

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 17- - 18-2-2017

Konkurencja 12
2017-02-17 - 13:35

Mężczyźni, 400m zmienny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	WARZOCHA Albert		01	UKS CITYZEN Poznań			4:27.24	684	
	50m: 29.36	29.36	150m: 1:38.20	34.98	250m: 2:49.49	37.99	350m: 3:58.23	31.01	
	100m: 1:03.22	33.86	200m: 2:11.50	33.30	300m: 3:27.22	37.73	400m: 4:27.24	29.01	
2.	MAKA Filip		00	Uks 190 Łódź			4:28.95	671	
	50m: 29.55	29.55	150m: 1:36.99	34.05	250m: 2:49.44	38.52	350m: 3:58.83	31.45	
	100m: 1:02.94	33.39	200m: 2:10.92	33.93	300m: 3:27.38	37.94	400m: 4:28.95	30.12	
3.	STOLARSKI Marcin		96	KS Warta Poznań			4:31.00	656	
	50m: 29.55	29.55	150m: 1:40.86	35.75	250m: 2:53.13	36.01	350m: 4:01.68	32.71	
	100m: 1:05.11	35.56	200m: 2:17.12	36.26	300m: 3:28.97	35.84	400m: 4:31.00	29.32	
4.	KŁOSIŃSKI Alan		00	MKS Jedynka Łódź			4:31.74	650	
	50m: 28.55	28.55	150m: 1:38.91	36.57	250m: 2:51.13	37.31	350m: 4:00.89	32.34	
	100m: 1:02.34	33.79	200m: 2:13.82	34.91	300m: 3:28.55	37.42	400m: 4:31.74	30.85	
5.	KOWALSKI Rafał		00	Stilon Gorzów Wlkp.			4:37.66	610	
	50m: 29.53	29.53	150m: 1:40.74	37.04	250m: 2:55.70	39.04	350m: 4:06.49	32.37	
	100m: 1:03.70	34.17	200m: 2:16.66	35.92	300m: 3:34.12	38.42	400m: 4:37.66	31.17	
6.	SKIERSKI Radosław		00	MKP Wodnik 29 Tychy			4:38.86	602	
	50m: 29.97	29.97	150m: 1:41.02	36.43	250m: 2:55.64	38.97	350m: 4:08.00	32.71	
	100m: 1:04.59	34.62	200m: 2:16.67	35.65	300m: 3:35.29	39.65	400m: 4:38.86	30.86	
7.	GŁUSZKOWSKI Mateusz		01	UKS CITYZEN Poznań			4:39.63	597	
	50m: 29.70	29.70	150m: 1:38.11	34.92	250m: 2:54.83	40.42	350m: 4:08.39	32.12	
	100m: 1:03.19	33.49	200m: 2:14.41	36.30	300m: 3:36.27	41.44	400m: 4:39.63	31.24	
8.	WAMKA Mateusz		01	MUKS Piłsnica Bydgoszcz			4:43.85	571	
	50m: 30.61	30.61	150m: 1:42.24	36.60	250m: 2:58.60	40.72	350m: 4:12.29	33.19	
	100m: 1:05.64	35.03	200m: 2:17.88	35.64	300m: 3:39.10	40.50	400m: 4:43.85	31.56	
9.	SOLARSKI Antoni		01	KS Warta Poznań			4:45.20	563	
	50m: 31.39	31.39	150m: 1:44.40	37.75	250m: 3:00.16	39.46	350m: 4:13.73	33.39	
	100m: 1:06.65	35.26	200m: 2:20.70	36.30	300m: 3:40.34	40.18	400m: 4:45.20	31.47	
10.	DOBRINDT Mikołaj		03	MUKS Piłsnica Bydgoszcz			4:47.18	551	
	50m: 30.64	30.64	150m: 1:44.87	37.93	250m: 3:00.91	39.38	350m: 4:15.00	33.03	
	100m: 1:06.94	36.30	200m: 2:21.53	36.66	300m: 3:41.97	41.06	400m: 4:47.18	32.18	
11.	OLEK Jakub		01	Mkp Słowianka Gorzów Wlkp.			4:49.91	536	
	50m: 30.19	30.19	150m: 1:43.20	38.07	250m: 3:01.75	41.13	350m: 4:16.54	33.82	
	100m: 1:05.13	34.94	200m: 2:20.62	37.42	300m: 3:42.72	40.97	400m: 4:49.91	33.37	
12.	KNYSZYŃSKI Maciej		02	MKS Jedynka Łódź			4:51.83	525	
	50m: 30.20	30.20	150m: 1:43.59	38.92	250m: 3:02.71	41.13	350m: 4:18.89	34.29	
	100m: 1:04.67	34.47	200m: 2:21.58	37.99	300m: 3:44.60	41.89	400m: 4:51.83	32.94	
13.	SZCZEPANOWSKI Jakub		02	Mkp Słowianka Gorzów Wlkp.			4:53.74	515	
	50m: 31.64	31.64	150m: 1:48.09	39.53	250m: 3:06.21	40.08	350m: 4:21.47	35.76	
	100m: 1:08.56	36.92	200m: 2:26.13	38.04	300m: 3:45.71	39.50	400m: 4:53.74	32.27	
14.	HAŁADAJ Dawid		01	Iskra Konin			4:55.36	506	
	50m: 29.19	29.19	150m: 1:41.38	38.51	250m: 3:02.18	42.20	350m: 4:21.76	35.82	
	100m: 1:02.87	33.68	200m: 2:19.98	38.60	300m: 3:45.94	43.76	400m: 4:55.36	33.60	
15.	SZYNAŁSKI Szymon		00	UPKS Wodnik Rawicz			4:58.64	490	
	50m: 30.51	30.51	150m: 1:45.57	38.46	250m: 3:08.06	43.06	350m: 4:27.28	33.56	
	100m: 1:07.11	36.60	200m: 2:25.00	39.43	300m: 3:53.72	45.66	400m: 4:58.64	31.36	
16.	PLEŚNIAK Kamil		02	UKS CITYZEN Poznań			4:58.78	489	
	50m: 30.82	30.82	150m: 1:45.13	39.15	250m: 3:08.23	45.06	350m: 4:26.69	33.38	
	100m: 1:05.98	35.16	200m: 2:23.17	38.04	300m: 3:53.31	45.08	400m: 4:58.78	32.09	
17.	MUSZYŃSKI Jakub		01	MUKS Piłsnica Bydgoszcz			5:01.68	475	
	50m: 32.41	32.41	150m: 1:49.59	40.58	250m: 3:12.22	44.33	350m: 4:30.66	33.58	
	100m: 1:09.01	36.60	200m: 2:27.89	38.30	300m: 3:57.08	44.86	400m: 5:01.68	31.02	

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Pozycja	Rok ur.								Czas	Pkt.	
18. WIATR Wojciech	01 KS Warta Pozna								5:02.13	473	
50m:	32.03	32.03	150m:	1:51.10	40.85	250m:	3:13.18	43.36	350m:	4:31.33	34.58
100m:	1:10.25	38.22	200m:	2:29.82	38.72	300m:	3:56.75	43.57	400m:	5:02.13	30.80
19. DOPIERAŁA Tytus	03 KS Warta Pozna								5:04.67	461	
50m:	31.63	31.63	150m:	1:51.49	41.14	250m:	3:13.25	41.73	350m:	4:31.77	34.73
100m:	1:10.35	38.72	200m:	2:31.52	40.03	300m:	3:57.04	43.79	400m:	5:04.67	32.90
20. GÓRSKI Jakub	02 Mkp Słowianka Gorzów Wlkp.								5:16.66	411	
50m:	32.57	32.57	150m:	1:56.36	42.80	250m:	3:20.34	43.00	350m:	4:41.62	37.76
100m:	1:13.56	40.99	200m:	2:37.34	40.98	300m:	4:03.86	43.52	400m:	5:16.66	35.04
21. ONOSZKO Tomasz	01 KS Warta Pozna								5:22.31	390	
50m:	35.93	35.93	150m:	1:59.77	40.53	250m:	3:26.63	45.98	350m:	4:48.42	36.04
100m:	1:19.24	43.31	200m:	2:40.65	40.88	300m:	4:12.38	45.75	400m:	5:22.31	33.89
22. NAPERAŁA Łukasz	02 KS Poznań								5:33.57	351	
50m:	33.14	33.14	150m:	1:55.69	42.12	250m:	3:25.36	48.29	350m:	4:54.56	38.89
100m:	1:13.57	40.43	200m:	2:37.07	41.38	300m:	4:15.67	50.31	400m:	5:33.57	39.01