

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
Gliwice, 7. - 8.5.2022

Konkurencja 36
08.05.2022 - 9:57

M czynzn, 400m Bifins

Open
Wyniki

Punkty: Table 1000

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m
Open							
1.	KROPIDŁOWSKI Szymon 02	UKS Manta Ko cierzyna	3:44.03 785	53.96	57.37	57.59	55.11
	50m: 25.48 25.48	150m: 1:22.33 28.37	250m: 2:19.77	28.44	350m: 3:16.92	28.00	
	100m: 53.96 28.48	200m: 1:51.33 29.00	300m: 2:48.92	29.15	400m: 3:44.03	27.11	
2.	GRABOWSKI Radosław 05	UKS Delfinek Chodzie	3:48.16 743	54.30	59.07	58.95	55.84
	50m: 26.22 26.22	150m: 1:23.46 29.16	250m: 2:22.64	29.27	350m: 3:21.44	29.12	
	100m: 54.30 28.08	200m: 1:53.37 29.91	300m: 2:52.32	29.68	400m: 3:48.16	26.72	
3.	KUSEK Mateusz 07	IKS Herkules Suwałki	3:52.16 706	54.62	59.23	1:00.52	57.79
	50m: 25.69 25.69	150m: 1:24.08 29.46	250m: 2:24.18	30.33	350m: 3:24.51	30.14	
	100m: 54.62 28.93	200m: 1:53.85 29.77	300m: 2:54.37	30.19	400m: 3:52.16	27.65	
4.	D BROWSKI Marcin 07	UKS Tri - Sea Mewa Władysław	3:53.15 697	55.48	59.35	1:00.39	57.93
	50m: 26.72 26.72	150m: 1:24.59 29.11	250m: 2:24.77	29.94	350m: 3:25.08	29.86	
	100m: 55.48 28.76	200m: 1:54.83 30.24	300m: 2:55.22	30.45	400m: 3:53.15	28.07	
5.	MARGOL Oskar 05	UKS Delfin Jastarnia	4:03.58 611	57.00	1:01.60	1:02.33	1:02.65
	50m: 27.36 27.36	150m: 1:27.21 30.21	250m: 2:29.24	30.64	350m: 3:34.01	33.08	
	100m: 57.00 29.64	200m: 1:58.60 31.39	300m: 3:00.93	31.69	400m: 4:03.58	29.57	
6.	ZIEMNIAK Seweryn 08	UKS Tri - Sea Mewa Władysław	4:04.04 608	57.71	1:02.37	1:02.64	1:01.32
	50m: 26.81 26.81	150m: 1:28.72 31.01	250m: 2:31.65	31.57	350m: 3:34.41	31.69	
	100m: 57.71 30.90	200m: 2:00.08 31.36	300m: 3:02.72	31.07	400m: 4:04.04	29.63	
7.	KOZŁOWSKI Oskar 08	MUKS PIORUN Gołdap	4:09.15 571	57.64	1:06.20	1:03.38	1:01.93
	50m: 27.10 27.10	150m: 1:30.40 32.76	250m: 2:35.60	31.76	350m: 3:38.24	31.02	
	100m: 57.64 30.54	200m: 2:03.84 33.44	300m: 3:07.22	31.62	400m: 4:09.15	30.91	
8.	PUKAS Mikołaj 06	UKS Rekin Wrocław	4:09.62 568	57.73	1:04.58	1:05.72	1:01.59
	50m: 27.26 27.26	150m: 1:29.52 31.79	250m: 2:34.28	31.97	350m: 3:40.36	32.33	
	100m: 57.73 30.47	200m: 2:02.31 32.79	300m: 3:08.03	33.75	400m: 4:09.62	29.26	
9.	BYSTRON Franciszek 04	UKS Manta Ko cierzyna	4:10.54 561	58.01	1:05.57	1:05.77	1:01.19
	50m: 26.88 26.88	150m: 1:30.46 32.45	250m: 2:36.64	33.06	350m: 3:41.81	32.46	
	100m: 58.01 31.13	200m: 2:03.58 33.12	300m: 3:09.35	32.71	400m: 4:10.54	28.73	
10.	MATYJEWICZ Michał 06	OSN Amfiprion LOK Olecko	4:10.59 561	59.40	1:04.93	1:05.42	1:00.84
	50m: 28.07 28.07	150m: 1:31.74 32.34	250m: 2:37.34	33.01	350m: 3:42.16	32.41	
	100m: 59.40 31.33	200m: 2:04.33 32.59	300m: 3:09.75	32.41	400m: 4:10.59	28.43	
11.	CZERWI SKI Bartosz 06	OSN Amfiprion LOK Olecko	4:11.48 555	59.53	1:04.81	1:05.68	1:01.46
	50m: 28.04 28.04	150m: 1:31.95 32.42	250m: 2:37.11	32.77	350m: 3:42.62	32.60	
	100m: 59.53 31.49	200m: 2:04.34 32.39	300m: 3:10.02	32.91	400m: 4:11.48	28.86	
12.	HUMERCZYK Marcin 07	UKS Delfinek Chodzie	4:17.06 520	57.55	1:06.99	1:08.34	1:04.18
	50m: 26.27 26.27	150m: 1:30.96 33.41	250m: 2:38.07	33.53	350m: 3:45.51	32.63	
	100m: 57.55 31.28	200m: 2:04.54 33.58	300m: 3:12.88	34.81	400m: 4:17.06	31.55	
13.	BOLDT Konrad 01	Laguna 24 Toru	4:19.71 504	59.86	1:07.09	1:08.99	1:03.77
	50m: 28.10 28.10	150m: 1:33.00 33.14	250m: 2:41.50	34.55	350m: 3:49.52	33.58	
	100m: 59.86 31.76	200m: 2:06.95 33.95	300m: 3:15.94	34.44	400m: 4:19.71	30.19	
14.	ORZECZOWSKI Aleksander 08	UKS Tri - Sea Mewa Władysław	4:19.88 503	59.91	1:08.58	1:09.50	1:01.89
	50m: 27.99 27.99	150m: 1:34.08 34.17	250m: 2:43.31	34.82	350m: 3:50.73	32.74	
	100m: 59.91 31.92	200m: 2:08.49 34.41	300m: 3:17.99	34.68	400m: 4:19.88	29.15	

Rocznik 2005 - 2006

1.	GRABOWSKI Radosław 05	UKS Delfinek Chodzie	3:48.16 743	54.30	59.07	58.95	55.84
	50m: 26.22 26.22	150m: 1:23.46 29.16	250m: 2:22.64	29.27	350m: 3:21.44	29.12	
	100m: 54.30 28.08	200m: 1:53.37 29.91	300m: 2:52.32	29.68	400m: 3:48.16	26.72	
2.	MARGOL Oskar 05	UKS Delfin Jastarnia	4:03.58 611	57.00	1:01.60	1:02.33	1:02.65
	50m: 27.36 27.36	150m: 1:27.21 30.21	250m: 2:29.24	30.64	350m: 3:34.01	33.08	
	100m: 57.00 29.64	200m: 1:58.60 31.39	300m: 3:00.93	31.69	400m: 4:03.58	29.57	
3.	PUKAS Mikołaj 06	UKS Rekin Wrocław	4:09.62 568	57.73	1:04.58	1:05.72	1:01.59
	50m: 27.26 27.26	150m: 1:29.52 31.79	250m: 2:34.28	31.97	350m: 3:40.36	32.33	
	100m: 57.73 30.47	200m: 2:02.31 32.79	300m: 3:08.03	33.75	400m: 4:09.62	29.26	
4.	MATYJEWICZ Michał 06	OSN Amfiprion LOK Olecko	4:10.59 561	59.40	1:04.93	1:05.42	1:00.84
	50m: 28.07 28.07	150m: 1:31.74 32.34	250m: 2:37.34	33.01	350m: 3:42.16	32.41	
	100m: 59.40 31.33	200m: 2:04.33 32.59	300m: 3:09.75	32.41	400m: 4:10.59	28.43	

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
Gliwice, 7. - 8.5.2022

Konkurencja 36, Chłopców, 400m Bifins, Roczniak 2005 - 2006

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m			
5.	CZERWI SKI	Bartosz	06	OSN Amfiprion LOK Olecko	4:11.48	555	59.53	1:04.81	1:05.68	1:01.46		
	50m:	28.04	28.04	150m:	1:31.95	32.42	250m:	2:37.11	32.77	350m:	3:42.62	32.60
	100m:	59.53	31.49	200m:	2:04.34	32.39	300m:	3:10.02	32.91	400m:	4:11.48	28.86

Roczniak 2007 - 2008

1.	KUSEK	Mateusz	07	IKS Herkules Suwałki	3:52.16	706	54.62	59.23	1:00.52	57.79		
	50m:	25.69	25.69	150m:	1:24.08	29.46	250m:	2:24.18	30.33	350m:	3:24.51	30.14
	100m:	54.62	28.93	200m:	1:53.85	29.77	300m:	2:54.37	30.19	400m:	3:52.16	27.65
2.	D BROWSKI	Marcin	07	UKS Tri - Sea Mewa Władysławowo	3:53.15	697	55.48	59.35	1:00.39	57.93		
	50m:	26.72	26.72	150m:	1:24.59	29.11	250m:	2:24.77	29.94	350m:	3:25.08	29.86
	100m:	55.48	28.76	200m:	1:54.83	30.24	300m:	2:55.22	30.45	400m:	3:53.15	28.07
3.	ZIEMNIAK	Seweryn	08	UKS Tri - Sea Mewa Władysławowo	4:04.04	608	57.71	1:02.37	1:02.64	1:01.32		
	50m:	26.81	26.81	150m:	1:28.72	31.01	250m:	2:31.65	31.57	350m:	3:34.41	31.69
	100m:	57.71	30.90	200m:	2:00.08	31.36	300m:	3:02.72	31.07	400m:	4:04.04	29.63
4.	KOZŁOWSKI	Oskar	08	MUKS PIORUN Gołdap	4:09.15	571	57.64	1:06.20	1:03.38	1:01.93		
	50m:	27.10	27.10	150m:	1:30.40	32.76	250m:	2:35.60	31.76	350m:	3:38.24	31.02
	100m:	57.64	30.54	200m:	2:03.84	33.44	300m:	3:07.22	31.62	400m:	4:09.15	30.91
5.	HUMERCZYK	Marcin	07	UKS Delfinek Chodzież	4:17.06	520	57.55	1:06.99	1:08.34	1:04.18		
	50m:	26.27	26.27	150m:	1:30.96	33.41	250m:	2:38.07	33.53	350m:	3:45.51	32.63
	100m:	57.55	31.28	200m:	2:04.54	33.58	300m:	3:12.88	34.81	400m:	4:17.06	31.55
6.	ORZECZOWSKI	Aleksander	08	UKS Tri - Sea Mewa Władysławowo	4:19.88	503	59.91	1:08.58	1:09.50	1:01.89		
	50m:	27.99	27.99	150m:	1:34.08	34.17	250m:	2:43.31	34.82	350m:	3:50.73	32.74
	100m:	59.91	31.92	200m:	2:08.49	34.41	300m:	3:17.99	34.68	400m:	4:19.88	29.15
PK	DANYLENKO	Anton	98	UKS Rekin Wrocław	4:30.93	444	59.47	1:10.91	1:13.82	1:06.73		
	50m:	27.47	27.47	150m:	1:33.91	34.44	250m:	2:46.71	36.33	350m:	3:58.55	34.35
	100m:	59.47	32.00	200m:	2:10.38	36.47	300m:	3:24.20	37.49	400m:	4:30.93	32.38