83 | 43.41 | 350m: | | |
| | 100m: | 1:17.17 | 40.62 | 200m: | 2:41.42 | 42.68 | 300m: | 4:07.95 | 43.12 | 400m: | 5:34.98 | |
| 14. | Górak Paula | | | | 05 | Nowy KP Bielsko-Biała | | | | 5:38.50 | 1,00 | 332 |
| | 50m: | 36.33 | 36.33 | 150m: | 2:01.34 | 43.65 | 250m: | 3:26.09 | 41.76 | 350m: | 4:55.35 | |
| | 100m: | 1:17.69 | 41.36 | 200m: | 2:44.33 | 42.99 | 300m: | | | 400m: | 5:38.50 | 43.15 |
| 15. | Lisowska Daria | | | | 05 | MOSM Tychy | | | | 5:50.09 | 1,00 | 300 |
| | 50m: | 35.86 | 35.86 | 150m: | 2:01.66 | 44.72 | 250m: | | | 350m: | 5:06.56 | 45.99 |
| | 100m: | 1:16.94 | 41.08 | 200m: | | | 300m: | 4:20.57 | | 400m: | 5:50.09 | 43.53 |

SIKRET Gliwice ogłasza nabór do klasy Licealnej po szkole podstawowej i gimnazjalnej w roku szkolnym 2019/2020
Szczegółowe informacje u trenera Wojciech Wi niowicza tel. 500 193 225
Ostatnie wolne miejsca !!!



Konkurencja 21, Dziewcz t, 400m dowolny, 14 lat

| Pozycja | | | | Rok ur. | | | | | Czas | LKS | FINA |
|---------|----------------|---------|---------|---------|---------------------------|-------|-------|---------|----------------|-------|---------|
| 16. | Cuber Maja | | | 05 | MKS-SMS Victoria Racibórz | | | | 5:59.01 | 1,00 | 278 |
| | 50m: | 40.57 | 40.57 | 150m: | 2:56.26 | 45.92 | 250m: | 3:42.04 | 350m: | | |
| | 100m: | 2:10.34 | 1:29.77 | 200m: | | | 300m: | 4:28.20 | 46.16 | 400m: | 5:59.01 |
| 17. | Jarek Karolina | | | 05 | MKS-SMS Victoria Racibórz | | | | 6:04.04 | 1,00 | 267 |
| | 50m: | 40.12 | 40.12 | 150m: | | | 250m: | 4:30.48 | 46.40 | 350m: | |
| | 100m: | 1:23.92 | 43.80 | 200m: | 3:44.08 | | 300m: | 5:18.97 | 48.49 | 400m: | 6:04.04 |

15 lat

| | | | | | | | | | | | | |
|-----|----------------------|---------|-------|-------|-------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | Bocian Roksana | | | 04 | LKS Jedno 32 Przyszowice | | | | 4:31.90 | 24,00 | 641 | |
| | 50m: | 32.23 | 32.23 | 150m: | 1:41.04 | 34.45 | 250m: | 2:50.12 | 34.62 | 350m: | 3:59.11 | 34.43 |
| | 100m: | 1:06.59 | 34.36 | 200m: | 2:15.50 | 34.46 | 300m: | 3:24.68 | 34.56 | 400m: | 4:31.90 | 32.79 |
| 2. | Bociek Wiktoria | | | 04 | KS Górnik Sosnowiec | | | | 4:33.78 | 22,00 | 628 | |
| | 50m: | 32.11 | 32.11 | 150m: | 1:42.06 | 35.23 | 250m: | 2:51.64 | 34.75 | 350m: | 4:01.01 | 34.21 |
| | 100m: | 1:06.83 | 34.72 | 200m: | 2:16.89 | 34.83 | 300m: | 3:26.80 | 35.16 | 400m: | 4:33.78 | 32.77 |
| 3. | Fira Weronika | | | 04 | UKS Salmo ory | | | | 4:42.11 | 20,00 | 574 | |
| | 50m: | 31.31 | 31.31 | 150m: | 1:42.01 | 35.74 | 250m: | 2:54.27 | 36.16 | 350m: | 4:42.30 | 35.00 |
| | 100m: | 1:06.27 | 34.96 | 200m: | 2:18.11 | 36.10 | 300m: | 4:07.30 | 1:13.03 | 400m: | 4:42.11 | |
| 4. | Sobolewska Magdalena | | | 04 | UKS MANTA Kochłowice Ruda I s | | | | 4:43.17 | 18,00 | 568 | |
| | 50m: | 32.10 | 32.10 | 150m: | 1:42.84 | 35.86 | 250m: | 2:54.87 | 36.06 | 350m: | 4:07.59 | 36.16 |
| | 100m: | 1:06.98 | 34.88 | 200m: | 2:18.81 | 35.97 | 300m: | 3:31.43 | 36.56 | 400m: | 4:43.17 | 35.58 |
| 5. | Lala Nadia | | | 04 | UKS Salmo ory | | | | 4:43.69 | 16,00 | 564 | |
| | 50m: | 31.36 | 31.36 | 150m: | 1:42.79 | 36.12 | 250m: | 2:55.70 | 36.74 | 350m: | 4:09.40 | 36.55 |
| | 100m: | 1:06.67 | 35.31 | 200m: | 2:18.96 | 36.17 | 300m: | 3:32.85 | 37.15 | 400m: | 4:43.69 | 34.29 |
| 6. | Sikora Balbina | | | 04 | KP "SIKRET" Gliwice | | | | 4:49.34 | 14,00 | 532 | |
| | 50m: | 32.73 | 32.73 | 150m: | 1:45.11 | 36.48 | 250m: | 2:59.14 | 37.29 | 350m: | 4:13.48 | 36.89 |
| | 100m: | 1:08.63 | 35.90 | 200m: | 2:21.85 | 36.74 | 300m: | 3:36.59 | 37.45 | 400m: | 4:49.34 | 35.86 |
| 7. | Surmiak Klara | | | 04 | UKP Ruda I ska | | | | 4:49.61 | 12,00 | 531 | |
| | 50m: | 32.83 | 32.83 | 150m: | 1:45.22 | 36.39 | 250m: | 2:58.62 | 36.96 | 350m: | 4:13.60 | 37.53 |
| | 100m: | 1:08.83 | 36.00 | 200m: | 2:21.66 | 36.44 | 300m: | 3:36.07 | 37.45 | 400m: | 4:49.61 | 36.01 |
| 8. | Konopka Weronika | | | 04 | KP "SIKRET" Gliwice | | | | 4:51.04 | 10,00 | 523 | |
| | 50m: | 33.44 | 33.44 | 150m: | 1:47.35 | 37.36 | 250m: | 3:02.34 | 37.49 | 350m: | 4:16.41 | 36.94 |
| | 100m: | 1:09.99 | 36.55 | 200m: | 2:24.85 | 37.50 | 300m: | 3:39.47 | 37.13 | 400m: | 4:51.04 | 34.63 |
| 9. | Wiktorowicz Patrycja | | | 04 | MKS-SMS Victoria Racibórz | | | | 4:54.40 | 8,00 | 505 | |
| | 50m: | 32.65 | 32.65 | 150m: | 1:46.03 | 37.35 | 250m: | 3:01.90 | 38.22 | 350m: | 4:17.60 | 38.27 |
| | 100m: | 1:08.68 | 36.03 | 200m: | 2:23.68 | 37.65 | 300m: | 3:39.33 | 37.43 | 400m: | 4:54.40 | 36.80 |
| 10. | KaA1mierczak Manuela | | | 04 | KS Górnik Radlin | | | | 4:56.69 | 6,00 | 493 | |
| | 50m: | 33.30 | 33.30 | 150m: | 1:47.60 | 37.34 | 250m: | 3:03.05 | 37.66 | 350m: | 4:18.89 | 38.02 |
| | 100m: | 1:10.26 | 36.96 | 200m: | 2:25.39 | 37.79 | 300m: | 3:40.87 | 37.82 | 400m: | 4:56.69 | 37.80 |
| 11. | Grzymała Zuzanna | | | 04 | UKS Salmo ory | | | | 4:59.41 | 4,00 | 480 | |
| | 50m: | 32.22 | 32.22 | 150m: | 1:45.78 | 37.46 | 250m: | 3:01.89 | 38.35 | 350m: | 4:20.65 | 39.63 |
| | 100m: | 1:08.32 | 36.10 | 200m: | 2:23.54 | 37.76 | 300m: | 3:41.02 | 39.13 | 400m: | 4:59.41 | 38.76 |
| 12. | Zi ba Emilia | | | 04 | KS Pi tka Chorzów | | | | 5:00.41 | 2,00 | 475 | |
| | 50m: | 33.29 | 33.29 | 150m: | 1:48.05 | 38.23 | 250m: | 3:06.08 | 39.08 | 350m: | 4:23.36 | 38.17 |
| | 100m: | 1:09.82 | 36.53 | 200m: | 2:27.00 | 38.95 | 300m: | 3:45.19 | 39.11 | 400m: | 5:00.41 | 37.05 |
| 13. | Knap Oliwia | | | 04 | UKS Huragan Sosnowiec | | | | 5:04.07 | 1,00 | 458 | |
| | 50m: | 34.57 | 34.57 | 150m: | 1:51.65 | 38.40 | 250m: | 3:09.60 | 38.29 | 350m: | 4:26.37 | 38.29 |
| | 100m: | 1:13.25 | 38.68 | 200m: | 2:31.31 | 39.66 | 300m: | 3:48.08 | 38.48 | 400m: | 5:04.07 | 37.70 |
| 14. | Lubi ska Oliwia | | | 04 | Nowy KP Bielsko-Biała | | | | 5:20.73 | 1,00 | 390 | |
| | 50m: | 34.08 | 34.08 | 150m: | 1:50.61 | 38.97 | 250m: | 3:13.74 | 42.19 | 350m: | 4:39.12 | 42.83 |
| | 100m: | 1:11.64 | 37.56 | 200m: | 2:31.55 | 40.94 | 300m: | 3:56.29 | 42.55 | 400m: | 5:20.73 | 41.61 |

SIKRET Gliwice ogłasza nabór do klasy Licealnej po szkole podstawej i
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Ostatnie wolne miejsca !!!

Konkurencja 21, Dziewcz t, 400m dowolny, 15 lat

| Pozycja | | | | | Rok ur. | | | | | Czas | LKS | FINA |
|---------|------------------|---------|-------|-------|---------|---------------------------|-------|---------|-------|----------------|---------|-------|
| 15. | Burzy ska Oliwia | | | | 04 | KS Pi tka Chorzów | | | | 5:34.83 | 1,00 | 343 |
| | 50m: | 35.06 | 35.06 | 150m: | 1:58.57 | 42.81 | 250m: | 3:24.59 | 43.37 | 350m: | 4:52.29 | 43.74 |
| | 100m: | 1:15.76 | 40.70 | 200m: | 2:41.22 | 42.65 | 300m: | 4:08.55 | 43.96 | 400m: | 5:34.83 | 42.54 |
| 16. | Musialik Emilia | | | | 04 | CSiR MOS D browa Górnicza | | | | 5:54.72 | 1,00 | 288 |
| | 50m: | 38.51 | 38.51 | 150m: | 2:07.76 | 45.06 | 250m: | 3:39.62 | 46.18 | 350m: | 5:11.77 | 46.46 |
| | 100m: | 1:22.70 | 44.19 | 200m: | 2:53.44 | 45.68 | 300m: | 4:25.31 | 45.69 | 400m: | 5:54.72 | 42.95 |

16 lat i starsi

| | | | | | | | | | | | | |
|-----|------------------------|---------|-------|-------|---------|-------------------------------|-------|---------|---------|----------------|---------|-------|
| 1. | Zaborowicz Julia | | | | 01 | KS Górnik Sosnowiec | | | | 4:30.66 | 24,00 | 650 |
| | 50m: | 32.37 | 32.37 | 150m: | 1:42.30 | 35.41 | 250m: | 2:50.48 | 34.53 | 350m: | 3:57.78 | 32.87 |
| | 100m: | 1:06.89 | 34.52 | 200m: | 2:15.95 | 33.65 | 300m: | 3:24.91 | 34.43 | 400m: | 4:30.66 | 32.88 |
| 2. | Bart Patrycja | | | | 97 | MKS Pałac Katowice | | | | 4:32.29 | 22,00 | 638 |
| | 50m: | 32.00 | 32.00 | 150m: | 1:42.00 | 35.26 | 250m: | 2:51.07 | 34.45 | 350m: | 3:59.07 | 33.28 |
| | 100m: | 1:06.74 | 34.74 | 200m: | 2:16.62 | 34.62 | 300m: | 3:25.79 | 34.72 | 400m: | 4:32.29 | 33.22 |
| 3. | Cioch-Gradzik Wiktoria | | | | 03 | UKS MANTA Kochłowice Ruda l s | | | | 4:34.81 | 20,00 | 621 |
| | 50m: | 31.90 | 31.90 | 150m: | 1:42.04 | 35.48 | 250m: | 2:51.80 | 34.42 | 350m: | | |
| | 100m: | 1:06.56 | 34.66 | 200m: | 2:17.38 | 35.34 | 300m: | 4:01.18 | 1:09.38 | 400m: | 4:34.81 | |
| 4. | Piskorz Aleksandra | | | | 01 | UKS WODNIK Siemianowice laski | | | | 4:35.81 | 18,00 | 614 |
| | 50m: | 30.47 | 30.47 | 150m: | 1:40.01 | 35.00 | 250m: | 2:50.47 | 35.16 | 350m: | 4:01.47 | 35.38 |
| | 100m: | 1:05.01 | 34.54 | 200m: | 2:15.31 | 35.30 | 300m: | 3:26.09 | 35.62 | 400m: | 4:35.81 | 34.34 |
| 5. | Pogo Milena | | | | 03 | CSiR MOS D browa Górnicza | | | | 4:38.97 | 16,00 | 594 |
| | 50m: | 32.82 | 32.82 | 150m: | 1:42.60 | 35.09 | 250m: | 2:53.17 | 35.21 | 350m: | 4:03.70 | 35.33 |
| | 100m: | 1:07.51 | 34.69 | 200m: | 2:17.96 | 35.36 | 300m: | 3:28.37 | 35.20 | 400m: | 4:38.97 | 35.27 |
| 6. | Fuks Emilia | | | | 02 | UKS WODNIK Siemianowice laski | | | | 4:45.41 | 14,00 | 554 |
| | 50m: | 31.67 | 31.67 | 150m: | 1:42.39 | 35.94 | 250m: | 2:55.05 | 36.60 | 350m: | 4:09.02 | 36.90 |
| | 100m: | 1:06.45 | 34.78 | 200m: | 2:18.45 | 36.06 | 300m: | 3:32.12 | 37.07 | 400m: | 4:45.41 | 36.39 |
| 7. | Zarembik Katarzyna | | | | 02 | MKS-SMS Victoria Racibórz | | | | 4:46.84 | 12,00 | 546 |
| | 50m: | 32.80 | 32.80 | 150m: | 1:43.66 | 35.61 | 250m: | 2:56.20 | 36.30 | 350m: | 4:10.14 | 37.36 |
| | 100m: | 1:08.05 | 35.25 | 200m: | 2:19.90 | 36.24 | 300m: | 3:32.78 | 36.58 | 400m: | 4:46.84 | 36.70 |
| 8. | Krusi ska Wiktoria | | | | 03 | CSiR MOS D browa Górnicza | | | | 4:56.39 | 10,00 | 495 |
| | 50m: | | | 150m: | 1:46.14 | | 250m: | | | 350m: | 4:17.59 | 37.35 |
| | 100m: | | | 200m: | 3:02.38 | 1:16.24 | 300m: | 3:40.24 | | 400m: | 4:56.39 | 38.80 |
| 9. | Niewiadomska Nikola | | | | 03 | UKS MANTA Kochłowice Ruda l s | | | | 5:00.68 | 8,00 | 474 |
| | 50m: | 32.15 | 32.15 | 150m: | 1:47.34 | 38.02 | 250m: | 3:05.20 | 39.14 | 350m: | 4:22.77 | 39.08 |
| | 100m: | 1:09.32 | 37.17 | 200m: | 2:26.06 | 38.72 | 300m: | 3:43.69 | 38.49 | 400m: | 5:00.68 | 37.91 |
| 10. | Dobrowolska Natalia | | | | 03 | MKS-SMS Victoria Racibórz | | | | 5:01.99 | 6,00 | 468 |
| | 50m: | 33.61 | 33.61 | 150m: | 1:48.12 | 37.79 | 250m: | 3:04.85 | 38.59 | 350m: | 4:24.16 | 39.78 |
| | 100m: | 1:10.33 | 36.72 | 200m: | 2:26.26 | 38.14 | 300m: | 3:44.38 | 39.53 | 400m: | 5:01.99 | 37.83 |
| 11. | Krywiel Karolina | | | | 03 | MKS-SMS Victoria Racibórz | | | | 5:09.28 | 4,00 | 435 |
| | 50m: | 33.74 | 33.74 | 150m: | 1:49.67 | 38.37 | 250m: | 3:08.42 | 39.65 | 350m: | 4:29.42 | 41.01 |
| | 100m: | 1:11.30 | 37.56 | 200m: | 2:28.77 | 39.10 | 300m: | 3:48.41 | 39.99 | 400m: | 5:09.28 | 39.86 |
| 12. | Nowak Jagoda | | | | 02 | UKS WODNIK Siemianowice laski | | | | 5:12.04 | 2,00 | 424 |
| | 50m: | 32.91 | 32.91 | 150m: | 1:48.51 | 39.00 | 250m: | 3:09.04 | 40.35 | 350m: | 4:32.49 | 42.00 |
| | 100m: | 1:09.51 | 36.60 | 200m: | 2:28.69 | 40.18 | 300m: | 3:50.49 | 41.45 | 400m: | 5:12.04 | 39.55 |
| 13. | Mania Weronika | | | | 03 | KS Górnik Radlin | | | | 5:18.79 | 1,00 | 398 |
| | 50m: | 35.19 | 35.19 | 150m: | 1:54.40 | 40.34 | 250m: | 3:16.30 | 41.20 | 350m: | 4:38.43 | 41.09 |
| | 100m: | 1:14.06 | 38.87 | 200m: | 2:35.10 | 40.70 | 300m: | 3:57.34 | 41.04 | 400m: | 5:18.79 | 40.36 |
| 14. | Nowak Weronika | | | | 03 | KS Pi tka Chorzów | | | | 5:42.55 | 1,00 | 320 |
| | 50m: | 35.86 | 35.86 | 150m: | 2:00.26 | 43.51 | 250m: | 3:28.80 | 44.77 | 350m: | 4:59.75 | 44.68 |
| | 100m: | 1:16.75 | 40.89 | 200m: | 2:44.03 | 43.77 | 300m: | 4:15.07 | 46.27 | 400m: | 5:42.55 | 42.80 |

SIKRET Gliwice ogłasza nabór do klasy Licealnej po szkole podstawej i gimnazjalnej w roku szkolnym 2019/2020
Szczegółowe informacje u trenera Wojciech Wi niowicza tel. 500 193 225
Ostatnie wolne miejsca !!!



Konkurencja 21, Kobiet, 400m dowolny, 16 lat i starsi

| Pozycja | | | | Rok ur. | | | | | Czas | LKS | FINA |
|---------|------------------|---------|-------|---------|---------------------------|-------|-------|---------|----------------|---------|------|
| 15. | Przewońnik Hanna | | | 02 | UKS MANTA Kochłowice Ruda | | | I s | 5:54.40 | 1,00 | 289 |
| | 50m: | 37.94 | 37.94 | 150m: | 2:05.56 | 44.52 | 250m: | 4:25.95 | 350m: | | |
| | 100m: | 1:21.04 | 43.10 | 200m: | | | 300m: | | 400m: | 5:54.40 | |

SIKRET Gliwice ogłasza nabór do klasy Licealnej po szkole podstawej i
gimnazjalnej w roku szkolnym 2019/2020
Szczegółowe informacje u trenera Wojciech Wińnicza tel. 500 193 225
Ostatnie wolne miejsca !!!