

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
Gliwice, 7. - 8.5.2022

Konkurencja 29
07.05.2022 - 19:39

M czyzn, 400m Surface

Open
Wyniki

Punkty: Table 1000

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m
Open								
1.	05	PIETRAS Kamil UKS Delfinek Chodzie	3:17.97	698	47.19	50.68	50.96	49.14
		50m: 22.79 22.79 150m: 1:12.63 25.44 250m: 2:03.55 25.68 350m: 2:53.96 25.13			25.28	400m: 3:17.97 24.01		
		100m: 47.19 24.40 200m: 1:37.87 25.24 300m: 2:28.83						
2.	02	DRA BA Filip OSN Amfiprion LOK Olecko	3:18.88	688	47.14	50.21	51.93	49.60
		50m: 22.75 22.75 150m: 1:12.18 25.04 250m: 2:03.36 26.01 350m: 2:55.21 25.93			25.92	400m: 3:18.88 23.67		
		100m: 47.14 24.39 200m: 1:37.35 25.17 300m: 2:29.28						
3.	07	MARKIEWICZ Karol UKS Tri - Sea Mewa Władysław	3:37.02	529	49.82	55.31	56.27	55.62
		50m: 23.89 23.89 150m: 1:17.29 27.47 250m: 2:13.45 28.32 350m: 3:09.58 28.18			27.95	400m: 3:37.02 27.44		
		100m: 49.82 25.93 200m: 1:45.13 27.84 300m: 2:41.40						
4.	06	PUKAS Mikołaj UKS Rekin Wrocław	3:44.34	479	49.46	56.18	59.58	59.12
		50m: 23.41 23.41 150m: 1:16.85 27.39 250m: 2:15.28 29.64 350m: 3:16.09 30.87			29.94	400m: 3:44.34 28.25		
		100m: 49.46 26.05 200m: 1:45.64 28.79 300m: 2:45.22						
5.	08	SMOSZNA Wiktor UKS Rekin Wrocław	3:48.20	455	52.07	56.28	1:00.59	59.26
		50m: 24.48 24.48 150m: 1:19.22 27.15 250m: 2:18.56 30.21 350m: 3:19.46 30.52			30.38	400m: 3:48.20 28.74		
		100m: 52.07 27.59 200m: 1:48.35 29.13 300m: 2:48.94						
6.	05	STEFANOWSKI Dawid UKS Manta Ko cierzyna	3:48.95	451	53.44	57.80	58.59	59.12
		50m: 25.08 25.08 150m: 1:21.94 28.50 250m: 2:20.53 29.29 350m: 3:19.70 29.87			29.30	400m: 3:48.95 29.25		
		100m: 53.44 28.36 200m: 1:51.24 29.30 300m: 2:49.83						
7.	08	TABASZEWSKI Szymon UKS Rekin Wrocław	4:06.88	360	54.31	1:01.71	1:06.15	1:04.71
		50m: 25.25 25.25 150m: 1:25.25 30.94 250m: 2:29.02 33.00 350m: 3:36.29 34.12			33.15	400m: 4:06.88 30.59		
		100m: 54.31 29.06 200m: 1:56.02 30.77 300m: 3:02.17						
8.	06	SMYKOWSKI Franciszek Laguna 24 Toru	4:17.70	316	58.27	1:04.80	1:07.65	1:06.98
		50m: 27.16 27.16 150m: 1:29.71 31.44 250m: 2:36.44 33.37 350m: 3:44.26 33.54			34.28	400m: 4:17.70 33.44		
		100m: 58.27 31.11 200m: 2:03.07 33.36 300m: 3:10.72						

Rocznik 2005 - 2006

1.	05	PIETRAS Kamil UKS Delfinek Chodzie	3:17.97	698	47.19	50.68	50.96	49.14
		50m: 22.79 22.79 150m: 1:12.63 25.44 250m: 2:03.55 25.68 350m: 2:53.96 25.13			25.28	400m: 3:17.97 24.01		
		100m: 47.19 24.40 200m: 1:37.87 25.24 300m: 2:28.83						
2.	06	PUKAS Mikołaj UKS Rekin Wrocław	3:44.34	479	49.46	56.18	59.58	59.12
		50m: 23.41 23.41 150m: 1:16.85 27.39 250m: 2:15.28 29.64 350m: 3:16.09 30.87			29.94	400m: 3:44.34 28.25		
		100m: 49.46 26.05 200m: 1:45.64 28.79 300m: 2:45.22						
3.	05	STEFANOWSKI Dawid UKS Manta Ko cierzyna	3:48.95	451	53.44	57.80	58.59	59.12
		50m: 25.08 25.08 150m: 1:21.94 28.50 250m: 2:20.53 29.29 350m: 3:19.70 29.87			29.30	400m: 3:48.95 29.25		
		100m: 53.44 28.36 200m: 1:51.24 29.30 300m: 2:49.83						
4.	06	SMYKOWSKI Franciszek Laguna 24 Toru	4:17.70	316	58.27	1:04.80	1:07.65	1:06.98
		50m: 27.16 27.16 150m: 1:29.71 31.44 250m: 2:36.44 33.37 350m: 3:44.26 33.54			34.28	400m: 4:17.70 33.44		
		100m: 58.27 31.11 200m: 2:03.07 33.36 300m: 3:10.72						

Rocznik 2007 - 2008

1.	07	MARKIEWICZ Karol UKS Tri - Sea Mewa Władysław	3:37.02	529	49.82	55.31	56.27	55.62
		50m: 23.89 23.89 150m: 1:17.29 27.47 250m: 2:13.45 28.32 350m: 3:09.58 28.18			27.95	400m: 3:37.02 27.44		
		100m: 49.82 25.93 200m: 1:45.13 27.84 300m: 2:41.40						
2.	08	SMOSZNA Wiktor UKS Rekin Wrocław	3:48.20	455	52.07	56.28	1:00.59	59.26
		50m: 24.48 24.48 150m: 1:19.22 27.15 250m: 2:18.56 30.21 350m: 3:19.46 30.52			30.38	400m: 3:48.20 28.74		
		100m: 52.07 27.59 200m: 1:48.35 29.13 300m: 2:48.94						
3.	08	TABASZEWSKI Szymon UKS Rekin Wrocław	4:06.88	360	54.31	1:01.71	1:06.15	1:04.71
		50m: 25.25 25.25 150m: 1:25.25 30.94 250m: 2:29.02 33.00 350m: 3:36.29 34.12			33.15	400m: 4:06.88 30.59		
		100m: 54.31 29.06 200m: 1:56.02 30.77 300m: 3:02.17						