

Mistrzostwa Okręgu Gliwickiego Open Dziewcząt
Gliwice, 12. - 13.11.2020

Konkurencja 11
12.11.2020 - 11:08

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
14 lat									
1.	Sojka Oliwia		06	Uks "Aqua Team Mikołów"				5:29.20	486
	50m:	35.34 35.34	150m:	2:44.82	1:26.46	250m:	4:53.52 37.20	350m:	
	100m:	1:18.36 43.02	200m:	4:16.32	1:31.50	300m:	5:29.20 35.68	400m:	5:29.20
2.	K dziora Vanessa		06	MOSM Tychy				5:40.96	438
	50m:	34.89 34.89	150m:	2:45.44	43.64	250m:	4:23.76 49.30	350m:	
	100m:	2:01.80 1:26.91	200m:	3:34.46	49.02	300m:	5:04.15 40.39	400m:	5:40.96
3.	Szpoton Natalia		06	KS Pi tka Chorzów				5:42.43	432
	50m:	35.31 35.31	150m:	2:01.58	43.66	250m:	3:33.27 47.07	350m:	5:03.32 42.06
	100m:	1:17.92 42.61	200m:	2:46.20	44.62	300m:	4:21.26 47.99	400m:	5:42.43 39.11
4.	Borowska Oliwia		06	UKS „ONDRASZEK” w Bielsku-Białej				5:46.08	418
	50m:	37.49 37.49	150m:	2:05.61	43.21	250m:	3:37.96 49.91	350m:	5:07.65 40.58
	100m:	1:22.40 44.91	200m:	2:48.05	42.44	300m:	4:27.07 49.11	400m:	5:46.08 38.43
5.	Oko ska Nadia		06	UKS „Dragon” B dzin				5:52.46	396
	50m:	35.40 35.40	150m:	2:04.26	46.32	250m:	3:36.88 47.60	350m:	5:10.20 43.06
	100m:	1:17.94 42.54	200m:	2:49.28	45.02	300m:	4:27.14 50.26	400m:	5:52.46 42.26
6.	Nahibowicz Patrycja		06	Ognisko TKKF Szczygłowice				6:19.99	316
	50m:	37.03 37.03	150m:	2:13.48	51.15	250m:	3:53.37 51.05	350m:	5:34.77 46.47
	100m:	1:22.33 45.30	200m:	3:02.32	48.84	300m:	4:48.30 54.93	400m:	6:19.99 45.22
15 lat									
1.	Słabosz Emilia		05	MKP „Wodnik 29” Tychy				5:04.15	617
	50m:	32.54 32.54	150m:	1:48.82	38.78	250m:	3:09.72 44.02	350m:	4:30.77 35.88
	100m:	1:10.04 37.50	200m:	2:25.70	36.88	300m:	3:54.89 45.17	400m:	5:04.15 33.38
2.	Bukowska Olga		05	UKP „Ruda I ska”				5:15.74	551
	50m:	33.04 33.04	150m:	1:53.62	41.21	250m:	3:19.06 45.18	350m:	4:40.90 36.15
	100m:	1:12.41 39.37	200m:	2:33.88	40.26	300m:	4:04.75 45.69	400m:	5:15.74 34.84
3.	Tadko Wiktoria		05	MKS SMS Victoria Racibórz				5:44.90	423
	50m:	38.41 38.41	150m:	2:06.25	43.78	250m:	3:36.65 47.84	350m:	5:05.40 40.33
	100m:	1:22.47 44.06	200m:	2:48.81	42.56	300m:	4:25.07 48.42	400m:	5:44.90 39.50
NIE UK.	Nowak Victoria		05	MKS Park Wodny Tarnowskie Góry					
	50m:	35.50 35.50	150m:	2:11.88	48.62	250m:		350m:	
	100m:	1:23.26 47.76	200m:	2:59.65	47.77	300m:		400m:	
16 lat									
1.	Surmiak Klara		04	UKP „Ruda I ska”				5:09.72	584
	50m:	33.32 33.32	150m:	1:52.21	40.42	250m:	3:15.56 41.97	350m:	4:34.84 36.51
	100m:	1:11.79 38.47	200m:	2:33.59	41.38	300m:	3:58.33 42.77	400m:	5:09.72 34.88
2.	Fira Weronika		04	"Sikret" Gliwice				5:16.24	548
	50m:	33.96 33.96	150m:	1:54.31	40.05	250m:	3:19.13 45.77	350m:	4:41.17 35.78
	100m:	1:14.26 40.30	200m:	2:33.36	39.05	300m:	4:05.39 46.26	400m:	5:16.24 35.07
3.	Sobolewska Magdalena		04	UKS „MANTA” Kochłowice Ruda I sk				5:18.97	534
	50m:	32.18 32.18	150m:	1:51.50	42.26	250m:	3:20.31 46.12	350m:	4:42.97 35.90
	100m:	1:09.24 37.06	200m:	2:34.19	42.69	300m:	4:07.07 46.76	400m:	5:18.97 36.00
4.	Drabik Aneta		04	KP „Sukces” Chorzów				5:30.15	482
	50m:	32.85 32.85	150m:	1:57.54	44.35	250m:	3:27.59 45.97	350m:	4:54.45 35.93
	100m:	1:13.19 40.34	200m:	2:41.62	44.08	300m:	4:18.52 50.93	400m:	5:30.15 35.70

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17 lat i starsi

1.	Modrzejewska Magdalena		02	MKS SMS Victoria Racibórz		5:35.09	461					
	50m:	34.02	34.02	150m:	1:58.46	43.75	250m:	3:28.43	47.02	350m:	4:55.59	39.79
	100m:	1:14.71	40.69	200m:	2:41.41	42.95	300m:	4:15.80	47.37	400m:	5:35.09	39.50
PK	Kuś Paulina		06	MMKS Kędzierzyn Koźle		6:05.46	355					
	50m:	36.18	36.18	150m:	2:06.72	48.70	250m:	3:47.35	52.34	350m:	5:24.34	43.16
	100m:	1:18.02	41.84	200m:	2:55.01	48.29	300m:	4:41.18	53.83	400m:	6:05.46	41.12