

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 13. - 14.6.2019

Konkurencja 12  
13.06.2019 - 11:31

Kobiet, 400m zmienny

Open  
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.			
<b>14 lat</b>												
1.	Słabosz Emilia		05	MOSM Tychy				<b>5:26.80</b>	541			
	50m:	33.67	33.67	150m:	1:55.24	41.52	250m:	3:22.74	47.22	350m:	4:50.56	37.93
	100m:	1:13.72	40.05	200m:	2:35.52	40.28	300m:	4:12.63	49.89	400m:	5:26.80	36.24
2.	Pieczul Inga		05	UKS „MANTA” Kochłowice				<b>5:48.91</b>	444			
	50m:	38.17	38.17	150m:	2:06.39	41.80	250m:	3:40.34	50.93	350m:	5:10.80	39.54
	100m:	1:24.59	46.42	200m:	2:49.41	43.02	300m:	4:31.26	50.92	400m:	5:48.91	38.11
3.	Tadko Wiktoria		05	UKS ATUT Cz stochowa				<b>5:51.11</b>	436			
	50m:	39.62	39.62	150m:	2:10.65	45.12	250m:	3:44.14	49.45	350m:	5:13.48	38.96
	100m:	1:25.53	45.91	200m:	2:54.69	44.04	300m:	4:34.52	50.38	400m:	5:51.11	37.63
4.	Koral Milena		05	KS Górnik Radlin				<b>5:54.83</b>	423			
	50m:	37.75	37.75	150m:	2:07.83	44.24	250m:	3:41.94	49.47	350m:	5:13.36	40.48
	100m:	1:23.59	45.84	200m:	2:52.47	44.64	300m:	4:32.88	50.94	400m:	5:54.83	41.47
5.	Porszke Martyna		05	UKS Wodnik-29 Katowice				<b>6:03.27</b>	394			
	50m:	40.35	40.35	150m:	2:15.92	47.32	250m:	3:52.05	52.13	350m:		
	100m:	1:28.60	48.25	200m:	2:59.92	44.00	300m:	4:44.71	52.66	400m:	6:03.27	
6.	Matwin Julia		05	UKS „Delfinek” Cz stochowa				<b>6:17.81</b>	350			
	50m:	38.46	38.46	150m:	2:15.47	50.63	250m:	3:59.71	55.46	350m:	5:38.18	
	100m:	1:24.84	46.38	200m:	3:04.25	48.78	300m:			400m:	6:17.81	39.63
<b>15 lat</b>												
1.	Sobolewska Magdalena		04	UKS „MANTA” Kochłowice				<b>5:21.38</b>	569			
	50m:	33.41	33.41	150m:	1:53.03	42.62	250m:	3:22.62	48.02	350m:	4:45.75	36.52
	100m:	1:10.41	37.00	200m:	2:34.60	41.57	300m:	4:09.23	46.61	400m:	5:21.38	35.63
2.	Fira Weronika		04	UKS Salmo ory				<b>5:23.27</b>	559			
	50m:	33.91	33.91	150m:	1:56.06	40.80	250m:	3:22.62	46.54	350m:	4:47.79	37.36
	100m:	1:15.26	41.35	200m:	2:36.08	40.02	300m:	4:10.43	47.81	400m:	5:23.27	35.48
3.	Niedziółka Julia		04	MTP Delfin Cieszyn				<b>5:56.94</b>	415			
	50m:			150m:			250m:			350m:		
	100m:	1:24.44		200m:	2:56.81		300m:	4:33.65		400m:	5:56.94	
<b>16 - 18 lat</b>												
1.	Kosi ska Dominika		01	AZS AWF Katowice				<b>5:13.30</b>	614			
	50m:			150m:			250m:			350m:		
	100m:	1:12.50		200m:	2:31.00		300m:	4:01.26		400m:	5:13.30	
2.	Modrzejewska Magdalena		02	MKS SMS Victoria Racibórz				<b>5:17.26</b>	591			
	50m:	32.37	32.37	150m:	1:51.36	41.72	250m:	3:15.48	45.29	350m:	4:40.08	38.83
	100m:	1:09.64	37.27	200m:	2:30.19	38.83	300m:	4:01.25	45.77	400m:	5:17.26	37.18
3.	Cioch-Gradzik Wiktoria		03	UKS „MANTA” Kochłowice				<b>5:17.29</b>	591			
	50m:	33.97	33.97	150m:			250m:	3:21.60	45.74	350m:	4:42.59	35.81
	100m:	1:12.28	38.31	200m:	2:35.86		300m:	4:06.78	45.18	400m:	5:17.29	34.70
4.	Piskorz Aleksandra		01	UKS Wodnik Siemianowice I śkie				<b>5:18.33</b>	585			
	50m:	33.42	33.42	150m:	1:54.61	42.28	250m:	3:19.04	43.57	350m:	4:41.29	38.06
	100m:	1:12.33	38.91	200m:	2:35.47	40.86	300m:	4:03.23	44.19	400m:	5:18.33	37.04
5.	Rokita Hanna		03	MKS Park Wodny Tarnowskie Góry				<b>5:30.35</b>	524			
	50m:	34.14	34.14	150m:	1:57.93	44.41	250m:	3:26.20	44.55	350m:		
	100m:	1:13.52	39.38	200m:	2:41.65	43.72	300m:	4:12.27	46.07	400m:	5:30.35	
6.	Majewska Weronika		01	MKS SMS Victoria Racibórz				<b>5:31.00</b>	521			
	50m:	33.94	33.94	150m:	1:57.12	43.38	250m:	3:26.88	47.66	350m:	4:54.14	38.17
	100m:	1:13.74	39.80	200m:	2:39.22	42.10	300m:	4:15.97	49.09	400m:	5:31.00	36.86

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 13. - 14.6.2019

Konkurencja 12, Kobiet, 400m zmienny, 16 - 18 lat

Pozycja		Rok ur.					Czas	Pkt.
7.	Dobrowolska Natalia	03	MKS SMS Victoria Racibórz				<b>5:44.50</b>	462
	50m: 34.60 34.60	150m: 2:02.57	46.07	250m: 3:36.60	50.43	350m: 5:05.76	39.36	
	100m: 1:16.50 41.90	200m: 2:46.17	43.60	300m: 4:26.40	49.80	400m: 5:44.50	38.74	
	Niewiadomska Nikola	03	UKS „MANTA” Kochłowice				<b>5:44.50</b>	462
	50m: 34.41 34.41	150m: 2:03.34	45.09	250m: 3:37.73	49.59	350m:		
	100m: 1:18.25 43.84	200m: 2:48.14	44.80	300m: 4:26.82	49.09	400m: 5:44.50		
9.	Kowalczyk Agata	01	MKP „Wodnik 29” Tychy				<b>5:44.60</b>	461
	50m: 35.65 35.65	150m: 2:06.70	47.63	250m: 3:38.93	47.31	350m: 5:08.26	41.40	
	100m: 1:19.07 43.42	200m: 2:51.62	44.92	300m: 4:26.86	47.93	400m: 5:44.60	36.34	
10.	Krywiel Karolina	03	MKS SMS Victoria Racibórz				<b>6:04.36</b>	390
	50m: 42.12 42.12	150m: 2:15.71	44.64	250m: 3:49.83	51.40	350m: 5:25.02	41.40	
	100m: 1:31.07 48.95	200m: 2:58.43	42.72	300m: 4:43.62	53.79	400m: 6:04.36	39.34	
Open								
1.	Sm tek Wiktoria	01	SMS Racibórz				<b>5:10.57</b>	630
	50m: 33.34 33.34	150m: 1:53.80	40.29	250m: 3:15.55	42.67	350m: 4:35.48	36.28	
	100m: 1:13.51 40.17	200m: 2:32.88	39.08	300m: 3:59.20	43.65	400m: 5:10.57	35.09	
2.	Kosi ska Dominika	01	AZS AWF Katowice				<b>5:13.30</b>	614
	50m:	150m:		250m:		350m:		
	100m: 1:12.50	200m: 2:31.00		300m: 4:01.26		400m: 5:13.30		
3.	Modrzejewska Magdalena	02	MKS SMS Victoria Racibórz				<b>5:17.26</b>	591
	50m: 32.37 32.37	150m: 1:51.36	41.72	250m: 3:15.48	45.29	350m: 4:40.08	38.83	
	100m: 1:09.64 37.27	200m: 2:30.19	38.83	300m: 4:01.25	45.77	400m: 5:17.26	37.18	
4.	Cioch-Gradzik Wiktoria	03	UKS „MANTA” Kochłowice				<b>5:17.29</b>	591
	50m: 33.97 33.97	150m:		250m: 3:21.60	45.74	350m: 4:42.59	35.81	
	100m: 1:12.28 38.31	200m: 2:35.86		300m: 4:06.78	45.18	400m: 5:17.29	34.70	
5.	Piskorz Aleksandra	01	UKS Wodnik Siemianowice I śkie				<b>5:18.33</b>	585
	50m: 33.42 33.42	150m: 1:54.61	42.28	250m: 3:19.04	43.57	350m: 4:41.29	38.06	
	100m: 1:12.33 38.91	200m: 2:35.47	40.86	300m: 4:03.23	44.19	400m: 5:18.33	37.04	
6.	Sobolewska Magdalena	04	UKS „MANTA” Kochłowice				<b>5:21.38</b>	569
	50m: 33.41 33.41	150m: 1:53.03	42.62	250m: 3:22.62	48.02	350m: 4:45.75	36.52	
	100m: 1:10.41 37.00	200m: 2:34.60	41.57	300m: 4:09.23	46.61	400m: 5:21.38	35.63	
7.	Fira Weronika	04	UKS Salmo ory				<b>5:23.27</b>	559
	50m: 33.91 33.91	150m: 1:56.06	40.80	250m: 3:22.62	46.54	350m: 4:47.79	37.36	
	100m: 1:15.26 41.35	200m: 2:36.08	40.02	300m: 4:10.43	47.81	400m: 5:23.27	35.48	
8.	Słabosz Emilia	05	MOSM Tychy				<b>5:26.80</b>	541
	50m: 33.67 33.67	150m: 1:55.24	41.52	250m: 3:22.74	47.22	350m: 4:50.56	37.93	
	100m: 1:13.72 40.05	200m: 2:35.52	40.28	300m: 4:12.63	49.89	400m: 5:26.80	36.24	
9.	Rokita Hanna	03	MKS Park Wodny Tarnowskie Góry				<b>5:30.35</b>	524
	50m: 34.14 34.14	150m: 1:57.93	44.41	250m: 3:26.20	44.55	350m:		
	100m: 1:13.52 39.38	200m: 2:41.65	43.72	300m: 4:12.27	46.07	400m: 5:30.35		
10.	Majewska Weronika	01	MKS SMS Victoria Racibórz				<b>5:31.00</b>	521
	50m: 33.94 33.94	150m: 1:57.12	43.38	250m: 3:26.88	47.66	350m: 4:54.14	38.17	
	100m: 1:13.74 39.80	200m: 2:39.22	42.10	300m: 4:15.97	49.09	400m: 5:31.00	36.86	
11.	Dobrowolska Natalia	03	MKS SMS Victoria Racibórz				<b>5:44.50</b>	462
	50m: 34.60 34.60	150m: 2:02.57	46.07	250m: 3:36.60	50.43	350m: 5:05.76	39.36	
	100m: 1:16.50 41.90	200m: 2:46.17	43.60	300m: 4:26.40	49.80	400m: 5:44.50	38.74	
	Niewiadomska Nikola	03	UKS „MANTA” Kochłowice				<b>5:44.50</b>	462
	50m: 34.41 34.41	150m: 2:03.34	45.09	250m: 3:37.73	49.59	350m:		
	100m: 1:18.25 43.84	200m: 2:48.14	44.80	300m: 4:26.82	49.09	400m: 5:44.50		
13.	Kowalczyk Agata	01	MKP „Wodnik 29” Tychy				<b>5:44.60</b>	461
	50m: 35.65 35.65	150m: 2:06.70	47.63	250m: 3:38.93	47.31	350m: 5:08.26	41.40	
	100m: 1:19.07 43.42	200m: 2:51.62	44.92	300m: 4:26.86	47.93	400m: 5:44.60	36.34	

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Gliwice, 13. - 14.6.2019

Konkurencja 12, Kobiety, 400m zmienny, Open

Pozycja			Rok ur.					Czas	Pkt.			
14.	Pieczul Inga		05	UKS „MANTA” Kochłowice				<b>5:48.91</b>	444			
	50m:	38.17	38.17	150m:	2:06.39	41.80	250m:	3:40.34	50.93	350m:	5:10.80	39.54
	100m:	1:24.59	46.42	200m:	2:49.41	43.02	300m:	4:31.26	50.92	400m:	5:48.91	38.11
15.	Tadko Wiktoria		05	UKS ATUT Cz. stochowa				<b>5:51.11</b>	436			
	50m:	39.62	39.62	150m:	2:10.65	45.12	250m:	3:44.14	49.45	350m:	5:13.48	38.96
	100m:	1:25.53	45.91	200m:	2:54.69	44.04	300m:	4:34.52	50.38	400m:	5:51.11	37.63
16.	Koral Milena		05	KS Górnik Radlin				<b>5:54.83</b>	423			
	50m:	37.75	37.75	150m:	2:07.83	44.24	250m:	3:41.94	49.47	350m:	5:13.36	40.48
	100m:	1:23.59	45.84	200m:	2:52.47	44.64	300m:	4:32.88	50.94	400m:	5:54.83	41.47
17.	Niedziółka Julia		04	MTP Delfin Cieszyn				<b>5:56.94</b>	415			
	50m:			150m:			250m:			350m:		
	100m:	1:24.44		200m:	2:56.81		300m:	4:33.65		400m:	5:56.94	
18.	Porszke Martyna		05	UKS Wodnik-29 Katowice				<b>6:03.27</b>	394			
	50m:	40.35	40.35	150m:	2:15.92	47.32	250m:	3:52.05	52.13	350m:		
	100m:	1:28.60	48.25	200m:	2:59.92	44.00	300m:	4:44.71	52.66	400m:	6:03.27	
19.	Krywiel Karolina		03	MKS SMS Victoria Racibórz				<b>6:04.36</b>	390			
	50m:	42.12	42.12	150m:	2:15.71	44.64	250m:	3:49.83	51.40	350m:	5:25.02	41.40
	100m:	1:31.07	48.95	200m:	2:58.43	42.72	300m:	4:43.62	53.79	400m:	6:04.36	39.34
20.	Matwin Julia		05	UKS „Delfinek” Cz. stochowa				<b>6:17.81</b>	350			
	50m:	38.46	38.46	150m:	2:15.47	50.63	250m:	3:59.71	55.46	350m:	5:38.18	
	100m:	1:24.84	46.38	200m:	3:04.25	48.78	300m:			400m:	6:17.81	39.63