

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 17- - 18-2-2017

Konkurencja 17
2017-02-17 - 16:15

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
Open									
1.	CIE LAK Joanna		96	KS Warta Pozna			4:19.35	739	
	50m: 29.97	29.97	150m: 1:34.96	32.63	250m: 2:40.64	32.86	350m: 3:47.43	33.50	
	100m: 1:02.33	32.36	200m: 2:07.78	32.82	300m: 3:13.93	33.29	400m: 4:19.35	31.92	
2.	ZAWADZKA Anna		00	MKP Wodnik 29 Tychy			4:24.80	694	
	50m: 31.17	31.17	150m: 1:37.39	33.24	250m: 2:45.45	34.26	350m: 3:52.48	33.35	
	100m: 1:04.15	32.98	200m: 2:11.19	33.80	300m: 3:19.13	33.68	400m: 4:24.80	32.32	
3.	BEDNAREK Zuzanna		01	MKS Jedyńka Łódź			4:26.96	677	
	50m: 31.15	31.15	150m: 1:38.33	33.82	250m: 2:46.73	34.26	350m: 3:55.12	33.99	
	100m: 1:04.51	33.36	200m: 2:12.47	34.14	300m: 3:21.13	34.40	400m: 4:26.96	31.84	
4.	PI KO Natalia		02	MKS Jedyńka Łódź			4:28.67	665	
	50m: 30.89	30.89	150m: 1:38.19	33.84	250m: 2:46.45	33.94	350m: 3:55.03	34.32	
	100m: 1:04.35	33.46	200m: 2:12.51	34.32	300m: 3:20.71	34.26	400m: 4:28.67	33.64	
5.	GRZEGORCZYK Izabella		93	KS Warta Pozna			4:30.23	653	
	50m: 31.38	31.38	150m: 1:38.99	33.84	250m: 2:47.21	34.23	350m: 3:56.27	34.61	
	100m: 1:05.15	33.77	200m: 2:12.98	33.99	300m: 3:21.66	34.45	400m: 4:30.23	33.96	
6.	WŁODARCZYK Agnieszka		01	MUKS Piastka Bydgoszcz			4:32.53	637	
	50m: 31.91	31.91	150m: 1:39.76	34.18	250m: 2:49.32	34.93	350m: 3:59.16	34.86	
	100m: 1:05.58	33.67	200m: 2:14.39	34.63	300m: 3:24.30	34.98	400m: 4:32.53	33.37	
7.	SOBIAK Zuzanna		02	KS Warta Pozna			4:38.14	599	
	50m: 32.07	32.07	150m: 1:41.47	34.75	250m: 2:52.56	35.67	350m: 4:03.52	35.50	
	100m: 1:06.72	34.65	200m: 2:16.89	35.42	300m: 3:28.02	35.46	400m: 4:38.14	34.62	
8.	BŁAJET Oliwia		00	KS Warta Pozna			4:38.85	594	
	50m: 32.20	32.20	150m: 1:42.39	35.26	250m: 2:53.06	35.30	350m: 4:03.77	35.45	
	100m: 1:07.13	34.93	200m: 2:17.76	35.37	300m: 3:28.32	35.26	400m: 4:38.85	35.08	
9.	MICIAK Agata		02	Mkp Słowianka Gorzów Wlkp.			4:39.28	592	
	50m: 31.27	31.27	150m: 1:40.88	35.06	250m: 2:52.47	36.37	350m: 4:04.36	36.04	
	100m: 1:05.82	34.55	200m: 2:16.10	35.22	300m: 3:28.32	35.85	400m: 4:39.28	34.92	
10.	KRZYSZTOFIAK Iga		03	KS Warta Pozna			4:42.37	572	
	50m: 32.56	32.56	150m: 1:41.82	34.92	250m: 2:53.27	35.87	350m: 4:06.56	37.20	
	100m: 1:06.90	34.34	200m: 2:17.40	35.58	300m: 3:29.36	36.09	400m: 4:42.37	35.81	
11.	DOM OL Zuzanna		02	KKS WŁÓKNIARZ 1925 Kalisz			4:43.02	568	
	50m: 32.83	32.83	150m: 1:43.55	35.40	250m: 2:55.61	36.08	350m: 4:07.92	36.71	
	100m: 1:08.15	35.32	200m: 2:19.53	35.98	300m: 3:31.21	35.60	400m: 4:43.02	35.10	
12.	KO CIELNIAK Aleksandra		02	UKS Shark Rudna			4:45.25	555	
	50m: 31.94	31.94	150m: 1:42.72	35.76	250m: 2:56.00	36.73	350m: 4:09.56	37.01	
	100m: 1:06.96	35.02	200m: 2:19.27	36.55	300m: 3:32.55	36.55	400m: 4:45.25	35.69	
13.	JAKUBCZAK Martyna		02	KKS WŁÓKNIARZ 1925 Kalisz			4:45.90	551	
	50m: 31.72	31.72	150m: 1:43.73	36.26	250m: 2:57.66	36.59	350m: 4:11.10	36.77	
	100m: 1:07.47	35.75	200m: 2:21.07	37.34	300m: 3:34.33	36.67	400m: 4:45.90	34.80	
14.	SZYMA SKA Wiktoria		02	KKS WŁÓKNIARZ 1925 Kalisz			4:47.72	541	
	50m: 31.88	31.88	150m: 1:43.61	36.06	250m: 2:57.41	37.20	350m: 4:12.42	37.94	
	100m: 1:07.55	35.67	200m: 2:20.21	36.60	300m: 3:34.48	37.07	400m: 4:47.72	35.30	
15.	STROI SKA Katarzyna		02	Extreme Oborniki			4:48.56	536	
	50m: 33.53	33.53	150m: 1:46.53	36.74	250m: 3:00.43	36.99	350m: 4:13.81	36.10	
	100m: 1:09.79	36.26	200m: 2:23.44	36.91	300m: 3:37.71	37.28	400m: 4:48.56	34.75	
16.	ROTTER Zuzanna		97	Uks Jedyńka Kórnik			4:50.26	527	
	50m: 32.89	32.89	150m: 1:45.64	37.07	250m: 2:59.74	36.85	350m: 4:13.75	37.09	
	100m: 1:08.57	35.68	200m: 2:22.89	37.25	300m: 3:36.66	36.92	400m: 4:50.26	36.51	
17.	DUDZIAK Agata		01	UKS "3 Wodnik Wolsztyn"			4:51.88	518	
	50m: 33.32	33.32	150m: 1:48.22	37.78	250m: 3:03.52	37.88	350m: 4:17.41	36.55	
	100m: 1:10.44	37.12	200m: 2:25.64	37.42	300m: 3:40.86	37.34	400m: 4:51.88	34.47	

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 17- - 18-2-2017

Konkurencja 17, Kobiet, 400m dowolny, Open

Pozycja			Rok ur.				Czas				Pkt.	
18.	G	SOWSKA Martyna	01	MUKS Piłsnica Bydgoszcz				4:52.14				517
		50m: 33.02 33.02	150m: 1:47.37	37.49	250m: 3:02.80	37.61	350m: 4:16.70	36.77				
		100m: 1:09.88 36.86	200m: 2:25.19	37.82	300m: 3:39.93	37.13	400m: 4:52.14	35.44				
19.	KRÓL	Wiktorija	01	KS Warta Poznań				4:52.48				515
		50m: 33.20 33.20	150m: 1:47.17	37.14	250m: 3:01.93	37.46	350m: 4:16.48	37.42				
		100m: 1:10.03 36.83	200m: 2:24.47	37.30	300m: 3:39.06	37.13	400m: 4:52.48	36.00				
20.	HOLAK	Marta	01	MUKS Piłsnica Bydgoszcz				4:54.73				503
		50m: 33.65 33.65	150m: 1:48.48	37.46	250m: 3:03.51	37.68	350m: 4:18.48	37.47				
		100m: 1:11.02 37.37	200m: 2:25.83	37.35	300m: 3:41.01	37.50	400m: 4:54.73	36.25				
21.	CZEPULANIS	Alicja	02	Mkp Słowianka Gorzów Wlkp.				4:54.92				502
		50m: 33.85 33.85	150m: 1:49.67	38.25	250m: 3:05.52	37.82	350m: 4:20.28	36.92				
		100m: 1:11.42 37.57	200m: 2:27.70	38.03	300m: 3:43.36	37.84	400m: 4:54.92	34.64				
22.	KOZŁOWSKA	Maja	04	KS Warta Poznań				4:54.98				502
		50m: 33.83 33.83	150m: 1:48.99	37.59	250m: 3:05.29	38.34	350m: 4:19.90	37.11				
		100m: 1:11.40 37.57	200m: 2:26.95	37.96	300m: 3:42.79	37.50	400m: 4:54.98	35.08				
23.	GABOR	Martyna	02	UKS Shark Rudna				4:55.36				500
		50m: 34.36 34.36	150m: 1:49.31	37.62	250m: 3:04.98	37.79	350m: 4:19.70	37.05				
		100m: 1:11.69 37.33	200m: 2:27.19	37.88	300m: 3:42.65	37.67	400m: 4:55.36	35.66				
24.	VAN DOORNE	Natalia	02	Mkp Słowianka Gorzów Wlkp.				4:56.65				494
		50m: 33.69 33.69	150m: 1:48.94	37.82	250m: 3:04.77	37.69	350m: 4:20.41	37.69				
		100m: 1:11.12 37.43	200m: 2:27.08	38.14	300m: 3:42.72	37.95	400m: 4:56.65	36.24				
25.	MICHALAK	Weronika	00	KS Warta Poznań				4:57.16				491
		50m: 33.63 33.63	150m: 1:48.44	37.75	250m: 3:03.81	37.92	350m: 4:19.86	38.02				
		100m: 1:10.69 37.06	200m: 2:25.89	37.45	300m: 3:41.84	38.03	400m: 4:57.16	37.30				
26.	ŁUCZAK	Katarzyna	02	KKS WŁÓKNIARZ 1925 Kalisz				4:57.33				490
		50m: 33.29 33.29	150m: 1:47.74	37.51	250m: 3:04.81	38.98	350m: 4:21.46	38.60				
		100m: 1:10.23 36.94	200m: 2:25.83	38.09	300m: 3:42.86	38.05	400m: 4:57.33	35.87				
27.	STODOLSKA	Zofia	03	Mks - Astoria Bydgoszcz				4:57.74				488
		50m: 33.70 33.70	150m: 1:49.20	38.10	250m: 3:05.67	38.38	350m: 4:21.17	37.54				
		100m: 1:11.10 37.40	200m: 2:27.29	38.09	300m: 3:43.63	37.96	400m: 4:57.74	36.57				
28.	NOWICKA	Weronika	00	UMKS Niesłyszanych Poznań				4:57.89				487
		50m: 33.94 33.94	150m: 1:48.71	37.79	250m: 3:04.99	38.18	350m: 4:21.38	37.99				
		100m: 1:10.92 36.98	200m: 2:26.81	38.10	300m: 3:43.39	38.40	400m: 4:57.89	36.51				
29.	KANTECKA	Julia	03	MKS Oceanik Ostrzeszów				4:58.92				482
		50m: 34.59 34.59	150m: 1:50.75	38.68	250m: 3:07.17	37.95	350m: 4:22.61	37.02				
		100m: 1:12.07 37.48	200m: 2:29.22	38.47	300m: 3:45.59	38.42	400m: 4:58.92	36.31				
30.	RADOSZ	Joanna	97	UKS Fala Swarzędz				4:59.72				479
		50m: 34.01 34.01	150m: 1:49.25	38.03	250m: 3:06.13	38.41	350m: 4:22.88	38.23				
		100m: 1:11.22 37.21	200m: 2:27.72	38.47	300m: 3:44.65	38.52	400m: 4:59.72	36.84				
31.	MAZUR	Klaudia	01	Stilon Gorzów Wlkp.				5:01.82				469
		50m: 33.62 33.62	150m: 1:48.18	37.52	250m: 3:05.29	38.57	350m: 4:24.16	39.86				
		100m: 1:10.66 37.04	200m: 2:26.72	38.54	300m: 3:44.30	39.01	400m: 5:01.82	37.66				
32.	BEDNARZ	Oliwia	04	Stilon Gorzów Wlkp.				5:02.74				464
		50m: 34.11 34.11	150m: 1:50.78	38.85	250m: 3:08.66	38.90	350m: 4:26.06	38.69				
		100m: 1:11.93 37.82	200m: 2:29.76	38.98	300m: 3:47.37	38.71	400m: 5:02.74	36.68				
33.	STASZAK	Agnieszka	04	KS Warta Poznań				5:04.00				459
		50m: 33.80 33.80	150m: 1:50.71	39.03	250m: 3:09.73	39.53	350m: 4:27.93	39.00				
		100m: 1:11.68 37.88	200m: 2:30.20	39.49	300m: 3:48.93	39.20	400m: 5:04.00	36.07				
34.	MAIK	Julia	03	KKS WŁÓKNIARZ 1925 Kalisz				5:05.99				450
		50m: 35.26 35.26	150m: 1:54.35	39.40	250m: 3:13.19	38.97	350m: 4:30.69	38.33				
		100m: 1:14.95 39.69	200m: 2:34.22	39.87	300m: 3:52.36	39.17	400m: 5:05.99	35.30				
35.	GABRY	Kamila	02	Mkp Słowianka Gorzów Wlkp.				5:08.19				440
		50m: 35.39 35.39	150m: 1:53.49	39.64	250m: 3:12.21	39.51	350m: 4:30.53	39.08				
		100m: 1:13.85 38.46	200m: 2:32.70	39.21	300m: 3:51.45	39.24	400m: 5:08.19	37.66				

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Pozycja			Rok ur.					Czas	Pkt.
36.	ANIOŁ Magdalena		03	KS Poznań			5:08.29	440	
	50m: 33.84	33.84	150m: 1:50.78	39.43	250m: 3:10.58	39.85	350m: 4:30.23	39.73	
	100m: 1:11.35	37.51	200m: 2:30.73	39.95	300m: 3:50.50	39.92	400m: 5:08.29	38.06	
37.	ADAMCZAK Maria		03	UPKS Wodnik Rawicz			5:11.94	424	
	50m: 35.41	35.41	150m: 1:55.52	40.41	250m: 3:15.57	39.74	350m: 4:34.70	39.25	
	100m: 1:15.11	39.70	200m: 2:35.83	40.31	300m: 3:55.45	39.88	400m: 5:11.94	37.24	
38.	TOMASIAK Weronika		00	Mkp Słowianka Gorzów Wlkp.			5:12.78	421	
	50m: 33.86	33.86	150m: 1:51.91	39.72	250m: 3:12.29	40.19	350m: 4:33.28	40.41	
	100m: 1:12.19	38.33	200m: 2:32.10	40.19	300m: 3:52.87	40.58	400m: 5:12.78	39.50	
39.	BARANOWSKA Martyna		03	KS Warta Poznań			5:13.60	418	
	50m: 35.09	35.09	150m: 1:54.03	40.51	250m: 3:15.12	40.16	350m: 4:35.40	39.84	
	100m: 1:13.52	38.43	200m: 2:34.96	40.93	300m: 3:55.56	40.44	400m: 5:13.60	38.20	
40.	WA KOWSKA Zofia		04	KS Warta Poznań			5:13.74	417	
	50m: 33.53	33.53	150m: 1:53.00	40.39	250m: 3:13.85	40.43	350m: 4:34.43	40.36	
	100m: 1:12.61	39.08	200m: 2:33.42	40.42	300m: 3:54.07	40.22	400m: 5:13.74	39.31	
41.	MISIAK Nadia		04	Uks Jedyńka Kórnik			5:15.72	409	
	50m: 36.22	36.22	150m: 1:55.64	39.86	250m: 3:15.99	40.02	350m: 4:35.79	39.61	
	100m: 1:15.78	39.56	200m: 2:35.97	40.33	300m: 3:56.18	40.19	400m: 5:15.72	39.93	
42.	STACHOWIAK Mia		05	KS Warta Poznań			5:20.78	390	
	50m: 36.47	36.47	150m: 1:58.18	40.77	250m: 3:21.22	41.95	350m: 4:43.07	40.02	
	100m: 1:17.41	40.94	200m: 2:39.27	41.09	300m: 4:03.05	41.83	400m: 5:20.78	37.71	
43.	DZIELECKA Łucja		04	MKS Oceanik Ostrzeszów			5:22.51	384	
	50m: 36.41	36.41	150m: 1:58.37	40.96	250m: 3:21.53	41.84	350m: 4:44.57	41.24	
	100m: 1:17.41	41.00	200m: 2:39.69	41.32	300m: 4:03.33	41.80	400m: 5:22.51	37.94	
44.	GÓRA Katarzyna		04	KS Warta Poznań			5:27.64	366	
	50m: 35.18	35.18	150m: 1:56.15	41.26	250m: 3:20.70	42.36	350m: 4:46.36	43.08	
	100m: 1:14.89	39.71	200m: 2:38.34	42.19	300m: 4:03.28	42.58	400m: 5:27.64	41.28	
45.	KOSTKIEWICZ Gabriela		03	Mkp Słowianka Gorzów Wlkp.			5:33.71	347	
	50m: 35.83	35.83	150m: 1:59.45	42.23	250m: 3:24.16	42.57	350m: 4:51.11	43.67	
	100m: 1:17.22	41.39	200m: 2:41.59	42.14	300m: 4:07.44	43.28	400m: 5:33.71	42.60	
46.	LUDWICZAK Paulina		05	KS Warta Poznań			5:38.49	332	
	50m: 37.27	37.27	150m: 2:02.26	43.12	250m: 3:28.66	43.40	350m: 4:53.62	41.41	
	100m: 1:19.14	41.87	200m: 2:45.26	43.00	300m: 4:12.21	43.55	400m: 5:38.49	44.87	
47.	HIRSCH Nicole		04	KS Warta Poznań			5:38.62	332	
	50m: 36.12	36.12	150m: 2:00.62	43.03	250m: 3:27.92	44.08	350m: 4:56.33	44.51	
	100m: 1:17.59	41.47	200m: 2:43.84	43.22	300m: 4:11.82	43.90	400m: 5:38.62	42.29	
48.	ZWIERCIAŁOWSKA Julia		04	KS Warta Poznań			5:46.07	311	
	50m: 39.04	39.04	150m: 2:03.65	42.87	250m: 3:33.08	45.13	350m: 5:03.20	44.31	
	100m: 1:20.78	41.74	200m: 2:47.95	44.30	300m: 4:18.89	45.81	400m: 5:46.07	42.87	
49.	ZIELINSKA Oliwia		04	MKP Astromal Leszno			5:52.18	295	
	50m: 39.51	39.51	150m: 2:08.11	44.91	250m: 3:38.82	45.58	350m: 5:10.18	45.51	
	100m: 1:23.20	43.69	200m: 2:53.24	45.13	300m: 4:24.67	45.85	400m: 5:52.18	42.00	
50.	CIERNIAK Zuzanna		05	KS Warta Poznań			5:54.01	290	
	50m: 39.52	39.52	150m: 2:09.93	45.20	250m: 3:41.10	45.94	350m: 5:12.66	45.65	
	100m: 1:24.73	45.21	200m: 2:55.16	45.23	300m: 4:27.01	45.91	400m: 5:54.01	41.35	
51.	MATYSIAK Zofia		04	MKP Astromal Leszno			6:03.84	267	
	50m: 40.25	40.25	150m: 2:12.43	47.44	250m: 3:45.49	46.70	350m: 5:19.88	47.03	
	100m: 1:24.99	44.74	200m: 2:58.79	46.36	300m: 4:32.85	47.36	400m: 6:03.84	43.96	
52.	ONOSZKO Anna		05	KS Warta Poznań			6:26.12	224	
	50m: 42.47	42.47	150m: 2:18.88	47.82	250m: 3:56.33	48.71	350m: 5:35.90	50.08	
	100m: 1:31.06	48.59	200m: 3:07.62	48.74	300m: 4:45.82	49.49	400m: 6:26.12	50.22	
53.	WESOŁEK Dominika		05	Iskra Konin			6:55.35	180	
	50m: 42.80	42.80	150m: 2:29.14	54.48	250m: 4:19.10		350m: 6:07.39	54.08	
	100m: 1:34.66	51.86	200m:		300m: 5:13.31	54.21	400m: 6:55.35	47.96	

Zimowe Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
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12 - 13 lat

1.	KOZŁOWSKA Maja	04	KS Warta Pozna	4:54.98	502
	50m: 33.83 33.83	150m: 1:48.99 37.59	250m: 3:05.29 38.34	350m: 4:19.90 37.11	
	100m: 1:11.40 37.57	200m: 2:26.95 37.96	300m: 3:42.79 37.50	400m: 4:54.98 35.08	
2.	BEDNARZ Oliwia	04	Stilon Gorzów Wlkp.	5:02.74	464
	50m: 34.11 34.11	150m: 1:50.78 38.85	250m: 3:08.66 38.90	350m: 4:26.06 38.69	
	100m: 1:11.93 37.82	200m: 2:29.76 38.98	300m: 3:47.37 38.71	400m: 5:02.74 36.68	
3.	STASZAK Agnieszka	04	KS Warta Pozna	5:04.00	459
	50m: 33.80 33.80	150m: 1:50.71 39.03	250m: 3:09.73 39.53	350m: 4:27.93 39.00	
	100m: 1:11.68 37.88	200m: 2:30.20 39.49	300m: 3:48.93 39.20	400m: 5:04.00 36.07	
4.	WA KOWSKA Zofia	04	KS Warta Pozna	5:13.74	417
	50m: 33.53 33.53	150m: 1:53.00 40.39	250m: 3:13.85 40.43	350m: 4:34.43 40.36	
	100m: 1:12.61 39.08	200m: 2:33.42 40.42	300m: 3:54.07 40.22	400m: 5:13.74 39.31	
5.	MISIAK Nadia	04	Uks Jedyńka Kórnik	5:15.72	409
	50m: 36.22 36.22	150m: 1:55.64 39.86	250m: 3:15.99 40.02	350m: 4:35.79 39.61	
	100m: 1:15.78 39.56	200m: 2:35.97 40.33	300m: 3:56.18 40.19	400m: 5:15.72 39.93	
6.	STACHOWIAK Mia	05	KS Warta Pozna	5:20.78	390
	50m: 36.47 36.47	150m: 1:58.18 40.77	250m: 3:21.22 41.95	350m: 4:43.07 40.02	
	100m: 1:17.41 40.94	200m: 2:39.27 41.09	300m: 4:03.05 41.83	400m: 5:20.78 37.71	
7.	DZIELECKA Łucja	04	MKS Oceanik Ostrzeszów	5:22.51	384
	50m: 36.41 36.41	150m: 1:58.37 40.96	250m: 3:21.53 41.84	350m: 4:44.57 41.24	
	100m: 1:17.41 41.00	200m: 2:39.69 41.32	300m: 4:03.33 41.80	400m: 5:22.51 37.94	
8.	GÓRA Katarzyna	04	KS Warta Pozna	5:27.64	366
	50m: 35.18 35.18	150m: 1:56.15 41.26	250m: 3:20.70 42.36	350m: 4:46.36 43.08	
	100m: 1:14.89 39.71	200m: 2:38.34 42.19	300m: 4:03.28 42.58	400m: 5:27.64 41.28	
9.	LUDWICZAK Paulina	05	KS Warta Pozna	5:38.49	332
	50m: 37.27 37.27	150m: 2:02.26 43.12	250m: 3:28.66 43.40	350m: 4:53.62 41.41	
	100m: 1:19.14 41.87	200m: 2:45.26 43.00	300m: 4:12.21 43.55	400m: 5:38.49 44.87	
10.	HIRSCH Nicole	04	KS Warta Pozna	5:38.62	332
	50m: 36.12 36.12	150m: 2:00.62 43.03	250m: 3:27.92 44.08	350m: 4:56.33 44.51	
	100m: 1:17.59 41.47	200m: 2:43.84 43.22	300m: 4:11.82 43.90	400m: 5:38.62 42.29	
11.	ZWIERCIAŁOWSKA Julia	04	KS Warta Pozna	5:46.07	311
	50m: 39.04 39.04	150m: 2:03.65 42.87	250m: 3:33.08 45.13	350m: 5:03.20 44.31	
	100m: 1:20.78 41.74	200m: 2:47.95 44.30	300m: 4:18.89 45.81	400m: 5:46.07 42.87	
12.	ZIELINSKA Oliwia	04	MKP Astromal Leszno	5:52.18	295
	50m: 39.51 39.51	150m: 2:08.11 44.91	250m: 3:38.82 45.58	350m: 5:10.18 45.51	
	100m: 1:23.20 43.69	200m: 2:53.24 45.13	300m: 4:24.67 45.85	400m: 5:52.18 42.00	
13.	CIERNIAK Zuzanna	05	KS Warta Pozna	5:54.01	290
	50m: 39.52 39.52	150m: 2:09.93 45.20	250m: 3:41.10 45.94	350m: 5:12.66 45.65	
	100m: 1:24.73 45.21	200m: 2:55.16 45.23	300m: 4:27.01 45.91	400m: 5:54.01 41.35	
14.	MATYSIAK Zofia	04	MKP Astromal Leszno	6:03.84	267
	50m: 40.25 40.25	150m: 2:12.43 47.44	250m: 3:45.49 46.70	350m: 5:19.88 47.03	
	100m: 1:24.99 44.74	200m: 2:58.79 46.36	300m: 4:32.85 47.36	400m: 6:03.84 43.96	
15.	ONOSZKO Anna	05	KS Warta Pozna	6:26.12	224
	50m: 42.47 42.47	150m: 2:18.88 47.82	250m: 3:56.33 48.71	350m: 5:35.90 50.08	
	100m: 1:31.06 48.59	200m: 3:07.62 48.74	300m: 4:45.82 49.49	400m: 6:26.12 50.22	
16.	WESOŁEK Dominika	05	Iskra Konin	6:55.35	180
	50m: 42.80 42.80	150m: 2:29.14 54.48	250m: 4:19.10	350m: 6:07.39 54.08	
	100m: 1:34.66 51.86	200m:	300m: 5:13.31 54.21	400m: 6:55.35 47.96	