

Mistrzostwa Okręgu I śkiego Open  
Gliwice, 12. - 13.11.2021

Konkurencja 24  
12.11.2021 - 17:16

Mężczyzn, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2021

Pozycja			Rok ur.					Czas	Pkt.			
<b>14 lat</b>												
1.	Katana Jakub		07	MKP Zabrze				<b>4:18.88</b>	551			
	50m:	29.64	29.64	150m:	1:33.87	32.22	250m:	2:39.41	32.75	350m:	3:47.70	35.98
	100m:	1:01.65	32.01	200m:	2:06.66	32.79	300m:	3:11.72	32.31	400m:	4:18.88	31.18
2.	Proszowski Paweł		07	MKS Park Wodny Tarnowskie Góry				<b>4:19.54</b>	546			
	50m:	29.16	29.16	150m:	1:33.60	32.65	250m:	2:39.68	32.99	350m:	3:46.79	33.64
	100m:	1:00.95	31.79	200m:	2:06.69	33.09	300m:	3:13.15	33.47	400m:	4:19.54	32.75
3.	Kraska Mateusz		07	KS Piłka Chorzów				<b>4:24.35</b>	517			
	50m:	29.74	29.74	150m:	1:37.03	34.04	250m:	2:45.82	34.36	350m:	3:53.22	33.16
	100m:	1:02.99	33.25	200m:	2:11.46	34.43	300m:	3:20.06	34.24	400m:	4:24.35	31.13
4.	Konopko Mateusz		07	LKS Jedno 32 Przyszowice				<b>4:30.91</b>	480			
	50m:	30.29	30.29	150m:	1:39.16	34.92	250m:	2:48.70	34.35	350m:	3:58.26	34.58
	100m:	1:04.24	33.95	200m:	2:14.35	35.19	300m:	3:23.68	34.98	400m:	4:30.91	32.65
5.	Wieczorek Kacper		07	MKS Park Wodny Tarnowskie Góry				<b>4:32.94</b>	470			
	50m:	31.94	31.94	150m:	1:40.45	34.34	250m:	2:49.86	34.90	350m:	3:59.29	34.76
	100m:	1:06.11	34.17	200m:	2:14.96	34.51	300m:	3:24.53	34.67	400m:	4:32.94	33.65
6.	Mendelski Radosław		07	MKS SMS Victoria Racibórz				<b>4:42.00</b>	426			
	50m:	31.69	31.69	150m:	1:43.79	36.08	250m:	2:55.31	35.58	350m:	4:07.94	35.75
	100m:	1:07.71	36.02	200m:	2:19.73	35.94	300m:	3:32.19	36.88	400m:	4:42.00	34.06
7.	Zawilak Piotr		07	MTP Delfin Cieszyn				<b>4:51.40</b>	386			
	50m:	32.68	32.68	150m:	1:45.72	36.81	250m:	3:00.08	37.15	350m:	4:16.07	38.12
	100m:	1:08.91	36.23	200m:	2:22.93	37.21	300m:	3:37.95	37.87	400m:	4:51.40	35.33
8.	Boryczka Maciej		07	MKS Park Wodny Tarnowskie Góry				<b>4:52.64</b>	381			
	50m:	31.93	31.93	150m:	1:45.77	37.57	250m:	3:03.11	38.82	350m:	4:18.45	37.47
	100m:	1:08.20	36.27	200m:	2:24.29	38.52	300m:	3:40.98	37.87	400m:	4:52.64	34.19
9.	Malewski Dawid		07	UKS Wodnik Siemianowice I śkie				<b>5:11.76</b>	315			
	50m:	34.65	34.65	150m:	1:52.39	39.46	250m:	3:52.22	1:21.07	350m:		
	100m:	1:12.93	38.28	200m:	2:31.15	38.76	300m:	5:12.09	1:19.87	400m:	5:11.76	
10.	Zmarzły Bartosz		07	UKS „Na Fali Bytom”				<b>5:15.16</b>	305			
	50m:	35.25	35.25	150m:	1:55.04	40.67	250m:	3:16.02	40.52	350m:	4:37.39	40.60
	100m:	1:14.37	39.12	200m:	2:35.50	40.46	300m:	3:56.79	40.77	400m:	5:15.16	37.77
11.	Pietruszka Szymon		07	UKS „Na Fali Bytom”				<b>5:22.06</b>	286			
	50m:	35.00	35.00	150m:	1:54.73	40.82	250m:	3:17.54	41.78	350m:	4:41.40	42.33
	100m:	1:13.91	38.91	200m:	2:35.76	41.03	300m:	3:59.07	41.53	400m:	5:22.06	40.66
12.	Kupczyk Krystian		07	MOSM Tychy				<b>5:33.24</b>	258			
	50m:	37.27	37.27	150m:	2:01.86	42.79	250m:	3:25.62	42.58	350m:	4:53.58	44.06
	100m:	1:19.07	41.80	200m:	2:43.04	41.18	300m:	4:09.52	43.90	400m:	5:33.24	39.66
<b>15 lat</b>												
1.	Łukasik Oliwier		06	CSiR MOS w Dłubrowie Górniczej				<b>4:14.86</b>	577			
	50m:	27.86	27.86	150m:	1:30.74	32.15	250m:	2:36.29	32.79	350m:	3:42.82	33.21
	100m:	58.59	30.73	200m:	2:03.50	32.76	300m:	3:09.61	33.32	400m:	4:14.86	32.04
2.	Pera Marcin		06	UKS Wodnik Siemianowice I śkie				<b>4:21.09</b>	537			
	50m:	29.00	29.00	150m:	1:34.44	32.76	250m:	2:41.08	33.48	350m:	3:47.81	33.58
	100m:	1:01.68	32.68	200m:	2:07.60	33.16	300m:	3:14.23	33.15	400m:	4:21.09	33.28
3.	Kurpis Maksymilian		06	UKS Aquatica Pawłowice				<b>4:22.49</b>	528			
	50m:	29.67	29.67	150m:	1:35.12	33.32	250m:	2:42.67	34.00	350m:	3:50.35	33.91
	100m:	1:01.80	32.13	200m:	2:08.67	33.55	300m:	3:16.44	33.77	400m:	4:22.49	32.14
4.	Zawada Olaf		06	MTP Delfin Cieszyn				<b>4:31.32</b>	478			
	50m:	31.13	31.13	150m:	1:40.55	34.96	250m:	2:50.97	35.14	350m:	3:59.80	34.37
	100m:	1:05.59	34.46	200m:	2:15.83	35.28	300m:	3:25.43	34.46	400m:	4:31.32	31.52

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 12. - 13.11.2021

Konkurencja 24, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.			
5.	Sondej Sebastian		06	MKP „Wodnik 29” Tychy				<b>4:53.28</b>	379			
	50m:	33.45	33.45	150m:	1:46.66	37.02	250m:	3:03.02	38.30	350m:	4:18.39	37.38
	100m:	1:09.64	36.19	200m:	2:24.72	38.06	300m:	3:41.01	37.99	400m:	4:53.28	34.89
6.	Szyra Robert		06	KP H2O Jastrzębie-Zdrój				<b>5:11.16</b>	317			
	50m:	33.45	33.45	150m:	1:50.30	38.89	250m:	3:11.64	40.88	350m:	4:32.68	40.16
	100m:	1:11.41	37.96	200m:	2:30.76	40.46	300m:	3:52.52	40.88	400m:	5:11.16	38.48
7.	Urbański Szymon		06	Ognisko TKKF Szczygłowice				<b>6:01.23</b>	202			
	50m:	36.80	36.80	150m:	2:07.11	46.14	250m:	3:43.03	48.00	350m:	5:18.94	47.91
	100m:	1:20.97	44.17	200m:	2:55.03	47.92	300m:	4:31.03	48.00	400m:	6:01.23	42.29

16 lat

1.	Staniszewski Bartosz		05	UKP „Ruda Gliwska”				<b>3:58.27</b>	706			
	50m:	27.09	27.09	150m:	1:27.95	30.53	250m:	2:28.95	30.61	350m:	3:30.06	30.55
	100m:	57.42	30.33	200m:	1:58.34	30.39	300m:	2:59.51	30.56	400m:	3:58.27	28.21
2.	Pawlica Mateusz		05	MKS Park Wodny Tarnowskie Góry				<b>4:24.10</b>	519			
	50m:	28.89	28.89	150m:	1:34.69	33.02	250m:	2:42.12	33.91	350m:	3:50.51	34.34
	100m:	1:01.67	32.78	200m:	2:08.21	33.52	300m:	3:16.17	34.05	400m:	4:24.10	33.59
3.	Młynarczyk Jakub		05	PTS "JANOSIK" Bielsko-Biała				<b>4:25.55</b>	510			
	50m:	29.35	29.35	150m:	1:36.15	33.69	250m:	2:44.30	33.76	350m:	3:52.58	33.99
	100m:	1:02.46	33.11	200m:	2:10.54	34.39	300m:	3:18.59	34.29	400m:	4:25.55	32.97
4.	Polakowski Bartłomiej		05	PTS "JANOSIK" Bielsko-Biała				<b>4:57.61</b>	362			
	50m:	32.13	32.13	150m:	1:46.15	38.08	250m:	3:03.89	39.17	350m:	4:22.90	38.71
	100m:	1:08.07	35.94	200m:	2:24.72	38.57	300m:	3:44.19	40.30	400m:	4:57.61	34.71
5.	Starzec Jan		05	MUKS Gilus Gilowice				<b>5:07.15</b>	329			
	50m:	30.68	30.68	150m:	1:45.48	38.83	250m:	3:05.07	40.10	350m:	4:27.03	41.17
	100m:	1:06.65	35.97	200m:	2:24.97	39.49	300m:	3:45.86	40.79	400m:	5:07.15	40.12

17 lat i starsi

1.	Kuczak Adam		00	AZS AWF Katowice				<b>4:01.20</b>	681			
	50m:	27.74	27.74	150m:	1:28.98	30.71	250m:	2:30.84	30.85	350m:	3:31.75	29.86
	100m:	58.27	30.53	200m:	1:59.99	31.01	300m:	3:01.89	31.05	400m:	4:01.20	29.45
2.	Tomaszowski Michał		03	UKS Wodnik Siemianowice Gliwickie				<b>4:07.51</b>	630			
	50m:	27.80	27.80	150m:	1:29.52	31.20	250m:	2:33.17	31.94	350m:	3:36.75	31.40
	100m:	58.32	30.52	200m:	2:01.23	31.71	300m:	3:05.35	32.18	400m:	4:07.51	30.76
3.	Lewicki Jakub		04	"Sikret" Gliwice				<b>4:08.24</b>	625			
	50m:	28.56	28.56	150m:	1:31.26	31.44	250m:	2:34.88	31.92	350m:	3:37.83	31.07
	100m:	59.82	31.26	200m:	2:02.96	31.70	300m:	3:06.76	31.88	400m:	4:08.24	30.41
4.	Wykręt Marcin		04	"Sikret" Gliwice				<b>4:09.86</b>	612			
	50m:	29.33	29.33	150m:	1:32.75	31.69	250m:	2:35.60	31.26	350m:	3:38.22	31.10
	100m:	1:01.06	31.73	200m:	2:04.34	31.59	300m:	3:07.12	31.52	400m:	4:09.86	31.64
5.	Koziołek Kewin		04	"Sikret" Gliwice				<b>4:14.01</b>	583			
	50m:	29.76	29.76	150m:	1:34.63	32.42	250m:	2:39.18	31.88	350m:	3:43.30	31.83
	100m:	1:02.21	32.45	200m:	2:07.30	32.67	300m:	3:11.47	32.29	400m:	4:14.01	30.71
6.	Goik Bartłomiej		04	CSiR MOS w Dobrej Górnicy				<b>4:20.87</b>	538			
	50m:	28.98	28.98	150m:	1:34.56	33.02	250m:	2:41.49	33.63	350m:	3:48.55	33.49
	100m:	1:01.54	32.56	200m:	2:07.86	33.30	300m:	3:15.06	33.57	400m:	4:20.87	32.32
7.	Krajewski Paweł		04	UKS „Huragan” przy SP nr 45 w Sosnowcu				<b>4:22.80</b>	526			
	50m:	29.75	29.75	150m:	1:36.26	33.65	250m:	2:43.14	33.47	350m:	3:50.16	33.95
	100m:	1:02.61	32.86	200m:	2:09.67	33.41	300m:	3:16.21	33.07	400m:	4:22.80	32.64
8.	Kapitan Kacper		04	CSiR MOS w Dobrej Górnicy				<b>4:26.17</b>	507			
	50m:	29.57	29.57	150m:	1:36.28	33.62	250m:	2:44.50	34.07	350m:	3:52.76	34.05
	100m:	1:02.66	33.09	200m:	2:10.43	34.15	300m:	3:18.71	34.21	400m:	4:26.17	33.41

Mistrzostwa Okręgu Gliwickiego Open  
Gliwice, 12. - 13.11.2021

Konkurencja 24, Mężczyźni, 400m dowolny, 17 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
9.	Koralewicz Jakub				04	UKS „Huragan” przy SP nr 45 w Sosnowcu				<b>4:27.28</b>	500	
	50m:	29.69	29.69	150m:	1:36.32	33.83	250m:	2:45.13	34.71	350m:	3:54.35	34.68
	100m:	1:02.49	32.80	200m:	2:10.42	34.10	300m:	3:19.67	34.54	400m:	4:27.28	32.93
10.	Wiekiera Dawid				02	MKP „Wodnik 29” Tychy				<b>4:37.30</b>	448	
	50m:	31.49	31.49	150m:	1:41.43	35.01	250m:	2:52.32	35.36	350m:	4:02.51	35.07
	100m:	1:06.42	34.93	200m:	2:16.96	35.53	300m:	3:27.44	35.12	400m:	4:37.30	34.79
11.	Matyjasek Maciej				02	AZS AWF Katowice				<b>4:58.50</b>	359	
	50m:	25.10	25.10	150m:	1:41.78	49.71	250m:	3:02.00	39.81	350m:	4:22.37	39.03
	100m:	52.07	26.97	200m:	2:22.19	40.41	300m:	3:43.34	41.34	400m:	4:58.50	36.13
12.	Prus Bartłomiej				04	CSiR MOS w D. browie Górniczej				<b>5:18.82</b>	295	
	50m:	35.55	35.55	150m:	1:54.39	40.01	250m:	3:16.43	41.14	350m:	4:39.61	41.46
	100m:	1:14.38	38.83	200m:	2:35.29	40.90	300m:	3:58.15	41.72	400m:	5:18.82	39.21
PK	Bolek Stanisław				05	UKP „Polonia Warszawa”				<b>4:05.35</b>	647	
	50m:	26.92	26.92	150m:	1:27.95	30.67	250m:	2:30.60	31.48	350m:	3:34.30	31.78
	100m:	57.28	30.36	200m:	1:59.12	31.17	300m:	3:02.52	31.92	400m:	4:05.35	31.05
PK	Piechowski Jakub				05	UKS Junior Kluczbork				<b>4:13.10</b>	589	
	50m:	28.80	28.80	150m:	1:33.01	32.57	250m:	2:37.55	31.94	350m:	3:42.31	32.22
	100m:	1:00.44	31.64	200m:	2:05.61	32.60	300m:	3:10.09	32.54	400m:	4:13.10	30.79
PK	Leńkowski Wiktor				06	UKP „Polonia Warszawa”				<b>4:27.35</b>	500	
	50m:	28.63	28.63	150m:	1:34.30	33.24	250m:	2:42.20	34.22	350m:	3:52.34	35.26
	100m:	1:01.06	32.43	200m:	2:07.98	33.68	300m:	3:17.08	34.88	400m:	4:27.35	35.01
PK	Wasiński Marek				06	Vega Dobrodzien				<b>4:32.37</b>	473	
	50m:	31.10	31.10	150m:	1:40.10	34.62	250m:	2:49.58	34.77	350m:	3:59.00	34.73
	100m:	1:05.48	34.38	200m:	2:14.81	34.71	300m:	3:24.27	34.69	400m:	4:32.37	33.37
PK	Kozdrowski Maciej				07	WKS Gliwice				<b>5:04.08</b>	340	
	50m:	33.90	33.90	150m:	1:51.40	39.27	250m:	3:09.62	39.23	350m:	4:27.08	38.96
	100m:	1:12.13	38.23	200m:	2:30.39	38.99	300m:	3:48.12	38.50	400m:	5:04.08	37.00