



Konkurencja 7
25.03.2022 - 12:18

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.				Czas				Pkt.
12 lat									
1.	Ko lak Hanna	10	UKS „HS” Team Kryty Basen Kłodzko	4:56.00	493				
	50m: 32.24	32.24	150m: 1:46.44	38.04	250m: 3:03.35	38.60	350m: 4:19.76	38.16	
	100m: 1:08.40	36.16	200m: 2:24.75	38.31	300m: 3:41.60	38.25	400m: 4:56.00	36.24	
2.	Michael Emma	10	CSiR MOS w D browie Górnicyzej	5:09.48	431				
	50m: 35.33	35.33	150m: 1:53.52	39.45	250m: 3:12.40	39.56	350m: 4:31.45	39.16	
	100m: 1:14.07	38.74	200m: 2:32.84	39.32	300m: 3:52.29	39.89	400m: 5:09.48	38.03	
3.	Kozubowska Paulina	10	UKS „MANTA” Kochłowice Ruda I sk	5:17.59	399				
	50m: 36.01	36.01	150m: 1:56.26	40.51	250m: 3:18.19	41.19	350m: 4:38.08	39.85	
	100m: 1:15.75	39.74	200m: 2:37.00	40.74	300m: 3:58.23	40.04	400m: 5:17.59	39.51	
4.	Matyjasek Olga	10	Swim Team MOSiR K dzierzyn-Ko le	5:23.76	377				
	50m: 36.76	36.76	150m: 1:58.23	41.22	250m: 3:20.76	41.07	350m: 4:43.55	40.49	
	100m: 1:17.01	40.25	200m: 2:39.69	41.46	300m: 4:03.06	42.30	400m: 5:23.76	40.21	
5.	Nowak Maja	10	CSiR MOS w D browie Górnicyzej	5:35.91	337				
	50m: 37.39	37.39	150m: 2:02.33	42.85	250m: 3:27.69	43.22	350m: 4:53.71	43.25	
	100m: 1:19.48	42.09	200m: 2:44.47	42.14	300m: 4:10.46	42.77	400m: 5:35.91	42.20	
6.	Kuszka Magdalena	10	Uks "Aqua Team Mikołów"	5:41.60	321				
	50m: 38.06	38.06	150m: 2:06.98	44.46	250m: 3:36.76	44.54	350m: 5:04.52	42.32	
	100m: 1:22.52	44.46	200m: 2:52.22	45.24	300m: 4:22.20	45.44	400m: 5:41.60	37.08	
7.	Tasarz Natalia	10	UKS Junior Kluczbork	5:41.63	321				
	50m: 38.64	38.64	150m: 2:04.51	43.32	250m: 3:31.44	43.77	350m: 5:00.09	43.73	
	100m: 1:21.19	42.55	200m: 2:47.67	43.16	300m: 4:16.36	44.92	400m: 5:41.63	41.54	
8.	Ogi ska Lena	10	UKS „MANTA” Kochłowice Ruda I sk	5:48.67	301				
	50m: 40.08	40.08	150m: 2:09.08	44.36	250m: 3:37.87	44.61	350m: 5:06.18	44.30	
	100m: 1:24.72	44.64	200m: 2:53.26	44.18	300m: 4:21.88	44.01	400m: 5:48.67	42.49	
9.	Gorzelał Blanka	10	"Sikret" Gliwice	5:50.65	296				
	50m: 36.85	36.85	150m: 2:02.94	43.87	250m: 3:33.97	45.65	350m: 5:06.32	46.10	
	100m: 1:19.07	42.22	200m: 2:48.32	45.38	300m: 4:20.22	46.25	400m: 5:50.65	44.33	
10.	Ogórek Zofia	10	KS Pi tka Chorzów	5:53.97	288				
	50m: 40.27	40.27	150m: 2:11.73	46.02	250m: 3:44.43	46.55	350m: 5:13.29	44.01	
	100m: 1:25.71	45.44	200m: 2:57.88	46.15	300m: 4:29.28	44.85	400m: 5:53.97	40.68	
11.	Kilarska Martyna	10	UKS „ Na Fali Bytom"	5:55.45	285				
	50m: 38.40	38.40	150m: 2:11.04	47.28	250m: 3:42.85	45.85	350m: 5:15.03	45.94	
	100m: 1:23.76	45.36	200m: 2:57.00	45.96	300m: 4:29.09	46.24	400m: 5:55.45	40.42	
12.	Pianka Emilia	10	UKS Junior Kluczbork	5:58.49	277				
	50m: 39.74	39.74	150m: 2:11.40	46.36	250m: 3:44.26	46.81	350m: 5:15.35	45.36	
	100m: 1:25.04	45.30	200m: 2:57.45	46.05	300m: 4:29.99	45.73	400m: 5:58.49	43.14	
13.	Zaremba Zuzanna	10	Swim Team MOSiR K dzierzyn-Ko le	6:10.42	251				
	50m: 41.01	41.01	150m: 2:16.39	48.70	250m: 3:52.32	48.08	350m: 5:26.71	46.39	
	100m: 1:27.69	46.68	200m: 3:04.24	47.85	300m: 4:40.32	48.00	400m: 6:10.42	43.71	
14.	Chabko Emilia	10	UKS „ Na Fali Bytom"	6:10.43	251				
	50m: 44.23	44.23	150m: 2:20.30	48.18	250m: 3:54.00	46.78	350m: 5:26.89	46.38	
	100m: 1:32.12	47.89	200m: 3:07.22	46.92	300m: 4:40.51	46.51	400m: 6:10.43	43.54	
15.	Wrotek Zofia	10	UKS „ Na Fali Bytom"	6:10.66	251				
	50m: 41.03	41.03	150m: 2:13.34	47.01	250m: 3:48.19	47.21	350m: 5:24.94	48.55	
	100m: 1:26.33	45.30	200m: 3:00.98	47.64	300m: 4:36.39	48.20	400m: 6:10.66	45.72	
16.	Zaj c Paulina	10	Uks "Aqua Team Mikołów"	6:12.45	247				
	50m: 41.22	41.22	150m: 2:17.12	48.00	250m: 3:53.31	48.98	350m: 5:29.13	47.06	
	100m: 1:29.12	47.90	200m: 3:04.33	47.21	300m: 4:42.07	48.76	400m: 6:12.45	43.32	
17.	Czekaj Maja	10	CSiR MOS w D browie Górnicyzej	6:12.91	246				
	50m: 40.62	40.62	150m: 2:16.82	48.33	250m: 3:52.06	47.67	350m: 5:28.46	48.09	
	100m: 1:28.49	47.87	200m: 3:04.39	47.57	300m: 4:40.37	48.31	400m: 6:12.91	44.45	



Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	Ulanowska Irmina		10	UKS „ Na Fali Bytom"				6:15.49	241
	50m:	40.97 40.97	150m:	2:14.60 46.93	250m:	3:52.09 48.71	350m:	5:29.09 48.64	
	100m:	1:27.67 46.70	200m:	3:03.38 48.78	300m:	4:40.45 48.36	400m:	6:15.49 46.40	
19.	Rado Magdalena		10	"Sikret" Gliwice				6:18.82	235
	50m:	42.77 42.77	150m:	2:17.37 47.09	250m:	3:55.94 49.02	350m:	5:32.41 47.68	
	100m:	1:30.28 47.51	200m:	3:06.92 49.55	300m:	4:44.73 48.79	400m:	6:18.82 46.41	
20.	Moj Karolina		10	KS Pi tka Chorzów				6:19.48	234
	50m:	42.62 42.62	150m:	2:16.85 48.03	250m:	3:52.99 48.08	350m:	5:31.53 49.46	
	100m:	1:28.82 46.20	200m:	3:04.91 48.06	300m:	4:42.07 49.08	400m:	6:19.48 47.95	
21.	Kapica Amelia		10	MOSM Tychy				6:20.48	232
	50m:	41.20 41.20	150m:	2:18.67 49.12	250m:	3:57.79 49.08	350m:	5:36.84 49.46	
	100m:	1:29.55 48.35	200m:	3:08.71 50.04	300m:	4:47.38 49.59	400m:	6:20.48 43.64	
22.	Olszewska Karolina		10	MOSM Tychy				6:25.52	223
	50m:	42.75 42.75	150m:	2:20.90 50.03	250m:	4:01.55 51.05	350m:	5:39.65 47.74	
	100m:	1:30.87 48.12	200m:	3:10.50 49.60	300m:	4:51.91 50.36	400m:	6:25.52 45.87	
23.	Zieliska Paulina		10	UKS „ Na Fali Bytom"				6:38.26	202
	50m:	43.28 43.28	150m:	2:25.90 51.78	250m:	4:10.62 51.40	350m:	5:52.02 50.86	
	100m:	1:34.12 50.84	200m:	3:19.22 53.32	300m:	5:01.16 50.54	400m:	6:38.26 46.24	
24.	Szczepka Helena		10	"Sikret" Gliwice				6:39.05	201
	50m:	41.92 41.92	150m:	2:21.38 50.33	250m:	4:05.69 52.54	350m:	5:48.94 50.84	
	100m:	1:31.05 49.13	200m:	3:13.15 51.77	300m:	4:58.10 52.41	400m:	6:39.05 50.11	
25.	Rogosz Estera		10	UKS DELFIN Krapkowice				6:39.28	201
	50m:	44.94 44.94	150m:	2:26.13 51.41	250m:	4:10.42 51.93	350m:	5:51.86 50.04	
	100m:	1:34.72 49.78	200m:	3:18.49 52.36	300m:	5:01.82 51.40	400m:	6:39.28 47.42	
26.	Gawęł Marta		10	KS Pi tka Chorzów				6:39.99	200
	50m:	43.93 43.93	150m:	2:23.60 51.01	250m:	4:06.45 51.70	350m:	5:49.90 51.97	
	100m:	1:32.59 48.66	200m:	3:14.75 51.15	300m:	4:57.93 51.48	400m:	6:39.99 50.09	
27.	Kajdewicz Natalia		10	MOSM Tychy				6:42.60	196
	50m:	46.25 46.25	150m:	2:30.34 52.83	250m:	4:16.89 53.71	350m:	6:02.18 51.82	
	100m:	1:37.51 51.26	200m:	3:23.18 52.84	300m:	5:10.36 53.47	400m:	6:42.60 40.42	
28.	Babiarz Blanka		10	Swim Team MOSiR K dzierzyn-Ko le				6:47.26	189
	50m:	48.99 48.99	150m:	2:29.76 51.14	250m:	4:11.93 50.37	350m:	5:58.98 53.35	
	100m:	1:38.62 49.63	200m:	3:21.56 51.80	300m:	5:05.63 53.70	400m:	6:47.26 48.28	
29.	Górska Amelia		10	MOSM Tychy				6:47.46	189
	50m:	45.22 45.22	150m:	2:28.60 52.62	250m:	4:15.89 54.05	350m:	6:01.07 53.03	
	100m:	1:35.98 50.76	200m:	3:21.84 53.24	300m:	5:08.04 52.15	400m:	6:47.46 46.39	
30.	Semik Zuzanna		10	UKS „Nowy Klub Pływacki"				6:52.36	182
	50m:	41.28 41.28	150m:	2:22.90 52.50	250m:	4:12.53 55.89	350m:	6:02.93 55.76	
	100m:	1:30.40 49.12	200m:	3:16.64 53.74	300m:	5:07.17 54.64	400m:	6:52.36 49.43	
31.	Bocianowska Julia		10	Uks "Salmo ory"				6:55.01	179
	50m:	44.26 44.26	150m:	2:30.16 52.87	250m:	4:17.79 54.42	350m:	6:02.91 53.06	
	100m:	1:37.29 53.03	200m:	3:23.37 53.21	300m:	5:09.85 52.06	400m:	6:55.01 52.10	
32.	Fryc Maja		10	MKS Park Wodny Tarnowskie Góry				7:20.91	149
	50m:	43.60 43.60	150m:	2:36.57 58.29	250m:	4:31.00 55.55	350m:	6:26.38 58.22	
	100m:	1:38.28 54.68	200m:	3:35.45 58.88	300m:	5:28.16 57.16	400m:	7:20.91 54.53	
33.	Fryc Dagmara		10	MKS Park Wodny Tarnowskie Góry				7:50.18	123
	50m:	46.82 46.82	150m:	3:49.77 2:03.48	250m:	5:52.84 1:01.52	350m:		
	100m:	1:46.29 59.47	200m:	4:51.32 1:01.55	300m:	6:52.90 1:00.06	400m:	7:50.18	
34.	Kramarz Julia		10	"Sikret" Gliwice				8:08.64	109
	50m:	49.65 49.65	150m:	2:52.61 1:02.65	250m:	4:58.65 1:02.58	350m:	7:08.94 1:05.29	
	100m:	1:49.96 1:00.31	200m:	3:56.07 1:03.46	300m:	6:03.65 1:05.00	400m:	8:08.64 59.70	



Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.
DYSKW. Szczepanek Nikola	10 MOSM Tychy	6:39.02	
<i>O2 - Pływak nie miał kontaktu ze cian podczas nawrotu. (Czas: 12:33)</i>			
50m: 42.86 42.86	150m: 2:22.82 51.55	250m: 4:07.38 52.50	350m: 5:51.86 52.90
100m: 1:31.27 48.41	200m: 3:14.88 52.06	300m: 4:58.96 51.58	400m: 6:39.02 47.16

13 lat

1. Dudek Lena	09 CSiR MOS w D browie Górnicej	4:37.22	600
50m: 31.76 31.76	150m: 1:41.03 34.02	250m: 2:51.79 35.26	350m: 4:02.79 35.50
100m: 1:07.01 35.25	200m: 2:16.53 35.50	300m: 3:27.29 35.50	400m: 4:37.22 34.43
2. Karkocha Gabriela	09 UKS „MANTA” Kochłowice Ruda I sk	4:38.95	589
50m: 31.93 31.93	150m: 1:40.55 34.24	250m: 2:52.17 35.93	350m: 4:03.78 35.83
100m: 1:06.31 34.38	200m: 2:16.24 35.69	300m: 3:27.95 35.78	400m: 4:38.95 35.17
3. Bednarek Lena	09 KS Pi tka Chorzów	4:57.97	483
50m: 33.41 33.41	150m: 1:48.50 38.25	250m: 3:05.60 38.47	350m: 4:21.86 38.00
100m: 1:10.25 36.84	200m: 2:27.13 38.63	300m: 3:43.86 38.26	400m: 4:57.97 36.11
4. Ulman Michalina	09 MOSM Tychy	5:03.49	457
50m: 33.32 33.32	150m: 1:48.79 38.45	250m: 3:06.93 39.66	350m: 4:25.76 39.47
100m: 1:10.34 37.02	200m: 2:27.27 38.48	300m: 3:46.29 39.36	400m: 5:03.49 37.73
5. R czka Weronika	09 KS Pi tka Chorzów	5:05.61	448
50m: 33.46 33.46	150m: 1:49.55 38.84	250m: 3:08.83 39.84	350m: 4:27.80 38.97
100m: 1:10.71 37.25	200m: 2:28.99 39.44	300m: 3:48.83 40.00	400m: 5:05.61 37.81
6. Gierach Maja	09 UKS „MANTA” Kochłowice Ruda I sk	5:11.88	421
50m: 35.97 35.97	150m: 1:54.45 39.49	250m: 3:14.08 39.81	350m: 4:33.81 39.75
100m: 1:14.96 38.99	200m: 2:34.27 39.82	300m: 3:54.06 39.98	400m: 5:11.88 38.07
7. Kania Karolina	09 Swim Team MOSiR K dzierzyn-Ko le	5:14.69	410
50m: 34.57 34.57	150m: 1:52.78 39.83	250m: 3:14.96 41.16	350m: 4:37.08 41.34
100m: 1:12.95 38.38	200m: 2:33.80 41.02	300m: 3:55.74 40.78	400m: 5:14.69 37.61
8. Malarz Milena	09 UKS Victoria Kozy	5:15.80	406
50m: 34.96 34.96	150m: 1:53.34 39.80	250m: 3:14.74 40.83	350m: 4:35.97 40.62
100m: 1:13.54 38.58	200m: 2:33.91 40.57	300m: 3:55.35 40.61	400m: 5:15.80 39.83
9. Lisowska Magdalena	09 CSiR MOS w D browie Górnicej	5:17.23	400
50m: 34.70 34.70	150m: 1:53.38 40.36	250m: 3:15.48 41.88	350m: 4:37.65 40.13
100m: 1:13.02 38.32	200m: 2:33.60 40.22	300m: 3:57.52 42.04	400m: 5:17.23 39.58
10. Duda Katarzyna	09 UKS Victoria Kozy	5:19.30	393
50m: 36.91 36.91	150m: 1:56.67 40.63	250m: 3:18.33 41.37	350m: 4:40.26 41.29
100m: 1:16.04 39.13	200m: 2:36.96 40.29	300m: 3:58.97 40.64	400m: 5:19.30 39.04
11. Musialska Julia	09 MOSM Tychy	5:19.35	393
50m: 33.66 33.66	150m: 1:51.45 39.76	250m: 3:14.11 41.68	350m: 4:39.05 42.65
100m: 1:11.69 38.03	200m: 2:32.43 40.98	300m: 3:56.40 42.29	400m: 5:19.35 40.30
12. Bili ska Iga	09 UKS „MANTA” Kochłowice Ruda I sk	5:21.33	385
50m: 36.07 36.07	150m: 1:57.94 41.14	250m: 3:19.37 40.09	350m: 4:41.37 41.15
100m: 1:16.80 40.73	200m: 2:39.28 41.34	300m: 4:00.22 40.85	400m: 5:21.33 39.96
13. erdka Zuzanna	09 MOSM Tychy	5:34.99	340
50m: 35.28 35.28	150m: 2:00.65 43.99	250m: 3:29.02 44.36	350m: 4:55.26 42.28
100m: 1:16.66 41.38	200m: 2:44.66 44.01	300m: 4:12.98 43.96	400m: 5:34.99 39.73
14. Malkusz Alicja	09 UKS DELFIN Krapkowice	5:40.30	324
50m: 36.77 36.77	150m: 2:02.09 43.69	250m: 3:29.30 43.61	350m: 4:59.14 45.35
100m: 1:18.40 41.63	200m: 2:45.69 43.60	300m: 4:13.79 44.49	400m: 5:40.30 41.16
15. Jabło ska Weronika	09 UKS „Na Fali Bytom”	5:43.50	315
50m: 36.72 36.72	150m: 2:01.17 43.04	250m: 3:30.29 44.63	350m: 4:59.93 44.86
100m: 1:18.13 41.41	200m: 2:45.66 44.49	300m: 4:15.07 44.78	400m: 5:43.50 43.57
16. Nogaj Natalia	09 UKS DELFIN Krapkowice	5:52.11	293
50m: 38.62 38.62	150m: 2:11.83 47.39	250m: 3:42.89 45.14	350m: 5:13.25 43.76
100m: 1:24.44 45.82	200m: 2:57.75 45.92	300m: 4:29.49 46.60	400m: 5:52.11 38.86



Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
17.	Pezda Zuzanna		09	Uks "Salmo ory"				5:53.57	289			
	50m:	39.06	39.06	150m:	2:08.80	45.49	250m:	3:39.37	45.37	350m:	5:09.70	45.39
	100m:	1:23.31	44.25	200m:	2:54.00	45.20	300m:	4:24.31	44.94	400m:	5:53.57	43.87
18.	Balińska Hanna		09	Uks "Salmo ory"				5:54.71	286			
	50m:	39.60	39.60	150m:	2:09.79	45.48	250m:	3:41.32	45.86	350m:	5:12.51	45.78
	100m:	1:24.31	44.71	200m:	2:55.46	45.67	300m:	4:26.73	45.41	400m:	5:54.71	42.20
19.	Handzlik Hanna		09	UKS Victoria Kozy				6:11.51	249			
	50m:	42.95	42.95	150m:	2:18.66	48.08	250m:	3:53.57	47.41	350m:	5:26.60	46.06
	100m:	1:30.58	47.63	200m:	3:06.16	47.50	300m:	4:40.54	46.97	400m:	6:11.51	44.91
20.	Wypych Patrycja		09	Uks "Salmo ory"				6:19.37	234			
	50m:	40.67	40.67	150m:	2:15.78	48.92	250m:	3:54.44	49.17	350m:	5:31.69	48.33
	100m:	1:26.86	46.19	200m:	3:05.27	49.49	300m:	4:43.36	48.92	400m:	6:19.37	47.68
21.	Bas Hanna		09	KS Piłka Chorzów				6:36.04	206			
	50m:	41.14	41.14	150m:	2:18.43	50.37	250m:	4:00.54	52.25	350m:	5:44.24	52.25
	100m:	1:28.06	46.92	200m:	3:08.29	49.86	300m:	4:51.99	51.45	400m:	6:36.04	51.80