

Konkurencja 7
30.03.2023 - 11:35

Dziewcz t, 400m dowolny

12 lat
Wyniki

Rekord I ska Open 4:07.67 ukowska Paulina - 2017 POL AZS AWF Katowice
Rekord I ska 12 4:39.02 Dudek Lena - 2021 POL MOS D browa Górnicza

Punkty: FINA 2022

Pozycja			Rok ur.							Czas	Pkt.	
1.	Kulka Milena		11	CSiR MOS w D browie Górnicznej						5:02.25	463	
	50m:	34.56	34.56	150m:	1:51.89	39.24	250m:	3:10.00	38.82	350m:	4:26.42	38.11
	100m:	1:12.65	38.09	200m:	2:31.18	39.29	300m:	3:48.31	38.31	400m:	5:02.25	35.83
2.	Paj k Agata		11	UKS Aqua Team Mikołów						5:04.49	453	
	50m:	35.96	35.96	150m:	1:53.94	38.81	250m:	3:11.79	39.15	350m:	4:28.22	38.14
	100m:	1:15.13	39.17	200m:	2:32.64	38.70	300m:	3:50.08	38.29	400m:	5:04.49	36.27
3.	Bomba Julia		11	CSiR MOS w D browie Górnicznej						5:08.41	436	
	50m:	36.05	36.05	150m:	1:54.86	39.34	250m:	3:13.97	39.44	350m:	4:31.72	39.11
	100m:	1:15.52	39.47	200m:	2:34.53	39.67	300m:	3:52.61	38.64	400m:	5:08.41	36.69
4.	Pi tkiewicz Martyna		11	CSiR MOS w D browie Górnicznej						5:09.03	433	
	50m:	36.43	36.43	150m:	1:55.06	39.56	250m:	3:14.77	39.78	350m:	4:32.01	38.09
	100m:	1:15.50	39.07	200m:	2:34.99	39.93	300m:	3:53.92	39.15	400m:	5:09.03	37.02
5.	Krawczyk Aleksandra		11	UKS „ Na Fali Bytom"						5:11.85	422	
	50m:	33.63	33.63	150m:	1:51.96	39.74	250m:	3:13.87	41.31	350m:	4:35.23	40.50
	100m:	1:12.22	38.59	200m:	2:32.56	40.60	300m:	3:54.73	40.86	400m:	5:11.85	36.62
6.	Czy ak Paulina		11	CSiR MOS w D browie Górnicznej						5:15.08	409	
	50m:	35.44	35.44	150m:	1:55.52	40.02	250m:	3:15.67	40.04	350m:	4:35.51	39.93
	100m:	1:15.50	40.06	200m:	2:35.63	40.11	300m:	3:55.58	39.91	400m:	5:15.08	39.57
7.	D browska Maja		11	UKS „MANTA" Kochłowice Ruda I ska						5:17.04	401	
	50m:	36.45	36.45	150m:	1:55.86	39.95	250m:	3:17.49	40.65	350m:	4:37.61	39.92
	100m:	1:15.91	39.46	200m:	2:36.84	40.98	300m:	3:57.69	40.20	400m:	5:17.04	39.43
8.	Różga Nina		11	UKS „Huragan" przy SP nr 45 w Sosnow						5:27.66	363	
	50m:	36.48	36.48	150m:	1:59.11	41.79	250m:	3:22.89	42.12	350m:	4:47.69	42.18
	100m:	1:17.32	40.84	200m:	2:40.77	41.66	300m:	4:05.51	42.62	400m:	5:27.66	39.97
9.	Bysiec Jagoda		11	UKS „Huragan" przy SP nr 45 w Sosnow						5:27.97	362	
	50m:	35.67	35.67	150m:	1:57.31	41.70	250m:	3:23.77	43.28	350m:	4:47.89	41.74
	100m:	1:15.61	39.94	200m:	2:40.49	43.18	300m:	4:06.15	42.38	400m:	5:27.97	40.08
10.	Piechaczek Alina		11	UKS „MANTA" Kochłowice Ruda I ska						5:35.03	340	
	50m:	36.11	36.11	150m:	2:00.22	42.64	250m:	3:26.68	43.37	350m:	4:53.40	43.19
	100m:	1:17.58	41.47	200m:	2:43.31	43.09	300m:	4:10.21	43.53	400m:	5:35.03	41.63
	Nosol Paulina		11	UKS DELFIN Krapkowice						5:35.03	340	
	50m:	37.12	37.12	150m:	2:01.54	43.04	250m:	3:28.72	43.86	350m:	4:54.62	42.45
	100m:	1:18.50	41.38	200m:	2:44.86	43.32	300m:	4:12.17	43.45	400m:	5:35.03	40.41
12.	Termin Julia		11	UKS Wodnik Siemianowice I skie						5:36.87	334	
	50m:	35.52	35.52	150m:	2:00.73	43.33	250m:	3:28.48	44.07	350m:	4:56.77	44.10
	100m:	1:17.40	41.88	200m:	2:44.41	43.68	300m:	4:12.67	44.19	400m:	5:36.87	40.10
13.	Wójcik Maja		11	UKS „Huragan" przy SP nr 45 w Sosnow						5:39.15	328	
	50m:	36.55	36.55	150m:	2:02.82	43.69	250m:	3:31.26	44.05	350m:	4:58.12	42.94
	100m:	1:19.13	42.58	200m:	2:47.21	44.39	300m:	4:15.18	43.92	400m:	5:39.15	41.03
14.	Adamiec Helena		11	DOKiS SP Vega Dobrodzie						5:39.91	325	
	50m:	38.00	38.00	150m:	2:04.36	43.09	250m:	3:31.94	44.11	350m:	4:59.26	43.09
	100m:	1:21.27	43.27	200m:	2:47.83	43.47	300m:	4:16.17	44.23	400m:	5:39.91	40.65
15.	Nowi ska Nina		11	UKS „Huragan" przy SP nr 45 w Sosnow						5:41.14	322	
	50m:	39.18	39.18	150m:	2:07.23	44.84	250m:	3:35.25	44.86	350m:	5:00.82	41.40
	100m:	1:22.39	43.21	200m:	2:50.39	43.16	300m:	4:19.42	44.17	400m:	5:41.14	40.32
16.	Gielza Emilia		11	UKS „MANTA" Kochłowice Ruda I ska						5:46.95	306	
	50m:	36.40	36.40	150m:	2:00.79	43.80	250m:	3:31.69	46.07	350m:	5:03.72	45.04
	100m:	1:16.99	40.59	200m:	2:45.62	44.83	300m:	4:18.68	46.99	400m:	5:46.95	43.23

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja					Rok ur.					Czas	Pkt.	
17.	Gregorczyk Hanna				11	Swim Team MOSiR K dzierzyn-Ko le				5:53.44	289	
	50m:	39.99	39.99	150m:	2:10.06	45.41	250m:	3:41.30	45.98	350m:	5:12.52	45.28
	100m:	1:24.65	44.66	200m:	2:55.32	45.26	300m:	4:27.24	45.94	400m:	5:53.44	40.92
18.	Cesarz Aleksandra				11	"Sikret" Gliwice				5:55.75	284	
	50m:	38.99	38.99	150m:	2:09.50	46.34	250m:	4:28.70	1:32.51	350m:		
	100m:	1:23.16	44.17	200m:	2:56.19	46.69	300m:			400m:	5:55.75	
	Trubic Wiktoria				11	UKS „MANTA” Kochłowice Ruda I sk				5:55.75	284	
	50m:	40.43	40.43	150m:	2:10.70	45.90	250m:	3:40.75	45.43	350m:	5:11.79	45.86
	100m:	1:24.80	44.37	200m:	2:55.32	44.62	300m:	4:25.93	45.18	400m:	5:55.75	43.96
20.	Wójt Julia				11	Swim Team MOSiR K dzierzyn-Ko le				6:02.80	268	
	50m:	40.35	40.35	150m:	2:09.43	45.27	250m:	3:41.80	46.51	350m:	5:16.09	47.63
	100m:	1:24.16	43.81	200m:	2:55.29	45.86	300m:	4:28.46	46.66	400m:	6:02.80	46.71
21.	Skórka Kamila				11	MKS Park Wodny Tarnowskie Góry				6:07.77	257	
	50m:	40.88	40.88	150m:	2:13.19	46.79	250m:	3:49.36	47.40	350m:	5:22.62	46.34
	100m:	1:26.40	45.52	200m:	3:01.96	48.77	300m:	4:36.28	46.92	400m:	6:07.77	45.15
22.	Domaradzka Lena				11	UKP „Ruda I ska”				6:09.20	254	
	50m:	40.79	40.79	150m:	2:13.07	46.90	250m:	3:47.76	47.63	350m:	5:21.36	45.93
	100m:	1:26.17	45.38	200m:	3:00.13	47.06	300m:	4:35.43	47.67	400m:	6:09.20	47.84
23.	Angielczyk-Nowicka Barbara				11	UKS „Nowy Klub Pływacki”				6:10.79	251	
	50m:	40.21	40.21	150m:	2:14.36	47.48	250m:	3:50.22	47.53	350m:	5:25.45	47.61
	100m:	1:26.88	46.67	200m:	3:02.69	48.33	300m:	4:37.84	47.62	400m:	6:10.79	45.34
24.	abnicka Zofia				11	UKS „Nowy Klub Pływacki”				6:13.92	244	
	50m:	41.84	41.84	150m:	2:17.26	48.28	250m:	3:53.30	48.93	350m:	5:29.88	47.50
	100m:	1:28.98	47.14	200m:	3:04.37	47.11	300m:	4:42.38	49.08	400m:	6:13.92	44.04
25.	Termin Wiktoria				11	UKS Wodnik Siemianowice I skie				6:22.17	229	
	50m:	44.06	44.06	150m:	2:23.18	49.81	250m:	4:01.81	49.22	350m:	5:39.07	48.43
	100m:	1:33.37	49.31	200m:	3:12.59	49.41	300m:	4:50.64	48.83	400m:	6:22.17	43.10
26.	Breitkopf Karolina				11	Swim Team MOSiR K dzierzyn-Ko le				6:23.40	227	
	50m:	41.63	41.63	150m:	2:21.90	51.90	250m:	4:04.89	52.16	350m:	5:40.63	44.91
	100m:	1:30.00	48.37	200m:	3:12.73	50.83	300m:	4:55.72	50.83	400m:	6:23.40	42.77
27.	Kru ołek Karolina				11	Swim Team MOSiR K dzierzyn-Ko le				6:24.68	224	
	50m:	41.15	41.15	150m:	2:19.05	50.14	250m:	3:59.01	49.86	350m:	5:40.03	49.94
	100m:	1:28.91	47.76	200m:	3:09.15	50.10	300m:	4:50.09	51.08	400m:	6:24.68	44.65
28.	Staniec Anna				11	Uks "Salmo ory"				6:36.95	204	
	50m:	42.80	42.80	150m:	2:21.56	49.83	250m:	4:04.44	51.68	350m:	5:46.32	49.17
	100m:	1:31.73	48.93	200m:	3:12.76	51.20	300m:	4:57.15	52.71	400m:	6:36.95	50.63
29.	Suchan Emilia				11	UKS „ Na Fali Bytom”				6:38.28	202	
	50m:	43.87	43.87	150m:	2:26.59	51.72	250m:	4:08.16	50.31	350m:	5:50.87	51.27
	100m:	1:34.87	51.00	200m:	3:17.85	51.26	300m:	4:59.60	51.44	400m:	6:38.28	47.41
30.	Szewczyk Alicja				11	CSiR MOS w D browie Górnicej				6:39.05	201	
	50m:	46.06	46.06	150m:	2:29.05	52.21	250m:	4:11.21	50.99	350m:	5:53.19	51.03
	100m:	1:36.84	50.78	200m:	3:20.22	51.17	300m:	5:02.16	50.95	400m:	6:39.05	45.86
31.	Irla Pola				11	CSiR MOS w D browie Górnicej				6:40.51	199	
	50m:	43.59	43.59	150m:	2:26.02	51.70	250m:	4:09.23	51.95	350m:	5:53.41	52.20
	100m:	1:34.32	50.73	200m:	3:17.28	51.26	300m:	5:01.21	51.98	400m:	6:40.51	47.10
32.	Wawrzynek Zuzanna				11	UKS Wodnik Siemianowice I skie				6:40.75	198	
	50m:	40.90	40.90	150m:	2:13.58	46.82	250m:	3:50.18	48.77	350m:		
	100m:	1:26.76	45.86	200m:	3:01.41	47.83	300m:	4:39.43	49.25	400m:	6:40.75	
33.	Szymo czyk Magdalena				11	UKS „MANTA” Kochłowice Ruda I sk				6:57.37	176	
	50m:	44.47	44.47	150m:	2:26.63	52.43	250m:	4:14.14	53.75	350m:	6:04.56	55.24
	100m:	1:34.20	49.73	200m:	3:20.39	53.76	300m:	5:09.32	55.18	400m:	6:57.37	52.81
34.	Pawlak Patrycja				11	Swim Team MOSiR K dzierzyn-Ko le				7:03.95	167	
	50m:	45.95	45.95	150m:	2:32.84	53.74	250m:	4:20.80	54.40	350m:	6:10.83	54.19
	100m:	1:39.10	53.15	200m:	3:26.40	53.56	300m:	5:16.64	55.84	400m:	7:03.95	53.12

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok ur.						Czas	Pkt.	
35.	Stanek Alicja		11	Swim Team MOSiR K dzierzyn-Ko le					7:07.26	164	
	50m:	46.11	46.11	150m:	2:37.06	56.36	250m:	6:16.53	53.23	350m:	7:07.26
	100m:	1:40.70	54.59	200m:	5:23.30	2:46.24	300m:			400m:	7:07.26
36.	Bydło Barbara		11	UKS „Na Fali Bytom”					7:07.66	163	
	50m:	43.05	43.05	150m:	2:32.00	56.52	250m:	4:24.72	56.75	350m:	6:16.64
	100m:	1:35.48	52.43	200m:	3:27.97	55.97	300m:	5:20.05	55.33	400m:	7:07.66
37.	Dworakowska Julia		11	"Sikret" Gliwice					7:08.58	162	
	50m:	49.57	49.57	150m:	2:37.43	54.11	250m:	4:27.99	54.62	350m:	
	100m:	1:43.32	53.75	200m:	3:33.37	55.94	300m:	5:23.54	55.55	400m:	7:08.58
38.	Grela Wiktoria		11	CSiR MOS w D browie Górnicy					7:11.03	159	
	50m:	47.00	47.00	150m:	2:35.59	55.13	250m:	4:26.49	55.58	350m:	6:18.32
	100m:	1:40.46	53.46	200m:	3:30.91	55.32	300m:	5:23.00	56.51	400m:	7:11.03
39.	Cedro Katarzyna		11	CSiR MOS w D browie Górnicy					7:15.42	155	
	50m:	45.28	45.28	150m:	2:33.12	55.29	250m:	4:25.03	56.44	350m:	6:18.49
	100m:	1:37.83	52.55	200m:	3:28.59	55.47	300m:	5:22.15	57.12	400m:	7:15.42
40.	Chabko Olga		11	UKS „Na Fali Bytom”					7:21.60	148	
	50m:	50.70	50.70	150m:	2:44.75	57.49	250m:	4:39.42	57.82	350m:	6:29.29
	100m:	1:47.26	56.56	200m:	3:41.60	56.85	300m:	5:35.41	55.99	400m:	7:21.60
41.	Kwiatkowska Michalina		11	Swim Team MOSiR K dzierzyn-Ko le					7:24.04	146	
	50m:	48.58	48.58	150m:	2:42.53	59.16	250m:	4:38.85	58.24	350m:	6:37.16
	100m:	1:43.37	54.79	200m:	3:40.61	58.08	300m:	5:39.75	1:00.90	400m:	7:24.04
42.	Wysypta Wiktoria		11	MKS Park Wodny Tarnowskie Góry					7:27.98	142	
	50m:	45.20	45.20	150m:	2:38.85	58.18	250m:	4:35.65	58.29	350m:	6:32.54
	100m:	1:40.67	55.47	200m:	3:37.36	58.51	300m:	5:33.58	57.93	400m:	7:27.98
43.	Wiśniewska Pola		11	Uks "Salmo ry"					7:28.06	142	
	50m:	51.00	51.00	150m:	2:47.79	1:00.62	250m:	4:46.47	57.70	350m:	
	100m:	1:47.17	56.17	200m:	3:48.77	1:00.98	300m:	5:41.77	55.30	400m:	7:28.06
44.	Dzierżanowska Nadia		11	"Sikret" Gliwice					7:29.11	141	
	50m:	45.67	45.67	150m:	2:40.95	58.01	250m:	4:39.02	59.21	350m:	6:36.34
	100m:	1:42.94	57.27	200m:	3:39.81	58.86	300m:	5:37.06	58.04	400m:	7:29.11
45.	Brzezińska Maja		11	CSiR MOS w D browie Górnicy					7:29.59	140	
	50m:	49.33	49.33	150m:	2:40.58	56.96	250m:	4:36.66	58.71	350m:	
	100m:	1:43.62	54.29	200m:	3:37.95	57.37	300m:	5:35.23	58.57	400m:	7:29.59
46.	Krzykowska Natalia		11	UKS „MANTA" Kochłowice Ruda I sk					8:15.05	105	
	50m:	48.78	48.78	150m:	2:38.27	55.40	250m:	7:24.40	1:53.70	350m:	
	100m:	1:42.87	54.09	200m:	5:30.70	2:52.43	300m:			400m:	8:15.05