

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
5-6 czerwiec 2021 Gliwice

Konkurencja 16
05.06.2021 - 18:56

M cyczn, 400 PP

Open
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.			
Open												
1.	Pietras Kamil		05	UKS Delfinek Chodzie				3:13.59				
	50m:	22.83	22.83	150m:	1:11.61	24.50	250m:	2:01.08	24.75	350m:	2:50.61	24.81
	100m:	47.11	24.28	200m:	1:36.33	24.72	300m:	2:25.80	24.72	400m:	3:13.59	22.98
2.	Dra ba Filip		02	OSN Amfiprion Olecko				3:14.41				
	50m:	23.11	23.11	150m:	1:10.60	24.16	250m:	2:00.53	24.82	350m:	2:50.64	25.20
	100m:	46.44	23.33	200m:	1:35.71	25.11	300m:	2:25.44	24.91	400m:	3:14.41	23.77
3.	Frankowski Dominik		00	UKS Rekin Wrocław				3:38.26				
	50m:	23.83	23.83	150m:	1:16.04	26.91	250m:	2:13.12	28.77	350m:	3:10.52	28.51
	100m:	49.13	25.30	200m:	1:44.35	28.31	300m:	2:42.01	28.89	400m:	3:38.26	27.74
4.	Jeli ski Natan		03	UKS Tri-Sea Mewa Władysławowo				3:39.60				
	50m:	25.47	25.47	150m:	1:19.00	27.28	250m:	2:15.79	28.71	350m:	3:12.94	28.22
	100m:	51.72	26.25	200m:	1:47.08	28.08	300m:	2:44.72	28.93	400m:	3:39.60	26.66
5.	Grudzi ski Karol		06	UKS Rekin Wrocław				3:39.99				
	50m:	25.11	25.11	150m:	1:21.22	28.73	250m:	2:19.41	29.10	350m:	3:15.72	27.86
	100m:	52.49	27.38	200m:	1:50.31	29.09	300m:	2:47.86	28.45	400m:	3:39.99	24.27
6.	Stefanowski Dawid		05	UKS Manta Ko cierzyna				3:49.21				
	50m:	24.62	24.62	150m:	1:22.00	29.27	250m:	2:21.69	29.93	350m:	3:20.89	29.26
	100m:	52.73	28.11	200m:	1:51.76	29.76	300m:	2:51.63	29.94	400m:	3:49.21	28.32
7.	Smoszna Wiktor		08	UKS Rekin Wrocław				4:14.86				
	50m:	28.26	28.26	150m:	1:33.60	33.19	250m:	2:39.26	33.08	350m:	3:44.36	32.22
	100m:	1:00.41	32.15	200m:	2:06.18	32.58	300m:	3:12.14	32.88	400m:	4:14.86	30.50
8.	Konkel Albert		10	UKS Tri-Sea Mewa Władysławowo				4:23.63				
	50m:	31.74	31.74	150m:	1:40.82	33.38	250m:	2:47.66	33.02	350m:	3:54.03	33.17
	100m:	1:07.44	35.70	200m:	2:14.64	33.82	300m:	3:20.86	33.20	400m:	4:23.63	29.60
9.	Koli ski Aleksander		08	UKS Manta Ko cierzyna				4:35.61				
	50m:	31.68	31.68	150m:	1:43.83	36.55	250m:	2:56.41	36.16	350m:	4:06.02	34.61
	100m:	1:07.28	35.60	200m:	2:20.25	36.42	300m:	3:31.41	35.00	400m:	4:35.61	29.59
10.	Rozgo ski Kacper		09	UKS Manta Ko cierzyna				4:38.35				
	50m:	31.61	31.61	150m:	1:39.65	34.93	250m:	2:53.64	37.54	350m:	4:08.23	37.74
	100m:	1:04.72	33.11	200m:	2:16.10	36.45	300m:	3:30.49	36.85	400m:	4:38.35	30.12
11.	Kropidłowski Szymon Junior		09	UKS Manta Ko cierzyna				4:49.15				
	50m:	32.37	32.37	150m:	1:43.99	35.65	250m:	3:00.08	38.43	350m:	4:15.30	37.67
	100m:	1:08.34	35.97	200m:	2:21.65	37.66	300m:	3:37.63	37.55	400m:	4:49.15	33.85
12.	Chałubek Ksawery		10	UKS Delfinek Chodzie				5:29.87				
	50m:	33.85	33.85	150m:	1:55.26	41.06	250m:	3:22.68	43.39	350m:	4:50.48	44.07
	100m:	1:14.20	40.35	200m:	2:39.29	44.03	300m:	4:06.41	43.73	400m:	5:29.87	39.39

Rocznik 2004 - 2005

1.	Pietras Kamil		05	UKS Delfinek Chodzie				3:13.59				
	50m:	22.83	22.83	150m:	1:11.61	24.50	250m:	2:01.08	24.75	350m:	2:50.61	24.81
	100m:	47.11	24.28	200m:	1:36.33	24.72	300m:	2:25.80	24.72	400m:	3:13.59	22.98
2.	Stefanowski Dawid		05	UKS Manta Ko cierzyna				3:49.21				
	50m:	24.62	24.62	150m:	1:22.00	29.27	250m:	2:21.69	29.93	350m:	3:20.89	29.26
	100m:	52.73	28.11	200m:	1:51.76	29.76	300m:	2:51.63	29.94	400m:	3:49.21	28.32

Rocznik 2006 - 2007

1.	Grudzi ski Karol		06	UKS Rekin Wrocław				3:39.99				
	50m:	25.11	25.11	150m:	1:21.22	28.73	250m:	2:19.41	29.10	350m:	3:15.72	27.86
	100m:	52.49	27.38	200m:	1:50.31	29.09	300m:	2:47.86	28.45	400m:	3:39.99	24.27

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Konkurencja 16, M czynn, 400 PP

Rocznik 2008 - 2009

1. Smoszna Wiktor	08	UKS Rekin Wrocław	4:14.86
50m: 28.26 28.26	150m: 1:33.60 33.19	250m: 2:39.26 33.08	350m: 3:44.36 32.22
100m: 1:00.41 32.15	200m: 2:06.18 32.58	300m: 3:12.14 32.88	400m: 4:14.86 30.50
2. Koli ski Aleksander	08	UKS Manta Ko cierzyna	4:35.61
50m: 31.68 31.68	150m: 1:43.83 36.55	250m: 2:56.41 36.16	350m: 4:06.02 34.61
100m: 1:07.28 35.60	200m: 2:20.25 36.42	300m: 3:31.41 35.00	400m: 4:35.61 29.59
3. Rozgo ski Kacper	09	UKS Manta Ko cierzyna	4:38.35
50m: 31.61 31.61	150m: 1:39.65 34.93	250m: 2:53.64 37.54	350m: 4:08.23 37.74
100m: 1:04.72 33.11	200m: 2:16.10 36.45	300m: 3:30.49 36.85	400m: 4:38.35 30.12
4. Kropidłowski Szymon Junior	09	UKS Manta Ko cierzyna	4:49.15
50m: 32.37 32.37	150m: 1:43.99 35.65	250m: 3:00.08 38.43	350m: 4:15.30 37.67
100m: 1:08.34 35.97	200m: 2:21.65 37.66	300m: 3:37.63 37.55	400m: 4:49.15 33.85

2010 i młodszy

1. Konkel Albert	10	UKS Tri-Sea Mewa Władysławowo	4:23.63
50m: 31.74 31.74	150m: 1:40.82 33.38	250m: 2:47.66 33.02	350m: 3:54.03 33.17
100m: 1:07.44 35.70	200m: 2:14.64 33.82	300m: 3:20.86 33.20	400m: 4:23.63 29.60
2. Chałubek Ksawery	10	UKS Delfinek Chodzie	5:29.87
50m: 33.85 33.85	150m: 1:55.26 41.06	250m: 3:22.68 43.39	350m: 4:50.48 44.07
100m: 1:14.20 40.35	200m: 2:39.29 44.03	300m: 4:06.41 43.73	400m: 5:29.87 39.39