

Letnie Mistrzostwa Okręgu Wielkopolskiego w Pływaniu
Poznań, 16-17-6-2017

Konkurencja 18
2017-06-16 - 16:05

Mężczyźni, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2016

Pozycja	Rok ur.			Czas Pkt.			100m	200m	300m	400m		
1.	Ł	GŁUSZKOWSKI Mateusz	01	Cityzen Poznań			4:13.80	651	1:02.13	1:04.21	1:04.56	1:02.90
	50m:	29.92	29.92	150m:	1:34.01	31.88	250m:	2:38.41	32.07	350m:	3:42.71	31.81
	100m:	1:02.13	32.21	200m:	2:06.34	32.33	300m:	3:10.90	32.49	400m:	4:13.80	31.09
2.	M	MUSZY SKI Jakub	01	Piastka Bydgoszcz			4:16.57	631	1:01.04	1:04.99	1:05.61	1:04.93
	50m:	28.97	28.97	150m:	1:33.07	32.03	250m:	2:38.81	32.78	350m:	3:44.17	32.53
	100m:	1:01.04	32.07	200m:	2:06.03	32.96	300m:	3:11.64	32.83	400m:	4:16.57	32.40
3.	R	RYTTER Igor		Iskra Wrocław			4:18.07	620	1:02.58	1:05.39	1:05.62	1:04.48
	50m:	29.98	29.98	150m:	1:35.41	32.83	250m:	2:40.74	32.77	350m:	3:46.22	32.63
	100m:	1:02.58	32.60	200m:	2:07.97	32.56	300m:	3:13.59	32.85	400m:	4:18.07	31.85
4.	W	WOJCIECHOWSKI Jakub	01	Warta Poznań			4:23.02	585	1:02.01	1:05.39	1:07.72	1:07.90
	50m:	29.77	29.77	150m:	1:34.62	32.61	250m:	2:41.03	33.63	350m:	3:49.33	34.21
	100m:	1:02.01	32.24	200m:	2:07.40	32.78	300m:	3:15.12	34.09	400m:	4:23.02	33.69
5.	M	MIKOŁAJCZAK Błażej	01	Piastka Bydgoszcz			4:23.37	583	1:02.27	1:07.53	1:08.42	1:05.15
	50m:	29.60	29.60	150m:	1:35.96	33.69	250m:	2:44.06	34.26	350m:	3:52.81	34.59
	100m:	1:02.27	32.67	200m:	2:09.80	33.84	300m:	3:18.22	34.16	400m:	4:23.37	30.56
6.	W	WOJNY Wiktor	01	Shark Rudna			4:27.16	558	1:03.09	1:06.42	1:08.55	1:09.10
	50m:	30.25	30.25	150m:	1:36.04	32.95	250m:	2:43.34	33.83	350m:	3:52.98	34.92
	100m:	1:03.09	32.84	200m:	2:09.51	33.47	300m:	3:18.06	34.72	400m:	4:27.16	34.18
7.	W	WIŚNIEWSKI Adam	03	Aqua yrdów			4:27.31	558	1:02.77	1:08.27	1:08.51	1:07.76
	50m:	29.59	29.59	150m:	1:36.78	34.01	250m:	2:45.29	34.25	350m:	3:53.77	34.22
	100m:	1:02.77	33.18	200m:	2:11.04	34.26	300m:	3:19.55	34.26	400m:	4:27.31	33.54
8.	W	WALISZEWSKI Piotr	02	Iskra Konin			4:29.54	544	1:05.61	1:10.19	1:09.93	1:03.81
	50m:	30.97	30.97	150m:	1:40.51	34.90	250m:	2:50.85	35.05	350m:	3:59.49	33.76
	100m:	1:05.61	34.64	200m:	2:15.80	35.29	300m:	3:25.73	34.88	400m:	4:29.54	30.05
9.	M	MATESZUSZ Ratajczak	01	Poznań			4:32.25	528	1:04.89	1:10.74	1:09.91	1:06.71
	50m:	30.89	30.89	150m:	1:40.18	35.29	250m:	2:50.69	35.06	350m:	3:59.48	33.94
	100m:	1:04.89	34.00	200m:	2:15.63	35.45	300m:	3:25.54	34.85	400m:	4:32.25	32.77
10.	K	KOSTYK Teodor	00	Cityzen Poznań			4:33.81	519	1:06.08	1:10.91	1:09.67	1:07.15
	50m:	31.41	31.41	150m:	1:41.46	35.38	250m:	2:51.73	34.74	350m:	4:01.42	34.76
	100m:	1:06.08	34.67	200m:	2:16.99	35.53	300m:	3:26.66	34.93	400m:	4:33.81	32.39
11.	G	GUŁCIN Eryk	01	Shark Rudna			4:33.91	518	1:04.52	1:10.49	1:09.44	1:09.46
	50m:	30.35	30.35	150m:	1:39.78	35.26	250m:	2:49.67	34.66	350m:	3:59.95	35.50
	100m:	1:04.52	34.17	200m:	2:15.01	35.23	300m:	3:24.45	34.78	400m:	4:33.91	33.96
12.	S	SZUKALSKI Michał	02	Warta Poznań			4:34.41	515	1:03.28	1:09.57	1:11.45	1:10.11
	50m:	30.02	30.02	150m:	1:37.67	34.39	250m:	2:48.35	35.50	350m:	4:00.05	35.75
	100m:	1:03.28	33.26	200m:	2:12.85	35.18	300m:	3:24.30	35.95	400m:	4:34.41	34.36
13.	S	SOBKÓW Dominik	02	Piastka Bydgoszcz			4:34.89	513	1:05.11	1:10.85	1:10.05	1:08.88
	50m:	30.58	30.58	150m:	1:40.63	35.52	250m:	2:51.21	35.25	350m:	4:01.93	35.92
	100m:	1:05.11	34.53	200m:	2:15.96	35.33	300m:	3:26.01	34.80	400m:	4:34.89	32.96
14.	D	DUDEK Kacper	02	Warta Poznań			4:36.14	506	1:05.53	1:10.64	1:11.64	1:08.33
	50m:	30.92	30.92	150m:	1:40.56	35.03	250m:	2:51.67	35.50	350m:	4:01.47	33.66
	100m:	1:05.53	34.61	200m:	2:16.17	35.61	300m:	3:27.81	36.14	400m:	4:36.14	34.67
15.	N	NAPIECZEK Jonasz	02	Astromal Leszno			4:36.40	504	1:06.03	1:11.27	1:10.91	1:08.19
	50m:	31.39	31.39	150m:	1:41.52	35.49	250m:	2:52.71	35.41	350m:	4:03.67	35.46
	100m:	1:06.03	34.64	200m:	2:17.30	35.78	300m:	3:28.21	35.50	400m:	4:36.40	32.73
16.	Z	ZIELI SKI Patryk	02	Poznań			4:36.46	504	1:05.04	1:10.88	1:11.48	1:09.06
	50m:	30.38	30.38	150m:	1:40.33	35.29	250m:	2:51.36	35.44	350m:	4:02.71	35.31
	100m:	1:05.04	34.66	200m:	2:15.92	35.59	300m:	3:27.40	36.04	400m:	4:36.46	33.75
17.	D	DOPIERAŁA Tytus	03	Warta Poznań			4:36.88	502	1:04.03	1:11.33	1:11.71	1:09.81
	50m:	30.14	30.14	150m:	1:39.73	35.70	250m:	2:50.74	35.38	350m:	4:02.77	35.70
	100m:	1:04.03	33.89	200m:	2:15.36	35.63	300m:	3:27.07	36.33	400m:	4:36.88	34.11
18.	W	WYTYK Marcel	01	Warta Poznań			4:37.90	496	1:05.55	1:12.61	1:11.06	1:08.68
	50m:	30.38	30.38	150m:	1:41.65	36.10	250m:	2:53.33	35.17	350m:	4:04.83	35.61
	100m:	1:05.55	35.17	200m:	2:18.16	36.51	300m:	3:29.22	35.89	400m:	4:37.90	33.07
19.	U	UŁANOWSKI Lucjan	03	Piastka Bydgoszcz			4:38.22	494	1:06.06	1:10.57	1:10.89	1:10.70
	50m:	31.35	31.35	150m:	1:40.92	34.86	250m:	2:52.05	35.42	350m:	4:03.11	35.59
	100m:	1:06.06	34.71	200m:	2:16.63	35.71	300m:	3:27.52	35.47	400m:	4:38.22	35.11
20.	W	WOJNIAK Hubert	02	Piastka Bydgoszcz			4:39.37	488	1:07.60	1:12.94	1:11.58	1:07.25
	50m:	31.41	31.41	150m:	1:44.26	36.66	250m:	2:56.15	35.61	350m:	4:06.36	34.24
	100m:	1:07.60	36.19	200m:	2:20.54	36.28	300m:	3:32.12	35.97	400m:	4:39.37	33.01

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Pozycja	Rok ur.	Czas	Pkt.	100m	200m	300m	400m				
21. PLE NIEROWICZ Kamil	02	Cityzen Pozna	4:41.45	478	1:10.47	1:11.76	1:11.00	1:08.22			
50m:	33.91	33.91	150m:	1:45.99	35.52	250m:	2:57.56	35.33	350m:	4:08.04	34.81
100m:	1:10.47	36.56	200m:	2:22.23	36.24	300m:	3:33.23	35.67	400m:	4:41.45	33.41
22. RO EK Oskar SP	00	Warta Pozna	4:42.75	471	1:06.67	1:12.62	1:12.85	1:10.61			
50m:	31.91	31.91	150m:	1:43.23	36.56	250m:	2:55.84	36.55	350m:	4:08.15	36.01
100m:	1:06.67	34.76	200m:	2:19.29	36.06	300m:	3:32.14	36.30	400m:	4:42.75	34.60
23. MAKOWSKI Dominik	03	Cityzen Pozna	4:42.90	470	1:07.11	1:12.68	1:13.24	1:09.87			
50m:	31.38	31.38	150m:	1:43.29	36.18	250m:	2:56.48	36.69	350m:	4:08.61	35.58
100m:	1:07.11	35.73	200m:	2:19.79	36.50	300m:	3:33.03	36.55	400m:	4:42.90	34.29
24. DOEDEL Alex	01	Cityzen Pozna	4:45.23	459	1:10.71	1:12.16	1:12.97	1:09.39			
50m:	33.46	33.46	150m:	1:46.61	35.90	250m:	2:58.99	36.12	350m:	4:10.85	35.01
100m:	1:10.71	37.25	200m:	2:22.87	36.26	300m:	3:35.84	36.85	400m:	4:45.23	34.38
25. WŁOCH Jakub	03	Posnania Pozna	4:53.33	422	1:07.36	1:14.68	1:15.85	1:15.44			
50m:	31.44	31.44	150m:	1:44.16	36.80	250m:	3:00.29	38.25	350m:	4:16.08	38.19
100m:	1:07.36	35.92	200m:	2:22.04	37.88	300m:	3:37.89	37.60	400m:	4:53.33	37.25
26. WIELGUS Kacper	01	Posnania Pozna	4:53.65	420	1:09.75	1:15.08	1:15.13	1:13.69			
50m:	32.96	32.96	150m:	1:47.57	37.82	250m:	3:02.85	38.02	350m:	4:17.28	37.32
100m:	1:09.75	36.79	200m:	2:24.83	37.26	300m:	3:39.96	37.11	400m:	4:53.65	36.37
27. SOI SKI Dominik	03	Warta Pozna	4:56.19	410	1:10.91	1:15.87	1:16.89	1:12.52			
50m:	33.92	33.92	150m:	1:49.29	38.38	250m:	3:05.88	39.10	350m:	4:21.87	38.20
100m:	1:10.91	36.99	200m:	2:26.78	37.49	300m:	3:43.67	37.79	400m:	4:56.19	34.32
28. KUPCEWICZ Kajetan	03	MKS 63 Bydgoszcz	4:57.13	406	1:08.11	1:16.06	1:17.60	1:15.36			
50m:	31.63	31.63	150m:	1:46.00	37.89	250m:	3:03.01	38.84	350m:	4:19.98	38.21
100m:	1:08.11	36.48	200m:	2:24.17	38.17	300m:	3:41.77	38.76	400m:	4:57.13	37.15
29. BISKUP Wiktor	03	Włókniarz Kalisz	4:57.81	403	1:09.90	1:15.82	1:21.75	1:10.34			
50m:	33.21	33.21	150m:	1:47.76	37.86	250m:	3:05.37	39.65	350m:	4:22.85	35.38
100m:	1:09.90	36.69	200m:	2:25.72	37.96	300m:	3:47.47	42.10	400m:	4:57.81	34.96
30. PŁAZIAK Szymon	03	Warta Pozna	5:00.65	392	1:11.03	1:17.71	1:17.48	1:14.43			
50m:	33.47	33.47	150m:	1:49.67	38.64	250m:	3:07.26	38.52	350m:	4:24.91	38.69
100m:	1:11.03	37.56	200m:	2:28.74	39.07	300m:	3:46.22	38.96	400m:	5:00.65	35.74
31. WYSOCKI Piotr	04	Cityzen Pozna	5:01.54	388	1:10.56	1:16.87	1:17.67	1:16.44			
50m:	33.51	33.51	150m:	1:48.41	37.85	250m:	3:05.91	38.48	350m:	4:23.87	38.77
100m:	1:10.56	37.05	200m:	2:27.43	39.02	300m:	3:45.10	39.19	400m:	5:01.54	37.67
32. NOCULAK Jakub	02	Oceanik Ostrzeszów	5:03.66	380	1:12.19	1:18.20	1:17.91	1:15.36			
50m:	33.66	33.66	150m:	1:51.26	39.07	250m:	3:09.40	39.01	350m:	4:26.74	38.44
100m:	1:12.19	38.53	200m:	2:30.39	39.13	300m:	3:48.30	38.90	400m:	5:03.66	36.92
33. B KOWSKI Mikołaj	03	Warta Pozna	5:07.49	366	1:11.27	1:18.90	1:19.23	1:18.09			
50m:	33.41	33.41	150m:	1:50.74	39.47	250m:	3:10.28	40.11	350m:	4:29.69	40.29
100m:	1:11.27	37.86	200m:	2:30.17	39.43	300m:	3:49.40	39.12	400m:	5:07.49	37.80
34. JUSKOWIAK Jakub	01	Warta Pozna	5:08.51	362	1:11.72	1:17.62	1:19.49	1:19.68			
50m:	33.91	33.91	150m:	1:50.64	38.92	250m:	3:08.60	39.26	350m:	4:29.06	40.23
100m:	1:11.72	37.81	200m:	2:29.34	38.70	300m:	3:48.83	40.23	400m:	5:08.51	39.45
35. MAŁEK Mikołaj	03	Posnania Pozna	5:11.38	353	1:12.17	1:19.21	1:20.70	1:19.30			
50m:	33.77	33.77	150m:	1:51.85	39.68	250m:	3:11.61	40.23	350m:	4:32.57	40.49
100m:	1:12.17	38.40	200m:	2:31.38	39.53	300m:	3:52.08	40.47	400m:	5:11.38	38.81
36. BAJEROWICZ Maksymilia	05	Warta Pozna	5:16.01	337	1:12.69	1:21.31	1:22.47	1:19.54			
50m:	33.33	33.33	150m:	1:53.70	41.01	250m:	3:15.09	41.09	350m:	4:37.18	40.71
100m:	1:12.69	39.36	200m:	2:34.00	40.30	300m:	3:56.47	41.38	400m:	5:16.01	38.83
37. JANISZEWSKI Mikołaj	03	Oceanik Ostrzeszów	5:17.63	332	1:12.92	1:21.49	1:23.66	1:19.56			
50m:	34.37	34.37	150m:	1:52.93	40.01	250m:	3:15.59	41.18	350m:	4:39.42	41.35
100m:	1:12.92	38.55	200m:	2:34.41	41.48	300m:	3:58.07	42.48	400m:	5:17.63	38.21
38. CHAŁUPKA Aleksander	05	Warta Pozna	5:21.80	319	1:16.75	1:22.46	1:22.34	1:20.25			
50m:	36.32	36.32	150m:	1:57.69	40.94	250m:	3:20.35	41.14	350m:	4:42.32	40.77
100m:	1:16.75	40.43	200m:	2:39.21	41.52	300m:	4:01.55	41.20	400m:	5:21.80	39.48
39. DZIEWI CKI Franciszek	03	Wodnik Rawicz	5:25.43	309	1:16.51	1:22.19	1:24.43	1:22.30			
50m:	35.71	35.71	150m:	1:56.99	40.48	250m:	3:21.62	42.92	350m:	4:44.66	41.53
100m:	1:16.51	40.80	200m:	2:38.70	41.71	300m:	4:03.13	41.51	400m:	5:25.43	40.77
40. POŁOMSKI Tymek	02	Oceanik Ostrzeszów	5:37.81	276	1:16.50	1:27.16	1:27.83	1:26.32			
50m:	35.62	35.62	150m:	1:59.52	43.02	250m:	3:27.43	43.77	350m:	4:56.13	44.64
100m:	1:16.50	40.88	200m:	2:43.66	44.14	300m:	4:11.49	44.06	400m:	5:37.81	41.68

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Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m		
41. PAWLAK Wojciech	03	Posnania Pozna	5:51.44	245		1:22.36	1:30.48	1:30.90	1:27.70		
50m:	38.46	38.46	150m:	2:07.10	44.74	250m:	3:38.08	45.24	350m:	5:08.46	44.72
100m:	1:22.36	43.90	200m:	2:52.84	45.74	300m:	4:23.74	45.66	400m:	5:51.44	42.98