



Mistrzostwa Śląska 12 lat
Dąbrowa Górnicza, 17. - 18.5.2024



Konkurencja 11
17.05.2024 - 15:00

Dziewcz t, 400m dowolny

12 lat
Wyniki

Rekord I ska Open 4:07.67 ukowska Paulina - 2017 POL AZS AWF Katowice
Rekord I ska 12 4:39.02 Dudek Lena - 2021 POL MOS D browa Górnicza

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	CR	Strata % popr.	FINA		
1. Skubisz Liliana <i>Mistrz I ska</i>	12 CSiR MOS w D browie Górniczej	4:51.59	+0,75	106%	499		
50m: 33.57	33.57	150m: 1:47.78	37.36	250m: 3:02.69	37.33	350m: 4:16.95	36.55
100m: 1:10.42	36.85	200m: 2:25.36	37.58	300m: 3:40.40	37.71	400m: 4:51.59	34.64
2. Socha Małgorzata	12 CSiR MOS w D browie Górniczej	4:53.42	+0,76	+ 1.83 102%	489		
50m: 33.62	33.62	150m: 1:47.71	37.55	250m: 3:02.41	37.43	350m: 4:17.24	37.09
100m: 1:10.16	36.54	200m: 2:24.98	37.27	300m: 3:40.15	37.74	400m: 4:53.42	36.18
3. R czkowska Lena	12 LKS Jedno 32 Przyszowice	5:00.67	+0,81	+ 9.08 101%	455		
50m: 1:10.89	1:10.89	150m: 2:26.63	38.27	250m: 3:44.55	39.17	350m:	
100m: 1:48.36	37.47	200m: 3:05.38	38.75	300m: 4:23.94	39.39	400m: 5:00.67	
4. Kusz Zuzanna	12 UKS Wodnik Siemianowice I skie	5:22.65	+0,59	+ 31.06 110%	368		
50m: 36.16	36.16	150m: 1:56.33	40.40	250m: 3:19.09	41.73	350m: 4:42.25	41.60
100m: 1:15.93	39.77	200m: 2:37.36	41.03	300m: 4:00.65	41.56	400m: 5:22.65	40.40
5. Kosz Anna	12 UKS „ Na Fali Bytom"	5:24.92	+0,76	+ 33.33 111%	360		
50m: 36.71	36.71	150m: 1:58.74	41.52	250m: 3:22.38	41.51	350m: 4:45.44	41.44
100m: 1:17.22	40.51	200m: 2:40.87	42.13	300m: 4:04.00	41.62	400m: 5:24.92	39.48
6. Tanasevych Daryna	12 CSiR MOS w D browie Górniczej	5:39.41	+0,83	+ 47.82 100%	316		
50m: 37.45	37.45	150m: 2:02.36	43.26	250m: 3:29.93	43.32	350m: 4:57.76	43.85
100m: 1:19.10	41.65	200m: 2:46.61	44.25	300m: 4:13.91	43.98	400m: 5:39.41	41.65
7. Mikulska Iga	12 Uks "Salmo ory"	5:48.53	+0,74	+ 56.94 101%	292		
50m: 37.16	37.16	150m: 2:05.11	44.67	250m: 3:35.33	45.09	350m: 5:06.20	45.25
100m: 1:20.44	43.28	200m: 2:50.24	45.13	300m: 4:20.95	45.62	400m: 5:48.53	42.33
8. Jedlicka Anastazja	12 UKS „Huragan" przy SP nr 45 w Sosno	5:53.63	+0,83	+ 1:02.04 -	279		
50m: 39.34	39.34	150m: 2:09.41	45.41	250m: 3:42.41	46.21	350m: 5:13.39	44.17
100m: 1:24.00	44.66	200m: 2:56.20	46.79	300m: 4:29.22	46.81	400m: 5:53.63	40.24
9. Kali ska Julia	12 CSiR MOS w D browie Górniczej	5:58.09		+ 1:06.50 -	269		
50m: 41.11	41.11	150m: 2:11.06	46.19	250m: 3:42.37	45.87	350m: 5:14.74	44.74
100m: 1:24.87	43.76	200m: 2:56.50	45.44	300m: 4:30.00	47.63	400m: 5:58.09	43.35
10. Moro Nadia	12 UKS Wodnik Siemianowice I skie	6:07.15		+ 1:15.56 -	250		
50m: 39.51	39.51	150m: 2:12.74	47.05	250m: 3:48.51	47.72	350m: 5:22.65	45.95
100m: 1:25.69	46.18	200m: 3:00.79	48.05	300m: 4:36.70	48.19	400m: 6:07.15	44.50
11. Kastarynda Ligia	12 Uks "Salmo ory"	6:09.73	+0,93	+ 1:18.14 116%	244		
50m: 41.35	41.35	150m: 2:14.25	47.02	250m: 3:49.43	48.03	350m: 5:23.54	47.01
100m: 1:27.23	45.88	200m: 3:01.40	47.15	300m: 4:36.53	47.10	400m: 6:09.73	46.19
12. Nowak Kaja	12 Ognisko TKKF Szczygłowice	6:10.34	+0,89	+ 1:18.75 -	243		
50m: 40.37	40.37	150m: 2:12.18	46.46	250m: 3:48.48	48.59	350m: 5:25.33	47.39
100m: 1:25.72	45.35	200m: 2:59.89	47.71	300m: 4:37.94	49.46	400m: 6:10.34	45.01
13. R czka Aleksandra	12 UKS Aquatica Pawłowice	6:16.36	+0,83	+ 1:24.77 -	232		
50m: 40.72	40.72	150m: 2:12.75	46.90	250m: 3:49.69	48.34	350m: 5:28.00	48.86
100m: 1:25.85	45.13	200m: 3:01.35	48.60	300m: 4:39.14	49.45	400m: 6:16.36	48.36
14. wi tek Laura	12 UKS Wodnik Siemianowice I skie	6:17.77		+ 1:26.18 -	229		
50m: 44.22	44.22	150m: 2:21.04	47.55	250m: 3:57.63	48.28	350m: 5:32.58	46.93
100m: 1:33.49	49.27	200m: 3:09.35	48.31	300m: 4:45.65	48.02	400m: 6:17.77	45.19
15. Dolecka Maria	12 UKS „Manta Kochłowice Ruda I ska"	6:24.50	+0,89	+ 1:32.91 93%	217		
50m: 42.93	42.93	150m: 2:20.09	48.69	250m: 3:59.28	49.94	350m: 5:39.09	48.81
100m: 1:31.40	48.47	200m: 3:09.34	49.25	300m: 4:50.28	51.00	400m: 6:24.50	45.41
16. Słowi ska Julia	12 UKS Aquatica Pawłowice	6:27.65	+0,52	+ 1:36.06 -	212		
50m: 44.28	44.28	150m: 2:23.48	50.23	250m: 4:03.82	49.66	350m: 5:41.95	49.20
100m: 1:33.25	48.97	200m: 3:14.16	50.68	300m: 4:52.75	48.93	400m: 6:27.65	45.70
17. Styrz Maria	12 UKS „Huragan" przy SP nr 45 w Sosno	6:33.09	+0,53	+ 1:41.50 -	203		
50m: 42.99	42.99	150m: 2:23.36	51.22	250m: 4:06.76	51.72	350m: 5:48.22	49.75
100m: 1:32.14	49.15	200m: 3:15.04	51.68	300m: 4:58.47	51.71	400m: 6:33.09	44.87
18. Bojda Zofia	12 UKS Aquatica Pawłowice	6:34.53	+0,55	+ 1:42.94 -	201		
50m: 41.47	41.47	150m: 2:21.02	51.22	250m: 4:04.32	50.85	350m: 5:47.95	52.52
100m: 1:29.80	48.33	200m: 3:13.47	52.45	300m: 4:55.43	51.11	400m: 6:34.53	46.58



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Dabrowa Gornicza, 17. - 18.5.2024



Konkurencja 11, Dziewcz t, 400m dowolny, 12 lat

Pozycja		Rok ur.				Czas	CR	Strata % popr.	FINA
19.	Grudzie Blanka	12	UKS „ Na Fali Bytom”			6:34.80		+ 1:43.21	- 201
	50m: 45.52	45.52	150m: 2:22.81	48.75	250m: 4:03.11	50.05	350m: 5:44.82	50.55	
	100m: 1:34.06	48.54	200m: 3:13.06	50.25	300m: 4:54.27	51.16	400m: 6:34.80	49.98	
20.	Czochara Lena	12	MOSM Tychy			6:41.04	+0,86	+ 1:49.45	- 191
	50m: 43.19	43.19	150m: 2:23.60	51.04	250m: 4:08.23	51.98	350m: 5:51.00	51.11	
	100m: 1:32.56	49.37	200m: 3:16.25	52.65	300m: 4:59.89	51.66	400m: 6:41.04	50.04	
21.	Umi ska Aleksandra	12	UKS „Huragan” przy SP nr 45 w Sosno			6:55.28		+ 2:03.69	- 172
	50m: 46.62	46.62	150m: 2:28.91	50.54	250m: 4:14.09	52.93	350m: 6:05.09	55.13	
	100m: 1:38.37	51.75	200m: 3:21.16	52.25	300m: 5:09.96	55.87	400m: 6:55.28	50.19	