



Konkurencja 23  
07.06.2024 - 17:35

Kobiet, 400m dowolny

14 lat i starsi  
Wyniki

Punkty: FINA 2024

Pozycja	Rok ur.	Czas	CR	Strata % popr.	FINA
<b>14 lat</b>					
1. Rajca Matylda	10 LKS Jedno 32 Przyszowice	<b>4:44.48</b>	+0,78	99%	566
50m: 32.42	32.42 150m: 1:43.69 35.92	250m: 2:56.46 36.05	350m: 4:08.88 36.15		
100m: 1:07.77	35.35 200m: 2:20.41 36.72	300m: 3:32.73 36.27	400m: 4:44.48 35.60		
2. Jendrysik Paulina	10 KP „Sukces” Chorzów	<b>4:57.77</b>	+0,79	+ 13.29 105%	493
50m: 33.63	33.63 150m: 1:48.17 38.01	250m: 3:05.14 38.89	350m: 4:21.51 38.14		
100m: 1:10.16	36.53 200m: 2:26.25 38.08	300m: 3:43.37 38.23	400m: 4:57.77 36.26		
3. Rzepka Klara	10 UKS Aqua Team Mikołów	<b>4:58.59</b>	+0,65	+ 14.11 100%	489
50m: 33.64	33.64 150m: 1:47.85 37.76	250m: 3:04.65 38.39	350m: 4:22.13 38.46		
100m: 1:10.09	36.45 200m: 2:26.26 38.41	300m: 3:43.67 39.02	400m: 4:58.59 36.46		
4. Fitał Karolina	10 UKP „Ruda I ska”	<b>5:01.66</b>	+0,79	+ 17.18 104%	475
50m: 34.00	34.00 150m: 1:50.17 38.51	250m: 3:08.26 39.42	350m: 4:24.90 38.28		
100m: 1:11.66	37.66 200m: 2:28.84 38.67	300m: 3:46.62 38.36	400m: 5:01.66 36.76		
5. Maik Maja	10 UKS „Manta Kochłowice Ruda I ska”	<b>5:03.95</b>	+0,76	+ 19.47 108%	464
50m: 34.74	34.74 150m: 1:51.41 39.27	250m: 3:10.58 39.47	350m: 4:27.53 38.35		
100m: 1:12.14	37.40 200m: 2:31.11 39.70	300m: 3:49.18 38.60	400m: 5:03.95 36.42		
6. Kozubowska Paulina	10 UKS „Manta Kochłowice Ruda I ska”	<b>5:07.48</b>	+0,76	+ 23.00 93%	448
50m: 35.54	35.54 150m: 1:53.12 39.34	250m: 3:11.22 38.82	350m: 4:29.07 38.07		
100m: 1:13.78	38.24 200m: 2:32.40 39.28	300m: 3:51.00 39.78	400m: 5:07.48 38.41		
7. Rychter Zofia	10 MKS Park Wodny Tarnowskie Góry	<b>5:08.34</b>	+0,78	+ 23.86 -	444
50m: 35.06	35.06 150m: 1:53.79 39.23	250m: 3:12.83 38.97	350m: 4:30.72 38.30		
100m: 1:14.56	39.50 200m: 2:33.86 40.07	300m: 3:52.42 39.59	400m: 5:08.34 37.62		
8. Morga ska Marta	10 UKS „Manta Kochłowice Ruda I ska”	<b>5:12.53</b>	+0,73	+ 28.05 100%	427
50m: 35.63	35.63 150m: 1:54.08 39.81	250m: 3:13.55 39.56	350m: 4:33.98 39.52		
100m: 1:14.27	38.64 200m: 2:33.99 39.91	300m: 3:54.46 40.91	400m: 5:12.53 38.55		
9. Pi tek Maja	10 KS „Górniki” Sosnowiec	<b>5:19.66</b>	+0,71	+ 35.18 101%	399
50m: 36.03	36.03 150m: 1:57.94 40.97	250m: 3:20.14 40.52	350m: 4:41.94 40.87		
100m: 1:16.97	40.94 200m: 2:39.62 41.68	300m: 4:01.07 40.93	400m: 5:19.66 37.72		
10. Kilarska Martyna	10 UKS „Na Fali Bytom”	<b>5:27.08</b>	+0,76	+ 42.60 -	372
50m: 37.11	37.11 150m: 2:01.49 42.69	250m: 3:25.71 41.36	350m: 4:49.08 41.74		
100m: 1:18.80	41.69 200m: 2:44.35 42.86	300m: 4:07.34 41.63	400m: 5:27.08 38.00		
11. Ogi ska Laura	10 UKS „Manta Kochłowice Ruda I ska”	<b>5:27.48</b>	+0,71	+ 43.00 92%	371
50m: 35.88	35.88 150m: 1:57.71 41.76	250m: 3:22.46 42.65	350m: 4:46.46 41.66		
100m: 1:15.95	40.07 200m: 2:39.81 42.10	300m: 4:04.80 42.34	400m: 5:27.48 41.02		
12. Wrotek Zofia	10 UKS „Na Fali Bytom”	<b>5:28.24</b>	+0,70	+ 43.76 -	368
50m: 39.01	39.01 150m: 2:02.95 42.03	250m: 3:26.74 41.12	350m: 4:49.17 40.55		
100m: 1:20.92	41.91 200m: 2:45.62 42.67	300m: 4:08.62 41.88	400m: 5:28.24 39.07		
13. Borowska Agata	10 UKS „ONDRASZEK” w Bielsku-Białej	<b>5:48.32</b>	+0,66	+ 1:03.84 -	308
50m: 37.12	37.12 150m: 2:05.54 45.03	250m: 3:37.45 46.20	350m: 5:08.56 44.73		
100m: 1:20.51	43.39 200m: 2:51.25 45.71	300m: 4:23.83 46.38	400m: 5:48.32 39.76		
<b>15 lat</b>					
1. Kapka Antonina	09 CSiR MOS w D browie Górnicy	<b>4:40.87</b>	+0,70	101%	588
50m: 32.99	32.99 150m: 1:43.91 35.69	250m: 2:55.58 35.77	350m: 4:06.93 35.85		
100m: 1:08.22	35.23 200m: 2:19.81 35.90	300m: 3:31.08 35.50	400m: 4:40.87 33.94		
2. Oko Anna	09 LKS Jedno 32 Przyszowice	<b>4:47.63</b>	+0,82	+ 6.76 98%	548
50m: 32.99	32.99 150m: 1:44.49 35.97	250m: 3:35.15 35.15	350m: 4:11.85 36.70		
100m: 1:08.52	36.72 200m: 2:21.21 36.72	300m: 3:35.15 35.15	400m: 4:47.63 35.78		
3. Zi tek Julia	09 UKP „Ruda I ska”	<b>4:48.04</b>	+0,71	+ 7.17 100%	545
50m: 31.62	31.62 150m: 1:43.90 36.60	250m: 2:57.67 36.75	350m: 4:12.04 37.23		
100m: 1:07.30	35.68 200m: 2:20.92 37.02	300m: 3:34.81 37.14	400m: 4:48.04 36.00		
4. Ciupa Ewelina	09 UKS „Manta Kochłowice Ruda I ska”	<b>4:49.78</b>	+0,72	+ 8.91 98%	535
50m: 32.16	32.16 150m: 1:45.59 37.23	250m: 3:00.28 37.23	350m: 4:14.63 37.17		
100m: 1:08.36	36.20 200m: 2:23.05 37.46	300m: 3:37.46 37.18	400m: 4:49.78 35.15		
5. Bednarek Lena	09 CSiR MOS w D browie Górnicy	<b>4:50.16</b>	+0,66	+ 9.29 97%	533
50m: 32.33	32.33 150m: 1:44.68 36.52	250m: 2:59.06 37.15	350m: 4:14.36 37.50		
100m: 1:08.16	35.83 200m: 2:21.91 37.23	300m: 3:36.86 37.80	400m: 4:50.16 35.80		



Konkurencja 23, Dziewcząt, 400m dowolny, 15 lat

Pozycja	Rok ur.	Czas	CR	Strata % popr.	FINA
6. Bilińska Iga	09 UKS „Manta Kochłowice Ruda Gliwska”	<b>5:02.34</b>	+0,74	+ 21.47 94%	471
50m: 32.79	32.79 150m: 1:48.95 38.33	250m: 3:05.92 38.56	350m: 4:23.71 39.24	400m: 5:02.34 38.63	
100m: 1:10.62	37.83 200m: 2:27.36 38.41	300m: 3:44.47 38.55			
7. Maik Victoria	09 UKS „Manta Kochłowice Ruda Gliwska”	<b>5:05.00</b>	+0,68	+ 24.13 92%	459
50m: 32.41	32.41 150m: 1:45.34 37.10	250m: 3:01.27 38.29	350m: 4:23.53 41.74	400m: 5:05.00 41.47	
100m: 1:08.24	35.83 200m: 2:22.98 37.64	300m: 3:41.79 40.52			
8. Duda Katarzyna	09 UKS Victoria Kozy	<b>5:14.39</b>	+0,60	+ 33.52 94%	419
50m: 35.02	35.02 150m: 1:55.18 40.22	250m: 3:16.02 40.52	350m: 4:35.83 39.57	400m: 5:14.39 38.56	
100m: 1:14.96	39.94 200m: 2:35.50 40.32	300m: 3:56.26 40.24			
9. Kosmaty Julita	09 UKS Victoria Kozy	<b>5:31.85</b>	+0,65	+ 50.98 -	356
50m: 38.23	38.23 150m: 2:03.61 43.39	250m: 3:28.69 40.79	350m: 4:53.63 41.86	400m: 5:31.85 38.22	
100m: 1:20.22	41.99 200m: 2:47.90 44.29	300m: 4:11.77 43.08			
10. Handzlik Hanna	09 UKS Victoria Kozy	<b>6:13.91</b>	+0,63	+ 1:33.04 -	249
50m: 42.17	42.17 150m: 2:15.79 47.82	250m: 3:54.38 50.00	350m: 5:30.43 47.80	400m: 6:13.91 43.48	
100m: 1:27.97	45.80 200m: 3:04.38 48.59	300m: 4:42.63 48.25			

16 lat

1. Jakubczyk Natalia	08 CSiR MOS w D browie Górniczej	<b>4:36.11</b>	+0,72	100%	619
50m: 32.35	32.35 150m: 1:42.25 35.15	250m: 2:52.82 35.40	350m: 4:03.76 35.65	400m: 4:36.11 32.35	
100m: 1:07.10	34.75 200m: 2:17.42 35.17	300m: 3:28.11 35.29			
2. Ferszt Kornelia	08 KS „Górnik” Sosnowiec	<b>4:44.64</b>	+0,69	+ 8.53 96%	565
50m: 33.17	33.17 150m: 1:45.63 36.76	250m: 2:58.43 36.35	350m: 4:10.67 36.29	400m: 4:44.64 33.97	
100m: 1:08.87	35.70 200m: 2:22.08 36.45	300m: 3:34.38 35.95			
3. Matyniak Sylwia	08 CSiR MOS w D browie Górniczej	<b>4:49.40</b>	+0,62	+ 13.29 103%	538
50m: 32.41	32.41 150m: 1:44.62 36.39	250m: 2:59.25 37.41	350m: 4:13.64 37.01	400m: 4:49.40 35.76	
100m: 1:08.23	35.82 200m: 2:21.84 37.22	300m: 3:36.63 37.38			
4. Kubiczek Sara	08 UKS Wodnik Siemianowice Gliwskie	<b>4:56.22</b>	+0,73	+ 20.11 99%	501
50m: 33.57	33.57 150m: 1:47.86 37.41	250m: 3:03.93 38.11	350m: 4:20.48 38.31	400m: 4:56.22 35.74	
100m: 1:10.45	36.88 200m: 2:25.82 37.96	300m: 3:42.17 38.24			
5. Sittek Aleksandra	08 "Sikret" Gliwice	<b>5:05.75</b>	+0,77	+ 29.64 -	456
50m: 32.46	32.46 150m: 1:49.01 39.20	250m: 3:07.78 39.37	350m: 4:27.39 39.65	400m: 5:05.75 38.36	
100m: 1:09.81	37.35 200m: 2:28.41 39.40	300m: 3:47.74 39.96			
6. Łuczka Natalia	08 CSiR MOS w D browie Górniczej	<b>5:15.98</b>	+0,83	+ 39.87 88%	413
50m: 35.58	35.58 150m: 1:54.21 40.25	250m: 3:15.20 40.45	350m: 4:36.38 40.03	400m: 5:15.98 39.60	
100m: 1:13.96	38.38 200m: 2:34.75 40.54	300m: 3:56.35 41.15			
7. Szpernalowska Mila	08 CSiR MOS w D browie Górniczej	<b>5:16.91</b>	+0,76	+ 40.80 85%	409
50m: 34.12	34.12 150m: 1:52.56 39.90	250m: 3:13.61 40.78	350m: 4:36.94 41.52	400m: 5:16.91 39.97	
100m: 1:12.66	38.54 200m: 2:32.83 40.27	300m: 3:55.42 41.81			

17 lat i starsi

1. Nikiel Natalia	06 MKS Park Wodny Tarnowskie Góry	<b>4:37.61</b>	+0,51	105%	609
50m: 31.94	31.94 150m: 1:42.20 35.43	250m: 2:53.04 35.24	350m: 4:03.52 34.97	400m: 4:37.61 34.09	
100m: 1:06.77	34.83 200m: 2:17.80 35.60	300m: 3:28.55 35.51			
2. Sitkiewicz Jagoda	07 UKS Wodnik Siemianowice Gliwskie	<b>4:45.89</b>	+0,71	+ 8.28 102%	558
50m: 32.65	32.65 150m: 1:46.44 36.90	250m: 3:00.96 37.15	350m: 4:12.51 35.22	400m: 4:45.89 33.38	
100m: 1:09.54	36.89 200m: 2:23.81 37.37	300m: 3:37.29 36.33			
3. Malarz Maja	04 UKS Victoria Kozy	<b>4:48.66</b>	+0,71	+ 11.05 -	542
50m: 31.22	31.22 150m: 1:48.39 37.10	250m: 3:00.00 37.10	350m: 4:13.31 38.29	400m: 4:48.66 35.35	
100m: 1:05.50	34.28 200m: 2:18.39 37.10	300m: 3:35.02 37.10			
4. Drabik Aneta	04 KP „Sukces” Chorzów	<b>4:49.83</b>	+0,53	+ 12.22 102%	535
50m: 32.66	32.66 150m: 1:45.21 36.56	250m: 2:59.91 37.61	350m: 4:14.72 37.23	400m: 4:49.83 35.11	
100m: 1:08.65	35.99 200m: 2:22.30 37.09	300m: 3:37.49 37.58			
5. Łapeta Iga	07 Rybnicki Młodzieżowy Klub Sportowy	<b>4:52.34</b>	+0,66	+ 14.73 96%	521
50m: 32.17	32.17 150m: 1:46.15 37.30	250m: 3:02.96 38.35	350m: 4:17.17 36.29	400m: 4:52.34 35.17	
100m: 1:08.85	36.68 200m: 2:24.61 38.46	300m: 3:40.88 37.92			
6. Gawlik Jagoda	06 UKS „Huragan” przy SP nr 45 w Sosnowcu	<b>4:53.00</b>	+0,73	+ 15.39 98%	518
50m: 33.35	33.35 150m: 1:47.74 37.56	250m: 3:02.46 37.59	350m: 4:16.81 37.02	400m: 4:53.00 36.19	
100m: 1:10.18	36.83 200m: 2:24.87 37.13	300m: 3:39.79 37.33			



Konkurencja 23, Kobiet, 400m dowolny, 17 lat i starsi

Pozycja	Rok ur.		Czas		CR	Strata % popr.		FINA			
7. Guzdek Anna	07 Akademia Sms Racibórz		<b>4:59.17</b>		+0,69	+ 21.56	93%	487			
50m:	33.47	33.47	150m:	1:49.43	38.24	250m:	3:06.44	38.38	350m:	4:22.21	37.44
100m:	1:11.19	37.72	200m:	2:28.06	38.63	300m:	3:44.77	38.33	400m:	4:59.17	36.96
PK Rudomina Agnieszka	06 MKP Gdańsk		<b>4:36.61</b>		+0,72		96%	616			
50m:	31.62	31.62	150m:	1:41.17	35.03	250m:	2:52.20	35.60	350m:	4:02.85	35.07
100m:	1:06.14	34.52	200m:	2:16.60	35.43	300m:	3:27.78	35.58	400m:	4:36.61	33.76
PK Artwik Hanna	10 KP Aqua-Swim Nysa		<b>5:31.62</b>		+0,74		99%	357			
50m:	37.31	37.31	150m:	2:01.62	42.91	250m:	3:26.22	41.92	350m:	4:49.89	41.14
100m:	1:18.71	41.40	200m:	2:44.30	42.68	300m:	4:08.75	42.53	400m:	5:31.62	41.73