

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 28. - 29.5.2021

Konkurencja 14  
28.05.2021 - 13:06

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2021

| Pozycja               | Rok ur.             | Czas                              | Pkt.                |
|-----------------------|---------------------|-----------------------------------|---------------------|
| <b>14 lat</b>         |                     |                                   |                     |
| 1. Poppe Marta        | 07                  | UKS „MANTA” Kochłowice Ruda I sk: | <b>5:21.88</b> 566  |
| 50m: 34.57 34.57      | 150m: 1:57.05 42.29 | 250m: 3:23.84 45.76               | 350m: 4:46.99 36.63 |
| 100m: 1:14.76 40.19   | 200m: 2:38.08 41.03 | 300m: 4:10.36 46.52               | 400m: 5:21.88 34.89 |
| 2. Gorgosz Małgorzata | 07                  | UKS Aquatica Pawłowice            | <b>5:33.56</b> 509  |
| 50m: 35.18 35.18      | 150m: 1:58.12 41.41 | 250m: 3:27.75 46.72               | 350m: 4:56.86 39.53 |
| 100m: 1:16.71 41.53   | 200m: 2:41.03 42.91 | 300m: 4:17.33 49.58               | 400m: 5:33.56 36.70 |
| 3. Miernik Hanna      | 07                  | MOSM Tychy                        | <b>5:41.61</b> 474  |
| 50m: 36.45 36.45      | 150m: 2:04.47 46.02 | 250m: 3:38.37 49.78               | 350m: 5:05.60 37.25 |
| 100m: 1:18.45 42.00   | 200m: 2:48.59 44.12 | 300m: 4:28.35 49.98               | 400m: 5:41.61 36.01 |
| 4. Drajko Wiktoria    | 07                  | UKS „MANTA” Kochłowice Ruda I sk: | <b>5:49.20</b> 443  |
| 50m: 39.79 39.79      | 150m: 2:07.24 43.79 | 250m: 3:42.35 50.73               | 350m: 5:10.96 38.30 |
| 100m: 1:23.45 43.66   | 200m: 2:51.62 44.38 | 300m: 4:32.66 50.31               | 400m: 5:49.20 38.24 |
| 5. Bukowska Michalina | 07                  | UKP „Ruda I ska”                  | <b>5:49.50</b> 442  |
| 50m: 38.81 38.81      | 150m: 2:11.33 46.84 | 250m: 3:44.75 49.31               | 350m: 5:12.44 38.95 |
| 100m: 1:24.49 45.68   | 200m: 2:55.44 44.11 | 300m: 4:33.49 48.74               | 400m: 5:49.50 37.06 |
| 6. Winkler Sarah      | 07                  | UKS „Na Fali Bytom”               | <b>5:58.80</b> 409  |
| 50m: 40.48 40.48      | 150m: 2:14.21 46.07 | 250m: 3:50.24 51.88               | 350m: 5:21.88 40.59 |
| 100m: 1:28.14 47.66   | 200m: 2:58.36 44.15 | 300m: 4:41.29 51.05               | 400m: 5:58.80 36.92 |
| 7. Krystek Karolina   | 07                  | Ognisko TKKF Szczygłowice         | <b>6:16.95</b> 352  |
| 50m: 38.34 38.34      | 150m: 2:12.66       | 250m: 3:57.18                     | 350m: 5:37.78       |
| 100m:                 | 200m:               | 300m:                             | 400m: 6:16.95 39.17 |

**15 lat**

|                        |                     |                                  |                     |
|------------------------|---------------------|----------------------------------|---------------------|
| 1. Nikiel Natalia      | 06                  | MKS Park Wodny Tarnowskie Góry   | <b>5:26.12</b> 544  |
| 50m: 34.84 34.84       | 150m: 1:57.15 42.92 | 250m: 3:24.64 46.69              | 350m: 4:50.03 38.01 |
| 100m: 1:14.23 39.39    | 200m: 2:37.95 40.80 | 300m: 4:12.02 47.38              | 400m: 5:26.12 36.09 |
| 2. Sojka Oliwia        | 06                  | Uks "Aqua Team Mikołów"          | <b>5:37.92</b> 489  |
| 50m: 35.83 35.83       | 150m: 1:59.90 43.61 | 250m: 3:31.00 48.85              | 350m: 4:59.28 40.56 |
| 100m: 1:16.29 40.46    | 200m: 2:42.15 42.25 | 300m: 4:18.72 47.72              | 400m: 5:37.92 38.64 |
| 3. Kubecka Dominika    | 06                  | UKP „Ruda I ska”                 | <b>5:44.95</b> 460  |
| 50m: 37.25 37.25       | 150m: 2:07.49 46.65 | 250m: 3:40.17 46.94              | 350m: 5:07.24 39.67 |
| 100m: 1:20.84 43.59    | 200m: 2:53.23 45.74 | 300m: 4:27.57 47.40              | 400m: 5:44.95 37.71 |
| 4. Borowska Oliwia     | 06                  | UKS „ONDRASZEK” w Bielsku-Białej | <b>5:51.21</b> 436  |
| 50m: 37.16 37.16       | 150m: 2:07.03 46.60 | 250m: 3:41.84 51.50              | 350m: 5:11.17 40.38 |
| 100m: 1:20.43 43.27    | 200m: 2:50.34 43.31 | 300m: 4:30.79 48.95              | 400m: 5:51.21 40.04 |
| 5. Adamczyk Hanna      | 06                  | UKS „Aligator” Gorzyce           | <b>6:02.58</b> 396  |
| 50m: 38.08 38.08       | 150m: 2:13.42 52.52 | 250m: 3:53.33 51.62              | 350m: 5:24.32 41.60 |
| 100m: 1:20.90 42.82    | 200m: 3:01.71 48.29 | 300m: 4:42.72 49.39              | 400m: 6:02.58 38.26 |
| 6. Nahibowicz Patrycja | 06                  | Ognisko TKKF Szczygłowice        | <b>6:22.45</b> 337  |
| 50m: 40.62 40.62       | 150m: 2:21.02 49.97 | 250m: 4:01.18 50.54              | 350m: 5:40.03 45.09 |
| 100m: 1:31.05 50.43    | 200m: 3:10.64 49.62 | 300m: 4:54.94 53.76              | 400m: 6:22.45 42.42 |

KLASA MISTRZOSTWA SPORTOWEGO SIKRET Gliwice  
Ruszyła rejestracja kandydatów do klasy pływackiej w III Liceum Ogólnokształcącym w Gliwicach. Zainteresowane osoby prosimy o kontakt z trenerami:  
Wojciech Wiśniowicz: 500193225 Michał Matuszewski: 605640701  
Termin składania wniosków 31 maj 2021

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 28. - 29.5.2021

Konkurencja 14, Kobiety, 400m zmienny

16 lat

|    |                |       |                                |                |               |       |               |       |
|----|----------------|-------|--------------------------------|----------------|---------------|-------|---------------|-------|
| 1. | Bukowska Olga  | 05    | UKP „Ruda Gliwska”             | <b>5:20.81</b> | 572           |       |               |       |
|    | 50m: 34.16     | 34.16 | 150m: 1:57.36                  | 43.66          | 250m: 3:24.48 | 45.67 | 350m: 4:45.88 | 35.97 |
|    | 100m: 1:13.70  | 39.54 | 200m: 2:38.81                  | 41.45          | 300m: 4:09.91 | 45.43 | 400m: 5:20.81 | 34.93 |
| 2. | Koral Milena   | 05    | UKS Aquatica Pawłowice         | <b>5:29.58</b> | 527           |       |               |       |
|    | 50m: 35.24     | 35.24 | 150m: 1:57.84                  | 41.57          | 250m: 3:25.22 | 45.29 | 350m: 4:51.40 | 38.98 |
|    | 100m: 1:16.27  | 41.03 | 200m: 2:39.93                  | 42.09          | 300m: 4:12.42 | 47.20 | 400m: 5:29.58 | 38.18 |
| 3. | Nowak Victoria | 05    | MKS Park Wodny Tarnowskie Góry | <b>5:57.39</b> | 413           |       |               |       |
|    | 50m: 38.37     | 38.37 | 150m: 2:13.11                  | 46.63          | 250m: 3:47.17 | 49.44 | 350m: 5:18.54 | 41.39 |
|    | 100m: 1:26.48  | 48.11 | 200m: 2:57.73                  | 44.62          | 300m: 4:37.15 | 49.98 | 400m: 5:57.39 | 38.85 |

17 lat i starsi

|    |                        |       |                           |                |               |       |               |       |
|----|------------------------|-------|---------------------------|----------------|---------------|-------|---------------|-------|
| 1. | Surmiak Klara          | 04    | UKP „Ruda Gliwska”        | <b>5:23.35</b> | 558           |       |               |       |
|    | 50m: 35.49             | 35.49 | 150m: 1:59.56             | 43.91          | 250m: 3:26.54 | 45.40 | 350m: 4:48.22 | 38.29 |
|    | 100m: 1:15.65          | 40.16 | 200m: 2:41.14             | 41.58          | 300m: 4:09.93 | 43.39 | 400m: 5:23.35 | 35.13 |
| 2. | Fira Weronika          | 04    | "Sikret" Gliwice          | <b>5:29.77</b> | 526           |       |               |       |
|    | 50m: 35.26             | 35.26 | 150m:                     |                | 250m: 3:30.33 | 49.19 | 350m: 4:53.90 | 36.65 |
|    | 100m: 1:17.12          | 41.86 | 200m: 2:41.14             |                | 300m: 4:17.25 | 46.92 | 400m: 5:29.77 | 35.87 |
| 3. | Drabik Aneta           | 04    | KP „Sukces” Chorzów       | <b>5:38.31</b> | 488           |       |               |       |
|    | 50m: 35.78             | 35.78 | 150m: 2:04.73             | 46.58          | 250m: 3:36.65 | 48.18 | 350m: 5:02.95 | 38.03 |
|    | 100m: 1:18.15          | 42.37 | 200m: 2:48.47             | 43.74          | 300m: 4:24.92 | 48.27 | 400m: 5:38.31 | 35.36 |
| 4. | Wasilewska Małgorzata  | 04    | Ognisko TKKF Szczygłowice | <b>6:49.26</b> | 275           |       |               |       |
|    | 50m: 44.35             | 44.35 | 150m: 2:25.95             | 53.25          | 250m: 4:14.10 | 57.56 | 350m: 6:03.28 | 51.74 |
|    | 100m: 1:32.70          | 48.35 | 200m: 3:16.54             | 50.59          | 300m: 5:11.54 | 57.44 | 400m: 6:49.26 | 45.98 |
| PK | Jainta Sara            | 07    | DOKiS SP Vega Dobrodzie   | <b>5:42.08</b> | 472           |       |               |       |
|    | 50m: 36.42             | 36.42 | 150m: 2:00.64             | 43.65          | 250m: 3:34.02 | 51.40 | 350m: 5:05.16 | 38.68 |
|    | 100m: 1:16.99          | 40.57 | 200m: 2:42.62             | 41.98          | 300m: 4:26.48 | 52.46 | 400m: 5:42.08 | 36.92 |
| PK | Skrzypczak Natalia     | 07    | MMKS K dzierzyn-Ko le     | <b>5:55.87</b> | 419           |       |               |       |
|    | 50m: 39.75             | 39.75 | 150m: 2:11.22             | 47.16          | 250m: 3:47.31 | 48.78 | 350m: 5:17.60 | 42.31 |
|    | 100m: 1:24.06          | 44.31 | 200m: 2:58.53             | 47.31          | 300m: 4:35.29 | 47.98 | 400m: 5:55.87 | 38.27 |
| PK | Wojciechowska Patrycja | 07    | MMKS K dzierzyn-Ko le     | <b>6:12.18</b> | 366           |       |               |       |
|    | 50m: 38.73             | 38.73 | 150m: 2:14.59             | 46.72          | 250m: 3:54.05 | 52.70 | 350m: 5:30.72 | 43.82 |
|    | 100m: 1:27.87          | 49.14 | 200m: 3:01.35             | 46.76          | 300m: 4:46.90 | 52.85 | 400m: 6:12.18 | 41.46 |

KLASA MISTRZOSTWA SPORTOWEGO SIKRET Gliwice  
Ruszyła rejestracja kandydatów do klasy pływackiej w III Liceum Ogólnokształcącym w  
Gliwicach. Zainteresowane osoby prosimy o kontakt z trenerami:  
Wojciech Wiśniowicz: 500193225 Michał Matuszewski: 605640701  
Termin składania wniosków 31 maj 2021