



Konkurencja 49  
27.05.2019 - 12:42

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	LKS	FINA		
<b>14 lat</b>												
1.	Słabosz Emilia		05	MOSM Tychy				<b>5:22.49</b>	24,00	563		
	50m:	33.29	33.29	150m:	1:53.50	40.93	250m:	3:19.85	46.59	350m:	4:46.80	37.26
	100m:	1:12.57	39.28	200m:	2:33.26	39.76	300m:	4:09.54	49.69	400m:	5:22.49	35.69
2.	Bukowska Olga		05	MKS Pałac Katowice				<b>5:51.71</b>	22,00	434		
	50m:	35.20	35.20	150m:	2:07.85		250m:	3:42.81		350m:	5:13.63	
	100m:			200m:			300m:			400m:	5:51.71	38.08
3.	Pieczul Inga		05	UKS MANTA Kochłowice Ruda I s				<b>5:54.02</b>	20,00	425		
	50m:	37.03	37.03	150m:	2:05.56	43.01	250m:	3:40.96	51.82	350m:	5:13.98	40.77
	100m:	1:22.55	45.52	200m:	2:49.14	43.58	300m:	4:33.21	52.25	400m:	5:54.02	40.04
4.	Tadko Wiktoria		05	UKS ATUT SP 36 Cz stochowa				<b>6:07.62</b>	18,00	380		
	50m:	42.34	42.34	150m:	2:15.96	45.78	250m:	3:52.89	52.26	350m:	5:28.09	43.30
	100m:	1:30.18	47.84	200m:	3:00.63	44.67	300m:	4:44.79	51.90	400m:	6:07.62	39.53
5.	Matwin Julia		05	UKS Delfinek Cz stochowa				<b>6:15.52</b>	16,00	356		
	50m:	37.60	37.60	150m:	2:14.62	50.72	250m:	3:58.53	54.58	350m:	5:36.12	
	100m:	1:23.90	46.30	200m:	3:03.95	49.33	300m:			400m:	6:15.52	39.40
6.	Daszkiewicz Emilia		05	UKS Aligator Gorzyce				<b>6:17.48</b>	14,00	351		
	50m:	39.12	39.12	150m:	2:15.11		250m:	3:59.64		350m:	5:37.63	
	100m:	3:02.51	2:23.39	200m:			300m:			400m:	6:17.48	39.85
7.	Rówi ska Magdalena		05	UKS Na Fali Bytom				<b>6:25.17</b>	12,00	330		
	50m:	39.67	39.67	150m:	2:16.01	47.35	250m:	3:58.27	55.57	350m:	5:40.78	46.25
	100m:	1:28.66	48.99	200m:	3:02.70	46.69	300m:	4:54.53	56.26	400m:	6:25.17	44.39
<b>15 lat</b>												
1.	Fira Weronika		04	UKS Salmo ory				<b>5:23.38</b>	24,00	558		
	50m:	34.28	34.28	150m:	1:56.45	40.26	250m:	3:22.81	46.26	350m:	4:47.54	37.73
	100m:	1:16.19	41.91	200m:	2:36.55	40.10	300m:	4:09.81	47.00	400m:	5:23.38	35.84
2.	Sobolewska Magdalena		04	UKS MANTA Kochłowice Ruda I s				<b>5:23.99</b>	22,00	555		
	50m:	33.95	33.95	150m:	1:54.08	41.04	250m:	4:47.62	2:11.39	350m:		
	100m:	1:13.04	39.09	200m:	2:36.23	42.15	300m:	4:12.29		400m:	5:23.99	
3.	Surmiak Klara		04	UKP Ruda I ska				<b>5:27.46</b>	20,00	538		
	50m:	35.00	35.00	150m:	2:00.04	44.58	250m:	3:28.12	44.92	350m:	4:51.22	38.56
	100m:	1:15.46	40.46	200m:	2:43.20	43.16	300m:	4:12.66	44.54	400m:	5:27.46	36.24
4.	Lala Nadia		04	UKS Salmo ory				<b>5:30.22</b>	18,00	524		
	50m:	34.95	34.95	150m:	1:58.09		250m:	3:27.46		350m:	4:53.49	
	100m:			200m:			300m:			400m:	5:30.22	36.73
5.	Janecka Weronika		04	UKS Aquatica Pawłowice				<b>5:45.74</b>	16,00	457		
	50m:	36.97	36.97	150m:	2:07.44	45.77	250m:	3:39.27	46.10	350m:	5:06.79	41.22
	100m:	1:21.67	44.70	200m:	2:53.17	45.73	300m:	4:25.57	46.30	400m:	5:45.74	38.95
6.	Drabik Aneta		04	KP Sukces Chorzów				<b>5:51.16</b>	14,00	436		
	50m:	36.36	36.36	150m:	2:07.09	47.59	250m:	3:42.29	50.29	350m:	5:13.64	39.93
	100m:	1:19.50	43.14	200m:	2:52.00	44.91	300m:	4:33.71	51.42	400m:	5:51.16	37.52
7.	Szydło Emilia		04	KS Górnik Radlin				<b>5:53.87</b>	12,00	426		
	50m:	36.53	36.53	150m:	2:07.91		250m:	3:44.11		350m:	5:15.22	
	100m:	2:53.84	2:17.31	200m:	4:34.75	2:26.84	300m:			400m:	5:53.87	38.65
8.	Ka mierzak Manuela		04	KS Górnik Radlin				<b>6:00.82</b>	10,00	402		
	50m:	38.71	38.71	150m:	2:07.15	43.66	250m:	3:43.13	52.02	350m:	5:19.36	43.49
	100m:	1:23.49	44.78	200m:	2:51.11	43.96	300m:	4:35.87	52.74	400m:	6:00.82	41.46

SIKRET Gliwice ogłasza nabór do klasy Licealnej po szkole podstawej i  
gimnazjalnej w roku szkolnym 2019/2020  
Szczegółowe informacje u trenera Wojciech Wi niowicza tel. 500 193 225  
Ostatnie wolne miejsca !!!



Konkurencja 49, Kobiet, 400m zmienny

16 lat i starsi

1.	Modrzejewska Magdalena	02	MKS-SMS Victoria Racibórz	<b>5:15.36</b>	24,00	602
	50m: 32.91 32.91	150m: 3:16.45 2:05.31	250m: 4:40.16 2:10.08	350m:		
	100m: 1:11.14 38.23	200m: 2:30.08	300m: 4:03.40	400m: 5:15.36		
2.	Wojtkowiak Alicja	03	MKS Park Wodny Tarnowskie Góry	<b>5:17.97</b>	22,00	587
	50m: 30.84 30.84	150m: 1:51.23 43.77	250m: 3:18.65 45.10	350m: 4:42.32 39.73		
	100m: 1:07.46 36.62	200m: 2:33.55 42.32	300m: 4:02.59 43.94	400m: 5:17.97 35.65		
3.	Zawadzka Anna	00	MKP Wodnik 29 Tychy	<b>5:27.07</b>	20,00	540
	50m: 36.55 36.55	150m: 1:59.68 42.71	250m: 3:28.38 47.53	350m: 4:52.53 35.72		
	100m: 1:16.97 40.42	200m: 2:40.85 41.17	300m: 4:16.81 48.43	400m: 5:27.07 34.54		
4.	Niewiadomska Nikola	03	UKS MANTA Kochłowice Ruda I s	<b>5:35.15</b>	18,00	501
	50m: 35.08 35.08	150m: 1:58.17	250m: 3:30.54 48.16	350m: 4:57.68 38.68		
	100m:	200m: 2:42.38 44.21	300m: 4:19.00 48.46	400m: 5:35.15 37.47		
5.	Rokita Hanna	03	MKS Park Wodny Tarnowskie Góry	<b>5:37.22</b>	16,00	492
	50m: 33.70 33.70	150m: 1:59.24 45.59	250m: 3:28.52 45.70	350m: 4:57.41 41.60		
	100m: 1:13.65 39.95	200m: 2:42.82 43.58	300m: 4:15.81 47.29	400m: 5:37.22 39.81		
6.	Kasproicz Marta	03	MKS-SMS Victoria Racibórz	<b>5:41.60</b>	14,00	474
	50m: 34.77 34.77	150m: 2:01.04 45.53	250m: 3:32.14 47.98	350m: 5:01.57 40.35		
	100m: 1:15.51 40.74	200m: 2:44.16 43.12	300m: 4:21.22 49.08	400m: 5:41.60 40.03		
7.	Dobrowolska Natalia	03	MKS-SMS Victoria Racibórz	<b>5:41.74</b>	12,00	473
	50m: 35.60 35.60	150m: 2:01.21 44.62	250m: 3:34.84 50.01	350m: 5:03.50 38.75		
	100m: 1:16.59 40.99	200m: 2:44.83 43.62	300m: 4:24.75 49.91	400m: 5:41.74 38.24		
8.	Sczogiel Alicja	03	MKS Park Wodny Tarnowskie Góry	<b>5:46.21</b>	10,00	455
	50m: 34.72 34.72	150m: 2:01.22 44.13	250m: 3:32.74 49.24	350m: 5:05.51 41.17		
	100m: 1:17.09 42.37	200m: 2:43.50 42.28	300m: 4:24.34 51.60	400m: 5:46.21 40.70		
9.	Kowalczyk Agata	01	MKP Wodnik 29 Tychy	<b>5:52.31</b>	8,00	432
	50m: 37.12 37.12	150m: 2:10.15	250m: 3:43.24	350m:		
	100m:	200m:	300m:	400m: 5:52.31		
10.	Krywiel Karolina	03	MKS-SMS Victoria Racibórz	<b>5:55.70</b>	6,00	419
	50m: 39.49 39.49	150m: 2:10.39 43.27	250m: 3:46.84 53.75	350m: 5:19.80 39.06		
	100m: 1:27.12 47.63	200m: 2:53.09 42.70	300m: 4:40.74 53.90	400m: 5:55.70 35.90		
11.	Adamczyk Małgorzata	03	KS Górnik Radlin	<b>6:41.28</b>	4,00	292
	50m: 45.94 45.94	150m: 2:29.37 49.72	250m: 4:11.49 52.53	350m: 5:56.33		
	100m: 1:39.65 53.71	200m: 3:18.96 49.59	300m:	400m: 6:41.28 44.95		
DYSKW.	Cioch-Gradzik Wiktoria	03	UKS MANTA Kochłowice Ruda I s	<b>5:18.85</b>	-	
	<i>K15 - Pływak nie dotknął ciany dwiema dłońmi przy nawrocie lub na zakończenie wyścigu. (Czas: 12:53), z-3</i>					
	50m: 33.90 33.90	150m: 3:20.38 2:09.08	250m:	350m:		
	100m: 1:11.30 37.40	200m: 2:33.44	300m: 4:06.04	400m: 5:18.85		

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