

Finswimming Junior European Cup 2019



October, 25 - 27
Gliwice, Poland





FINSWIMMING EUROPEAN JUNIOR CUP

25 - 27 October 2019

GLIWICE - POLAND

The Polish Underwater Federation PZPn invite all interested Federations and Clubs to participate in Finswimming European Junior Cup organized from 25th to 27th of October 2019 in Gliwice.

Particular Regulation

1. Races and rules:

Races and categories are the following:

Junior (Cat. "C" – 2004 - 2005) BOYS/GIRLS

50 m ap,
50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf,
50 m bf, 100 m bf, 200 m bf, 400 m bf,
RELAY

Junior (Cat. "D" – 2006 - 2007) BOYS/GIRLS

50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf,
50 m bf, 100 m bf, 200 m bf, 400 m bf,
RELAY

Junior (Cat. "E" – 2008 - 2009) BOYS/GIRLS

50 m sf, 100 m sf, 200 m sf, 400 m sf,
50 m bf, 100 m bf, 200 m bf, 400 m bf,

RELAY:

4 x 100 m sf mikst mixed OPEN= two (2) boys + two (2) girls from all categories, two (2) BF + two (2) SF

4 x 100 m bf mikst OPEN = two (2) boys + two (2) girls from all categories

4 x 100 m sf mikst OPEN= two (2) boys + two (2) girls from all categories

IMPORTANT:

- The competition will base on general rules of CMAS.
- Each competitor can take part in any number of individual races and relays.
- Each team can enroll any number of finswimmers for each individual race.
- Finswimmers category E have to swim in “small” monofins, maximum size: 625mm x 690 mm without any modifications (side wings etc.).
- Technical judges may check equipment all time during all the competition.
- The general individual classification will be done by the sum of three (3) best individual races (CMAS WC table 50) - in case of the same number of points in the general classification, the highest score in the “Table 1000” will decide on the final individual classification.
- The general Club classification will be done by the total amount of the individual point (Boys C, D, E & Girls C, D, E) and relays.
- Like in previous editions, the competitions will be also open for swimmers from group A and B for a test start on 50m swimming pool (out of classification).

2. *Competition place :*

The competition will take place in the “OLIMPIJCZYK Swimming Pool” in Gliwice.

The swimming pool has a length of 50m, a width of 10 lanes and a depth of 2m. The temperature of the water is 26⁰C (± 1⁰C).

Address: ul. Oriona 120, 44-100 Gliwice.



3. *Enrollments :*

1. **Preliminary entry** - must be filled and sent before **01. October 2019** to email address: biuro@pzp-n.pl (**Enclosure 1_preliminary entry**)
2. **Final entry** with distances and times of athletes has to be complete in the **SPLASH program** before **20. October 2019**
The instructions about Splash final entry will be provided after receiving the preliminary entry.

4. *Payment :*

The inscription fee for each club : 20 EURO (includes all relays fees).
The athletes' accommodation fee includes all starting fees.

ACCOMMODATION

Organizers offer accommodation possibility during the competition with enrolment deadline of **01 October 2019** (**Enclosure 2_Booking Form**):

This price includes starting fee.

1. Full board accommodation is offered:
(from Friday 25. October – dinner, until Sunday 27. October – breakfast)

Hotel *** 130 EURO / person (rooms with 1-2-3 beds)
2. Single room – extra fee - 25 EURO/ person /day
3. Extra day - 50 EURO / person /day

Those participants who do not accept one of the accommodations offered by the Organizing Committee - but arrange their accommodation by themselves are supposed to pay 40€/person as organizing fee and 30€/athlete as a starting fee.

Payment should be made by direct bank transfer before 15. October 2019

Name of the Bank : BANK ZACHODNI WBK SA

I ODDZIAL GDYNIA

Address: UL. 10 LUTEGO 11
81-366 GDYNIA

Beneficiary: Polski Związek Pletwonurkowania,
ul. Hallera 2
83-400 Kościerzyna, Poland

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL93109011020000000115588285

Enrollments will only be accepted when accompanied by bank transfer receipts.

5. Transfer :

Transfer Katowice-Pyrzowice Airport – Gliwice 40 € / person / in group up to 4 person
Katowice-Pyrzowice Airport – Gliwice 30 € / person / in group 5 to 15 person
Katowice-Pyrzowice Airport – Gliwice 20 € / person / in group 15+ person

Price include arrival and departure and all transfers hotel – swimming pool – hotel.
Please contact us if you need any transfer (Krakow or Wroclaw)

6. Registration procedures :

The registration to the competitions will be possible on 25.10.2019 from 13.00 to 19.00 at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice.

7. Timer :

Electronic: Omega system.

8. Classifications :

Classifications will be based on times registered by omega system or by the timekeepers, results will be compiled according to CMAS score. No finals for distance races. In case of the same number of points in general classification will decide the best result in "Table 1000" system to junior records.

9. Prizes :

Individual prizes

- medals will be given to the first three classified athletes in every individual race and every relay.
- cups for the best competition in each group C, D, E

Teams prizes

- cups for best three clubs

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

10. Antidoping :

WADA – World Antidoping Agency
CMAS – Antidoping Rules
POLADA – Polish Antidoping Agency

Athletes accept these rules as a condition of participation.

11. Responsibility :

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

12. Special Notes :

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts.

PROGRAM

Friday 25th October 2019

13.00 -19.00	Arriving of teams, checking of documents, payment of participant fee and accommodation fee in Competitions Office at the swimming pool.
19.30	Technical meeting at the swimming pool OLIMPIJCZYK
20.00 – 21.00	Training time

Saturday morning 26th October 2019

8.00 – 8.55	Warming up
9.00	50 m sf B/G C, D, E cat
	400 m bf B/G C, D, E cat.
	200 m sf B/G C, D, E cat.
	4 x 100 m sf relay mikst mixed OPEN

Saturday afternoon 26th October 2019

14.00 – 14.50	Warming up
15.00	Opening Ceremony
15.30	Medal ceremony for morning races
	50 m bf B/G C, D, E cat.
	800 m sf B/G C, D cat.
	200 m bf B/G C, D, E cat.
	100 m sf B/G C, D, E cat
	4 x 100 m bf mikst OPEN

Sunday morning 27th October 2019

8.00 – 8.55	Warming up
9.00	50 m bf Extra Race ☺
	50 m ap B/G C cat.
	400 m sf B/G C, D, E cat.
	100 m bf B/G C, D, E cat.
	4 x 100 m sf mikst OPEN
	 GENERAL AWARDING CEREMONY