

Konkurencja 11  
02.06.2023 - 15:30

Dziewcz t, 400m dowolny

12 lat  
Wyniki

Rekord I skła Open 4:07.67 ukowska Paulina - 2017 POL AZS AWF Katowice  
Rekord I skła 12 4:39.02 Dudek Lena - 2021 POL MOS D browa Górnicza

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	CR	Strata % popr.	FINA		
1. Kulka Milena <i>Mistrz I skła</i>	11 CSiR MOS w D browie Górniczej	<b>4:51.13</b>	+0,64	108%	518		
50m: 34.04	34.04	150m: 1:47.92	37.11	250m: 3:02.09	36.92	350m: 4:15.72	36.71
100m: 1:10.81	36.77	200m: 2:25.17	37.25	300m: 3:39.01	36.92	400m: 4:51.13	35.41
2. Pi tkiewicz Martyna	11 CSiR MOS w D browie Górniczej	<b>4:52.54</b>	+0,76	+ 1.41 112%	511		
50m: 34.20	34.20	150m: 1:48.04	37.22	250m: 3:02.35	37.13	350m: 4:16.45	36.95
100m: 1:10.82	36.62	200m: 2:25.22	37.18	300m: 3:39.50	37.15	400m: 4:52.54	36.09
3. Szarek Nika	11 MTP Delfin Cieszyn	<b>5:05.65</b>	+0,70	+ 14.52 114%	448		
50m: 35.04	35.04	150m: 1:53.15	39.35	250m: 3:11.37	38.96	350m: 4:28.33	38.42
100m: 1:13.80	38.76	200m: 2:32.41	39.26	300m: 3:49.91	38.54	400m: 5:05.65	37.32
4. Czy ak Paulina	11 CSiR MOS w D browie Górniczej	<b>5:06.31</b>	+0,74	+ 15.18 106%	445		
50m: 34.75	34.75	150m: 1:52.98	39.14	250m: 3:11.23	38.84	350m: 4:28.95	38.71
100m: 1:13.84	39.09	200m: 2:32.39	39.41	300m: 3:50.24	39.01	400m: 5:06.31	37.36
5. Wyle yk Natalia	11 UKS „MANTA” Kochłowice Ruda I sk	<b>5:21.53</b>		+ 30.40 102%	385		
50m: 36.88	36.88	150m: 1:58.81	41.25	250m: 3:21.49	41.06	350m: 4:42.04	39.75
100m: 1:17.56	40.68	200m: 2:40.43	41.62	300m: 4:02.29	40.80	400m: 5:21.53	39.49
6. Gielza Emilia	11 UKS „MANTA” Kochłowice Ruda I sk	<b>5:31.36</b>		+ 40.23 110%	351		
50m: 36.99	36.99	150m: 2:01.06	42.57	250m: 3:27.43	43.44	350m: 4:51.93	41.92
100m: 1:18.49	41.50	200m: 2:43.99	42.93	300m: 4:10.01	42.58	400m: 5:31.36	39.43
7. Jureczka Alicja	11 UKS „Huragan” przy SP nr 45 w Sosno	<b>5:32.47</b>		+ 41.34 -	348		
50m: 37.25	37.25	150m: 2:02.63	43.01	250m: 3:27.50	42.34	350m: 4:52.82	41.85
100m: 1:19.62	42.37	200m: 2:45.16	42.53	300m: 4:10.97	43.47	400m: 5:32.47	39.65
8. Walkowicz Sonia	11 CSiR MOS w D browie Górniczej	<b>5:36.08</b>		+ 44.95 -	337		
50m: 38.17	38.17	150m: 2:03.32	43.03	250m: 3:29.68	43.46	350m: 4:55.17	42.25
100m: 1:20.29	42.12	200m: 2:46.22	42.90	300m: 4:12.92	43.24	400m: 5:36.08	40.91
9. Miszkiewicz Agata	11 UKS „Na Fali Bytom”	<b>5:37.34</b>		+ 46.21 -	333		
50m: 37.24	37.24	150m: 2:02.60	43.61	250m: 3:29.84	43.98	350m: 4:57.46	43.54
100m: 1:18.99	41.75	200m: 2:45.86	43.26	300m: 4:13.92	44.08	400m: 5:37.34	39.88
10. Nikiel Emilia	11 MKS Park Wodny Tarnowskie Góry	<b>5:37.80</b>		+ 46.67 -	332		
50m: 38.53	38.53	150m: 2:05.16	43.47	250m: 3:31.19	43.28	350m: 4:57.97	42.53
100m: 1:21.69	43.16	200m: 2:47.91	42.75	300m: 4:15.44	44.25	400m: 5:37.80	39.83
11. Szymanek Klaudia	11 UKS ORKA Cz stochowa	<b>5:45.36</b>		+ 54.23 -	310		
50m: 39.06	39.06	150m: 2:07.67	45.02	250m: 3:37.71	45.47	350m: 5:07.41	44.78
100m: 1:22.65	43.59	200m: 2:52.24	44.57	300m: 4:22.63	44.92	400m: 5:45.36	37.95
12. Cesarz Aleksandra	11 "Sikret" Gliwice	<b>5:48.61</b>	+0,80	+ 57.48 104%	302		
50m: 38.79	38.79	150m: 2:06.00	43.73	250m: 3:37.36	46.49	350m: 5:07.23	45.23
100m: 1:22.27	43.48	200m: 2:50.87	44.87	300m: 4:22.00	44.64	400m: 5:48.61	41.38
13. Domaradzka Lena	11 UKP „Ruda I skła”	<b>5:49.02</b>		+ 57.89 112%	301		
50m: 39.12	39.12	150m: 2:06.87	44.64	250m: 3:37.88	45.64	350m: 5:07.88	46.03
100m: 1:22.23	43.11	200m: 2:52.24	45.37	300m: 4:21.85	43.97	400m: 5:49.02	41.14
14. Skórka Kamila	11 MKS Park Wodny Tarnowskie Góry	<b>5:59.25</b>	+0,58	+ 1:08.12 105%	276		
50m: 40.82	40.82	150m: 2:13.63	45.51	250m: 3:45.82	45.17	350m: 5:17.75	46.19
100m: 1:28.12	47.30	200m: 3:00.65	47.02	300m: 4:31.56	45.74	400m: 5:59.25	41.50
15. Pi tek-Walczyk Aleksandra	11 UKS Wodnik Siemianowice I skie	<b>6:08.79</b>	+0,75	+ 1:17.66 -	255		
50m: 39.93	39.93	150m: 2:12.42	47.10	250m: 3:47.25	46.94	350m: 5:22.40	46.80
100m: 1:25.32	45.39	200m: 3:00.31	47.89	300m: 4:35.60	48.35	400m: 6:08.79	46.39
16. Stencel Matylda	11 KS „Górnik” Sosnowiec	<b>6:12.45</b>		+ 1:21.32 -	247		
50m: 39.99	39.99	150m: 2:15.02	47.30	250m: 3:49.88	47.23	350m: 5:24.78	47.73
100m: 1:27.72	47.73	200m: 3:02.65	47.63	300m: 4:37.05	47.17	400m: 6:12.45	47.67
17. Mickiewicz Zofia	11 Rybnicki Młodzie owy Klub Sportowy	<b>6:14.60</b>		+ 1:23.47 -	243		
50m: 41.96	41.96	150m: 2:15.54	47.84	250m: 3:51.53	48.83	350m: 5:28.98	49.14
100m: 1:27.70	45.74	200m: 3:02.70	47.16	300m: 4:39.84	48.31	400m: 6:14.60	45.62
18. Termin Wiktoria	11 UKS Wodnik Siemianowice I skie	<b>6:16.05</b>		+ 1:24.92 103%	240		
50m: 43.32	43.32	150m: 2:18.37	47.51	250m: 3:55.36	49.06	350m: 5:32.28	48.59
100m: 1:30.86	47.54	200m: 3:06.30	47.93	300m: 4:43.69	48.33	400m: 6:16.05	43.77

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Pozycja	Rok ur.		Czas		CR	Strata % popr.		FINA
19. Sołtysik Julia	11 MOSM Tychy		<b>6:16.56</b>			+ 1:25.43 -		239
50m: 40.68	40.68	150m: 2:15.10	48.10	250m: 3:54.05	49.80	350m: 5:31.90	48.78	
100m: 1:27.00	46.32	200m: 3:04.25	49.15	300m: 4:43.12	49.07	400m: 6:16.56	44.66	
20. Irla Pola	11 CSiR MOS w D browie Górniczej		<b>6:24.31</b>			+ 1:33.18 109%		225
50m: 43.81	43.81	150m: 2:21.39	49.46	250m: 4:00.14	49.22	350m: 5:39.54	49.41	
100m: 1:31.93	48.12	200m: 3:10.92	49.53	300m: 4:50.13	49.99	400m: 6:24.31	44.77	
21. Prokopczyk Zuzanna	11 UKS „Nowy Klub Pływacki”		<b>6:27.97</b>			+ 1:36.84 -		219
50m: 43.68	43.68	150m: 2:19.97	46.63	250m: 3:58.12	49.41	350m: 5:36.57	48.07	
100m: 1:33.34	49.66	200m: 3:08.71	48.74	300m: 4:48.50	50.38	400m: 6:27.97	51.40	
22. Bremer Hanna	11 "Sikret" Gliwice		<b>6:33.32</b>			+ 1:42.19 -		210
50m: 43.11	43.11	150m: 2:21.64	50.18	250m: 4:03.66	50.66	350m: 5:46.15	51.66	
100m: 1:31.46	48.35	200m: 3:13.00	51.36	300m: 4:54.49	50.83	400m: 6:33.32	47.17	
23. Jeli ska Małgorzata	11 MOSM Tychy		<b>6:35.32</b>			+ 1:44.19 -		207
50m: 42.95	42.95	150m: 2:23.50	51.00	250m: 4:05.88	51.07	350m: 5:47.73	51.78	
100m: 1:32.50	49.55	200m: 3:14.81	51.31	300m: 4:55.95	50.07	400m: 6:35.32	47.59	
24. Michalik Zofia	11 Uks "Salmo ory"		<b>6:39.05</b>		+0,78	+ 1:47.92 -		201
50m: 44.20	44.20	150m: 2:25.16	51.66	250m: 4:08.14	51.56	350m: 5:51.94	51.53	
100m: 1:33.50	49.30	200m: 3:16.58	51.42	300m: 5:00.41	52.27	400m: 6:39.05	47.11	
25. Rzeszutek Weronika	11 UKS Victoria Kozy		<b>6:45.47</b>			+ 1:54.34 -		192
50m: 43.58	43.58	150m: 2:26.36	51.51	250m: 4:10.60	52.40	350m: 5:53.97	50.04	
100m: 1:34.85	51.27	200m: 3:18.20	51.84	300m: 5:03.93	53.33	400m: 6:45.47	51.50	
26. Chabko Olga	11 UKS „ Na Fali Bytom”		<b>6:52.78</b>		+0,68	+ 2:01.65 114%		181
50m: 46.86	46.86	150m: 2:28.96	51.03	250m: 4:14.64	52.87	350m: 6:00.21	53.12	
100m: 1:37.93	51.07	200m: 3:21.77	52.81	300m: 5:07.09	52.45	400m: 6:52.78	52.57	
27. witek Anna	11 UKS Victoria Kozy		<b>6:58.07</b>		+0,81	+ 2:06.94 -		175
50m: 44.41	44.41	150m: 2:23.94	51.16	250m: 4:13.79	55.36	350m: 6:07.10	57.99	
100m: 1:32.78	48.37	200m: 3:18.43	54.49	300m: 5:09.11	55.32	400m: 6:58.07	50.97	
28. B k Magda	11 Uks "Salmo ory"		<b>7:07.42</b>			+ 2:16.29 -		163
50m: 47.57	47.57	150m: 2:38.95	54.41	250m: 4:31.57	54.92	350m: 6:18.39	53.10	
100m: 1:44.54	56.97	200m: 3:36.65	57.70	300m: 5:25.29	53.72	400m: 7:07.42	49.03	
29. Okuniewicz Nadia	11 Uks "Salmo ory"		<b>7:54.76</b>			+ 3:03.63 -		119
50m: 49.10	49.10	150m: 2:52.45	1:02.91	250m: 4:55.79	1:02.99	350m: 7:00.76	1:02.66	
100m: 1:49.54	1:00.44	200m: 3:52.80	1:00.35	300m: 5:58.10	1:02.31	400m: 7:54.76	54.00	
NIE UK. Pociecha Wiktoria	11 KS Górnik Radlin					+0,57 -		