

Mistrzostwa Okręgu I śkiego Open
Gliwice, 13. - 14.11.2020

Konkurencja 17
14.11.2020 - 9:53

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.			
14 lat												
1.	Porwik Kacper		06	KS Piłka Chorzów				4:33.37	468			
	50m:	29.89	29.89	150m:	1:37.79	34.65	250m:	2:48.17	35.50	350m:	3:58.99	35.55
	100m:	1:03.14	33.25	200m:	2:12.67	34.88	300m:	3:23.44	35.27	400m:	4:33.37	34.38
2.	Pera Marcin		06	UKS Wodnik Siemianowice I śkie				4:35.04	459			
	50m:	29.97	29.97	150m:	1:40.21	35.76	250m:	2:52.14	36.00	350m:	4:03.57	35.48
	100m:	1:04.45	34.48	200m:	2:16.14	35.93	300m:	3:28.09	35.95	400m:	4:35.04	31.47
3.	Zawada Olaf		06	MTP Delfin Cieszyn				4:35.43	457			
	50m:	30.82	30.82	150m:	1:40.38	35.35	250m:	2:47.43	31.35	350m:	4:03.17	35.10
	100m:	1:05.03	34.21	200m:	2:16.08	35.70	300m:	3:28.07	40.64	400m:	4:35.43	32.26
4.	Jarek Oskar		06	UKS „MANTA” Kochłowice Ruda I śkie				4:43.44	419			
	50m:	31.14	31.14	150m:	1:42.74	36.23	250m:	2:55.92	36.87	350m:	4:10.44	36.93
	100m:	1:06.51	35.37	200m:	2:19.05	36.31	300m:	3:33.51	37.59	400m:	4:43.44	33.00
5.	Melkowski Jakub		06	UKS „MANTA” Kochłowice Ruda I śkie				4:44.64	414			
	50m:	31.76	31.76	150m:	1:42.04	35.88	250m:	2:55.47	36.54	350m:	4:09.06	36.73
	100m:	1:06.16	34.40	200m:	2:18.93	36.89	300m:	3:32.33	36.86	400m:	4:44.64	35.58
6.	Łata Łukasz		06	"Sikret" Gliwice				4:48.55	397			
	50m:	31.30	31.30	150m:	1:41.99	35.72	250m:	2:55.81	37.06	350m:	4:12.31	38.07
	100m:	1:06.27	34.97	200m:	2:18.75	36.76	300m:	3:34.24	38.43	400m:	4:48.55	36.24
7.	Popek Mateusz		06	UKS „Aligator" Gorzyce				4:55.28	371			
	50m:	32.61	32.61	150m:	1:47.94	38.16	250m:	3:04.06	38.19	350m:	4:19.91	37.65
	100m:	1:09.78	37.17	200m:	2:25.87	37.93	300m:	3:42.26	38.20	400m:	4:55.28	35.37
8.	Kajdewicz Kacper		06	MOSM Tychy				5:01.49	348			
	50m:	32.13	32.13	150m:	1:47.51	38.64	250m:	3:06.65	40.01	350m:	4:23.56	37.34
	100m:	1:08.87	36.74	200m:	2:26.64	39.13	300m:	3:46.22	39.57	400m:	5:01.49	37.93
9.	Kurianowicz Witold		06	Uks "Salmo ory"				5:11.80	315			
	50m:	33.74	33.74	150m:	1:50.37	39.40	250m:	3:12.66	41.51	350m:	4:34.70	40.22
	100m:	1:10.97	37.23	200m:	2:31.15	40.78	300m:	3:54.48	41.82	400m:	5:11.80	37.10
10.	Pauszek Wojciech		06	UKS Aquatica Pawłowice				5:28.18	270			
	50m:	34.71	34.71	150m:	1:56.26	41.83	250m:	3:22.07	43.07	350m:	4:48.48	42.93
	100m:	1:14.43	39.72	200m:	2:39.00	42.74	300m:	4:05.55	43.48	400m:	5:28.18	39.70
11.	Rychter Oskar		06	MKS Park Wodny Tarnowskie Góry				5:57.48	209			
	50m:	35.16	35.16	150m:	1:59.78	44.69	250m:	3:34.67	47.82	350m:	5:12.23	48.95
	100m:	1:15.09	39.93	200m:	2:46.85	47.07	300m:	4:23.28	48.61	400m:	5:57.48	45.25
12.	Urbański Szymon		06	Ognisko TKKF Szczygłowice				6:06.67	193			
	50m:	37.25	37.25	150m:	2:07.51	46.12	250m:	3:44.18	48.77	350m:	5:18.52	45.86
	100m:	1:21.39	44.14	200m:	2:55.41	47.90	300m:	4:32.66	48.48	400m:	6:06.67	48.15
15 lat												
1.	Geisner Kamil		05	UKS Wodnik Siemianowice I śkie				4:11.28	602			
	50m:	28.44	28.44	150m:	1:31.65	31.82	250m:	2:36.43	32.50	350m:	3:40.39	31.73
	100m:	59.83	31.39	200m:	2:03.93	32.28	300m:	3:08.66	32.23	400m:	4:11.28	30.89
2.	Kucharski Paweł		05	"Sikret" Gliwice				4:14.57	579			
	50m:	27.89	27.89	150m:	1:31.62	32.06	250m:	2:37.19	32.90	350m:	3:43.18	32.67
	100m:	59.56	31.67	200m:	2:04.29	32.67	300m:	3:10.51	33.32	400m:	4:14.57	31.39
3.	Basaez Claudio		05	MKS Park Wodny Tarnowskie Góry				4:26.01	507			
	50m:	29.52	29.52	150m:	1:35.06	33.33	250m:	2:43.37	34.61	350m:	3:52.86	34.72
	100m:	1:01.73	32.21	200m:	2:08.76	33.70	300m:	3:18.14	34.77	400m:	4:26.01	33.15
4.	Duda Kacper		05	Rybnicki Młodzieżowy Klub Sportowy				4:27.42	499			
	50m:	27.70	27.70	150m:	1:33.30	33.93	250m:	2:43.55	35.46	350m:	3:54.58	35.51
	100m:	59.37	31.67	200m:	2:08.09	34.79	300m:	3:19.07	35.52	400m:	4:27.42	32.84

Mistrzostwa Okręgu I śkiego Open
Gliwice, 13. - 14.11.2020

Konkurencja 17, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.			
5.	Harazim Filip		05	"Sikret" Gliwice				4:31.43	478			
	50m:	29.16	29.16	150m:	1:36.66	34.62	250m:	2:47.32	35.42	350m:		
	100m:	1:02.04	32.88	200m:	2:11.90	35.24	300m:	3:22.80	35.48	400m:	4:31.43	
6.	Pawlica Mateusz		05	MKS Park Wodny Tarnowskie Góry				4:32.28	473			
	50m:	30.63	30.63	150m:	1:38.61	34.64	250m:	2:48.48	35.14	350m:	3:58.32	34.85
	100m:	1:03.97	33.34	200m:	2:13.34	34.73	300m:	3:23.47	34.99	400m:	4:32.28	33.96
7.	M cner Jakub		05	PTS "JANOSIK" Bielsko-Biała				4:36.30	453			
	50m:	29.15	29.15	150m:	1:37.44	35.04	250m:	2:49.70	36.60	350m:	4:02.36	36.26
	100m:	1:02.40	33.25	200m:	2:13.10	35.66	300m:	3:26.10	36.40	400m:	4:36.30	33.94

16 lat

1.	Gabry Maciej		04	"Sikret" Gliwice				4:02.76	668			
	50m:	27.89	27.89	150m:	1:29.41	31.20	250m:	2:32.20	31.27	350m:	3:33.71	30.18
	100m:	58.21	30.32	200m:	2:00.93	31.52	300m:	3:03.53	31.33	400m:	4:02.76	29.05
2.	Lewicki Jakub		04	"Sikret" Gliwice				4:09.93	612			
	50m:	28.41	28.41	150m:	1:30.83	31.37	250m:	2:34.65	32.33	350m:	3:38.83	32.15
	100m:	59.46	31.05	200m:	2:02.32	31.49	300m:	3:06.68	32.03	400m:	4:09.93	31.10
3.	Koziołek Kewin		04	"Sikret" Gliwice				4:26.44	505			
	50m:	28.94	28.94	150m:	1:34.83	33.63	250m:	2:43.05	34.41	350m:	3:52.44	35.00
	100m:	1:01.20	32.26	200m:	2:08.64	33.81	300m:	3:17.44	34.39	400m:	4:26.44	34.00
4.	Wykr t Marcin		04	"Sikret" Gliwice				4:27.04	502			
	50m:	28.51	28.51	150m:	1:30.89	31.18	250m:			350m:		
	100m:	59.71	31.20	200m:	2:01.60	30.71	300m:			400m:	4:27.04	
5.	Goik Bartłomiej		04	CSiR MOS w D browie Górnicyej				4:28.38	494			
	50m:	29.22	29.22	150m:	1:34.38	33.23	250m:	2:43.58	34.83	350m:	3:53.88	35.25
	100m:	1:01.15	31.93	200m:	2:08.75	34.37	300m:	3:18.63	35.05	400m:	4:28.38	34.50
6.	Krajewski Paweł		04	UKS „Huragan" przy SP nr 45 w Sosnow				4:36.64	451			
	50m:	29.38	29.38	150m:	1:37.31	35.09	250m:	2:49.60	36.40	350m:	4:02.16	36.21
	100m:	1:02.22	32.84	200m:	2:13.20	35.89	300m:	3:25.95	36.35	400m:	4:36.64	34.48
7.	Prus Bartłomiej		04	CSiR MOS w D browie Górnicyej				5:28.14	270			
	50m:	37.63	37.63	150m:	1:59.62	41.17	250m:	3:24.19	41.99	350m:	4:49.58	42.62
	100m:	1:18.45	40.82	200m:	2:42.20	42.58	300m:	4:06.96	42.77	400m:	5:28.14	38.56

17 lat i starsi

1.	Kuczak Adam		00	AZS AWF Katowice				4:02.10	673			
	50m:	27.83	27.83	150m:	1:28.91	30.63	250m:	2:30.55	30.71	350m:	3:32.28	30.84
	100m:	58.28	30.45	200m:	1:59.84	30.93	300m:	3:01.44	30.89	400m:	4:02.10	29.82
2.	Szarpak Marcin		01	AZS AWF Katowice				4:02.84	667			
	50m:	27.59	27.59	150m:	1:29.10	31.33	250m:	2:31.73	31.03	350m:	3:34.58	30.66
	100m:	57.77	30.18	200m:	2:00.70	31.60	300m:	3:03.92	32.19	400m:	4:02.84	28.26
3.	Tomaszowski Michał		03	UKS Wodnik Siemianowice I śkie				4:08.90	620			
	50m:	28.10	28.10	150m:	1:30.70	31.39	250m:	2:34.19	31.79	350m:	3:37.52	31.49
	100m:	59.31	31.21	200m:	2:02.40	31.70	300m:	3:06.03	31.84	400m:	4:08.90	31.38
4.	Zwadło Piotr		02	MKS SMS Victoria Racibórz				4:25.91	508			
	50m:	29.48	29.48	150m:	1:35.69	33.62	250m:	2:43.10	33.84	350m:	3:51.90	34.65
	100m:	1:02.07	32.59	200m:	2:09.26	33.57	300m:	3:17.25	34.15	400m:	4:25.91	34.01
5.	Szyniec Jakub		02	Rybnicki Młodzie owy Klub Sportowy				4:51.12	387			
	50m:	32.14	32.14	150m:	1:44.12	37.21	250m:	2:59.33	37.86	350m:	4:15.18	37.70
	100m:	1:06.91	34.77	200m:	2:21.47	37.35	300m:	3:37.48	38.15	400m:	4:51.12	35.94
PK	Piechowski Jakub		05	UKS Junior Kluczbork				4:29.16	490			
	50m:	29.24	29.24	150m:	1:36.11	33.82	250m:	2:45.19	34.89	350m:	3:55.02	34.93
	100m:	1:02.29	33.05	200m:	2:10.30	34.19	300m:	3:20.09	34.90	400m:	4:29.16	34.14