



Konkurencja 14  
09.06.2023 - 13:11

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	R.St	% popr.	FINA
<b>14 lat</b>					
1. Kapka Antonina	09 CSiR MOS w D browie Górnicej	<b>5:25.40</b>	+0,74	97%	548102711600611
50m: 33.77	33.77 150m: 1:55.28 43.00 250m: 3:23.81	46.35	350m: 4:49.63	39.36	
100m: 1:12.28	38.51 200m: 2:37.46 42.18 300m: 4:10.27	46.46	400m: 5:25.40	35.77	
2. Kosta czyk Kaja	09 CSiR MOS w D browie Górnicej	<b>5:28.51</b>	+0,74	-	533102711600429
50m: 34.00	34.00 150m: 1:58.68 42.53 250m: 3:26.54	47.74	350m: 4:51.99	38.03	
100m: 1:16.15	42.15 200m: 2:38.80 40.12 300m: 4:13.96	47.42	400m: 5:28.51	36.52	
3. Ciupa Ewelina	09 KP „Sukces” Chorzów	<b>5:36.57</b>	+0,80	105%	495105111600135
50m: 35.26	35.26 150m: 2:02.76 45.86 250m: 3:35.45	48.76	350m: 5:01.68	37.06	
100m: 1:16.90	41.64 200m: 2:46.69 43.93 300m: 4:24.62	49.17	400m: 5:36.57	34.89	
4. Zi tek Julia	09 UKP „Ruda I ska”	<b>5:41.59</b>	+0,79	98%	474101411600117
50m: 35.18	35.18 150m: 2:03.03 45.73 250m: 3:38.26	50.98	350m: 5:05.53	36.56	
100m: 1:17.30	42.12 200m: 2:47.28 44.25 300m: 4:28.97	50.71	400m: 5:41.59	36.06	
5. R czka Weronika	09 KS Pi tka Chorzów	<b>5:44.07</b>	+0,81	100%	463103611600420
50m: 36.39	36.39 150m: 2:05.77 44.74 250m: 3:37.35	50.47	350m: 5:06.47	39.64	
100m: 1:21.03	44.64 200m: 2:46.88 41.11 300m: 4:26.83	49.48	400m: 5:44.07	37.60	
6. Kwiat Natalia	09 UKS „Aligator” Gorzyce	<b>6:01.35</b>	+0,81	104%	400104311600092
50m: 2:14.06	2:14.06 150m: 3:50.86 2:24.56 250m: 5:22.22	2:21.89	350m:		
100m: 1:26.30	200m: 3:00.33 300m: 4:40.12		400m: 6:01.35		
7. Kosi ska Olga	09 Uks "Salmo ory"	<b>6:04.03</b>	+0,69	106%	391102811600146
50m: 39.20	39.20 150m: 2:13.99 48.02 250m: 3:50.95	50.94	350m: 5:24.71	43.22	
100m: 1:25.97	46.77 200m: 3:00.01 46.02 300m: 4:41.49	50.54	400m: 6:04.03	39.32	
8. Poni ska Lena	09 MOSM Tychy	<b>6:05.33</b>	+0,67	101%	387100411600519
50m: 37.66	37.66 150m: 2:12.98 46.49 250m: 3:52.52	54.03	350m: 5:27.09	43.34	
100m: 1:26.49	48.83 200m: 2:58.49 45.51 300m: 4:43.75	51.23	400m: 6:05.33	38.24	
9. Czakon Maja	09 UKS Aquatica Pawłowice	<b>6:10.87</b>	+0,81	106%	370101211600188
50m: 35.64	35.64 150m: 2:14.89 52.68 250m: 3:54.15	47.57	350m: 5:28.97	45.38	
100m: 1:22.21	46.57 200m: 3:06.58 51.69 300m: 4:43.59	49.44	400m: 6:10.87	41.90	
10. Wypych Patrycja	09 Uks "Salmo ory"	<b>6:54.09</b>	+0,81	102%	266102811600160
50m: 44.10	44.10 150m: 2:28.78 53.34 250m: 4:21.10	1:01.30	350m: 6:09.48	48.46	
100m: 1:35.44	51.34 200m: 3:19.80 51.02 300m: 5:21.02	59.92	400m: 6:54.09	44.61	
<b>15 lat</b>					
1. Stefa czyk Magdalena	08 CSiR MOS w D browie Górnicej	<b>5:21.97</b>	+0,69	100%	566102711600345
50m: 33.34	33.34 150m: 1:54.67 43.05 250m: 3:21.91	45.78	350m: 4:45.75	37.32	
100m: 1:11.62	38.28 200m: 2:36.13 41.46 300m: 4:08.43	46.52	400m: 5:21.97	36.22	
2. Ferszt Kornelia	08 KS „Górnik” Sosnowiec	<b>5:29.18</b>	+0,65	95%	529102111600100
50m: 35.08	35.08 150m: 1:59.02 44.22 250m: 3:29.08	48.34	350m: 4:53.49	37.20	
100m: 1:14.80	39.72 200m: 2:40.74 41.72 300m: 4:16.29	47.21	400m: 5:29.18	35.69	
3. Staszkiwicz Julia	08 CSiR MOS w D browie Górnicej	<b>5:37.61</b>	+0,67	92%	491102711600645
50m: 34.24	34.24 150m: 1:59.89 45.21 250m: 3:30.04	46.05	350m: 4:58.00	41.81	
100m: 1:14.68	40.44 200m: 2:43.99 44.10 300m: 4:16.19	46.15	400m: 5:37.61	39.61	
<b>16 lat</b>					
1. Skrzypczak Natalia	07 Akademia Sms Racibórz	<b>5:20.03</b>	+0,78	100%	576108711600015
50m: 33.82	33.82 150m: 1:55.55 42.73 250m: 3:22.41	45.95	350m: 4:44.76	38.03	
100m: 1:12.82	39.00 200m: 2:36.46 40.91 300m: 4:06.73	44.32	400m: 5:20.03	35.27	
<b>17 lat i starsi</b>					
1. Słabosz Emilia	05 MOSM Tychy	<b>5:10.46</b>	+0,67	97%	631100411600602
50m: 33.04	33.04 150m: 1:50.33 40.80 250m: 3:14.00	44.52	350m: 4:36.11	36.14	
100m: 1:09.53	36.49 200m: 2:29.48 39.15 300m: 3:59.97	45.97	400m: 5:10.46	34.35	
2. Nikiel Natalia	06 MKS Park Wodny Tarnowskie Góry	<b>5:19.64</b>	+0,74	100%	578101011600246
50m: 34.24	34.24 150m: 1:55.29 42.64 250m: 3:21.16	45.61	350m: 4:43.98	37.54	
100m: 1:12.65	38.41 200m: 2:35.55 40.26 300m: 4:06.44	45.28	400m: 5:19.64	35.66	



Konkurencja 14, Kobiet, 400m zmienny, 17 lat i starsi

Pozycja	Rok ur.		Czas		R.St % popr.		FINA
3. Tadko Wiktoria	05 MKS SMS Victoria Racibórz		<b>5:24.79</b>		+0,75 95%		551101311600719
	50m: 35.63	35.63	150m: 1:57.32	42.86	250m: 3:25.01	46.70	350m: 5:24.79
	100m: 1:14.46	38.83	200m: 2:38.31	40.99	300m: 4:11.69	46.68	400m: 5:24.79
4. Koral Milena	05 UKS Aquatica Pawłowice		<b>5:24.97</b>		+0,73 100%		550101211600231
	50m: 34.26	34.26	150m: 1:53.17	40.05	250m: 3:20.35	46.35	350m: 4:46.72
	100m: 1:13.12	38.86	200m: 2:34.00	40.83	300m: 4:07.14	46.79	400m: 5:24.97
5. Drabik Aneta	04 KP „Sukces” Chorzów		<b>5:31.85</b>		+0,81 99%		517105111600084
	50m: 34.70	34.70	150m: 1:59.76	45.49	250m: 3:29.17	47.34	350m: 4:55.26
	100m: 1:14.27	39.57	200m: 2:41.83	42.07	300m: 4:15.72	46.55	400m: 5:31.85
DYSKW. Sojka Oliwia	06 UKS Aqua Team Mikołów		<b>5:51.25</b>		+0,77 -		107111600003
	<i>K14 - Pływak wykonał kopni cie nóg w płaszczy nie pionowej w dół (z wyj tkiem jednego ruchu po starcie i nawrocie). (Czas: 13:41), Z-3 G-8</i>						
	50m: 37.45	37.45	150m: 3:40.05	2:21.02	250m: 5:10.73	2:19.78	350m: 5:51.25
	100m: 1:19.03	41.58	200m: 2:50.95		300m: 4:28.53		400m: 5:51.25