





27-28 November, 2021 GLIWICE, POLAND

The Polish Underwater Federation PZPn invite all interested Federations and Clubs to participate in Finswimming European Junior Cup organized from 27th to 28th of November 2021 in Gliwice.

Particular Regulation

1. Races and rules

Races and categories are the following:

Junior (Cat. "C" – 2006 - 2007) BOYS/GIRLS 50 m ap, 50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf 50 m bf, 100 m bf, 200 m bf, 400 m bf

Junior (Cat. "D" - 2008 - 2009) BOYS/GIRLS 50 m sf, 100 m sf, 200 m sf, 400 m sf, 800 m sf 50 m bf, 100 m bf, 200 m bf, 400 m bf

Junior (Cat. "E" - 2010 - 2011) BOYS/GIRLS 50 m sf, 100 m sf, 200 m sf, 400 m sf, 50 m bf, 100 m bf, 200 m bf, 400 m bf

RELAY:

4 x 100 m sf mixed OPEN= two (2) boys + two (2) girls from all categories, two (2) BF + two (2) SF 4 x 100 m bf mixed OPEN = two (2) boys + two (2) girls from all categories 4 x 100 m sf mixed OPEN= two (2) boys + two (2) girls from all categories

(category A and B are allowed to swim out of competitions)

IMPORTANT

- The competition will base on general rules of CMAS.
- Each competitor can take part in any number of individual races and relays.
- Each team can enroll any number of finswimmers for each individual race.
- 'Finswimmers category E have to swim in "small" monofins, maximum size: 625mm x 690 mm without any modifications (side wings etc.).
- · Technical judges may check equipment all time during all the competition.
- 'The general individual classification will be done by the sum of three (3) best individual races (CMAS WC table 50) in case of the same number of points in the general classification, the highest score in the "Table 1000" will decide on the final individual classification.
- 'The general Club classification will be done by the total amount of the individual point (Boys C, D, E & Girls C, D, E) and relays.
- Like in previous editions, the competitions will be also open for swimmers from group A and B for a test start on 50m swimming pool (out of classification).













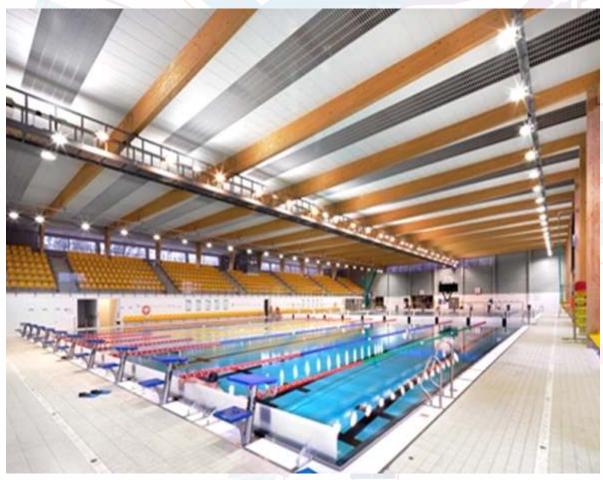


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2. Competition place

The competition will take place in the "OLIMPIJCZYK Swimming Pool" in Gliwice. The swimming pool has a length of 50m, a width of 10 lanes and a depth of 2m. The temperature of the water is 26° C (+ 1° C).

Address: ul. Oriona 120, 44-100 Gliwice.



3. Enrollments

- 1. **Preliminary entry** must be filled and sent before **07. November 2021** to email address: biuro@pzp-n.pl (Enclosure 1 preliminary entry)
- 2. **Final entry** with distances and times of athletes has to be complete in the **SPLASH program** before **22. November 2021**

The instructions about Splash final entry will be provided after receiving the preliminary entry.















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4. Payments

The inscription fee for each club: 20 EURO (includes all relays fees). The athletes' accommodation fee includes all starting fees.

ACCOMMODATION

Organizers offer accommodation possibility during the competition with enrolment deadline of 14. November 2021 (Enclosure 2 Booking Form):

The price includes starting fee.

Full board accommodation is offered:
 (from Friday 26. November - dinner, until Sunday 28. November - breakfast)

Hotel *** 140 EURO / person (rooms with 1-2-3 beds)

- 2. Single room extra fee 25 EURO/ person /day
- 3. Extra day 50 EURO / person /day

Those participants who do not accept one of the accommodations offered by the Organizing Committee - but arrange their accommodation by themselves are supposed to pay 40€/person as organizing fee and 30€/ athlete as a starting fee.

Payment should be made by direct bank transfer before 15. October 2019

Name of the Bank: SANTANDER BANK POLSKA SA

Address: UL. 10 LUTEGO 11

81-366 GDYNIA

Beneficiary: Polski Zwiazek Pletwonurkowania,

ul. Hallera 2

83-400 Kościerzyna, Poland

Bank account no: SWIFT (BIC CODE): WBKPPLPP

IBAN: PL93109011020000000115588285

Enrollments will only be accepted when accompanied by bank transfer receipts.















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5. Transfer

Katowice-Pyrzowice Airport - Gliwice 40 € / person / in group up to 4 persons

Katowice-Pyrzowice Airport - Gliwice 30 € / person / in group 5 to 15 persons

Katowice-Pyrzowice Airport - Gliwice 20 € / person / in group 15+ persons

Price include arrival and departure and all transfers hotel – swimming pool – hotel.

Please contact us if you need any transfer (Krakow or Wroclaw)

6. Registration procedures

The registration to the competitions will be possible on 26.11.2021 from 15.00 to 19.00 at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice.

7. Timing

Electronic: Omega system

8. Classifications

Classifications will be based on times registered by omega system or by the timekeepers, results will be complied according to CMAS score. No finals for distance races. In case of the same number of points in general classification will decide the best result in "Table 1000" system to junior records.

9. Prizes

Individual prizes

- medals will be given to the first three classified athletes in every individual race and every relay.

Teams prizes

- cups for best three clubs

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.















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10. Antidoping

WADA – World Antidoping Agency CMAS – Antidoping Rules POLADA – Polish Antidoping Agency

Athletes accept these rules as a condition of participation.

11. Responsibility

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

12. Special Notes

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time.

Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts.

PROGRAM

Friday 26th November 2021

15.00 -19.00 Arriving of teams, checking of documents, payment in Competitions Office at the swimming pool. Technical information. WhatsApp contacts.

Saturday morning 27th November 2021

8.00 - 8.50 Warming up / Technical meeting 9.00 50 m sf B/G C, D, E cat 400 m bf B/G C, D, E cat. 200 m sf B/G C, D, E cat.

Saturday afternoon 27th November 2021

14.00 - 14.50 Warming up
15.00 Opening Ceremony
15.30 Medal ceremony: morning races
50 m bf B/G C, D, E cat.
800 m sf B/G C, D cat.
200 m bf B/G C, D, E cat.

100 m sf B/G C, D, E cat 4×100 m bf mikst OPEN

Sunday morning 28th November 2021

8.00 - 8.55 9.00 Warming up
50 m bf Extra Race
50 m ap B/G C cat.
400 m sf B/G C, D, E cat.
100 m bf B/G C, D, E cat.
4 x 100 m sf mikst OPEN

GENERAL AWARDING CEREMONY









