

EUROPEAN FINSWIMMING JUNIOR CUP  
GLIWICE 26 - 27.10.2019.

**Schedule Session No. 1 - Saturday, 26 October 2019**

**26.10.2019 - 9:00**

Warmup: 8:00 until 8:45

9:00	1. 50m Surface Senior	All	Timed Final	16 +		no entries
9:00	2. 50m Surface Junior	Boys	Timed Final	C	0:10	4 Heats
9:10	3. 50m Surface Junior	Girls	Timed Final	C	0:10	4 Heats
9:20	4. 50m Surface Junior	Boys	Timed Final	- 13	0:15	5 Heats
9:35	5. 50m Surface Junior	Girls	Timed Final	- 13	0:25	8 Heats
10:00	6. 400m Bifins Senior	All	Timed Final	16 +	0:05	1 Heat
10:05	7. 400m Bifins Junior	Boys	Timed Final	C	0:15	2 Heats
10:20	8. 400m Bifins Junior	Girls	Timed Final	C	0:15	2 Heats
10:35	9. 400m Bifins Junior	Boys	Timed Final	- 13	0:25	3 Heats
11:00	10. 400m Bifins Junior	Girls	Timed Final	- 13	0:20	3 Heats
11:20	11. 200m Surface Senior	All	Timed Final	16 +		no entries
11:20	12. 200m Surface Junior	Boys	Timed Final	C	0:10	3 Heats
11:30	13. 200m Surface Junior	Girls	Timed Final	C	0:20	4 Heats
11:50	14. 200m Surface Junior	Boys	Timed Final	- 13	0:15	4 Heats
12:05	15. 200m Surface Junior	Girls	Timed Final	- 13	0:30	6 Heats
12:35	16. 4x100 Surface / Bifins	Mixed	Timed Final	Open	0:20	3 Heats
12:55	End of session			Total duration	3:55	

**Schedule Session No. 2 - Saturday, 26 October 2019**

**26.10.2019 - 15:00**

Warmup: 14:00 until 14:45

15:00	Opening Ceremony				0:30	
15:30	17. 50m Bi-Fins Senior	All	Timed Final	16 +	0:05	1 Heat
15:35	18. 50m Bi-Fins Junior	Boys	Timed Final	C	0:05	3 Heats
15:40	19. 50m Bi-Fins Junior	Girls	Timed Final	C	0:15	4 Heats
15:55	20. 50m Bi-Fins Junior	Boys	Timed Final	- 13	0:15	6 Heats
16:10	21. 50m Bi-Fins Junior	Girls	Timed Final	- 13	0:15	6 Heats
16:25	22. 800m Surface Senior	All	Timed Final	16 +		no entries
16:25	23. 800m Surface Junior	Boys	Timed Final	12 - 15	0:35	3 Heats
17:00	24. 800m Surface Junior	Girls	Timed Final	12 - 15	0:45	4 Heats
17:45	25. 200m Bi-Fins Senior	All	Timed Final	16 +		no entries
17:45	26. 200m Bi-Fins Junior	Boys	Timed Final	C	0:10	2 Heats
17:55	27. 200m Bi-Fins Junior	Girls	Timed Final	C	0:10	2 Heats
18:05	28. 200m Bi-Fins Junior	Boys	Timed Final	- 13	0:15	4 Heats
18:20	29. 200m Bi-Fins Junior	Girls	Timed Final	- 13	0:20	4 Heats
18:40	30. 100m Surface Senior	All	Timed Final	16 +		no entries
18:40	31. 100m Surface Junior	Boys	Timed Final	C	0:15	4 Heats
18:55	32. 100m Surface Junior	Girls	Timed Final	C	0:10	4 Heats
19:05	33. 100m Surface Junior	Boys	Timed Final	- 13	0:15	5 Heats
19:20	34. 100m Surface Junior	Girls	Timed Final	- 13	0:25	7 Heats
19:45	35. 4x100 Bifins Mikst	Mixed	Timed Final	Open	0:20	3 Heats
20:05	End of session			Total duration	5:05	

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**Schedule Session No. 3 - Sunday, 27 October 2019**

**27.10.2019 - 9:00**

Warmup: 8:00 until 8:55

9:00	36. 50m BF Extra Race	All	Timed Final	Open	0:05	2 Heats
9:05	37. 50m Apnea Senior	All	Timed Final	16 +	0:05	1 Heat
9:10	38. 50m Apnea Junior	Boys	Timed Final	C	0:05	3 Heats
9:15	39. 50m Apnea Junior	Girls	Timed Final	C	0:10	4 Heats
9:25	40. 400m Surface Senior	All	Timed Final	16 +		no entries
9:25	41. 400m Surface Junior	Boys	Timed Final	C	0:20	3 Heats
9:45	42. 400m Surface Junior	Girls	Timed Final	C	0:20	3 Heats
10:05	43. 400m Surface Junior	Boys	Timed Final	- 13	0:30	4 Heats
10:35	44. 400m Surface Junior	Girls	Timed Final	- 13	0:35	5 Heats
11:10	45. 100m Bi-Fins Senior	All	Timed Final	16 +	0:05	1 Heat
11:15	46. 100m Bi-Fins Junior	Boys	Timed Final	C	0:10	3 Heats
11:25	47. 100m Bi-Fins Junior	Girls	Timed Final	C	0:10	3 Heats
11:35	48. 100m Bi-Fins Junior	Boys	Timed Final	- 13	0:20	6 Heats
11:55	49. 100m Bi-Fins Junior	Girls	Timed Final	- 13	1:15	6 Heats
13:10	50. 4x100m Surface	Mixed	Timed Final	Open	0:20	3 Heats
13:30	End of session			Total duration	4:30	