

Mistrzostwa Okręgu Gliwickiego Open
Gliwice, 18. - 19.11.2022

Konkurencja 24
18.11.2022 - 17:22

Mężczyźni, 400m dowolny

14 lat i starsi
Wyniki

Rekord 18 lat	3:51.20	Klich Kacper - 2012	POL	AZS AWF Katowice
Rekord 17 lat	3:53.14	Klich Kacper - 2011	POL	AZS AWF Katowice
Rekord 16 lat	3:58.27	Staniszewski Bartosz - 2021	POL	UKP Ruda Śląska
Rekord 15 lat	3:58.69	Kalkan Jakub - 2019	POL	Jedno 32 Przyszowice
Rekord 14 lat	4:01.86	Kalkan Jakub - 2018	POL	Jedno 32 Przyszowice
Rekord Open	3:46.93	Klich Kacper - 2017	POL	AZS AWF Katowice

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	R.St	% popr.	FINA
14 lat					
1. Staniszewski Wiktor	08 "Sikret" Gliwice	4:23.13	102%	524	
50m: 29.64	29.64 150m: 1:37.08 34.10	250m: 2:45.67 33.87	350m: 3:52.14 32.40	100m: 1:02.98 33.34	200m: 2:11.80 34.72
300m: 3:19.74 34.07	400m: 4:23.13 30.99				
2. Munsch Artur	08 MKS Park Wodny Tarnowskie Góry	4:25.12	+0,76 98%	513	
50m: 29.28	29.28 150m: 1:36.25 34.15	250m: 2:44.58 33.73	350m: 3:52.62 33.43	100m: 1:02.10 32.82	200m: 2:10.85 34.60
300m: 3:19.19 34.61	400m: 4:25.12 32.50				
3. Rybak Jakub	08 MKS Park Wodny Tarnowskie Góry	4:28.01	+0,68 101%	496	
50m: 31.18	31.18 150m: 1:40.13 34.87	250m: 2:47.43 33.40	350m: 3:55.21 33.75	100m: 1:05.26 34.08	200m: 2:14.03 33.90
300m: 3:21.46 34.03	400m: 4:28.01 32.80				
4. Lunov Illia	08 MKS SMS Victoria Racibórz	4:28.78	-	492	
50m: 30.05	30.05 150m: 1:39.69 35.15	250m: 2:48.15 33.57	350m: 3:56.37 34.04	100m: 1:04.54 34.49	200m: 2:14.58 34.89
300m: 3:22.33 34.18	400m: 4:28.78 32.41				
5. Janeczko Piotr	08 MKS Pałac Młodzieży Katowice	4:34.96	+0,73 108%	459	
50m: 30.89	30.89 150m: 1:41.00 35.08	250m: 2:51.75 35.10	350m: 4:02.56 34.94	100m: 1:05.92 35.03	200m: 2:16.65 35.65
300m: 3:27.62 35.87	400m: 4:34.96 32.40				
6. Gogała Piotr	08 "Sikret" Gliwice	4:36.93	+0,74 102%	450	
50m: 30.96	30.96 150m: 1:41.04 35.44	250m: 2:51.50 35.48	350m: 4:03.01 35.70	100m: 1:05.60 34.64	200m: 2:16.02 34.98
300m: 3:27.31 35.81	400m: 4:36.93 33.92				
7. Rybak Grzegorz	08 MKS Park Wodny Tarnowskie Góry	4:48.16	+0,87 105%	399	
50m: 32.12	32.12 150m: 1:45.73 36.80	250m: 2:59.86 36.81	350m: 4:12.98 36.32	100m: 1:08.93 36.81	200m: 2:23.05 37.32
300m: 3:36.66 36.80	400m: 4:48.16 35.18				
8. Gajos Łukasz	08 MKS Pałac Młodzieży Katowice	4:51.18	+0,90 -	387	
50m: 33.14	33.14 150m: 1:47.86 37.36	250m: 3:03.13 37.72	350m: 4:17.58 37.12	100m: 1:10.50 37.36	200m: 2:25.41 37.55
300m: 3:40.46 37.33	400m: 4:51.18 33.60				
9. Bajor Bartosz	08 "Sikret" Gliwice	5:03.16	103%	343	
50m: 33.53	33.53 150m: 1:48.78 38.06	250m: 3:06.59 39.35	350m: 4:25.46 39.73	100m: 1:10.72 37.19	200m: 2:27.24 38.46
300m: 3:45.73 39.14	400m: 5:03.16 37.70				
10. Gola Filip	08 MKS Park Wodny Tarnowskie Góry	5:07.34	+0,69 104%	329	
50m: 34.09	34.09 150m: 1:52.37 39.54	250m: 3:11.84 39.82	350m: 4:31.73 39.64	100m: 1:12.83 38.74	200m: 2:32.02 39.65
300m: 3:52.09 40.25	400m: 5:07.34 35.61				
11. Susloparov Hlib	08 UKS „Dragon” Będzin	5:17.05	+0,68 -	300	
50m: 34.13	34.13 150m: 1:53.22 39.98	250m: 3:14.88 41.27	350m: 4:35.05 41.71	100m: 1:13.24 39.11	200m: 2:33.61 40.39
300m: 3:56.59 41.71	400m: 5:17.05 300				
12. Wasilewski Jakub	08 KS Górnik Radlin	5:20.23	114%	291	
50m: 34.06	34.06 150m: 1:52.91 40.68	250m: 3:16.77 42.11	350m: 4:40.95 41.79	100m: 1:12.23 38.17	200m: 2:34.66 41.75
300m: 3:59.16 42.39	400m: 5:20.23 39.28				
13. Hyski Jakub	08 UKS „Na Fali Bytom”	5:20.51	-	290	
50m: 35.78	35.78 150m: 1:55.46 40.36	250m: 3:18.29 41.37	350m: 4:40.51 40.83	100m: 1:15.10 39.32	200m: 2:36.92 41.46
300m: 3:59.68 41.39	400m: 5:20.51 40.00				
14. Zielonka Jakub	08 Uks "Salmo ry"	5:36.51	+0,77 -	250	
50m: 37.81	37.81 150m: 2:05.04 44.10	250m: 3:33.21 44.78	350m: 4:58.71 42.61	100m: 1:20.94 43.13	200m: 2:48.43 43.39
300m: 4:16.10 42.89	400m: 5:36.51 37.80				
15 lat					
1. Major Erik	07 MKS Park Wodny Tarnowskie Góry	4:00.11	102%	690	
50m: 27.96	27.96 150m: 1:29.17 30.83	250m: 2:29.93 30.25	350m: 3:31.10 30.47	100m: 58.34 30.38	200m: 1:59.68 30.51
300m: 3:00.63 30.70	400m: 4:00.11 29.01				
2. Proszowski Paweł	07 MKS Park Wodny Tarnowskie Góry	4:14.68	100%	578	
50m: 28.48	28.48 150m: 1:33.21 32.87	250m: 2:38.26 32.42	350m: 3:43.16 32.59	100m: 1:00.34 31.86	200m: 2:05.84 32.63
300m: 3:10.57 32.31	400m: 4:14.68 31.52				

Mistrzostwa Okręgu Gliwickiego Open
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Konkurencja 24, Chłopców, 400m dowolny, 15 lat

Pozycja		Rok ur.						Czas	R.St	% popr.	FINA
3.	Katana Jakub	07	"Sikret" Gliwice					4:15.27		103%	574
	50m: 29.60	29.60	150m: 1:34.21	32.69	250m: 2:39.75	32.21	350m: 3:43.82	31.81			
	100m: 1:01.52	31.92	200m: 2:07.54	33.33	300m: 3:12.01	32.26	400m: 4:15.27	31.45			
4.	Wieczorek Kacper	07	UKS Wodnik Siemianowice I skie					4:27.88		100%	497
	50m: 30.23	30.23	150m: 1:37.84	34.14	250m: 2:46.65	34.52	350m: 3:54.47	33.83			
	100m: 1:03.70	33.47	200m: 2:12.13	34.29	300m: 3:20.64	33.99	400m: 4:27.88	33.41			
5.	Borszcz Mikołaj	07	MKS Pałac Młodzie y Katowice					4:42.44	+0,81	-	424
	50m: 31.23	31.23	150m: 1:40.69	35.21	250m: 2:52.89	36.04	350m: 4:06.34	36.83			
	100m: 1:05.48	34.25	200m: 2:16.85	36.16	300m: 3:29.51	36.62	400m: 4:42.44	36.10			
6.	Pradela Jacek	07	MKS Pałac Młodzie y Katowice					4:49.71	+0,71	101%	393
	50m: 32.91	32.91	150m: 1:45.83	37.18	250m: 3:00.42	36.91	350m: 4:15.16	37.52			
	100m: 1:08.65	35.74	200m: 2:23.51	37.68	300m: 3:37.64	37.22	400m: 4:49.71	34.55			
7.	Ruman Jakub	07	KP H2O Jastrz bie-Zdrój					5:04.85		-	337
	50m: 30.98	30.98	150m: 1:48.34	40.52	250m: 3:09.45	40.12	350m: 4:24.76	35.54			
	100m: 1:07.82	36.84	200m: 2:29.33	40.99	300m: 3:49.22	39.77	400m: 5:04.85	40.09			
8.	Bator Jakub	07	MKS Pałac Młodzie y Katowice					5:05.54	+0,84	-	335
	50m: 33.87	33.87	150m: 1:50.77	39.00	250m: 3:09.72	39.18	350m: 4:28.15	39.10			
	100m: 1:11.77	37.90	200m: 2:30.54	39.77	300m: 3:49.05	39.33	400m: 5:05.54	37.39			
16 lat											
1.	Pera Marcin	06	UKS Wodnik Siemianowice I skie					4:15.88	+0,77	99%	570
	50m: 29.48	29.48	150m: 1:34.09	32.49	250m: 2:39.29	32.60	350m: 3:44.50	32.96			
	100m: 1:01.60	32.12	200m: 2:06.69	32.60	300m: 3:11.54	32.25	400m: 4:15.88	31.38			
2.	Kurpis Maksymilian	06	UKS Aquatica Pawłowice					4:22.33	+0,72	98%	529
	50m: 28.66	28.66	150m: 1:34.11	33.09	250m: 2:41.98	34.07	350m: 3:49.89	33.90			
	100m: 1:01.02	32.36	200m: 2:07.91	33.80	300m: 3:15.99	34.01	400m: 4:22.33	32.44			
3.	Chudera Patryk	06	MKS Pałac Młodzie y Katowice					4:39.04	+0,79	100%	440
	50m: 30.46	30.46	150m: 1:39.84	35.06	250m: 2:51.72	36.10	350m: 4:04.25	36.07			
	100m: 1:04.78	34.32	200m: 2:15.62	35.78	300m: 3:28.18	36.46	400m: 4:39.04	34.79			
17 lat i starsi											
1.	Kuczak Adam	00	AZS AWF Katowice					3:55.90	+0,65	105%	728
	50m: 27.02	27.02	150m: 1:26.65	29.98	250m: 2:27.00	30.12	350m: 3:27.27	30.00			
	100m: 56.67	29.65	200m: 1:56.88	30.23	300m: 2:57.27	30.27	400m: 3:55.90	28.63			
2.	Gabry Maciej	04	"Sikret" Gliwice					4:02.94	+0,66	-	666
	50m: 10.77	10.77	150m: 1:29.10	30.87	250m: 2:31.71	31.45	350m: 3:33.80	30.81			
	100m: 58.23	47.46	200m: 2:00.26	31.16	300m: 3:02.99	31.28	400m: 4:02.94	29.14			
3.	Kucharski Paweł	05	"Sikret" Gliwice					4:09.87	+0,77	96%	612
	50m: 28.69	28.69	150m: 1:32.28	32.04	250m: 2:36.13	31.83	350m: 3:39.36	31.22			
	100m: 1:00.24	31.55	200m: 2:04.30	32.02	300m: 3:08.14	32.01	400m: 4:09.87	30.51			
4.	Wykr t Marcin	04	"Sikret" Gliwice					4:11.88	+0,72	98%	598
	50m: 28.94	28.94	150m: 1:32.31	32.00	250m: 2:36.31	31.86	350m: 3:40.89	32.17			
	100m: 1:00.31	31.37	200m: 2:04.45	32.14	300m: 3:08.72	32.41	400m: 4:11.88	30.99			
5.	Goik Bartłomiej	04	CSiR MOS w D browie Górnicej					4:20.92	+0,72	100%	538
	50m: 28.86	28.86	150m: 1:34.36	33.11	250m: 2:41.89	33.70	350m: 3:48.79	33.31			
	100m: 1:01.25	32.39	200m: 2:08.19	33.83	300m: 3:15.48	33.59	400m: 4:20.92	32.13			
6.	Pawlica Mateusz	05	MKS Park Wodny Tarnowskie Góry					4:25.58		96%	510
	50m: 29.10	29.10	150m: 1:36.42	34.11	250m: 2:44.79	34.03	350m: 3:53.11	34.13			
	100m: 1:02.31	33.21	200m: 2:10.76	34.34	300m: 3:18.98	34.19	400m: 4:25.58	32.47			
7.	Koziołek Kewin	04	"Sikret" Gliwice					4:26.81	+0,77	89%	503
	50m: 30.07	30.07	150m: 1:36.85	33.86	250m: 2:44.40	33.79	350m: 3:52.71	34.26			
	100m: 1:02.99	32.92	200m: 2:10.61	33.76	300m: 3:18.45	34.05	400m: 4:26.81	34.10			
8.	Harazim Filip	05	"Sikret" Gliwice					4:31.28	+0,62	95%	478
	50m: 28.87	28.87	150m: 1:36.47	34.80	250m: 2:47.20	35.21	350m: 3:57.37	35.25			
	100m: 1:01.67	32.80	200m: 2:11.99	35.52	300m: 3:22.12	34.92	400m: 4:31.28	33.91			
9.	Kramarczyk Jakub	01	MKS Pałac Młodzie y Katowice					4:32.49	+0,80	93%	472
	50m: 29.57	29.57	150m: 1:37.51	34.41	250m: 2:47.32	34.94	350m: 3:57.87	35.13			
	100m: 1:03.10	33.53	200m: 2:12.38	34.87	300m: 3:22.74	35.42	400m: 4:32.49	34.62			

Mistrzostwa Okręgu I śkiego Open
Gliwice, 18. - 19.11.2022

Konkurencja 24, Mężczyzn, 400m dowolny, 17 lat i starsi

Pozycja	Rok ur.						Czas	R.St	% popr.	FINA	
10. Kłoska Tymoteusz	04 UKP „Ruda Śląska”						4:44.97	+0,88	-	413	
50m:	30.84	30.84	150m:	1:42.36	35.94	250m:	2:56.07	36.55	350m:	4:09.73	36.56
100m:	1:06.42	35.58	200m:	2:19.52	37.16	300m:	3:33.17	37.10	400m:	4:44.97	35.24
11. Kapitan Kacper	04 CSiR MOS w Dobrej Górnicy						4:50.11	+0,75	84%	391	
50m:	31.17	31.17	150m:	1:43.78	36.85	250m:	2:58.21	37.24	350m:	4:13.06	37.58
100m:	1:06.93	35.76	200m:	2:20.97	37.19	300m:	3:35.48	37.27	400m:	4:50.11	37.05
PK Piechowski Jakub	05 UKS Junior Kluczbork						4:14.70	+0,77	93%	578	
50m:	28.77	28.77	150m:	1:32.92	32.23	250m:	2:38.08	32.50	350m:	3:44.21	32.71
100m:	1:00.69	31.92	200m:	2:05.58	32.66	300m:	3:11.50	33.42	400m:	4:14.70	30.49