

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach
Gliwice, 1. - 2.4.2023

Konkurencja 1
01.04.2023 - 10:00

M czynn, 400 PW

Open
Wyniki

Punkty:

Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m	
Open								
1. DRAMI SKI Michał	99	UKS Tri-Sea Mewa Władysław	3:15.25	46.90	49.95	49.75	48.65	
50m:	22.80	22.80	150m: 1:11.48	24.58	250m: 2:01.93	25.08	350m: 2:51.43	24.83
100m:	46.90	24.10	200m: 1:36.85	25.37	300m: 2:26.60	24.67	400m: 3:15.25	23.82
2. PIETRAS Kamil	05	Delfinek Chodzie	3:20.34	44.32	48.73	53.78	53.51	
50m:	21.94	21.94	150m: 1:08.07	23.75	250m: 1:59.72	26.67	350m: 2:53.77	26.94
100m:	44.32	22.38	200m: 1:33.05	24.98	300m: 2:26.83	27.11	400m: 3:20.34	26.57
3. MARKIEWICZ Karol	07	UKS Tri-Sea Mewa Władysław	3:37.97	48.84	55.76	56.83	56.54	
50m:	23.17	23.17	150m: 1:16.23	27.39	250m: 2:12.69	28.09	350m: 3:10.52	29.09
100m:	48.84	25.67	200m: 1:44.60	28.37	300m: 2:41.43	28.74	400m: 3:37.97	27.45
4. RANISZEWSKI Oskar	03	Laguna 24 Toru	4:26.93	55.89	1:08.79	1:11.68	1:10.57	
50m:	25.80	25.80	150m: 1:28.80	32.91	250m: 2:40.59	35.91	350m: 3:52.71	36.35
100m:	55.89	30.09	200m: 2:04.68	35.88	300m: 3:16.36	35.77	400m: 4:26.93	34.22
5. ROZGO SKI Karol	06	UKS Manta Ko cierzyna	4:40.39	54.15	1:10.90	1:17.30	1:18.04	
50m:	25.74	25.74	150m: 1:28.14	33.99	250m: 2:43.53	38.48	350m: 4:03.19	40.84
100m:	54.15	28.41	200m: 2:05.05	36.91	300m: 3:22.35	38.82	400m: 4:40.39	37.20
6. MARCHEWICZ Jan	07	KS Aqua Sport Ko cierzyna	5:03.85	1:09.02	1:17.00	1:21.32	1:16.51	
50m:	32.51	32.51	150m: 1:47.81	38.79	250m: 3:07.73	41.71	350m: 4:27.28	39.94
100m:	1:09.02	36.51	200m: 2:26.02	38.21	300m: 3:47.34	39.61	400m: 5:03.85	36.57
7. KLONOWSKI Kajetan	09	KS Aqua Sport Ko cierzyna	6:24.02	1:23.71	1:39.52	1:40.95	1:39.84	
50m:	37.75	37.75	150m: 2:13.72	50.01	250m: 3:53.86	50.63	350m: 5:35.96	51.78
100m:	1:23.71	45.96	200m: 3:03.23	49.51	300m: 4:44.18	50.32	400m: 6:24.02	48.06

Rocznik 2006 - 2007

1. MARKIEWICZ Karol	07	UKS Tri-Sea Mewa Władysław	3:37.97	48.84	55.76	56.83	56.54	
50m:	23.17	23.17	150m: 1:16.23	27.39	250m: 2:12.69	28.09	350m: 3:10.52	29.09
100m:	48.84	25.67	200m: 1:44.60	28.37	300m: 2:41.43	28.74	400m: 3:37.97	27.45
2. ROZGO SKI Karol	06	UKS Manta Ko cierzyna	4:40.39	54.15	1:10.90	1:17.30	1:18.04	
50m:	25.74	25.74	150m: 1:28.14	33.99	250m: 2:43.53	38.48	350m: 4:03.19	40.84
100m:	54.15	28.41	200m: 2:05.05	36.91	300m: 3:22.35	38.82	400m: 4:40.39	37.20
3. MARCHEWICZ Jan	07	KS Aqua Sport Ko cierzyna	5:03.85	1:09.02	1:17.00	1:21.32	1:16.51	
50m:	32.51	32.51	150m: 1:47.81	38.79	250m: 3:07.73	41.71	350m: 4:27.28	39.94
100m:	1:09.02	36.51	200m: 2:26.02	38.21	300m: 3:47.34	39.61	400m: 5:03.85	36.57

Rocznik 2008 - 2009

1. KLONOWSKI Kajetan	09	KS Aqua Sport Ko cierzyna	6:24.02	1:23.71	1:39.52	1:40.95	1:39.84	
50m:	37.75	37.75	150m: 2:13.72	50.01	250m: 3:53.86	50.63	350m: 5:35.96	51.78
100m:	1:23.71	45.96	200m: 3:03.23	49.51	300m: 4:44.18	50.32	400m: 6:24.02	48.06