

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach.
Gliwice, 11. - 12.5.2024

Konkurencja 9
11.05.2024 - 10:55

Kobiet, 400m Bi-Fins A-D

Open
Wyniki

Punkty: Table 1000

Pozycja	Wiek		Czas	Pkt.	100m	200m	300m	400m
Open								
1.	OKO Anna	15	Stowarzyszenie Klub Sporto	4:06.71	57.22	1:02.78	1:03.87	1:02.84
	50m: 27.39	27.39	150m: 1:28.56	31.34	250m: 2:32.02	32.02	350m: 3:36.12	32.25
	100m: 57.22	29.83	200m: 2:00.00	31.44	300m: 3:03.87	31.85	400m: 4:06.71	30.59
2.	SZALAST Karolina	19	UKS Tri-Team Rumia	4:07.50	59.01	1:02.63	1:03.34	1:02.52
	50m: 28.24	28.24	150m: 1:30.11	31.10	250m: 2:33.37	31.73	350m: 3:36.66	31.68
	100m: 59.01	30.77	200m: 2:01.64	31.53	300m: 3:04.98	31.61	400m: 4:07.50	30.84
3.	GWAJ Julia	20	IKS Herkules	4:09.96	59.96	1:04.23	1:03.80	1:01.97
	50m: 28.55	28.55	150m: 1:31.65	31.69	250m: 2:36.24	32.05	350m: 3:39.58	31.59
	100m: 59.96	31.41	200m: 2:04.19	32.54	300m: 3:07.99	31.75	400m: 4:09.96	30.38
4.	R CZKOWSKA Maja	17	Stowarzyszenie Klub Sporto	4:13.88	57.22	1:04.96	1:03.25	1:01.71
	50m: 30.61	30.61	150m: 1:36.43	32.47	250m: 2:40.53	31.61	350m: 3:43.77	31.60
	100m: 1:03.96	33.35	200m: 2:08.92	32.49	300m: 3:12.17	31.64	400m: 4:13.88	30.11
5.	PIETRAS Maria	17	Delfinek Chodzie	4:16.68	1:00.68	1:05.90	1:06.85	1:03.25
	50m: 28.61	28.61	150m: 1:33.48	32.80	250m: 2:40.07	33.49	350m: 3:46.18	32.75
	100m: 1:00.68	32.07	200m: 2:06.58	33.10	300m: 3:13.43	33.36	400m: 4:16.68	30.50
6.	ADAMSKA Nika	13	MKP Szczecin	4:17.31	1:01.83	1:06.29	1:06.42	1:02.77
	50m: 30.04	30.04	150m: 1:34.48	32.65	250m: 2:41.63	33.51	350m: 3:47.01	32.47
	100m: 1:01.83	31.79	200m: 2:08.12	33.64	300m: 3:14.54	32.91	400m: 4:17.31	30.30
7.	GRE Julia	20	UKS Manta Ko cierzyna	4:18.78	1:02.64	1:07.04	1:05.66	1:03.44
	50m: 29.84	29.84	150m: 1:36.25	33.61	250m: 2:42.72	33.04	350m: 3:47.70	32.36
	100m: 1:02.64	32.80	200m: 2:09.68	33.43	300m: 3:15.34	32.62	400m: 4:18.78	31.08
8.	KOZŁOWSKA Laura	13	MUKS PIORUN Gołdap	4:20.05	1:02.87	1:07.56	1:04.79	1:04.83
	50m: 29.58	29.58	150m: 1:36.88	34.01	250m: 2:42.75	32.32	350m: 3:48.18	32.96
	100m: 1:02.87	33.29	200m: 2:10.43	33.55	300m: 3:15.22	32.47	400m: 4:20.05	31.87
9.	DUDA Natalia	14	MKP Szczecin	4:20.62	1:00.83	1:07.56	1:07.57	1:04.66
	50m: 28.96	28.96	150m: 1:34.27	33.44	250m: 2:42.27	33.88	350m: 3:49.46	33.50
	100m: 1:00.83	31.87	200m: 2:08.39	34.12	300m: 3:15.96	33.69	400m: 4:20.62	31.16
10.	REDLIN Anna	16	UKS Tri-Sea Mewa Władysław	4:22.99	1:01.20	1:07.77	1:09.25	1:04.77
	50m: 28.90	28.90	150m: 1:34.91	33.71	250m: 2:43.89	34.92	350m: 3:51.74	33.52
	100m: 1:01.20	32.30	200m: 2:08.97	34.06	300m: 3:18.22	34.33	400m: 4:22.99	31.25
11.	TARTANUS Nina	17	UKS Tri-Sea Mewa Władysław	4:24.70	1:02.78	1:07.02	1:07.26	1:07.64
	50m: 30.15	30.15	150m: 1:36.16	33.38	250m: 2:43.27	33.47	350m: 3:51.06	34.00
	100m: 1:02.78	32.63	200m: 2:09.80	33.64	300m: 3:17.06	33.79	400m: 4:24.70	33.64
12.	PEEK Dominika	14	KS Aqua Sport Ko cierzyna	4:26.69	1:01.14	1:09.09	1:10.00	1:06.46
	50m: 28.26	28.26	150m: 1:35.16	34.02	250m: 2:44.98	34.75	350m: 3:54.42	34.19
	100m: 1:01.14	32.88	200m: 2:10.23	35.07	300m: 3:20.23	35.25	400m: 4:26.69	32.27
13.	REPI SKA Weronika	16	UKS Manta Ko cierzyna	4:29.70	1:06.09	1:08.73	1:09.10	1:05.78
	50m: 31.76	31.76	150m: 1:40.17	34.08	250m: 2:49.36	34.54	350m: 3:57.60	33.68
	100m: 1:06.09	34.33	200m: 2:14.82	34.65	300m: 3:23.92	34.56	400m: 4:29.70	32.10
14.	BRESKA Helena	16	UKS Manta Ko cierzyna	4:30.89	1:02.17	1:07.86	1:11.89	1:08.97
	50m: 29.50	29.50	150m: 1:35.66	33.49	250m: 2:46.06	36.03	350m: 3:57.74	35.82
	100m: 1:02.17	32.67	200m: 2:10.03	34.37	300m: 3:21.92	35.86	400m: 4:30.89	33.15
15.	NARKOWICZ Iga	16	UKS Tri-Sea Mewa Władysław	4:35.49	1:06.10	1:10.47	1:10.16	1:08.76
	50m: 30.39	30.39	150m: 1:41.95	35.85	250m: 2:51.59	35.02	350m: 4:02.33	35.60
	100m: 1:06.10	35.71	200m: 2:16.57	34.62	300m: 3:26.73	35.14	400m: 4:35.49	33.16
16.	FREDA Daria	18	KS Aqua Sport Ko cierzyna	4:36.56	1:04.37	1:11.74	1:11.73	1:08.72
	50m: 29.71	29.71	150m: 1:39.92	35.55	250m: 2:52.26	36.15	350m: 4:03.33	35.49
	100m: 1:04.37	34.66	200m: 2:16.11	36.19	300m: 3:27.84	35.58	400m: 4:36.56	33.23
17.	GRELA Agata	14	Delfinek Chodzie	4:46.25	1:07.03	1:17.16	1:16.27	1:05.79
	50m: 31.12	31.12	150m: 1:44.92	37.89	250m: 3:02.47	38.28	350m: 4:16.11	35.65
	100m: 1:07.03	35.91	200m: 2:24.19	39.27	300m: 3:40.46	37.99	400m: 4:46.25	30.14
18.	IRACKA Zuzanna	12	Laguna 24 Toru	4:46.39	1:08.40	1:14.44	1:14.02	1:09.53
	50m: 32.61	32.61	150m: 1:45.92	37.52	250m: 3:00.18	37.34	350m: 4:13.18	36.32
	100m: 1:08.40	35.79	200m: 2:22.84	36.92	300m: 3:36.86	36.68	400m: 4:46.39	33.21
19.	OBERMAN Zuzanna	16	UKP Polonia Warszawa	4:47.20	1:09.73	1:15.26	1:13.43	1:08.78
	50m: 32.79	32.79	150m: 1:47.30	37.57	250m: 3:01.72	36.73	350m: 4:14.22	35.80
	100m: 1:09.73	36.94	200m: 2:24.99	37.69	300m: 3:38.42	36.70	400m: 4:47.20	32.98

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Pozycja	Wiek	Czas	Pkt.	100m	200m	300m	400m
20. BLOK Sandra	15	KS Aqua Sport Ko cierzyna	4:47.64	1:07.48	1:13.77	1:13.99	1:12.40
50m:	31.82	31.82	150m:	1:44.23	36.75	250m:	2:58.39
100m:	1:07.48	35.66	200m:	2:21.25	37.02	300m:	3:35.24
350m:	4:11.91	36.67	400m:	4:47.64	35.73		
21. PALUSIAK Natalia	14	Laguna 24 Toru	4:49.66	1:09.64	1:17.42	1:16.60	1:06.00
50m:	32.87	32.87	150m:	1:48.16	38.52	250m:	3:05.67
100m:	1:09.64	36.77	200m:	2:27.06	38.90	300m:	3:43.66
350m:	4:19.21	35.55	400m:	4:49.66	30.45		
22. CHOCIANOWICZ Joanna	12	MUKS PIORUN Gołdap	4:54.70	1:09.54	1:16.41	1:16.77	1:11.98
50m:	32.27	32.27	150m:	1:47.29	37.75	250m:	3:03.61
100m:	1:09.54	37.27	200m:	2:25.95	38.66	300m:	3:42.72
350m:	4:19.98	37.26	400m:	4:54.70	34.72		
23. SZYMA SKA Amelia	15	UKS Manta Ko cierzyna	4:56.72	1:09.54	1:17.65	1:17.02	1:12.51
50m:	32.39	32.39	150m:	1:47.74	38.20	250m:	3:04.91
100m:	1:09.54	37.15	200m:	2:27.19	39.45	300m:	3:44.21
350m:	4:21.63	37.42	400m:	4:56.72	35.09		
24. GNIEDZIEJKO Julia	12	UKS Amfiprion Olecko	4:56.98	1:10.29	1:18.84	1:17.92	1:09.93
50m:	32.87	32.87	150m:	1:49.02	38.73	250m:	3:06.81
100m:	1:10.29	37.42	200m:	2:29.13	40.11	300m:	3:47.05
350m:	4:23.85	36.80	400m:	4:56.98	33.13		
25. KREFT Alicja	13	UKS DELFIN Władysławow	4:57.21	1:12.96	1:17.80	1:15.89	1:10.56
50m:	34.31	34.31	150m:	1:51.20	38.24	250m:	3:07.91
100m:	1:12.96	38.65	200m:	2:30.76	39.56	300m:	3:46.65
350m:	4:23.18	36.53	400m:	4:57.21	34.03		
26. MAGIEREK Milena	12	Stowarzyszenie Klub Sporto	4:58.21	1:10.04	1:17.53	1:17.68	1:12.96
50m:	32.45	32.45	150m:	1:48.36	38.32	250m:	3:06.18
100m:	1:10.04	37.59	200m:	2:27.57	39.21	300m:	3:45.25
350m:	4:23.37	38.12	400m:	4:58.21	34.84		
27. SZAJKOWSKA Aleksandra	13	UKS Tri-Sea Mewa Władysław	4:59.13	1:10.63	1:17.55	1:17.91	1:13.04
50m:	33.74	33.74	150m:	1:48.89	38.26	250m:	3:07.29
100m:	1:10.63	36.89	200m:	2:28.18	39.29	300m:	3:46.09
350m:	4:24.08	37.99	400m:	4:59.13	35.05		
28. SIEKIERKA Paulina	13	Stowarzyszenie Klub Sporto	5:03.38	1:10.02	1:20.16	1:18.72	1:14.48
50m:	32.60	32.60	150m:	1:50.08	40.06	250m:	3:09.57
100m:	1:10.02	37.42	200m:	2:30.18	40.10	300m:	3:48.90
350m:	4:27.35	38.45	400m:	5:03.38	36.03		
29. Ł CKA Ewa	12	Stowarzyszenie Klub Sporto	5:05.64	1:09.84	1:19.91	1:20.51	1:15.38
50m:	34.82	34.82	150m:	1:49.33	39.49	250m:	3:09.65
100m:	1:09.84	37.92	200m:	2:29.75	40.42	300m:	3:50.26
350m:	4:30.87	40.61	400m:	5:05.64	34.77		
30. NIEMCZYK Zuzanna	13	UKS Manta Ko cierzyna	5:06.56	1:13.55	1:19.23	1:19.99	1:13.79
50m:	34.82	34.82	150m:	1:52.99	39.44	250m:	3:12.66
100m:	1:13.55	38.73	200m:	2:32.78	39.79	300m:	3:52.77
350m:	4:30.99	38.22	400m:	5:06.56	35.57		
31. BUKWA Blanka	12	MUKS PIORUN Gołdap	5:06.84	1:12.69	1:19.22	1:19.23	1:15.70
50m:	34.02	34.02	150m:	1:52.30	39.61	250m:	3:12.35
100m:	1:12.69	38.67	200m:	2:31.91	39.61	300m:	3:51.14
350m:	4:30.06	38.92	400m:	5:06.84	36.78		
32. KORTH Martyna	16	UKS Tri-Sea Mewa Władysław	5:08.23	1:15.32	1:16.38	1:17.70	1:18.83
50m:	36.43	36.43	150m:	1:52.46	37.14	250m:	3:09.64
100m:	1:15.32	38.89	200m:	2:31.70	39.24	300m:	3:49.40
350m:	4:31.21	41.81	400m:	5:08.23	37.02		
33. DAWIDOWICZ Lena	14	UKS Manta Ko cierzyna	5:09.60	1:09.47	1:18.82	1:21.63	1:19.68
50m:	32.25	32.25	150m:	1:48.27	38.80	250m:	3:09.77
100m:	1:09.47	37.22	200m:	2:28.29	40.02	300m:	3:49.92
350m:	4:31.13	41.21	400m:	5:09.60	38.47		
34. PIRCH Malwina	15	UKS Manta Ko cierzyna	5:11.56	1:12.23	1:19.31	1:22.30	1:17.72
50m:	34.36	34.36	150m:	1:51.40	39.17	250m:	3:12.60
100m:	1:12.23	37.87	200m:	2:31.54	40.14	300m:	3:53.84
350m:	4:34.00	40.16	400m:	5:11.56	37.56		
35. DEPTUŁA Julia	12	MUKS PIORUN Gołdap	5:14.96	1:14.30	1:21.63	1:21.53	1:17.50
50m:	34.60	34.60	150m:	2:02.44	43.83	250m:	4:38.37
100m:	1:14.30	39.70	200m:	2:35.93	43.83	300m:	3:57.46
350m:	5:14.96		400m:				
36. BAREŁKOWSKA Blanka	15	UKS Manta Ko cierzyna	5:15.13	1:14.50	1:20.64	1:21.65	1:18.34
50m:	35.09	35.09	150m:	1:54.44	39.94	250m:	3:15.87
100m:	1:14.50	39.41	200m:	2:35.14	40.70	300m:	3:56.79
350m:	4:38.42	41.63	400m:	5:15.13	36.71		
37. P CAK Aleksandra	13	UKS Amfiprion Olecko	5:26.41	1:18.11	1:23.33	1:24.50	1:20.47
50m:	36.67	36.67	150m:	1:59.44	41.33	250m:	3:23.96
100m:	1:18.11	41.44	200m:	2:41.44	42.00	300m:	4:05.94
350m:	4:45.95	40.01	400m:	5:26.41	40.46		
38. OKROJ Magdalena	13	UKS Manta Ko cierzyna	5:44.51	1:17.18	1:26.57	1:28.32	1:32.44
50m:	39.29	39.29	150m:	2:00.03	42.85	250m:	3:28.70
100m:	1:17.18	37.89	200m:	2:43.75	43.72	300m:	4:12.07
350m:	4:58.54	46.47	400m:	5:44.51	45.97		
39. PEPLI SKA Magdalena	12	KS Aqua Sport Ko cierzyna	6:03.45	1:23.68	1:33.55		
50m:	40.37	40.37	150m:	2:10.24	46.56	250m:	3:43.86
100m:	1:23.68	43.31	200m:	2:57.23	46.99	300m:	
350m:			400m:	6:03.45			

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Konkurencja 9, Kobiet, 400m Bi-Fins A-D, Open

Pozycja	Wiek	Czas	Pkt.	100m	200m	300m	400m
NIE UK.	UKOWSKA Paula	31	UKS Tri-Sea Mewa Władysławowo				

Kat. B

1.	R CZKOWSKA Maja	17	Stowarzyszenie Klub Sporto4:13.88	itus-Jastrz b	1:03.96	1:04.96	1:03.25	1:01.71	
	50m: 30.61	30.61	150m: 1:36.43	32.47	250m: 2:40.53	31.61	350m: 3:43.77	31.60	
	100m: 1:03.96	33.35	200m: 2:08.92	32.49	300m: 3:12.17	31.64	400m: 4:13.88	30.11	
2.	PIETRAS Maria	17	Delfinek Chodzie		4:16.68	1:00.68	1:05.90	1:06.85	1:03.25
	50m: 28.61	28.61	150m: 1:33.48	32.80	250m: 2:40.07	33.49	350m: 3:46.18	32.75	
	100m: 1:00.68	32.07	200m: 2:06.58	33.10	300m: 3:13.43	33.36	400m: 4:16.68	30.50	
3.	REDLIN Anna	16	UKS Tri-Sea Mewa Władysławowo		4:22.99	1:01.20	1:07.77	1:09.25	1:04.77
	50m: 28.90	28.90	150m: 1:34.91	33.71	250m: 2:43.89	34.92	350m: 3:51.74	33.52	
	100m: 1:01.20	32.30	200m: 2:08.97	34.06	300m: 3:18.22	34.33	400m: 4:22.99	31.25	
4.	TARTANUS Nina	17	UKS Tri-Sea Mewa Władysławowo		4:24.70	1:02.78	1:07.02	1:07.26	1:07.64
	50m: 30.15	30.15	150m: 1:36.16	33.38	250m: 2:43.27	33.47	350m: 3:51.06	34.00	
	100m: 1:02.78	32.63	200m: 2:09.80	33.64	300m: 3:17.06	33.79	400m: 4:24.70	33.64	
5.	REPI SKA Weronika	16	UKS Manta Ko cierzyna		4:29.70	1:06.09	1:08.73	1:09.10	1:05.78
	50m: 31.76	31.76	150m: 1:40.17	34.08	250m: 2:49.36	34.54	350m: 3:57.60	33.68	
	100m: 1:06.09	34.33	200m: 2:14.82	34.65	300m: 3:23.92	34.56	400m: 4:29.70	32.10	
6.	BRESKA Helena	16	UKS Manta Ko cierzyna		4:30.89	1:02.17	1:07.86	1:11.89	1:08.97
	50m: 29.50	29.50	150m: 1:35.66	33.49	250m: 2:46.06	36.03	350m: 3:57.74	35.82	
	100m: 1:02.17	32.67	200m: 2:10.03	34.37	300m: 3:21.92	35.86	400m: 4:30.89	33.15	
7.	NARKOWICZ Iga	16	UKS Tri-Sea Mewa Władysławowo		4:35.49	1:06.10	1:10.47	1:10.16	1:08.76
	50m: 30.39	30.39	150m: 1:41.95	35.85	250m: 2:51.59	35.02	350m: 4:02.33	35.60	
	100m: 1:06.10	35.71	200m: 2:16.57	34.62	300m: 3:26.73	35.14	400m: 4:35.49	33.16	
8.	OBERMAN Zuzanna	16	UKP Polonia Warszawa		4:47.20	1:09.73	1:15.26	1:13.43	1:08.78
	50m: 32.79	32.79	150m: 1:47.30	37.57	250m: 3:01.72	36.73	350m: 4:14.22	35.80	
	100m: 1:09.73	36.94	200m: 2:24.99	37.69	300m: 3:38.42	36.70	400m: 4:47.20	32.98	
9.	KORTH Martyna	16	UKS Tri-Sea Mewa Władysławowo		5:08.23	1:15.32	1:16.38	1:17.70	1:18.83
	50m: 36.43	36.43	150m: 1:52.46	37.14	250m: 3:09.64	37.94	350m: 4:31.21	41.81	
	100m: 1:15.32	38.89	200m: 2:31.70	39.24	300m: 3:49.40	39.76	400m: 5:08.23	37.02	

Kat. C

1.	OKO Anna	15	Stowarzyszenie Klub Sporto4:06.71	itus-Jastrz bie	57.22	1:02.78	1:03.87	1:02.84	
	50m: 27.39	27.39	150m: 1:28.56	31.34	250m: 2:32.02	32.02	350m: 3:36.12	32.25	
	100m: 57.22	29.83	200m: 2:00.00	31.44	300m: 3:03.87	31.85	400m: 4:06.71	30.59	
2.	DUDA Natalia	14	MKP Szczecin		4:20.62	1:00.83	1:07.56	1:07.57	1:04.66
	50m: 28.96	28.96	150m: 1:34.27	33.44	250m: 2:42.27	33.88	350m: 3:49.46	33.50	
	100m: 1:00.83	31.87	200m: 2:08.39	34.12	300m: 3:15.96	33.69	400m: 4:20.62	31.16	
3.	PEEK Dominika	14	KS Aqua Sport Ko cierzyna		4:26.69	1:01.14	1:09.09	1:10.00	1:06.46
	50m: 28.26	28.26	150m: 1:35.16	34.02	250m: 2:44.98	34.75	350m: 3:54.42	34.19	
	100m: 1:01.14	32.88	200m: 2:10.23	35.07	300m: 3:20.23	35.25	400m: 4:26.69	32.27	
4.	GRELA Agata	14	Delfinek Chodzie		4:46.25	1:07.03	1:17.16	1:16.27	1:05.79
	50m: 31.12	31.12	150m: 1:44.92	37.89	250m: 3:02.47	38.28	350m: 4:16.11	35.65	
	100m: 1:07.03	35.91	200m: 2:24.19	39.27	300m: 3:40.46	37.99	400m: 4:46.25	30.14	
5.	BLOK Sandra	15	KS Aqua Sport Ko cierzyna		4:47.64	1:07.48	1:13.77	1:13.99	1:12.40
	50m: 31.82	31.82	150m: 1:44.23	36.75	250m: 2:58.39	37.14	350m: 4:11.91	36.67	
	100m: 1:07.48	35.66	200m: 2:21.25	37.02	300m: 3:35.24	36.85	400m: 4:47.64	35.73	
6.	PALUSIAK Natalia	14	Laguna 24 Toru		4:49.66	1:09.64	1:17.42	1:16.60	1:06.00
	50m: 32.87	32.87	150m: 1:48.16	38.52	250m: 3:05.67	38.61	350m: 4:19.21	35.55	
	100m: 1:09.64	36.77	200m: 2:27.06	38.90	300m: 3:43.66	37.99	400m: 4:49.66	30.45	
7.	SZYMA SKA Amelia	15	UKS Manta Ko cierzyna		4:56.72	1:09.54	1:17.65	1:17.02	1:12.51
	50m: 32.39	32.39	150m: 1:47.74	38.20	250m: 3:04.91	37.72	350m: 4:21.63	37.42	
	100m: 1:09.54	37.15	200m: 2:27.19	39.45	300m: 3:44.21	39.30	400m: 4:56.72	35.09	
8.	DAWIDOWICZ Lena	14	UKS Manta Ko cierzyna		5:09.60	1:09.47	1:18.82	1:21.63	1:19.68
	50m: 32.25	32.25	150m: 1:48.27	38.80	250m: 3:09.77	41.48	350m: 4:31.13	41.21	
	100m: 1:09.47	37.22	200m: 2:28.29	40.02	300m: 3:49.92	40.15	400m: 5:09.60	38.47	
9.	PIRCH Malwina	15	UKS Manta Ko cierzyna		5:11.56	1:12.23	1:19.31	1:22.30	1:17.72
	50m: 34.36	34.36	150m: 1:51.40	39.17	250m: 3:12.60	41.06	350m: 4:34.00	40.16	
	100m: 1:12.23	37.87	200m: 2:31.54	40.14	300m: 3:53.84	41.24	400m: 5:11.56	37.56	

Mistrzostwa Polski Seniorów i Juniorów w pływaniu w płetwach.
Gliwice, 11. - 12.5.2024

Konkurencja 9, Dziewcz t, 400m Bi-Fins A-D, Kat. C

Pozycja	Wiek		Czas Pkt.		100m	200m	300m	400m
10. BAREŁKOWSKA Blanka	15	UKS Manta Ko	cierzyna	5:15.13	1:14.50	1:20.64	1:21.65	1:18.34
50m:	35.09	35.09	150m:	1:54.44	39.94	250m:	3:15.87	40.73
100m:	1:14.50	39.41	200m:	2:35.14	40.70	300m:	3:56.79	40.92
						350m:	4:38.42	41.63
						400m:	5:15.13	36.71

Kat. D

1. ADAMSKA Nika	13	MKP Szczecin		4:17.31	1:01.83	1:06.29	1:06.42	1:02.77
50m:	30.04	30.04	150m:	1:34.48	32.65	250m:	2:41.63	33.51
100m:	1:01.83	31.79	200m:	2:08.12	33.64	300m:	3:14.54	32.91
						350m:	3:47.01	32.47
						400m:	4:17.31	30.30
2. KOZŁOWSKA Laura	13	MUKS PIORUN Gołdap		4:20.05	1:02.87	1:07.56	1:04.79	1:04.83
50m:	29.58	29.58	150m:	1:36.88	34.01	250m:	2:42.75	32.32
100m:	1:02.87	33.29	200m:	2:10.43	33.55	300m:	3:15.22	32.47
						350m:	3:48.18	32.96
						400m:	4:20.05	31.87
3. IRACKA Zuzanna	12	Laguna 24 Toru		4:46.39	1:08.40	1:14.44	1:14.02	1:09.53
50m:	32.61	32.61	150m:	1:45.92	37.52	250m:	3:00.18	37.34
100m:	1:08.40	35.79	200m:	2:22.84	36.92	300m:	3:36.86	36.68
						350m:	4:13.18	36.32
						400m:	4:46.39	33.21
4. CHOCIANOWICZ Joanna	12	MUKS PIORUN Gołdap		4:54.70	1:09.54	1:16.41	1:16.77	1:11.98
50m:	32.27	32.27	150m:	1:47.29	37.75	250m:	3:03.61	37.66
100m:	1:09.54	37.27	200m:	2:25.95	38.66	300m:	3:42.72	39.11
						350m:	4:19.98	37.26
						400m:	4:54.70	34.72
5. GNIEDZIEJKO Julia	12	UKS Amfiprion Olecko		4:56.98	1:10.29	1:18.84	1:17.92	1:09.93
50m:	32.87	32.87	150m:	1:49.02	38.73	250m:	3:06.81	37.68
100m:	1:10.29	37.42	200m:	2:29.13	40.11	300m:	3:47.05	40.24
						350m:	4:23.85	36.80
						400m:	4:56.98	33.13
6. KREFT Alicja	13	UKS DELFIN Władysławow		4:57.21	1:12.96	1:17.80	1:15.89	1:10.56
50m:	34.31	34.31	150m:	1:51.20	38.24	250m:	3:07.91	37.15
100m:	1:12.96	38.65	200m:	2:30.76	39.56	300m:	3:46.65	38.74
						350m:	4:23.18	36.53
						400m:	4:57.21	34.03
7. MAGIEREK Milena	12	Stowarzyszenie Klub Sporto	4:58.21	1:10.04	1:17.53	1:17.68	1:12.96	
50m:	32.45	32.45	150m:	1:48.36	38.32	250m:	3:06.18	38.61
100m:	1:10.04	37.59	200m:	2:27.57	39.21	300m:	3:45.25	39.07
						350m:	4:23.37	38.12
						400m:	4:58.21	34.84
8. SZAJKOWSKA Aleksandra	13	UKS Tri-Sea Mewa Władysław	4:59.13	1:10.63	1:17.55	1:17.91	1:13.04	
50m:	33.74	33.74	150m:	1:48.89	38.26	250m:	3:07.29	39.11
100m:	1:10.63	36.89	200m:	2:28.18	39.29	300m:	3:46.09	38.80
						350m:	4:24.08	37.99
						400m:	4:59.13	35.05
9. SIEKIERKA Paulina	13	Stowarzyszenie Klub Sporto	5:03.38	1:10.02	1:20.16	1:18.72	1:14.48	
50m:	32.60	32.60	150m:	1:50.08	40.06	250m:	3:09.57	39.39
100m:	1:10.02	37.42	200m:	2:30.18	40.10	300m:	3:48.90	39.33
						350m:	4:27.35	38.45
						400m:	5:03.38	36.03
10. Ł CKA Ewa	12	Stowarzyszenie Klub Sporto	5:05.64	1:09.84	1:19.91	1:20.51	1:15.38	
50m:			150m:	1:49.33	39.49	250m:	3:09.65	39.90
100m:	1:09.84		200m:	2:29.75	40.42	300m:	3:50.26	40.61
						350m:	4:30.87	40.61
						400m:	5:05.64	34.77
11. NIEMCZYK Zuzanna	13	UKS Manta Ko	cierzyna	5:06.56	1:13.55	1:19.23	1:19.99	1:13.79
50m:	34.82	34.82	150m:	1:52.99	39.44	250m:	3:12.66	39.88
100m:	1:13.55	38.73	200m:	2:32.78	39.79	300m:	3:52.77	40.11
						350m:	4:30.99	38.22
						400m:	5:06.56	35.57
12. BUKWA Blanka	12	MUKS PIORUN Gołdap		5:06.84	1:12.69	1:19.22	1:19.23	1:15.70
50m:	34.02	34.02	150m:	1:52.30	39.61	250m:	3:12.35	40.44
100m:	1:12.69	38.67	200m:	2:31.91	39.61	300m:	3:51.14	38.79
						350m:	4:30.06	38.92
						400m:	5:06.84	36.78
13. DEPTUŁA Julia	12	MUKS PIORUN Gołdap		5:14.96	1:14.30	1:21.63	1:21.53	1:17.50
50m:	34.60	34.60	150m:			250m:	4:38.37	2:02.44
100m:	1:14.30	39.70	200m:	2:35.93		300m:	3:57.46	350m:
						400m:	5:14.96	350m:
								400m:
								5:14.96
14. P CAK Aleksandra	13	UKS Amfiprion Olecko		5:26.41	1:18.11	1:23.33	1:24.50	1:20.47
50m:	36.67	36.67	150m:	1:59.44	41.33	250m:	3:23.96	42.52
100m:	1:18.11	41.44	200m:	2:41.44	42.00	300m:	4:05.94	41.98
						350m:	4:45.95	40.01
						400m:	5:26.41	40.46
15. OKROJ Magdalena	13	UKS Manta Ko	cierzyna	5:44.51	1:17.18	1:26.57	1:28.32	1:32.44
50m:	39.29	39.29	150m:	2:00.03	42.85	250m:	3:28.70	44.95
100m:	1:17.18	37.89	200m:	2:43.75	43.72	300m:	4:12.07	43.37
						350m:	4:58.54	46.47
						400m:	5:44.51	45.97
16. PEPLI SKA Magdalena	12	KS Aqua Sport Ko	cierzyna	6:03.45	1:23.68	1:33.55		
50m:	40.37	40.37	150m:	2:10.24	46.56	250m:	3:43.86	46.63
100m:	1:23.68	43.31	200m:	2:57.23	46.99	300m:		350m:
								400m:
								6:03.45