



Konkurencja 7
30.03.2023 - 11:40

Dziewcz t, 400m dowolny

13 lat
Wyniki

Rekord I ska Open 4:07.67 UKOWSKA PAULINA - 2017 POL AZS AWF Katowice
Rekord I ska 13 4:29.90 BOCIK WIKTORIA - 2017 POL KS Górnik Sosnowiec

Punkty: FINA 2022

Pozycja			Rok ur.							Czas	Pkt.	
1.	KOZUBOWSKA Paulina		10	UKS „MANTA” Kochłowice Ruda I ska						4:50.86	520	
	50m:	33.33	33.33	150m:	1:47.67	37.21	250m:	3:02.67	37.46	350m:	4:16.54	36.51
	100m:	1:10.46	37.13	200m:	2:25.21	37.54	300m:	3:40.03	37.36	400m:	4:50.86	34.32
2.	EMERLING Diana		10	Swim Team MOSiR K dzierzyn-Ko le						4:51.22	518	
	50m:	32.52	32.52	150m:	1:47.97	37.85	250m:	3:03.09	38.24	350m:		
	100m:	1:10.12	37.60	200m:	2:24.85	36.88	300m:			400m:	4:51.22	
3.	RAJCA Matylda		10	LKS Jedno 32 Przyszowice						4:52.56	511	
	50m:	32.96	32.96	150m:	2:24.81	1:15.75	250m:	4:17.52	37.24	350m:		
	100m:	1:09.06	36.10	200m:	3:40.28	1:15.47	300m:			400m:	4:52.56	
4.	GACA Izabela		10	UKS MOS w Opolu						4:57.34	486	
	50m:	34.37	34.37	150m:	1:50.28	37.94	250m:	3:05.98	37.91	350m:	4:21.39	37.42
	100m:	1:12.34	37.97	200m:	2:28.07	37.79	300m:	3:43.97	37.99	400m:	4:57.34	35.95
5.	MICHAEL Emma		10	CSiR MOS w D browie Górniczej						4:58.87	479	
	50m:	35.20	35.20	150m:	1:50.53	37.94	250m:	3:07.62	38.69	350m:	4:22.86	36.89
	100m:	1:12.59	37.39	200m:	2:28.93	38.40	300m:	3:45.97	38.35	400m:	4:58.87	36.01
6.	RZEPKA Klara		10	UKS Aqua Team Mikołów						5:03.50	457	
	50m:	34.96	34.96	150m:	1:51.79	38.89	250m:	3:08.50	37.90	350m:	4:26.05	38.78
	100m:	1:12.90	37.94	200m:	2:30.60	38.81	300m:	3:47.27	38.77	400m:	5:03.50	37.45
7.	JANAS Oliwia		10	UKS Junior Kluczbork						5:05.98	446	
	50m:	35.29	35.29	150m:	1:51.13	37.89	250m:	3:07.92	38.44	350m:	4:27.78	40.24
	100m:	1:13.24	37.95	200m:	2:29.48	38.35	300m:	3:47.54	39.62	400m:	5:05.98	38.20
8.	OGÓREK Zofia		10	KS Pi tka Chorzów						5:08.23	437	
	50m:	36.00	36.00	150m:	1:53.24	38.93	250m:	3:11.55	39.51	350m:	4:30.16	38.95
	100m:	1:14.31	38.31	200m:	2:32.04	38.80	300m:	3:51.21	39.66	400m:	5:08.23	38.07
9.	KLAJMON Karolina		10	UKS „Nowy Klub Pływacki”						5:16.00	405	
	50m:	36.51	36.51	150m:	1:59.02	41.96	250m:	3:20.18	39.77	350m:	4:39.11	38.92
	100m:	1:17.06	40.55	200m:	2:40.41	41.39	300m:	4:00.19	40.01	400m:	5:16.00	36.89
10.	PUK Agata		10	Ognisko TKKF Szczygłowice						5:23.26	378	
	50m:	35.63	35.63	150m:	1:58.01	41.34	250m:	3:21.02	42.37	350m:	4:44.98	41.15
	100m:	1:16.67	41.04	200m:	2:38.65	40.64	300m:	4:03.83	42.81	400m:	5:23.26	38.28
11.	JENDRZEJ Klara		10	DOKiS SP Vega Dobrodzie						5:23.56	377	
	50m:	36.83	36.83	150m:	1:59.74	41.48	250m:	3:23.43	42.42	350m:	4:44.44	40.04
	100m:	1:18.26	41.43	200m:	2:41.01	41.27	300m:	4:04.40	40.97	400m:	5:23.56	39.12
12.	ZAJ C Paulina		10	UKS Aqua Team Mikołów						5:26.15	368	
	50m:	38.67	38.67	150m:	2:03.02	42.40	250m:	3:27.12	39.83	350m:	4:47.82	40.81
	100m:	1:20.62	41.95	200m:	2:47.29	44.27	300m:	4:07.01	39.89	400m:	5:26.15	38.33
13.	OGI SKA Lena		10	UKS „MANTA” Kochłowice Ruda I ska						5:27.50	364	
	50m:	36.25	36.25	150m:	1:59.50	41.93	250m:	3:23.51	42.10	350m:	4:47.00	41.41
	100m:	1:17.57	41.32	200m:	2:41.41	41.91	300m:	4:05.59	42.08	400m:	5:27.50	40.50
14.	KILARSKA Martyna		10	UKS „Na Fali Bytom”						5:27.64	363	
	50m:	36.34	36.34	150m:	1:59.33	41.76	250m:	3:23.44	42.79	350m:	4:47.27	41.95
	100m:	1:17.57	41.23	200m:	2:40.65	41.32	300m:	4:05.32	41.88	400m:	5:27.64	40.37
15.	WROTEK Zofia		10	UKS „Na Fali Bytom”						5:27.65	363	
	50m:	36.92	36.92	150m:	1:59.56	41.43	250m:	3:23.80	42.21	350m:	4:47.61	41.70
	100m:	1:18.13	41.21	200m:	2:41.59	42.03	300m:	4:05.91	42.11	400m:	5:27.65	40.04
16.	TASARZ Natalia		10	UKS Junior Kluczbork						5:28.96	359	
	50m:	37.71	37.71	150m:	2:00.19	41.66	250m:	3:23.49	41.55	350m:	4:47.97	42.19
	100m:	1:18.53	40.82	200m:	2:41.94	41.75	300m:	4:05.78	42.29	400m:	5:28.96	40.99

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
17.	GRADO Maja		10	UKS Trójka				5:31.81	350
	50m: 38.58	38.58	150m: 2:03.54	42.55	250m: 3:28.43	42.91	350m: 4:53.46	41.88	
	100m: 1:20.99	42.41	200m: 2:45.52	41.98	300m: 4:11.58	43.15	400m: 5:31.81	38.35	
18.	BENTKOWSKA Roksana		10	"Sikret" Gliwice				5:33.40	345
	50m: 36.06	36.06	150m: 1:57.15	40.82	250m: 3:21.23	41.97	350m: 4:48.91	43.78	
	100m: 1:16.33	40.27	200m: 2:39.26	42.11	300m: 4:05.13	43.90	400m: 5:33.40	44.49	
19.	JÄGER Anna		10	UKS DELFIN Krapkowice				5:35.41	339
	50m: 37.23	37.23	150m: 2:00.71	42.66	250m: 3:27.40	44.83	350m: 4:53.58	43.21	
	100m: 1:18.05	40.82	200m: 2:42.57	41.86	300m: 4:10.37	42.97	400m: 5:35.41	41.83	
20.	FITAŁ Karolina		10	UKP „Ruda l ska"				5:36.87	334
	50m: 37.71	37.71	150m: 2:00.64	41.95	250m: 3:26.35	43.16	350m: 4:52.79	43.31	
	100m: 1:18.69	40.98	200m: 2:43.19	42.55	300m: 4:09.48	43.13	400m: 5:36.87	44.08	
21.	ULANOWSKA Irmina		10	UKS „ Na Fali Bytom"				5:36.88	334
	50m: 36.74	36.74	150m: 1:58.72	42.14	250m: 3:25.19	43.72	350m: 4:52.64	44.12	
	100m: 1:16.58	39.84	200m: 2:41.47	42.75	300m: 4:08.52	43.33	400m: 5:36.88	44.24	
22.	CHABKO Emilia		10	UKS „ Na Fali Bytom"				5:38.81	329
	50m: 38.33	38.33	150m: 2:03.82	43.58	250m: 3:29.53	43.19	350m: 4:56.17	43.04	
	100m: 1:20.24	41.91	200m: 2:46.34	42.52	300m: 4:13.13	43.60	400m: 5:38.81	42.64	
23.	PUCHARSKA Aleksandra		10	CSiR MOS w D browie Górniczej				5:41.03	322
	50m: 39.24	39.24	150m: 2:04.59	43.45	250m: 3:32.83	44.16	350m: 5:01.94	44.60	
	100m: 1:21.14	41.90	200m: 2:48.67	44.08	300m: 4:17.34	44.51	400m: 5:41.03	39.09	
24.	RYCHTER Zofia		10	MKS Park Wodny Tarnowskie Góry				5:41.52	321
	50m: 38.97	38.97	150m: 2:04.20	42.95	250m: 3:32.01	43.83	350m: 5:00.63	44.05	
	100m: 1:21.25	42.28	200m: 2:48.18	43.98	300m: 4:16.58	44.57	400m: 5:41.52	40.89	
25.	PIANKA Emilia		10	UKS Junior Kluczbork				5:42.83	317
	50m: 38.02	38.02	150m: 2:04.41	43.82	250m: 3:32.53	44.10	350m: 5:00.28	43.50	
	100m: 1:20.59	42.57	200m: 2:48.43	44.02	300m: 4:16.78	44.25	400m: 5:42.83	42.55	
26.	SUŁKOWSKA Oliwia		10	UKS Junior Kluczbork				5:43.41	316
	50m: 38.25	38.25	150m: 2:03.94	42.92	250m: 3:30.50	43.66	350m: 4:59.30	44.90	
	100m: 1:21.02	42.77	200m: 2:46.84	42.90	300m: 4:14.40	43.90	400m: 5:43.41	44.11	
27.	GORZELAK Blanka		10	"Sikret" Gliwice				5:48.13	303
	50m: 38.71	38.71	150m: 2:05.67	44.28	250m: 3:35.12	45.05	350m: 5:04.83	45.13	
	100m: 1:21.39	42.68	200m: 2:50.07	44.40	300m: 4:19.70	44.58	400m: 5:48.13	43.30	
28.	HABRYCH Dominika		10	UKS Junior Kluczbork				5:49.54	299
	50m: 40.65	40.65	150m: 2:10.79	45.29	250m: 3:42.27	45.69	350m: 5:10.54	43.39	
	100m: 1:25.50	44.85	200m: 2:56.58	45.79	300m: 4:27.15	44.88	400m: 5:49.54	39.00	
29.	CZEKAJ Maja		10	CSiR MOS w D browie Górniczej				5:54.33	287
	50m: 37.03	37.03	150m: 2:02.44	43.79	250m: 3:33.59	45.39	350m: 5:07.04	46.78	
	100m: 1:18.65	41.62	200m: 2:48.20	45.76	300m: 4:20.26	46.67	400m: 5:54.33	47.29	
30.	ZAREMBA Zuzanna		10	Swim Team MOSiR K dzierzyn-Ko le				5:57.84	279
	50m: 39.25	39.25	150m: 2:09.42	45.63	250m: 3:42.10	45.45	350m: 5:14.85	45.45	
	100m: 1:23.79	44.54	200m: 2:56.65	47.23	300m: 4:29.40	47.30	400m: 5:57.84	42.99	
31.	ZIELI SKA Paulina		10	UKS „ Na Fali Bytom"				5:58.44	277
	50m: 38.82	38.82	150m: 2:07.02	44.68	250m: 3:40.43	46.83	350m: 5:12.81	45.82	
	100m: 1:22.34	43.52	200m: 2:53.60	46.58	300m: 4:26.99	46.56	400m: 5:58.44	45.63	
32.	GAWEŁ Marta		10	KS Pi tka Chorzów				6:02.17	269
	50m: 38.11	38.11	150m: 2:08.73	46.85	250m: 3:41.52	46.09	350m: 5:15.02	46.86	
	100m: 1:21.88	43.77	200m: 2:55.43	46.70	300m: 4:28.16	46.64	400m: 6:02.17	47.15	
33.	BOCIANOWSKA Julia		10	Uks "Salmo ory"				6:16.07	240
	50m: 40.55	40.55	150m: 2:15.21	48.15	250m: 3:52.94	48.90	350m: 5:30.62	48.79	
	100m: 1:27.06	46.51	200m: 3:04.04	48.83	300m: 4:41.83	48.89	400m: 6:16.07	45.45	
	SIEMIANOWSKA Pola		10	Uks "Salmo ory"				6:16.07	240
	50m: 1:27.19	1:27.19	150m: 3:06.38	49.89	250m: 4:46.30	50.19	350m:		
	100m: 2:16.49	49.30	200m: 3:56.11	49.73	300m: 5:33.36	47.06	400m: 6:16.07		



Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
35.	BABIARZ Blanka			10	Swim Team MOSiR K	dzierzyn-Ko	le		6:17.67	237		
	50m:	37.83	37.83	150m:	2:10.90	48.12	250m:	3:49.05	49.36	350m:	5:28.24	49.55
	100m:	1:22.78	44.95	200m:	2:59.69	48.79	300m:	4:38.69	49.64	400m:	6:17.67	49.43
36.	MOJ Karolina			10	KS Piłka Chorzów				6:17.99	237		
	50m:	40.01	40.01	150m:	2:14.97	48.68	250m:	3:52.18	49.07	350m:	5:33.16	51.06
	100m:	1:26.29	46.28	200m:	3:03.11	48.14	300m:	4:42.10	49.92	400m:	6:17.99	44.83
37.	SKOBERLA Wiktoria			10	Swim Team MOSiR K	dzierzyn-Ko	le		6:35.84	206		
	50m:	41.26	41.26	150m:	2:18.88	50.06	250m:	4:01.44	51.60	350m:	5:44.93	52.74
	100m:	1:28.82	47.56	200m:	3:09.84	50.96	300m:	4:52.19	50.75	400m:	6:35.84	50.91