

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
5-6 czerwiec 2021 Gliwice

Konkurencja 21
06.06.2021 - 9:52

M czyzn, 400 BF

Open
Wyniki

Punkty: FINA 2018

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|-------------|---------------------|---------------|---------|-------------------------------|-------|-----------------|-------|----------------|------|
| Open | | | | | | | | | |
| 1. | Kropidłowski Szymon | | 02 | UKS Manta Ko cierzyna | | | | 3:44.65 | |
| | 50m: | 25.04 25.04 | 150m: | 1:22.36 28.92 | 250m: | 2:21.48 29.42 | 350m: | 3:19.32 28.22 | |
| | 100m: | 53.44 28.40 | 200m: | 1:52.06 29.70 | 300m: | 2:51.10 29.62 | 400m: | 3:44.65 25.33 | |
| 2. | Grabowski Radosław | | 05 | UKS Delfinek Chodzie | | | | 3:46.42 | |
| | 50m: | 25.01 25.01 | 150m: | 1:22.43 28.95 | 250m: | 2:20.12 28.30 | 350m: | 3:19.10 29.49 | |
| | 100m: | 53.48 28.47 | 200m: | 1:51.82 29.39 | 300m: | 2:49.61 29.49 | 400m: | 3:46.42 27.32 | |
| 3. | Koli ski Michał | | 03 | UKS Manta Ko cierzyna | | | | 3:53.05 | |
| | 50m: | 25.70 25.70 | 150m: | 1:24.72 29.71 | 250m: | 2:24.70 29.65 | 350m: | 3:24.63 29.87 | |
| | 100m: | 55.01 29.31 | 200m: | 1:55.05 30.33 | 300m: | 2:54.76 30.06 | 400m: | 3:53.05 28.42 | |
| 4. | Margol Oskar | | 05 | Uks Delfin Jastarnia | | | | 4:01.71 | |
| | 50m: | 26.78 26.78 | 150m: | 1:28.14 31.31 | 250m: | 2:29.74 30.35 | 350m: | 3:32.99 31.65 | |
| | 100m: | 56.83 30.05 | 200m: | 1:59.39 31.25 | 300m: | 3:01.34 31.60 | 400m: | 4:01.71 28.72 | |
| 5. | Pukas Mikołaj | | 06 | UKS Rekin Wrocław | | | | 4:04.23 | |
| | 50m: | 26.70 26.70 | 150m: | 1:28.46 31.26 | 250m: | 2:32.69 31.86 | 350m: | 3:35.05 30.49 | |
| | 100m: | 57.20 30.50 | 200m: | 2:00.83 32.37 | 300m: | 3:04.56 31.87 | 400m: | 4:04.23 29.18 | |
| 6. | Markiewicz Karol | | 07 | UKS Tri-Sea Mewa Władysławowo | | | | 4:06.67 | |
| | 50m: | 28.89 28.89 | 150m: | 1:32.33 31.38 | 250m: | 2:35.32 31.18 | 350m: | 3:38.06 31.12 | |
| | 100m: | 1:00.95 32.06 | 200m: | 2:04.14 31.81 | 300m: | 3:06.94 31.62 | 400m: | 4:06.67 28.61 | |
| 7. | Matyjewicz Michał | | 06 | OSN Amfiprion Olecko | | | | 4:09.81 | |
| | 50m: | 27.44 27.44 | 150m: | 1:29.76 31.86 | 250m: | 2:34.87 32.60 | 350m: | 3:39.69 32.68 | |
| | 100m: | 57.90 30.46 | 200m: | 2:02.27 32.51 | 300m: | 3:07.01 32.14 | 400m: | 4:09.81 30.12 | |
| 8. | Bystron Franciszek | | 04 | UKS Manta Ko cierzyna | | | | 4:10.99 | |
| | 50m: | 26.20 26.20 | 150m: | 1:27.66 30.68 | 250m: | 3:39.36 1:39.71 | 350m: | 3:39.36 33.44 | |
| | 100m: | 56.98 30.78 | 200m: | 1:59.65 31.99 | 300m: | 3:05.92 | 400m: | 4:10.99 31.63 | |
| 9. | D browski Marcin | | 07 | UKS Tri-Sea Mewa Władysławowo | | | | 4:17.24 | |
| | 50m: | 31.40 31.40 | 150m: | 1:39.75 32.80 | 250m: | 2:43.99 31.50 | 350m: | 3:48.52 32.00 | |
| | 100m: | 1:06.95 35.55 | 200m: | 2:12.49 32.74 | 300m: | 3:16.52 32.53 | 400m: | 4:17.24 28.72 | |
| 10. | Smoszna Wiktor | | 08 | UKS Rekin Wrocław | | | | 4:17.49 | |
| | 50m: | 28.64 28.64 | 150m: | 1:33.65 32.56 | 250m: | 2:39.80 32.91 | 350m: | 3:46.34 33.23 | |
| | 100m: | 1:01.09 32.45 | 200m: | 2:06.89 33.24 | 300m: | 3:13.11 33.31 | 400m: | 4:17.49 31.15 | |
| 11. | Ziemniak Seweryn | | 08 | UKS Tri-Sea Mewa Władysławowo | | | | 4:18.68 | |
| | 50m: | 28.23 28.23 | 150m: | 1:33.71 33.05 | 250m: | 2:40.43 33.28 | 350m: | 3:47.60 33.70 | |
| | 100m: | 1:00.66 32.43 | 200m: | 2:07.15 33.44 | 300m: | 3:13.90 33.47 | 400m: | 4:18.68 31.08 | |
| 12. | yczkowski Rafał | | 06 | OSN Amfiprion Olecko | | | | 4:25.32 | |
| | 50m: | 28.60 28.60 | 150m: | 1:35.57 33.34 | 250m: | 2:41.73 33.54 | 350m: | 3:50.58 34.51 | |
| | 100m: | 1:02.23 33.63 | 200m: | 2:08.19 32.62 | 300m: | 3:16.07 34.34 | 400m: | 4:25.32 34.74 | |
| 13. | Kozłowski Oskar | | 08 | MUKS PIORUN Gołdap | | | | 4:30.04 | |
| | 50m: | 29.45 29.45 | 150m: | 1:39.35 35.91 | 250m: | 2:48.82 34.67 | 350m: | | |
| | 100m: | 1:03.44 33.99 | 200m: | 2:14.15 34.80 | 300m: | 3:23.78 34.96 | 400m: | 4:30.04 | |
| 14. | Lisakowski Oskar | | 08 | UKS Tri-Sea Mewa Władysławowo | | | | 4:35.07 | |
| | 50m: | 29.91 29.91 | 150m: | 1:38.92 35.22 | 250m: | 2:51.08 36.20 | 350m: | 4:02.35 34.91 | |
| | 100m: | 1:03.70 33.79 | 200m: | 2:14.88 35.96 | 300m: | 3:27.44 36.36 | 400m: | 4:35.07 32.72 | |
| 15. | Nowak Karol | | 09 | MUKS PIORUN Gołdap | | | | 4:35.27 | |
| | 50m: | 29.32 29.32 | 150m: | 1:39.31 35.98 | 250m: | 2:51.01 35.85 | 350m: | 4:02.73 36.42 | |
| | 100m: | 1:03.33 34.01 | 200m: | 2:15.16 35.85 | 300m: | 3:26.31 35.30 | 400m: | 4:35.27 32.54 | |
| 16. | Kisielewski Antoni | | 09 | MUKS PIORUN Gołdap | | | | 4:38.85 | |
| | 50m: | 29.63 29.63 | 150m: | 1:40.31 36.53 | 250m: | 2:53.22 36.75 | 350m: | 4:05.75 36.30 | |
| | 100m: | 1:03.78 34.15 | 200m: | 2:16.47 36.16 | 300m: | 3:29.45 36.23 | 400m: | 4:38.85 33.10 | |
| 17. | Ciamciak Hubert | | 08 | UKS Delfinek Chodzie | | | | 4:39.59 | |
| | 50m: | 29.15 29.15 | 150m: | 1:37.39 34.56 | 250m: | 4:06.93 1:52.04 | 350m: | | |
| | 100m: | 1:02.83 33.68 | 200m: | 2:14.89 37.50 | 300m: | 3:30.41 | 400m: | 4:39.59 | |

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
5-6 czerwiec 2021 Gliwice

Konkurencja 21, M czyzn, 400 BF, Open

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|--------------------|-------|---------------|-------------------------------|---------------|-------|----------------|-------|------|
| 18. | Kacprzyk Hubert | | 05 | Uks Delfin Jastarnia | | | 4:41.48 | | |
| | 50m: 27.95 | 27.95 | 150m: 1:37.38 | 36.04 | 250m: 2:53.32 | 37.83 | 350m: 4:08.00 | 37.22 | |
| | 100m: 1:01.34 | 33.39 | 200m: 2:15.49 | 38.11 | 300m: 3:30.78 | 37.46 | 400m: 4:41.48 | 33.48 | |
| 19. | Konkel Albert | | 10 | UKS Tri-Sea Mewa Władysławowo | | | 4:42.57 | | |
| | 50m: 33.45 | 33.45 | 150m: 1:46.62 | 36.13 | 250m: 2:58.37 | 35.41 | 350m: 4:10.53 | 35.40 | |
| | 100m: 1:10.49 | 37.04 | 200m: 2:22.96 | 36.34 | 300m: 3:35.13 | 36.76 | 400m: 4:42.57 | 32.04 | |
| 20. | Kropidłowski Dawid | | 09 | UKS Manta Ko cierzyna | | | 4:44.79 | | |
| | 50m: 32.71 | 32.71 | 150m: 1:44.82 | 36.20 | 250m: 2:58.93 | 36.92 | 350m: 4:11.11 | 35.09 | |
| | 100m: 1:08.62 | 35.91 | 200m: 2:22.01 | 37.19 | 300m: 3:36.02 | 37.09 | 400m: 4:44.79 | 33.68 | |
| 21. | Rzepko Wojciech | | 08 | Uks Delfin Jastarnia | | | 4:51.21 | | |
| | 50m: 32.21 | 32.21 | 150m: 1:47.84 | 38.00 | 250m: 3:04.86 | 38.03 | 350m: 4:20.14 | 37.30 | |
| | 100m: 1:09.84 | 37.63 | 200m: 2:26.83 | 38.99 | 300m: 3:42.84 | 37.98 | 400m: 4:51.21 | 31.07 | |
| 22. | Margol Kacper | | 10 | Uks Delfin Jastarnia | | | 4:57.44 | | |
| | 50m: 32.92 | 32.92 | 150m: 1:49.25 | 38.33 | 250m: 3:05.69 | 38.23 | 350m: 4:22.11 | 37.79 | |
| | 100m: 1:10.92 | 38.00 | 200m: 2:27.46 | 38.21 | 300m: 3:44.32 | 38.63 | 400m: 4:57.44 | 35.33 | |
| 23. | Wysiecki Jan | | 09 | UKS Manta Ko cierzyna | | | 5:00.67 | | |
| | 50m: 33.38 | 33.38 | 150m: 1:48.52 | 37.67 | 250m: 3:07.86 | 40.12 | 350m: 4:24.67 | 39.15 | |
| | 100m: 1:10.85 | 37.47 | 200m: 2:27.74 | 39.22 | 300m: 3:45.52 | 37.66 | 400m: 5:00.67 | 36.00 | |
| 24. | Necel Jeremiasz | | 08 | UKS Tri-Sea Mewa Władysławowo | | | 5:06.40 | | |
| | 50m: 34.14 | 34.14 | 150m: 1:53.10 | 40.55 | 250m: 3:13.26 | 40.49 | 350m: 4:31.43 | 38.35 | |
| | 100m: 1:12.55 | 38.41 | 200m: 2:32.77 | 39.67 | 300m: 3:53.08 | 39.82 | 400m: 5:06.40 | 34.97 | |
| 25. | Gorzycki Filip | | 09 | Laguna 24 Toru | | | 5:15.45 | | |
| | 50m: 36.52 | 36.52 | 150m: 1:58.23 | 42.15 | 250m: 3:21.47 | 41.59 | 350m: 4:42.23 | 38.91 | |
| | 100m: 1:16.08 | 39.56 | 200m: 2:39.88 | 41.65 | 300m: 4:03.32 | 41.85 | 400m: 5:15.45 | 33.22 | |
| 26. | Walkiewicz Juliusz | | 11 | MUKS PIORUN Gołdap | | | 5:22.74 | | |
| | 50m: 34.59 | 34.59 | 150m: 1:56.62 | 42.25 | 250m: 3:19.84 | 41.30 | 350m: 4:44.33 | 41.38 | |
| | 100m: 1:14.37 | 39.78 | 200m: 2:38.54 | 41.92 | 300m: 4:02.95 | 43.11 | 400m: 5:22.74 | 38.41 | |
| 27. | Margowski Marcel | | 10 | UKS Delfinek Chodzie | | | 5:47.56 | | |
| | 50m: 38.38 | 38.38 | 150m: 2:06.10 | 45.66 | 250m: 3:38.40 | 46.81 | 350m: 5:09.03 | 45.74 | |
| | 100m: 1:20.44 | 42.06 | 200m: 2:51.59 | 45.49 | 300m: 4:23.29 | 44.89 | 400m: 5:47.56 | 38.53 | |

Rocznik 2004 - 2005

| | | | | | | | | |
|----|--------------------|-------|---------------|-----------------------|---------------|---------|----------------|-------|
| 1. | Grabowski Radosław | | 05 | UKS Delfinek Chodzie | | | 3:46.42 | |
| | 50m: 25.01 | 25.01 | 150m: 1:22.43 | 28.95 | 250m: 2:20.12 | 28.30 | 350m: 3:19.10 | 29.49 |
| | 100m: 53.48 | 28.47 | 200m: 1:51.82 | 29.39 | 300m: 2:49.61 | 29.49 | 400m: 3:46.42 | 27.32 |
| 2. | Margol Oskar | | 05 | Uks Delfin Jastarnia | | | 4:01.71 | |
| | 50m: 26.78 | 26.78 | 150m: 1:28.14 | 31.31 | 250m: 2:29.74 | 30.35 | 350m: 3:32.99 | 31.65 |
| | 100m: 56.83 | 30.05 | 200m: 1:59.39 | 31.25 | 300m: 3:01.34 | 31.60 | 400m: 4:01.71 | 28.72 |
| 3. | Bystron Franciszek | | 04 | UKS Manta Ko cierzyna | | | 4:10.99 | |
| | 50m: 26.20 | 26.20 | 150m: 1:27.66 | 30.68 | 250m: 3:39.36 | 1:39.71 | 350m: 3:39.36 | 33.44 |
| | 100m: 56.98 | 30.78 | 200m: 1:59.65 | 31.99 | 300m: 3:05.92 | | 400m: 4:10.99 | 31.63 |
| 4. | Kacprzyk Hubert | | 05 | Uks Delfin Jastarnia | | | 4:41.48 | |
| | 50m: 27.95 | 27.95 | 150m: 1:37.38 | 36.04 | 250m: 2:53.32 | 37.83 | 350m: 4:08.00 | 37.22 |
| | 100m: 1:01.34 | 33.39 | 200m: 2:15.49 | 38.11 | 300m: 3:30.78 | 37.46 | 400m: 4:41.48 | 33.48 |

Rocznik 2006 - 2007

| | | | | | | | | |
|----|------------------|-------|---------------|-------------------------------|---------------|-------|----------------|-------|
| 1. | Pukas Mikołaj | | 06 | UKS Rekin Wrocław | | | 4:04.23 | |
| | 50m: 26.70 | 26.70 | 150m: 1:28.46 | 31.26 | 250m: 2:32.69 | 31.86 | 350m: 3:35.05 | 30.49 |
| | 100m: 57.20 | 30.50 | 200m: 2:00.83 | 32.37 | 300m: 3:04.56 | 31.87 | 400m: 4:04.23 | 29.18 |
| 2. | Markiewicz Karol | | 07 | UKS Tri-Sea Mewa Władysławowo | | | 4:06.67 | |
| | 50m: 28.89 | 28.89 | 150m: 1:32.33 | 31.38 | 250m: 2:35.32 | 31.18 | 350m: 3:38.06 | 31.12 |
| | 100m: 1:00.95 | 32.06 | 200m: 2:04.14 | 31.81 | 300m: 3:06.94 | 31.62 | 400m: 4:06.67 | 28.61 |

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
5-6 czerwiec 2021 Gliwice

Konkurencja 21, Chłopców, 400 BF, Roczniak 2006 - 2007

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|-------------------|---------------|---------|-------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 3. | Matyjewicz Michał | | 06 | OSN Amfiprion Olecko | | | | 4:09.81 | | | |
| | 50m: | 27.44 27.44 | 150m: | 1:29.76 | 31.86 | 250m: | 2:34.87 | 32.60 | 350m: | 3:39.69 | 32.68 |
| | 100m: | 57.90 30.46 | 200m: | 2:02.27 | 32.51 | 300m: | 3:07.01 | 32.14 | 400m: | 4:09.81 | 30.12 |
| 4. | D browski Marcin | | 07 | UKS Tri-Sea Mewa Władysławowo | | | | 4:17.24 | | | |
| | 50m: | 31.40 31.40 | 150m: | 1:39.75 | 32.80 | 250m: | 2:43.99 | 31.50 | 350m: | 3:48.52 | 32.00 |
| | 100m: | 1:06.95 35.55 | 200m: | 2:12.49 | 32.74 | 300m: | 3:16.52 | 32.53 | 400m: | 4:17.24 | 28.72 |
| 5. | yczkowski Rafał | | 06 | OSN Amfiprion Olecko | | | | 4:25.32 | | | |
| | 50m: | 28.60 28.60 | 150m: | 1:35.57 | 33.34 | 250m: | 2:41.73 | 33.54 | 350m: | 3:50.58 | 34.51 |
| | 100m: | 1:02.23 33.63 | 200m: | 2:08.19 | 32.62 | 300m: | 3:16.07 | 34.34 | 400m: | 4:25.32 | 34.74 |

Roczniak 2008 - 2009

| | | | | | | | | | | | |
|-----|--------------------|---------------|-------|-------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | Smoszna Wiktor | | 08 | UKS Rekin Wrocław | | | | 4:17.49 | | | |
| | 50m: | 28.64 28.64 | 150m: | 1:33.65 | 32.56 | 250m: | 2:39.80 | 32.91 | 350m: | 3:46.34 | 33.23 |
| | 100m: | 1:01.09 32.45 | 200m: | 2:06.89 | 33.24 | 300m: | 3:13.11 | 33.31 | 400m: | 4:17.49 | 31.15 |
| 2. | Ziemniak Seweryn | | 08 | UKS Tri-Sea Mewa Władysławowo | | | | 4:18.68 | | | |
| | 50m: | 28.23 28.23 | 150m: | 1:33.71 | 33.05 | 250m: | 2:40.43 | 33.28 | 350m: | 3:47.60 | 33.70 |
| | 100m: | 1:00.66 32.43 | 200m: | 2:07.15 | 33.44 | 300m: | 3:13.90 | 33.47 | 400m: | 4:18.68 | 31.08 |
| 3. | Kozłowski Oskar | | 08 | MUKS PIORUN Gołdap | | | | 4:30.04 | | | |
| | 50m: | 29.45 29.45 | 150m: | 1:39.35 | 35.91 | 250m: | 2:48.82 | 34.67 | 350m: | | |
| | 100m: | 1:03.44 33.99 | 200m: | 2:14.15 | 34.80 | 300m: | 3:23.78 | 34.96 | 400m: | 4:30.04 | |
| 4. | Lisakowski Oskar | | 08 | UKS Tri-Sea Mewa Władysławowo | | | | 4:35.07 | | | |
| | 50m: | 29.91 29.91 | 150m: | 1:38.92 | 35.22 | 250m: | 2:51.08 | 36.20 | 350m: | 4:02.35 | 34.91 |
| | 100m: | 1:03.70 33.79 | 200m: | 2:14.88 | 35.96 | 300m: | 3:27.44 | 36.36 | 400m: | 4:35.07 | 32.72 |
| 5. | Nowak Karol | | 09 | MUKS PIORUN Gołdap | | | | 4:35.27 | | | |
| | 50m: | 29.32 29.32 | 150m: | 1:39.31 | 35.98 | 250m: | 2:51.01 | 35.85 | 350m: | 4:02.73 | 36.42 |
| | 100m: | 1:03.33 34.01 | 200m: | 2:15.16 | 35.85 | 300m: | 3:26.31 | 35.30 | 400m: | 4:35.27 | 32.54 |
| 6. | Kisielewski Antoni | | 09 | MUKS PIORUN Gołdap | | | | 4:38.85 | | | |
| | 50m: | 29.63 29.63 | 150m: | 1:40.31 | 36.53 | 250m: | 2:53.22 | 36.75 | 350m: | 4:05.75 | 36.30 |
| | 100m: | 1:03.78 34.15 | 200m: | 2:16.47 | 36.16 | 300m: | 3:29.45 | 36.23 | 400m: | 4:38.85 | 33.10 |
| 7. | Ciamciak Hubert | | 08 | UKS Delfinek Chodzie | | | | 4:39.59 | | | |
| | 50m: | 29.15 29.15 | 150m: | 1:37.39 | 34.56 | 250m: | 4:06.93 | 1:52.04 | 350m: | | |
| | 100m: | 1:02.83 33.68 | 200m: | 2:14.89 | 37.50 | 300m: | 3:30.41 | | 400m: | 4:39.59 | |
| 8. | Kropidłowski Dawid | | 09 | UKS Manta Ko cierzyna | | | | 4:44.79 | | | |
| | 50m: | 32.71 32.71 | 150m: | 1:44.82 | 36.20 | 250m: | 2:58.93 | 36.92 | 350m: | 4:11.11 | 35.09 |
| | 100m: | 1:08.62 35.91 | 200m: | 2:22.01 | 37.19 | 300m: | 3:36.02 | 37.09 | 400m: | 4:44.79 | 33.68 |
| 9. | Rzepko Wojciech | | 08 | Uks Delfin Jastarnia | | | | 4:51.21 | | | |
| | 50m: | 32.21 32.21 | 150m: | 1:47.84 | 38.00 | 250m: | 3:04.86 | 38.03 | 350m: | 4:20.14 | 37.30 |
| | 100m: | 1:09.84 37.63 | 200m: | 2:26.83 | 38.99 | 300m: | 3:42.84 | 37.98 | 400m: | 4:51.21 | 31.07 |
| 10. | Wysiecki Jan | | 09 | UKS Manta Ko cierzyna | | | | 5:00.67 | | | |
| | 50m: | 33.38 33.38 | 150m: | 1:48.52 | 37.67 | 250m: | 3:07.86 | 40.12 | 350m: | 4:24.67 | 39.15 |
| | 100m: | 1:10.85 37.47 | 200m: | 2:27.74 | 39.22 | 300m: | 3:45.52 | 37.66 | 400m: | 5:00.67 | 36.00 |
| 11. | Necel Jeremiasz | | 08 | UKS Tri-Sea Mewa Władysławowo | | | | 5:06.40 | | | |
| | 50m: | 34.14 34.14 | 150m: | 1:53.10 | 40.55 | 250m: | 3:13.26 | 40.49 | 350m: | 4:31.43 | 38.35 |
| | 100m: | 1:12.55 38.41 | 200m: | 2:32.77 | 39.67 | 300m: | 3:53.08 | 39.82 | 400m: | 5:06.40 | 34.97 |
| 12. | Gorzycki Filip | | 09 | Laguna 24 Toru | | | | 5:15.45 | | | |
| | 50m: | 36.52 36.52 | 150m: | 1:58.23 | 42.15 | 250m: | 3:21.47 | 41.59 | 350m: | 4:42.23 | 38.91 |
| | 100m: | 1:16.08 39.56 | 200m: | 2:39.88 | 41.65 | 300m: | 4:03.32 | 41.85 | 400m: | 5:15.45 | 33.22 |

2010 i młodszy

| | | | | | | | | | | | |
|----|---------------|---------------|-------|-------------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | Konkel Albert | | 10 | UKS Tri-Sea Mewa Władysławowo | | | | 4:42.57 | | | |
| | 50m: | 33.45 33.45 | 150m: | 1:46.62 | 36.13 | 250m: | 2:58.37 | 35.41 | 350m: | 4:10.53 | 35.40 |
| | 100m: | 1:10.49 37.04 | 200m: | 2:22.96 | 36.34 | 300m: | 3:35.13 | 36.76 | 400m: | 4:42.57 | 32.04 |

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
5-6 czerwiec 2021 Gliwice

Konkurencja 21, Chłopców, 400 BF, 2010 i młodszy

| Pozycja | | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|--------------------|---------|-------|---------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| 2. | Margol Kacper | | | 10 | Uks Delfin Jastarnia | | | | 4:57.44 | | | |
| | 50m: | 32.92 | 32.92 | 150m: | 1:49.25 | 38.33 | 250m: | 3:05.69 | 38.23 | 350m: | 4:22.11 | 37.79 |
| | 100m: | 1:10.92 | 38.00 | 200m: | 2:27.46 | 38.21 | 300m: | 3:44.32 | 38.63 | 400m: | 4:57.44 | 35.33 |
| 3. | Walkiewicz Juliusz | | | 11 | MUKS PIORUN Gołdap | | | | 5:22.74 | | | |
| | 50m: | 34.59 | 34.59 | 150m: | 1:56.62 | 42.25 | 250m: | 3:19.84 | 41.30 | 350m: | 4:44.33 | 41.38 |
| | 100m: | 1:14.37 | 39.78 | 200m: | 2:38.54 | 41.92 | 300m: | 4:02.95 | 43.11 | 400m: | 5:22.74 | 38.41 |
| 4. | Margowski Marcel | | | 10 | UKS Delfinek Chodzie | | | | 5:47.56 | | | |
| | 50m: | 38.38 | 38.38 | 150m: | 2:06.10 | 45.66 | 250m: | 3:38.40 | 46.81 | 350m: | 5:09.03 | 45.74 |
| | 100m: | 1:20.44 | 42.06 | 200m: | 2:51.59 | 45.49 | 300m: | 4:23.29 | 44.89 | 400m: | 5:47.56 | 38.53 |